





## 健康领域常用的环境暴露观测工具的发展

健康地理学青年学者论坛2024 珠海 5.26

戴劭勍

荷兰特温特大学地理信息与对地观测学院 (ITC)

武汉大学空间全生命周期健康国际研究中心 (ISLE)



## 目录

- 环境暴露与肥胖的关联研究
- ■循证医学式的系统综述框架
- ■地理大数据赋能城市暴露观测
- ■小结与展望

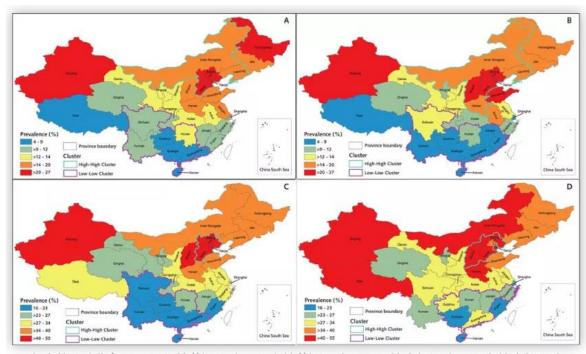




近日,一则关于"中国成年人肥胖地图"的研究刷爆了朋友圈。

在这篇发表于*Annals of Internal Medicine* 杂志上的文章中,来自国家疾病预防控制中心的**王丽敏教授团队分析了2013年-2014年间我国各省份的肥胖人群比例及流行趋势**,进而为我国的肥胖现状及其带来的公共健康问题敲响了警钟<sup>1</sup>。





(各省份肥胖分布图。A. 男性普通肥胖; B. 女性普通肥胖; C. 男性腹部肥胖; D. 女性腹部肥胖。

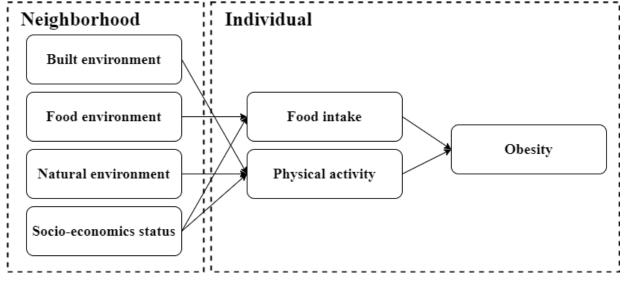
颜色由蓝到红指征肥胖率由低到高。图片来源: Zhang X, 2019)

Zhang X. et al. (2019). Annals of Internal Medicine





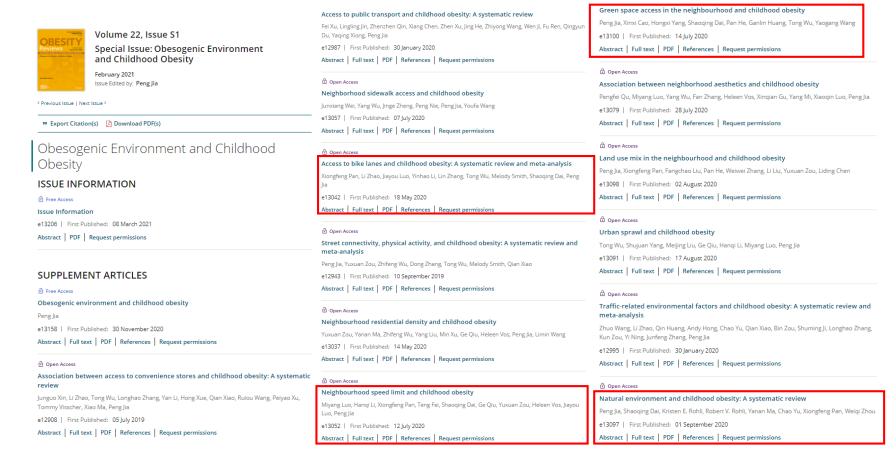






**Dai, S.**, Qiu, G., Li, Y., Yang, S., Yang, S., & Jia, P. (2024) State of the Art of Lifecourse Cohort Establishment. *China CDC Weekly*, 6(14), 300-304. (**IF=4.7**)





Obesogenic Environment and Childhood Obesity. (2021) Obesity Reviews. (IF=8.9)





