



Ministry of Defence

# Indian Air Force Celebrates World Health Day

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On the occasion of World Health Day on 07 Apr 17, IAF organized a seminar at AF Auditorium, Subroto Park on the theme "Depression: Let's Talk". Air Chief Marshal BS Dhanoa PVSM AVSM YSM VM ADC, Chief of the Air Staff and Mrs Kamalpreet Dhanoa, President AFWWA (C) were the chief guests. The CAS addressed the gathering and highlighted the existing support systems in the service and urged all air warriors to freely discuss their personal issues without any inhibitions.

Air Marshal Pawan Kapoor VSM Bar PHS, DGMS (Air) launched 'Mission Zindagi' campaign in all the units of IAF. Prof (Dr) Nimesh K Desai, Director, Institute of Human Behavior and Allied Sciences, spoke about the national perspective of mental health and various government policy guidelines for the same. The importance of identifying early warning signs of depression and mitigation management techniques were discussed. The event was attended by around 650 individuals, including air warriors and their families.

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