$$\frac{1[24]^3\langle 46\rangle^2 s_{234}}{[23][34]\langle 56\rangle\langle 1|2+3|4|\langle 4|2+3|4|^2} +$$

$$\frac{-2[24]^2\langle 46\rangle\langle 6|1+5|2|}{[23][34]\langle 56\rangle\langle 1|2+3|4|\langle 4|2+3|4|}$$