



## Background

- Wheelchair users have a need for daily activity monitoring
  - Manual wheelchair users are highly susceptible to repetitive stress injuries [1]
  - Propulsion forces over 80% of maximum capacity often result in injuries [2]
- Typical existing activity monitors (Fitbit®, etc) **don't work** with manual wheelchair users
- SmartWheels are the gold standard [3, 4]
  - Prohibitively expensive for consumers
  - Require chair modification (replacing the wheels)



Figure 1: A SmartWheel instrumented wheelchair wheel.

## Objective

- Create an **inexpensive** activity monitor for **manual wheelchair users** which continuously monitors the following:
  - Number of propulsion strokes
  - Average travel velocity
  - Amount of time spent active
  - Estimated distance travelled
  - Number of “redline events”<sup>1</sup>

<sup>1</sup> redline events are instances of when the user's propulsion force exceeds 80% of the maximal propulsion force they can generate, thus indicating potential for injury

## Method



Figure 2: Original Redliner prototype, assembled using breakout boards

- Utilize Newton's laws of motion to estimate propulsion force using kinematic data
- Create a simple prototype to perform the measurements for analysis
- Collect and compare synchronous propulsion data between SmartWheel and Redliner across varied terrain:
  - Linoleum
  - Grass
  - Gravel
  - Pavement

