

Megs Senior Support & Snowbird Services

Reliable help with heart — so you can live independently with ease.


-  Senior & Snowbird Support Services
-  Transportation: Medical appointments, airport runs, errands
-  Housekeeping: Laundry, tidying, light chores
-  Additional Help: Groceries, meal planning, light cooking—just ask
-  Check-ins: Weekly or monthly
-  Yard Care: Weeding & curb appeal
-  Pre-Arrival Grocery Stocking
-  Coordination: Maintenance & security



Companionship & Wellness

- Emotional support
- Walks & light exercise
- Organize keepsakes & photos

My name is Mary Gibeault, the daughter of Bernie & Verna who lived on Casa Grande for over 25 years. I see a need for this kind of support in Edgewater, FL and I'm here to help.

us Veteran-Connected, Veteran-Trusted

 **Mary Gibeault Phone:** 386-314-7275 **Email:** Mary1gibeault@gmail.com

 Level 2 Florida Background Screening Passed  Excellent references available upon request