



Cardiff Bay Dental Practice

"Your Smile is Our Priority"

Unit 7, The Waterfront, Mermaid Quay, Cardiff Bay, CF10 5BZ
Tel: 029 2049 8765 | Email: appointments@cardiffbaydental.co.uk
www.cardiffbaydental.co.uk | GDC Registration: 123456

Patient Information

Name:	Mr James R. Thomas
DOB:	08/11/1988
Patient ID:	CBD-2024-7891
Address:	34 Penarth Road Cardiff CF11 6JU
Phone:	029 2034 5678
Last Visit:	15/02/2025

28th August 2025

Dear Mr Thomas,

 **TIME FOR YOUR DENTAL CLEANING!** 

It's been 6 months since your last professional cleaning

We hope you and your family are keeping well. Our records show that it's time to schedule your next routine dental cleaning and check-up appointment.



Available Appointment Times

We have the following convenient slots available in the coming weeks:

Morning

Afternoon

Evening

Mon-Fri

9:00 AM - 12:00 PM

Mon-Fri

2:00 PM - 5:00 PM

Thu-Fri

6:00 PM - 8:00 PM

✨ **Benefits of Regular Dental Cleaning**

Professional cleaning every 6 months is essential for maintaining optimal oral health:

- ✓ Removes plaque and tartar buildup
- ✓ Prevents gum disease
- ✓ Early detection of dental problems
- ✓ Maintains fresh breath
- ✓ Keeps teeth looking bright
- ✓ Supports overall health

💡 **What to Expect During Your Visit:**

- Professional scale and polish (30-45 minutes)
- Comprehensive oral health examination
- Oral cancer screening
- Personalized oral hygiene advice
- Discussion of any treatment recommendations

📞 **Book Your Appointment Today**

📞 **Phone:**
029 2049 8765

💻 **Online:**
www.cardiffbaydental.co.uk

✉️ **Email:**
appointments@cardiffbaydental.co.uk

🏢 **Walk-in:**
Reception desk (Mon-Fri 8:30-5:00)

Special Offers: Book within the next 2 weeks and receive a complimentary fluoride treatment (usually £25) and 10% off any additional treatments needed.



We understand that life gets busy, but maintaining your oral health is an investment in your overall wellbeing. Regular cleanings can prevent costly dental problems in the future and keep your smile looking its best.

If you have any questions about your treatment or would like to discuss any concerns about your oral health, please don't hesitate to contact us.

We look forward to seeing you soon!

Dr. Sarah Mitchell

Principal Dentist

BDS (Cardiff), MFGDP (UK)

Cardiff Bay Dental Practice

Practice Hours: Mon-Wed 8:30-17:30 | Thu-Fri 8:30-20:00 | Sat 9:00-13:00

Emergency: 029 2049 8765 (24-hour answerphone with emergency contact details)

Cardiff Bay Dental Practice is registered with the General Dental Council.

We are committed to providing high-quality dental care in a comfortable, modern environment.

Practice Registration: GDC-123456 | CQC Rating: Outstanding