## Results

By capturing the

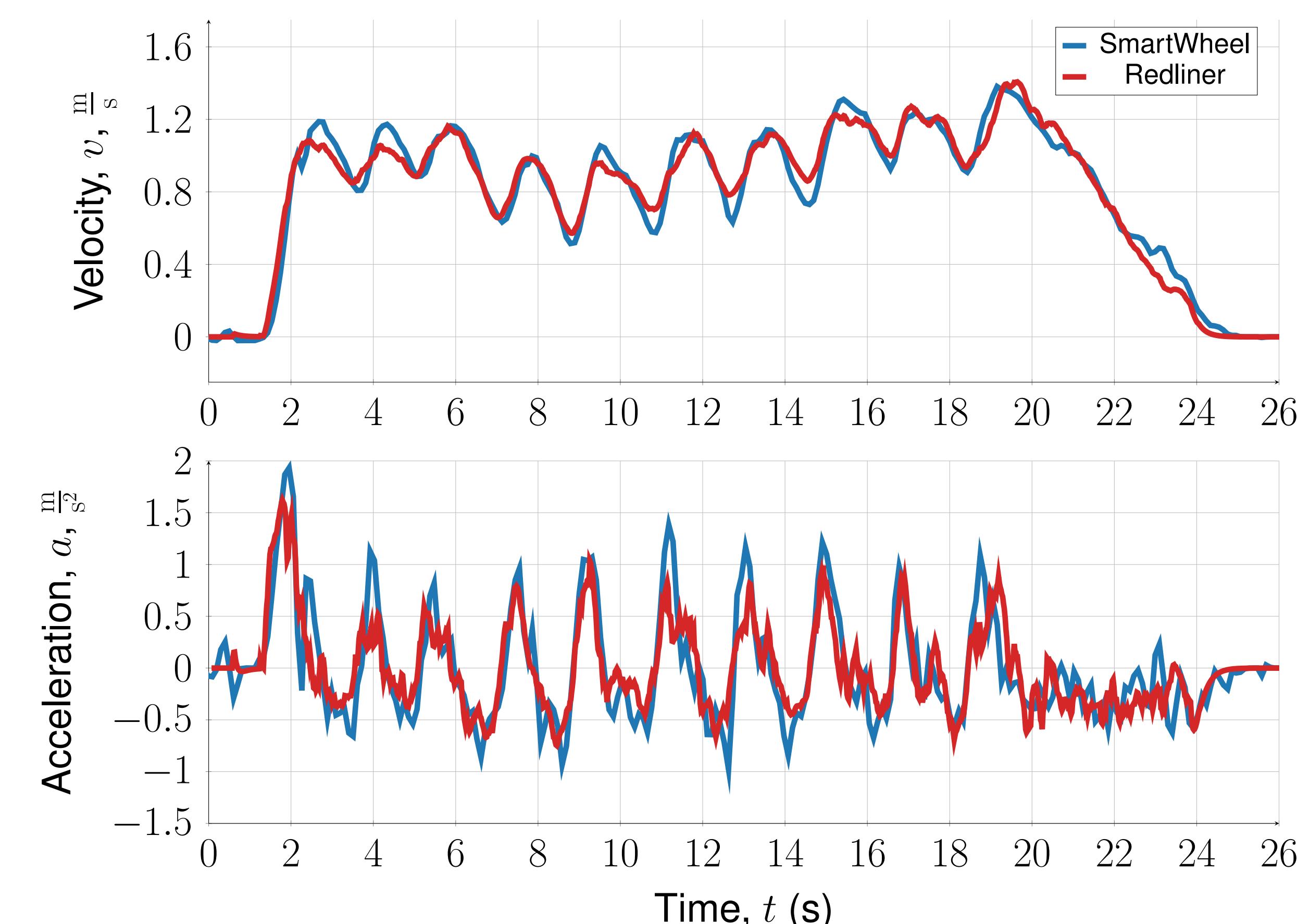


Figure 3: Velocity and acceleration traces for both SmartWheel and Redliner for 10 pushes on rough gravel.

