$$\frac{2\langle 25\rangle[45][23]^2}{\langle 14\rangle[25]^2\langle 5|1+4|5]} + \\ \frac{-1[23]\langle 15\rangle\langle 25\rangle[14][35]}{\langle 14\rangle[25]\langle 5|1+4|5]^2}$$