

As a student, I want to be able to access resources for mental health and well-being, such as counselling services or mindfulness activities, so that I can manage stress and feel supported in my academic journey. Acceptance Criteria: The platform should have a dedicated section for mental health and well-being resources. The mental health resources provided should be varied and cater to different needs, such as counselling services, support groups, and mindfulness activities. The platform should provide clear instructions on how to access these resources and how to seek help if needed. The platform should respect the privacy and confidentiality of students seeking mental health support and provide options for anonymous or confidential communication with mental health professionals.