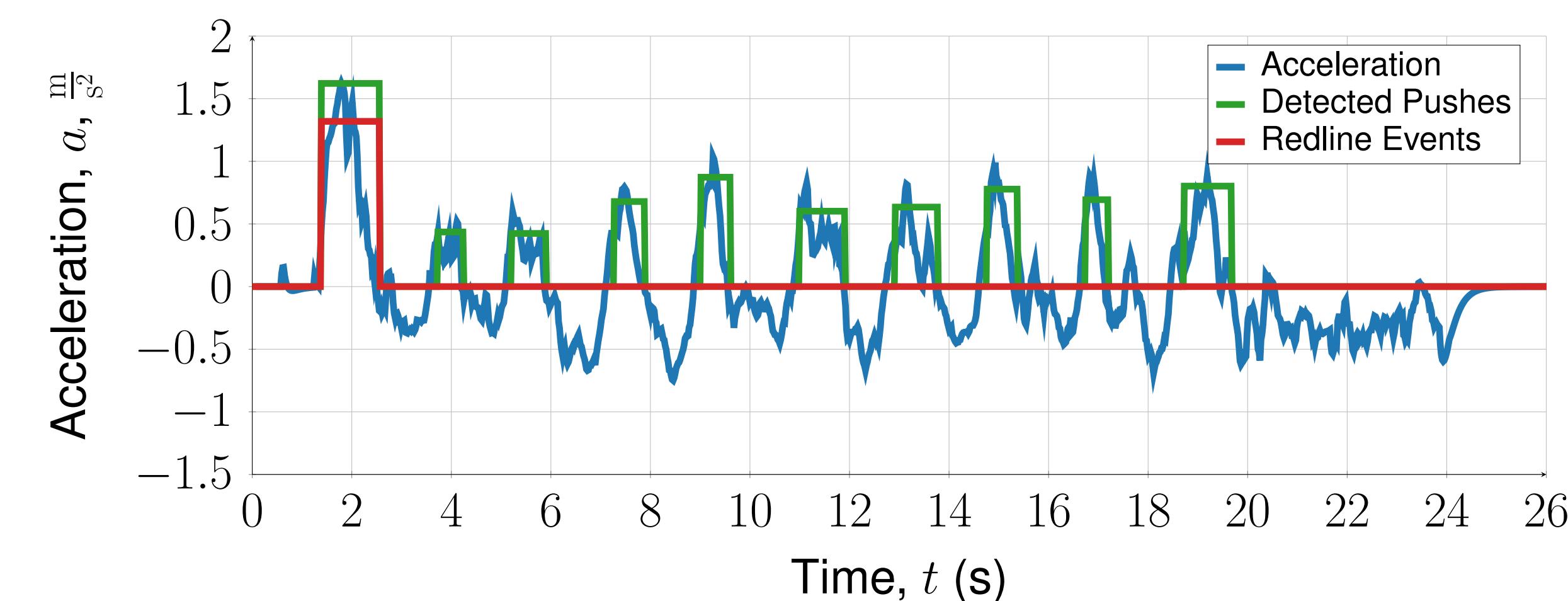
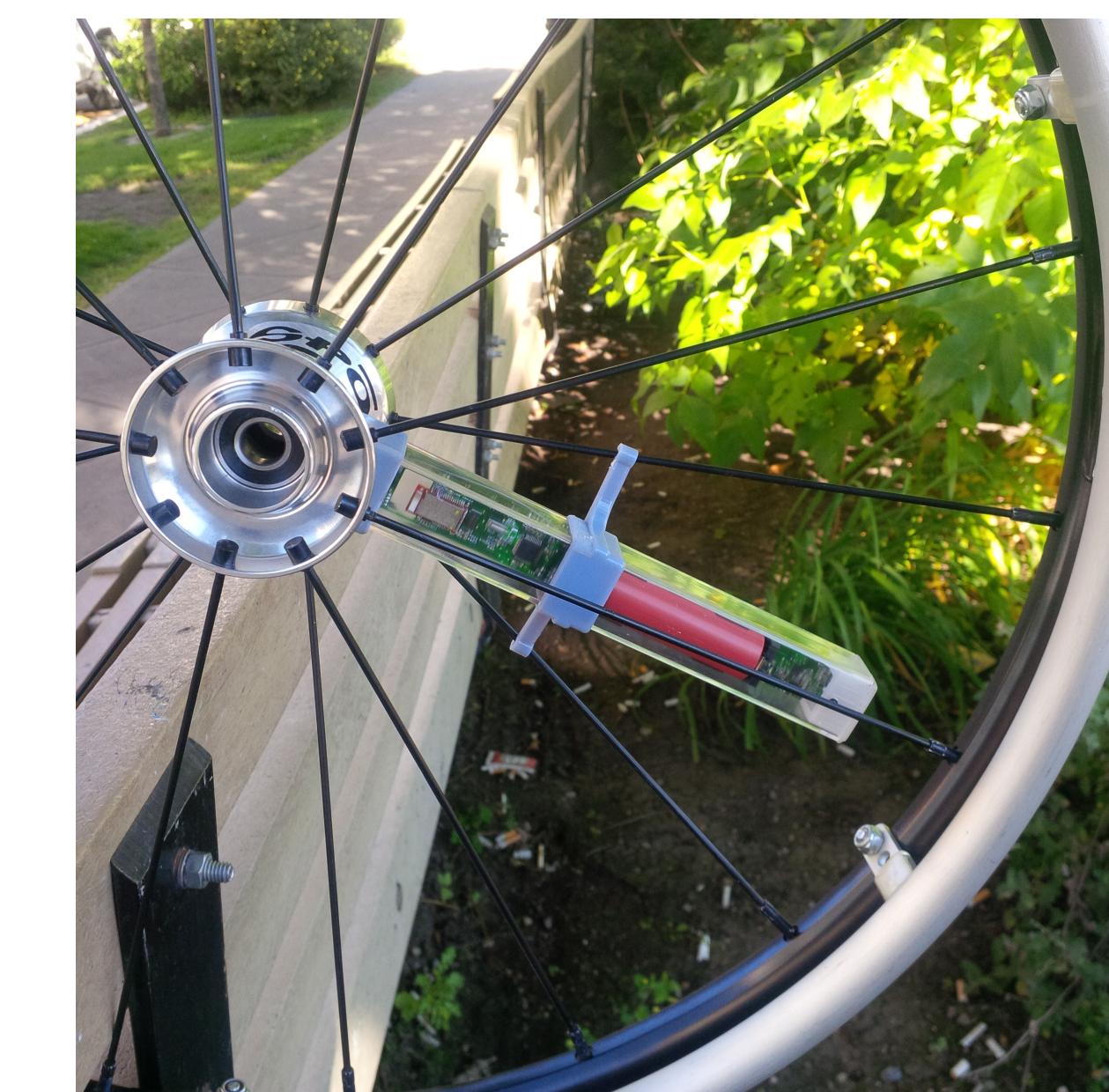
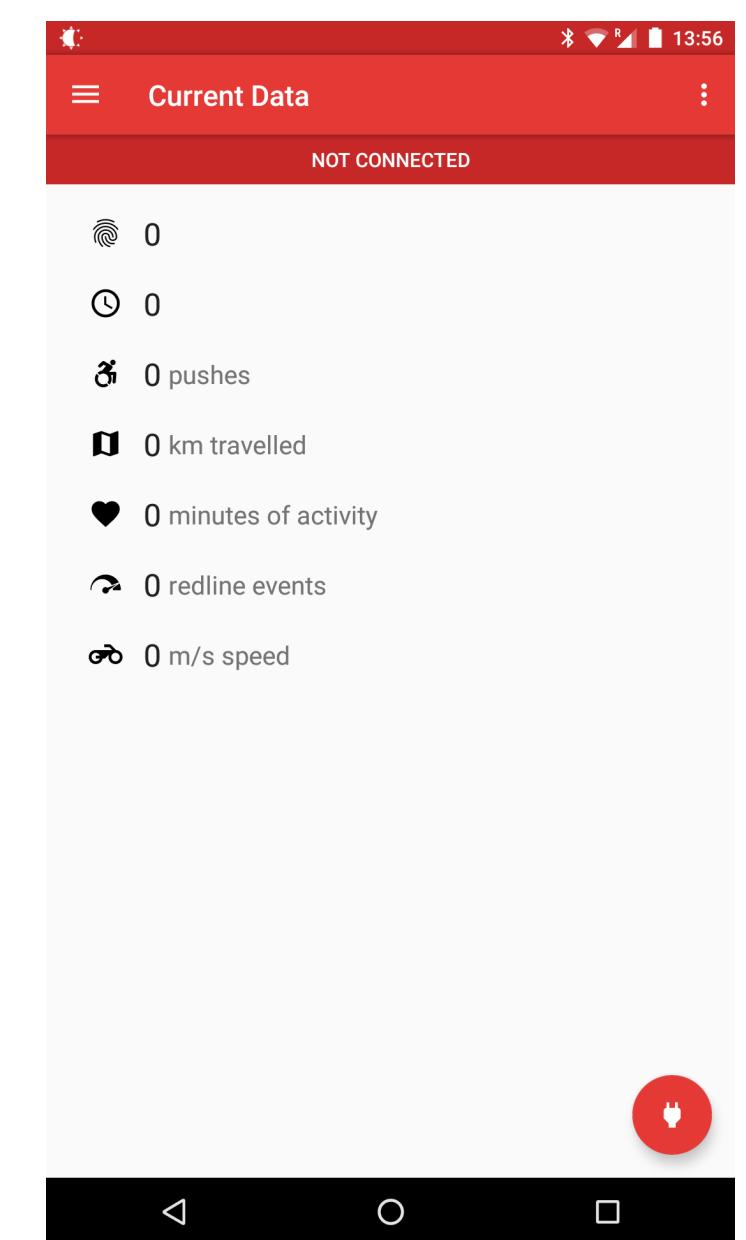


