S **SPECIFIC**	**Who? What? Where? Why? When?** I want to get an A5 grade in my French oral exam, which takes place in 13 days (see semester planner/ weekly planner) in the Boyd Orr building with Dr Smith. Getting an A5 will allow me to progress into the next level and will take some pressure off of me during the revision period. It is my dream to do a year abroad next year and I need an average of B2 to go.

M **MEASURABLE**	**How will you know when you have done it?** This week, I will download the marking criteria and read it three times to familiarise myself with what is expected. On Friday, I will make a Zoom appointment with Dr Smith to ask for their advice on pronunciation, intonation, and syntax of three sentences that I have prepared. I will add any advice, materials, or resources that Dr Smith recommends to my weekly planner to specific days and times. Finally, I will re-watch lectures 1 (30 mins-40 mins), 2 (15 mins to 20 mins) to better understand the subjunctive tense of the verb 'avoir'.

A **ACHIEVABLE**	**Do you have the skills, materials, motivation, and time necessary?** I will create a folder of my French materials (verb tables, dictionary websites, vocabulary tables) on Friday. I will use flashcards to test myself. Sticking to my timetable, I will work through Exercise A, B, and F from the class textbook, which I will get from the library on Tuesday (already on loan). I will download the echo365 application onto my phone so that I can re-watch sections of the lectures at the gym, waiting in queues and on the train.

R **RELEVANT**	**Why this goal? Why now? What will I get if I complete it?** I worked really hard to get into university to study French. To get a job in international business is very competitive and I want to stand out as an enthused and illustrious candidate in the job market; good grades and experience in France are highly desirable according to the job adverts I've seen on www.indeed.co.uk.

T **TIME BOUND**	**What is your latest and ideal deadline?** I will have completed all of my tasks in preparation for my oral exam within the next 7 days, leaving me 5 days to do a revision of everything I need for the test. In the last 3 days, I will re-watch the lecture on the conditional to make sure it is fresh in my head. 2 days before the test there is a revision class so I will prepare questions for it by watching lecture 6 (slide 35-47) because it was difficult. By the final exams (30 days times), I will be sitting at an average of B1.

SMART GOAL	**Write the goal that you have, drawing on the SMART model.** By re-watching specific lectures, going to Dr Smith's office appointment and gathering materials, I will use my weekly planner to complete all of the above tasks, each with their own deadline, over the next 13 days before the exam to get an A5.