5 (jn) = s(j+1)h/j m) j=0, \frac{1}{2} \ldots \frac{3}{2} \ldots \rdots \frac{3}{2} \ldots \frac{3}{2} \ldots \rdots \frac{3}{2} \ldots \rdots \frac{3}{2} \ldots \rdots \frac{3}{2} \ldots \rdots \frac{3}{2} \ldots \frac{3}{2} \ldots \rdots \frac{3}{2} \ldots \frac{3}{2} \ldots \frac{3}{2} \ldots \rdots \frac{3}{2} \ldots		$ \langle j^{2n} \hat{S}_{-} \hat{S}_{+} j^{2n} \rangle = \langle j^{2n} \hat{S}_{-}^{2} \hat{S}_{-}^{2} - \hbar \hat{S}_{2} j^{2n} \rangle $ $ = \hbar^{2} (j^{2} - m^{2} + j - m) = \hbar^{2} (j - m) (j + m + 1) $ $ \hat{S}_{+} j^{2n} \rangle = \hat{C}_{j^{2n}} j^{2n} \rangle + \hat{S}_{+} j^{2n} \rangle = \hbar^{2} (j - m) (j + m + 1) $ $ \hat{C}_{j^{2n}} ^{2} = \langle j^{2n} \hat{S}_{+} \rangle + \hat{S}_{+} j^{2n} \rangle = \hbar^{2} (j - m) (j + m + 1) $ $ \hat{S}_{+} j^{2n} \rangle = \hbar \sqrt{(j - m) (j + m + 1)} / j^{2n} \rangle $ $ \hat{S}_{-} j^{2n} \rangle = \hat{C}_{j^{2n}} j^{2n} \rangle = \hbar \sqrt{(j + m) (j - m + 1)} / j^{2n} \rangle $ $ = \hbar^{2} (j (j + j) - m^{2} + m) j^{2n} \rangle $ $ = \hbar^{2} (j (j + j) - m^{2} + m) j^{2n} \rangle $	p.85 voorbakle een leze. Hij schrijf et lemond, niet Newer Namt wel in cursus
$ \begin{array}{l} \langle j'm' \hat{J}_{+} jon \rangle = \frac{1}{h} \sqrt{(j-m)(j+m+1)} \langle j'm' j m + 1 \rangle} \\ = \frac{1}{h} \sqrt{(j-m)(j+m+1)} \langle j'j \hat{J}_{mj-m+1} \rangle} \\ \langle \hat{J}_{+} = \hat{J}_{+} + \hat{J}_{+} \hat{J}_{+} \rangle} \\ \langle \hat{J}_{-} = \hat{J}_{+} + \hat{J}_{-} \hat{J}_{+} \rangle} \\ \langle \hat{J}_{-} = \hat{J}_{+} + \hat{J}_{-} \hat{J}_{+} \rangle} \\ \langle \hat{J}_{-} = \hat{J}_{+} + \hat{J}_{-} \hat{J}_{-} \rangle} \\ \langle \hat{J}_{-} = \hat{J}_{+} + \hat{J}_{-} \hat{J}_{-} \rangle} \\ \langle \hat{J}_{-} = \hat{J}_{+} + \hat{J}_{-} \hat{J}_{-} \rangle} \\ \langle \hat{J}_{-} = \hat{J}_{-} + \hat{J}_{-} \hat{J}_{-} \hat{J}_{-} \rangle} \\ \langle \hat{J}_{-} = \hat{J}_{-} + \hat{J}_{-} \hat{J}_{-} \hat{J}_{-} \rangle} \\ \langle \hat{J}_{-} = \hat{J}_{-} + \hat{J}_{-} \hat{J}_{-} \hat{J}_{-} \hat{J}_{-} \rangle} \\ \langle \hat{J}_{-} = \hat{J}_{-} + \hat{J}_{-} \hat{J}_{$			
j(j+1)=? { j,	ラントリラーウ;, ハーション 3x= まして トン・ハロフ; ハーント	$ \begin{bmatrix} \hat{S}_{i} + \hat{J}_{-} \\ \hat{S}_{i} + \hat{J}_{-} \end{bmatrix} \begin{bmatrix} V_{i} \\ V_{i} \\ V_{i} \end{bmatrix} = \begin{bmatrix} V_{i} \\ V_{i} \end{bmatrix} $	