- 16种环境因子(10种建成环境因子,6种食品环境)
- 3种复合环境因子(可步行性, 自然环境, 交通环境)
- 24,155初始检索文献→ 纳入457篇研究(PRISMA)



Jia, P., Shi, Y., Jiang, Q., **Dai, S.**, Yu, B., Yang, S., ... & Yang, S. (2023) Environmental determinants of childhood obesity: a meta-analysis. *The Lancet Global Health*, 11, S7. (**IF=34.3**)





Environment	Factors	Weight-related behaviors	Weight-related outcomes
Built environment	Street connectivity	+	*
	Residential density	+	*
	Speed limit	-	X
	Land use mix	+	X
	Urban sprawl	X	X
	Green space access	+	X
	Public transport access	+	X
	Bike lanes access	*	X
	Sidewalk access	+	-
	Aesthetics	X	X
Food environment	Convenience stores	-	X
	Fruit and vegetable markets	X	X
	Grocery stores	X	X
	Full-service restaurants	X	X
	Fast-food restaurants	X	X
	Supermarkets	X	X
Composite environment	Natural environment	X	X
	Walkability	X	X
	Traffic-related environment	X	+

[+] positive associations, [-] negative associations, [\*] mixed associations, [x] unclear associations. Jia, P., Shi, Y., Jiang, Q., **Dai, S.**, Yu, B., Yang, S., ... & Yang, S. (2023) Environmental determinants of childhood obesity: a meta-analysis. *The Lancet Global Health*, 11, S7. (**IF=34.3**)





GIS客观测度与感知的差异

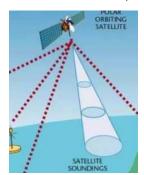
可达性≠实际行为

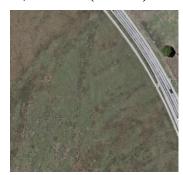
#### 环境暴露与肥胖的关联研究

■ 环境暴露测度工具: 对地观测→人本观测

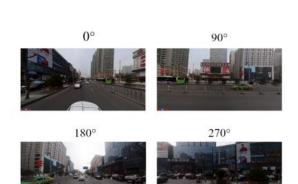
The performance of GIS-based and self-reported environment measures in explaining weight status outcomes was more complex. The most obvious finding was that almost all self-reported environment variables were significantly related to weight status, compared with very few significant associations for GIS-measured environment variables. The only common finding was that multi-component index variables were significant for the relation of both GIS-based and self-reported environment variables with overweight/obesity, reinforcing the importance of multivariable conceptualization and measurement of environments. The limited findings with GIS-based variables were partly explained by the sex-specific associations with weight status reported in the original paper (22).

#### Sallis, J. F., et al. (2020). Annual reviews of Public Health







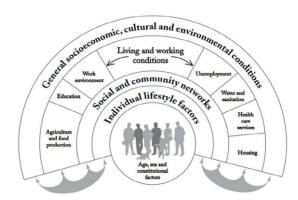


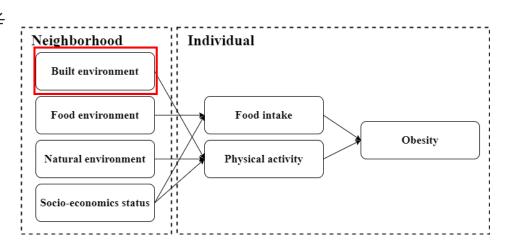
**Dai, S.**, Li, Y., Stein, A., Yang, S., & Jia, P. (2024) Street view imagery-based built environment auditing tools: a systematic review. *International Journal of Geographical Information Science*, 1-22. (**IF=5.7**)





- 主动随访队列 (Biobank, CKB, HELIX, FHS, Nurse)
- 基于注册数据的队列建设 (Nordic countries, England, Australia, China)
- 基于先进技术的数据收集方式 (Satellite, Wearable device, Street view images)
- 未来全生命周期人群队列建设的思考



