Exercise #1 - Set up

1. [Download and install both R and RStudio](#) on your computer. Make sure that you install the appropriate software based on your computer (Mac or PC) and that your operating system is either Windows 7 or higher, or macOS 10.12 or higher

2. Open RStudio and confirm that it is properly installed
   a. **Note:** the first time you open RStudio you will see three windows, two on the right and one on the left. (If you see 2 on each side, just go on to step 3)
   b. To open the "source", click on [File > New File > R script]. This should open a 2nd window on the left. You can also do this by clicking the button in the top left corner that looks like a white piece of paper with a green plus sign, then clicking R Script.

3. Create a folder on your computer for this course. We suggest that within this folder you also create sub-folders called "slides", "data" and "R programs". You can then download the corresponding material into these folders, including the Rosmap dataset that we will be using.