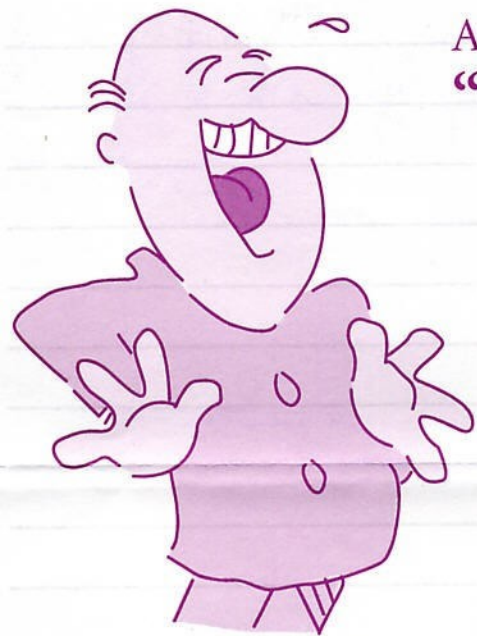


# Forum Humor Contest!!!



## Announcing a New Department in *The Forum*— “Time for a Laugh”

### We’re Looking for More Humor!

We need Al-Anon members who are willing to tell funny stories about *themselves* to write humorous sharings and submit them to *The Forum*. We’ll publish humor in different lengths, from one-liners to 300-word stories.

The World Service Office will give away one complimentary *Forum* subscription per person to the first 12 members whose humorous sharings *The Forum* publishes in a new magazine department, “Time for a Laugh.”

“Life is short, and I want to laugh as much as I can and suffer as little as necessary.”

—*Living Today in Alateen*, page 342.

“[Humor] takes no special equipment, doesn’t require travel, and never falls out of fashion. When I have a good laugh, I know that my Higher Power is restoring some of my sanity.”

—*Courage to Change*, page 323.

### Here are some guidelines for writing humor for *The Forum*:

- ☺ Share a funny experience with the focus on yourself, not the alcoholic or others.
- ☺ Kindly observe Al-Anon’s Twelve Traditions when sharing.

**Note:** We’ll publish humor in different lengths, from one-liners to 300 word articles.



Please send sharings to:

Al-Anon Family Groups  
Attention: **Humor Contest!!!**  
1600 Corporate Landing Parkway  
Virginia Beach, VA 23454-5617  
Fax: (757) 563-1655, e-mail: [wso@al-anon.org](mailto:wso@al-anon.org)

All sharings become the property of Al-Anon Family Group Headquarters, Inc., and may be used in whole or in part to develop Al-Anon/Alateen material.