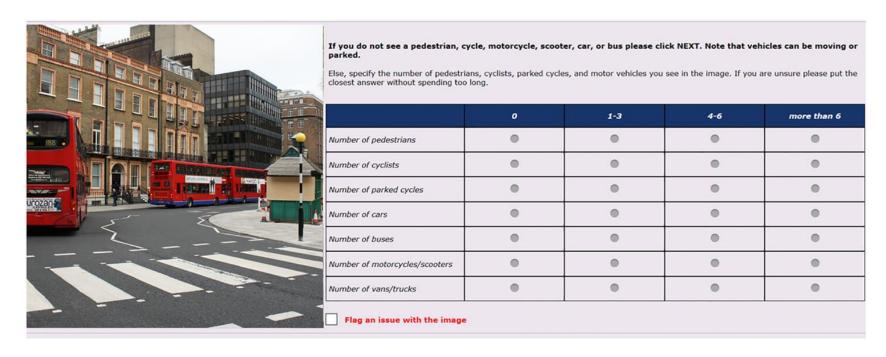


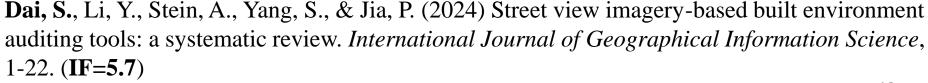
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■ 环境暴露测度工具的一种典型表现: 建成环境审计, 建成环境有什么? 怎么样?



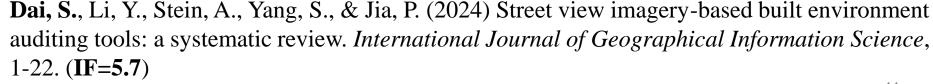






## 循证医学式的系统综述框架

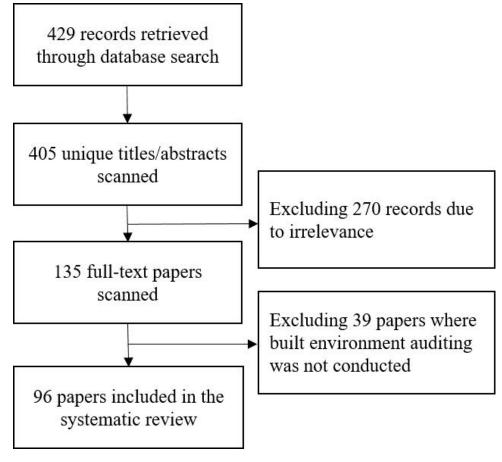
- 以PubMed 与Web of Science两个数据库进行文献检索
- 时间截止至2023年10月
- 关键词包含:
  - built environment\* audit', 'auditing', and 'virtual audit\*'
  - 'streetview\*', 'street view\*', 'street-view\*', and 'street view image\*'
- 筛选标准: 完整的建成环境要素审计







## 循证医学式的系统综述框架

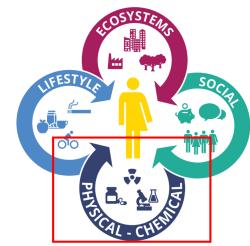


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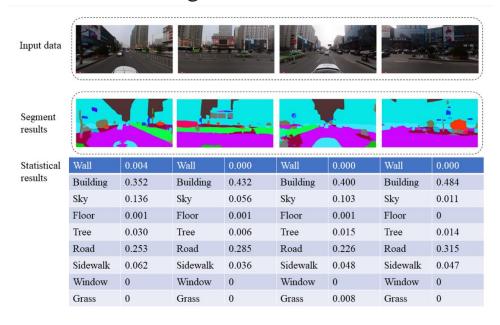




- Exposome (暴露组学): 从出生开始的环境暴露总量
- Bridging the BEA and urban exposome observation through SVI



Vermeulen R., et al. (2020). Science

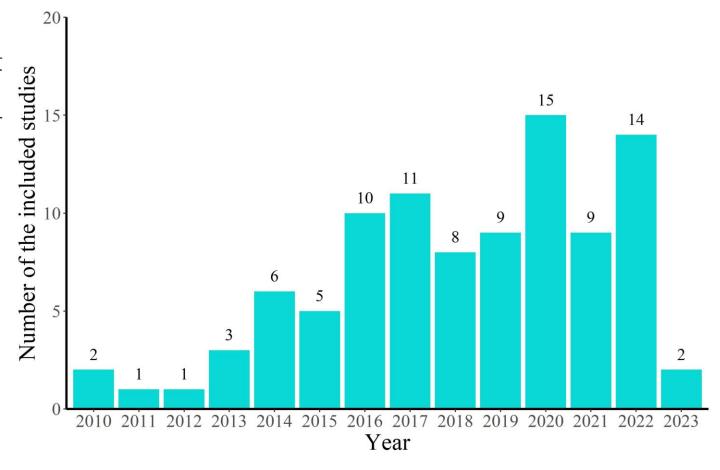


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- 92.7%基于谷歌街景
- 81.3%基于人工审计
- 深度学习的兴起

