

Medical Report – Ishihara Color Test Plate

— 3 —

1. English

****Disease Name / Abnormalities:****

- The image is an Ishihara test plate used for detecting red-green color deficiencies.
 - No visible eye abnormalities such as redness, dryness, or infection can be diagnosed from this image.

Symptoms:

- This image is used to test for color blindness, especially red-green color vision deficiency.
 - People with such deficiency may have difficulty identifying numbers on this plate.

Causes (How it happens):

- Color vision deficiency is usually genetic, caused by abnormalities or absence of photopigments in the eye.
 - It affects the ability to distinguish between certain colors.

What to do ■

- If you have difficulty viewing numbers in Ishihara plates, consult an eye specialist for a formal eye examination.
 - Use aids and coping strategies to manage color blindness in daily life.

What NOT to do ■

- Do not ignore color vision problems as they can affect daily activities and career choices.
 - Do not attempt self-diagnosis without proper testing.

Health Tips:

- Have regular comprehensive eye exams.
 - Protect your eyes from excessive sunlight.
 - Maintain a balanced diet for overall eye health.

Risk Level:

- Low risk concerning eye health.
 - Color vision deficiency does not typically cause any physical damage to the eye.

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2. Tamil

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Summary:

This image is a test tool, not a photo of an actual eye. No abnormalities such as redness or dryness