AUSTRALIA

Region	Time Zone String
Melbourne,Canberra,Sydney	AEST-10AEDT-11,M10.5.0/02:00:00,M4.1.0/03:00:00
Perth	AWST-8AWDT-9,M10.5.0,M3.5.0/03:00:00
Brisbane	AEST-10
Adelaide	ACST-9:30ACDT-10:30,M10.5.0/02:00:00,M4.1.0/03:00:00
Darwin	ACST-9:30
Hobart	AEST-10AEDT-11,M10.1.0/02:00:00,M4.1.0/03:00:00

EUROPE

Region	Time Zone String
Amsterdam, Netherlands	CET-1CEST-2,M3.5.0/02:00:00,M10.5.0/03:00:00
Athens, Greece	EET-2EEST-3,M3.5.0/03:00:00,M10.5.0/04:00:00
Barcelona, Spain	CET-1CEST-2,M3.5.0/02:00:00,M10.5.0/03:00:00
Berlin, Germany	CET-1CEST-2,M3.5.0/02:00:00,M10.5.0/03:00:00
Brussels, Belgium	CET-1CEST-2,M3.5.0/02:00:00,M10.5.0/03:00:00
Budapest, Hungary	CET-1CEST-2,M3.5.0/02:00:00,M10.5.0/03:00:00
Copenhagen, Denmark	CET-1CEST-2,M3.5.0/02:00:00,M10.5.0/03:00:00
Dublin, Ireland	GMT+0IST-1,M3.5.0/01:00:00,M10.5.0/02:00:00
Geneva, Switzerland	CET-1CEST-2,M3.5.0/02:00:00,M10.5.0/03:00:00
Helsinki, Finland	EET-2EEST-3,M3.5.0/03:00:00,M10.5.0/04:00:00
Kyiv, Ukraine	EET-2EEST,M3.5.0/3,M10.5.0/4
Lisbon, Portugal	WET-0WEST-1,M3.5.0/01:00:00,M10.5.0/02:00:00

London, Great Britain	GMT+0BST-1,M3.5.0/01:00:00,M10.5.0/02:00:00
Madrid, Spain	CET-1CEST-2,M3.5.0/02:00:00,M10.5.0/03:00:00
Oslo, Norway	CET-1CEST-2,M3.5.0/02:00:00,M10.5.0/03:00:00
Paris, France	CET-1CEST-2,M3.5.0/02:00:00,M10.5.0/03:00:00
Prague, Czech Republic	CET-1CEST-2,M3.5.0/02:00:00,M10.5.0/03:00:00
Roma, Italy	CET-1CEST-2,M3.5.0/02:00:00,M10.5.0/03:00:00
Moscow, Russia	MSK-3MSD,M3.5.0/2,M10.5.0/3
Sofia, Bulgaria	EET-2EEST-3,M3.5.0/03:00:00,M10.5.0/04:00:00
St.Petersburg, Russia	MST-3MDT,M3.5.0/2,M10.5.0/3
Stockholm, Sweden	CET-1CEST-2,M3.5.0/02:00:00,M10.5.0/03:00:00
Tallinn, Estonia	EET-2EEST-3,M3.5.0/03:00:00,M10.5.0/04:00:00
Warsaw, Poland	CET-1CEST,M3.5.0,M10.5.0/3

NEW ZELAND

Region	Time Zone String
Auckland, Wellington	NZST-12NZDT-13,M10.1.0/02:00:00,M3.3.0/03:00:00

USA AND CANADA

Region	Time Zone String
Hawaii Time	HAW10
Alaska Time	AKST9AKDT,M3.2.0,M11.1.0
Pacific Time	PST8PDT,M3.2.0,M11.1.0

Mountain Time	MST7MDT,M3.2.0,M11.1.0
Mountain Time (Arizona, no DST)	MST7
Central Time	CST6CDT,M3.2.0,M11.1.0
Eastern Time	EST5EDT,M3.2.0,M11.1.0
Atlantic Time	AST4ADT
Atlantic Time (New Brunswick)	AST4ADT,M4.1.0/00:01:00,M10.5.0/00:01:00
Newfoundland Time	NST+3:30NDT+2:30,M3.2.0/00:01:00,M11.1.0/00:01:00

ASIA

Region	Time Zone String
Jakarta	WIB-7
Singapore	SGT-8
Hong Kong	HKT-8
Ulaanbaatar, Mongolia	ULAT-8ULAST,M3.5.0/2,M9.5.0/2

CENTRAL AND SOUTH AMERICA

Region	Time Zone String
Brazil, São Paulo	BRST+3BRDT+2,M10.3.0,M2.3.0
Colombia	UTC+5
Argentina	UTC+3
Central America	CST+6