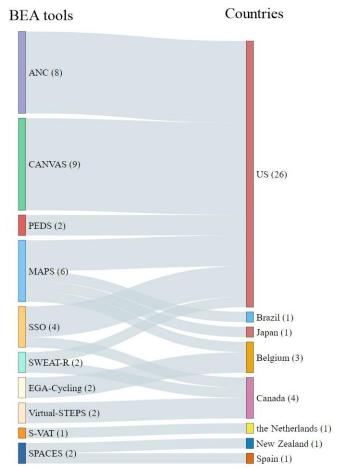


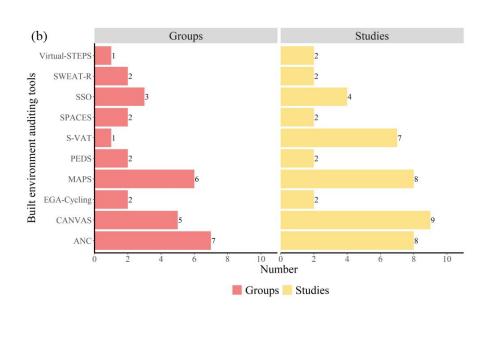
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(a)

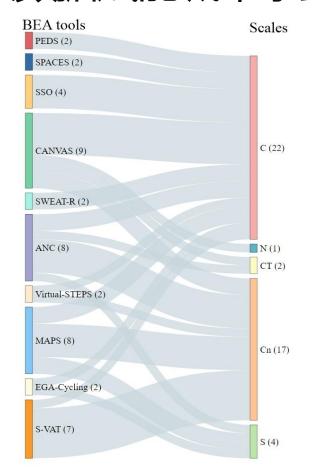




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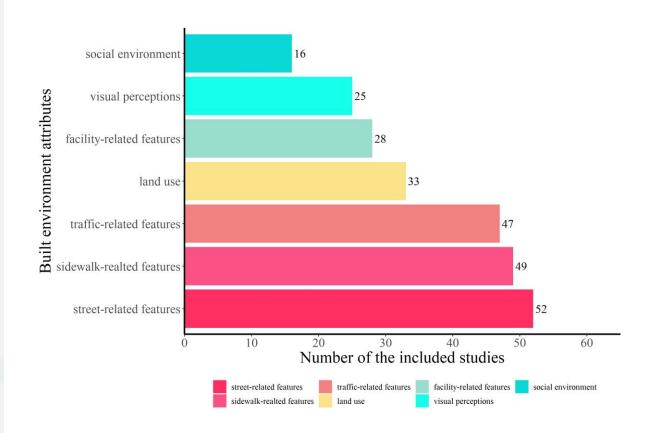


