



AYUSH

Yoga being widely adopted in De-Addiction Centers: AYUSH Minister

Posted On: 08 AUG 2017 3:34PM by PIB Delhi

The techniques of Yoga are widely used for de-addiction and rehabilitation of drug users in de-addiction centres. Yoga helps in the de-addiction and rehabilitation of the drug users in de-addiction centres. The yogic protocol includes specific Asanas, Pranayamas, Shatkriyas and Meditation.

The Ministry of AYUSH has not set up specific de-addiction centres due to the fact that the yogic techniques are widely used in most of the existing de-addiction centres.

This information was given by the Minister of State (Independent Charge) for AYUSH, Shri ShripadYesso Naik in written reply to a question in Rajya Sabha today.

NB/SK

(Release ID: 1498803) Visitor Counter : 144

