

Example 1

KEY ACTIVITIES FOR PHYSIOTHERAPISTS IN HOMECARE

- A. Defining the proper rehabilitation paths, therapies and exercises in an evidence based approach
- B. Using ICT solutions to support therapies and rehabilitation treatments
- C. Using ICT solution to monitor users' health status and rehabilitation level
- D. Acting with professional responsibility
- E. Managing affectively the communication and relation with the user and his/her family and caregivers
- F. Interacting and collaborate with colleagues and multidisciplinary teams
- G. Enhancing health prevention
- H.
- I.

COMPETENCIES THAT ARE SPECIFIC OF PHYSIOTHERAPISTS IN HOMECARE

Define the proper rehabilitation paths, therapies and exercises in an evidence based approach

- Knowing and applying the main theories and methodologies on therapeutic exercises which can be made at home in order to help the elderly in their rehabilitation process;
- Knowing and being able to explain the main therapeutic exercises which can be made at home in order to help the elderly in their rehabilitation process;
- Knowing the guidelines, the clinical pathways and the epidemiology for the main chronic diseases;
- Knowing the main scientific evidence on chronic and degenerative diseases in older adults;
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[Key activity].....

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COMPETENCIES THAT ARE HORIZONTAL TO DIFFERENT PROFESSIONALS IN HOMECARE

Interact and collaborate with colleagues and multidisciplinary teams

- Knowing about the institutional and legal structure of the social and healthcare services outside hospitals and their current status;
- Being aware of physiotherapists' actual role and responsibilities in homecare;
- Being able to work in equip and to collaborate and cooperate with other professionals;
- Using effectively specific tools, report models and documentation, even supported by ICTs, in order to report the professional activity and to share information about the patient homecare with other professionals;
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[Key activity].....

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