



Ministry of Health and Family Welfare

# Rashtriya Kishor Swasthya Karyakram

Posted On: 17 MAR 2017 1:23PM by PIB Delhi

RashtriyaKishorSwasthyaKaryakram was launched in 2014 with Peer Education Programme as one of the component. Under this, Peer Educators are selected and trained on six thematic areas of RKSK namely- nutrition, sexual reproductive health, substance misuse, non - communicable diseases, mental health, injuries and violence. These peer educators work as a change agent helping in responding to their queries raised within their groups, pertaining to the above mentioned six thematic areas.

An amount of Rs.3688 lakhs has been allocated for this in FY 2016-17.

The Saathiya Resource Kit includes training manuals for ANMs and Peer Educator, activity book and frequently asked questions for Peer Educators and Tools for interactive activities.

Saathiya App is a mobile based app, free for download, which has reference material, frequently asked questions based on adolescent health issues pertaining to the six thematic areas.

Apart from Peer Education Programme, the counsellors conduct outreach sessions within the community and ASHA organizes meetings of adolescent girls and boys, wherein they discuss the common adolescent health issues.

The Minister of State (Health and Family Welfare), ShFaggan Singh Kulaste stated this in a written reply in the Lok Sabha here today.

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