$$\begin{bmatrix}
 \hat{J} = 2\pi \begin{pmatrix} 0 & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix} & | 11 \rangle_{1} | 10 \rangle_{1} | \\
 \begin{bmatrix}
 \hat{J}_{2} = \pi \begin{pmatrix} 0 & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix} | vg (2.158) | 11 \rangle_{2} \\
 \begin{bmatrix}
 \hat{J}_{3} = \pi \begin{pmatrix} 0 & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix} & | 10 \rangle_{2} \\
 \begin{bmatrix}
 \hat{J}_{2} = \pi \begin{pmatrix} 0 & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix} & | 11 \rangle_{2} = 0
 \end{bmatrix}$$

$$\begin{bmatrix}
 \hat{J}_{2} = \pi \begin{pmatrix} 0 & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix} & | 11 \rangle_{2} = 0$$

$$\begin{bmatrix}
 \hat{J}_{2} = \pi \begin{pmatrix} 0 & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix} & | 11 \rangle_{2} = 0$$

$$\begin{bmatrix}
 \hat{J}_{2} = \pi \begin{pmatrix} 0 & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix} & | 11 \rangle_{2} = 0$$

$$\begin{bmatrix}
 \hat{J}_{2} = \pi \begin{pmatrix} 0 & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix} & | 11 \rangle_{2} = 0$$

$$\begin{bmatrix}
 \hat{J}_{2} = \pi \begin{pmatrix} 0 & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix} & | 11 \rangle_{2} = 0$$

$$\begin{bmatrix}
 \hat{J}_{2} = \pi \begin{pmatrix} 0 & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix} & | 11 \rangle_{2} = 0$$

$$\begin{bmatrix}
 \hat{J}_{2} = \pi \begin{pmatrix} 0 & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix} & | 11 \rangle_{2} = 0$$

$$\begin{bmatrix}
 \hat{J}_{2} = \pi \begin{pmatrix} 0 & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix} & | 11 \rangle_{2} = 0$$

$$\begin{bmatrix}
 \hat{J}_{2} = \pi \begin{pmatrix} 0 & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix} & | 11 \rangle_{2} = 0$$

$$\begin{bmatrix}
 \hat{J}_{2} = \pi \begin{pmatrix} 0 & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix} & | 11 \rangle_{2} = 0$$

$$\begin{bmatrix}
 \hat{J}_{2} = \pi \begin{pmatrix} 0 & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix} & | 11 \rangle_{2} = 0$$

$$\begin{bmatrix}
 \hat{J}_{2} = \pi \begin{pmatrix} 0 & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix} & | 11 \rangle_{2} = 0$$

$$\begin{bmatrix}
 \hat{J}_{2} = \pi \begin{pmatrix} 0 & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix} & | 11 \rangle_{2} = 0$$

$$\begin{bmatrix}
 \hat{J}_{2} = \pi \begin{pmatrix} 0 & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix} & | 11 \rangle_{2} = 0$$

$$\begin{bmatrix}
 \hat{J}_{2} = \pi \begin{pmatrix} 0 & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix} & | 11 \rangle_{2} = 0$$

$$\begin{bmatrix}
 \hat{J}_{2} = \pi \begin{pmatrix} 0 & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix} & | 11 \rangle_{2} = 0$$

$$\begin{bmatrix}
 \hat{J}_{2} = \pi \begin{pmatrix} 0 & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix} & | 11 \rangle_{2} = 0$$

$$\begin{bmatrix}
 \hat{J}_{2} = \pi \begin{pmatrix} 0 & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix} & | 11 \rangle_{2} = 0$$

$$\begin{bmatrix}
 \hat{J}_{2} = \pi \begin{pmatrix} 0 & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix} & | 11 \rangle_{2} = 0$$

$$\begin{bmatrix}
 \hat{J}_{2} = \pi \begin{pmatrix} 0 & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix} & | 11 \rangle_{2} = 0$$

$$\begin{bmatrix}
 \hat{J}_{2} = \pi \begin{pmatrix} 0 & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix} & | 11 \rangle_{2} = 0$$

$$\begin{bmatrix}
 \hat{J}_{2} = \pi \begin{pmatrix} 0 & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix} & | 11 \rangle_{2} = 0$$

$$\begin{bmatrix}
 \hat{J}_{2} = \pi \begin{pmatrix} 0 & 0 & 0 \\ 0 & 0 & 0 \end{pmatrix} & | 11 \rangle_{2} = 0$$

$$\begin{bmatrix}
 \hat{J}_{2} = \pi \begin{pmatrix} 0 & 0 & 0 \\ 0$$

$$|j-1| - 23 \times 3 \text{ and Fixon} \begin{cases} eige-vectors: \\ |j| > |j-j| >$$