



AYUSH

# A 16 member expert panel constituted by M/o AYUSH to prepare a Yoga Protocol for diabetes control

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A 16 member committee of experts has been constituted by Ministry of AYUSH to prepare a Yoga Protocol for Diabetes Control. The Committee is headed by Dr. H.R. Nagendra, Chancellor, S-Vyasa University.

A total of 49 proposals on Diabetes Mellitus under EMR Scheme of Ministry of AYUSH have been received to verify the efficacy of Yoga on Diabetes Mellitus from various Govt. and Non-Government organization. The proposals have been preliminarily evaluated.

The Ministry of AYUSH through its three research organizations, namely, Central Council for Research in Ayurvedic Sciences (CCRAS) and Central Council for Research in Homoeopathy (CCRH) and Central Council for Research in Unani Medicine (CCRUM) has launched a programme to integrate Ayurveda, Homoeopathy and Unani with National Programme for Prevention and Control of Cancer, Diabetes, Cardiovascular Diseases and Stroke (NPCDCS). Yoga is a part of adjuvant therapy. In addition to this Central Council for Research in Yoga and Naturopathy (CCRYN) has opened 08 OPDs in various Govt. Hospitals to integrate preventive practices of Yoga & Naturopathy for the treatment of diabetes and other ailments with current medical facilities.

This information was given by the Minister of State (Independent Charge) for AYUSH, Shri ShripadYesso Naik in written reply to a question in Lok Sabha today.

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