Figure 4: Acceleration, detected pushes, and redlines of 10 pushes on gravel as measured by Redliner.

## Conclusions



(a) Second Redliner prototype version using a custom PCB built for further testing.



(b) Android app developed to interact with Redliner and upload data to a cloud dashboard.

Figure 5: Ongoing commercial development of Redliner

- Redliner is a new activity monitor for manual wheelchair users
- Redliner has been validated against expensive SmartWheel devices
- Redliner is moving forward as a commercial entity to produce and sell the devices

## References

- [1] JL Mercer, M Boninger, A Koontz, D Ren, T Dyson-Hudson, and R Cooper. Shoulder joint kinetics and pathology in manual wheelchair users. *Clinical Biomechanics*, 21:781–789, 2006.
- [2] L Hills. Every push matters. Master's thesis, University College London, June 2011.
- [3] KT Asato, RA Cooper, RN Robertson, and JF Ster. Smartwheels: Development and testing of a system for measuring manual wheelchair propulsion dynamics. *IEEE Trans Biomed Eng*, 40:1320–1324, 1993.
- [4] R Cowan, M Boninger, BJ Sawatzky, BD Mazoyer, and RA Cooper. Preliminary outcomes of the smartwheel users group database: A proposed framework for clinicians to objectively evaluate manual wheelchair propulsion. *Archives of Physical Medicine and Rehabilitation*, 89(2):260–268, 2008.

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