

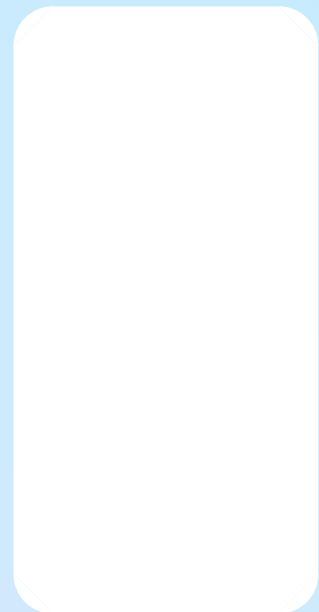
1. List

- lists
- tables
- shapes
- images

2. Table

| | | |
|-------|------------------|---------------------|
| Name | Mark. M | Spencer. D |
| Email | mark.m@gmail.com | spencer.d@gmail.com |
| Role | Squad Lead | Engineer |

3. Shape



4. Image