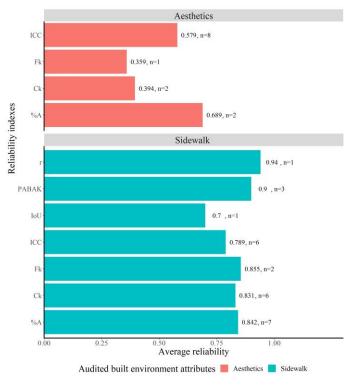
Auditing tools	Purpose	Applied scenes	Audited attributes
ANC	Accessing key street-level features related to physical activity	Physical activity-related studies	- Land use types - Sidewalks - Shoulders and bike lanes - Street characteristics - Quality of the environment for pedestrians
CANVAS	Measuring built environmental exposures of interest and environmental effect modifiers	Built environmental exposures and environmental effect- related studies	Aesthetics Physical disorder Pedestrian safety Motorized traffic and parking Infrastructure for active travel Sidewalk amenities Human presence and social interactions
EGA-Cycling	Assessing the physical environmental characteristics of cycling routes to school	Cycling-related studies	<ul> <li>Land use types</li> <li>Characteristics of street segment</li> <li>Cycling facilities</li> <li>Pedestrian facilities</li> <li>Aesthetics</li> </ul>
MAPS	Examining the associations between microscale environmental attributes and macro-level neighborhood walkability	Walkability-related studies	<ul><li>Routes</li><li>Street segments</li><li>Crossings</li><li>Cul-de-sac</li></ul>
PEDS	Assessing the walking environment	Walkability-related studies	<ul> <li>Environment</li> <li>Pedestrian facilities</li> <li>Road attributes</li> <li>Walking/Cycling environment</li> </ul>
S-VAT	Identifying and comparing environmental characteristics to assess the obesogenicity of neighborhoods	Obesity-related studies	Walking     Cycling     Public transport     Aesthetics     Land use mix     Grocery stores     Food outlets     Recreational facility-related item:
SPACES	Assessing the walking and cycling environment	Active transport behaviors- related studies	Walking/Cycling function     Walking/Cycling safety     Walking/Cycling aesthetics     Walking/Cycling destinations
SSO	Examining some phenomenon or aspect of behavior	Social-related studies	No uniform audited attributes
SWEAT-R	Understanding the influence of the physical environment on physical activity of older adults	Physical activity-related studies in elders	<ul> <li>Functionality</li> <li>Safety</li> <li>Aesthetics</li> <li>Destinations and facilities</li> </ul>
Virtual-STEPS	Auditing instruments that can be used for widespread surveillance at local, provincial, and national levels	Auditing infrastructure	Pedestrian infrastructure     Traffic calming and streets     Building characteristics     Biyeling infrastructure     Transit     Aesthetics/disorder

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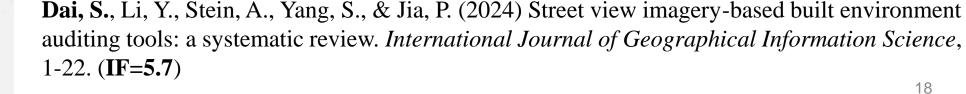


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- **■** Urban exposome observation: earth observation—human-center observation
- **街道**是最常审核的对象(54.2%),其次是**人行道**(51%)、交通(49%)和土 地使用(34.4%)
- 与主观属性(例如邻里环境感知)相比,客观属性有更高的可靠性
- Active Neighborhood Checklist与Microscale Audit of Pedestrian Streetscapes是 两种应用最广泛的环境暴露观测工具







- 街景图像在捕获建成环境的某些属性方面表现良好,能够有效地提高环境暴露 观测的准确性
- 街景图像在促进环境健康中城市暴露观测方面具有巨大潜力。与遥感或实地观测等替代观测方法相比,街景图像提供了一种可以在人的视线水平捕获城市物理环境的高效方法



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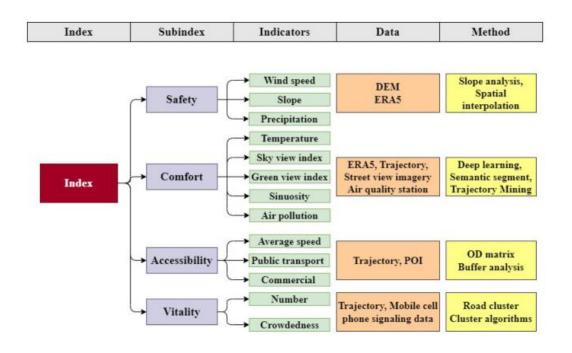
- 亟需将人工智能的力量与街景图像相结合,建立具有不变或稳定几何信息的通用观测城市环境暴露的标准数据集
- 亟需探索使用多源街景图像与其他遥感影像数据的融合,以促进创建空间完整 且时间一致的城市场景
- 重点关注针对发展中国家独特情况定制和验环境暴露观测工具至关重要。



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- 一些探索 (环境暴露与体力活动的关联)
- 环境暴露与骑行行为
  - 传统可骑行性评估的指标
  - 以人为本的环境感知指标
  - 过去忽视的自然环境指标
  - 实际骑行行为的轨迹指标



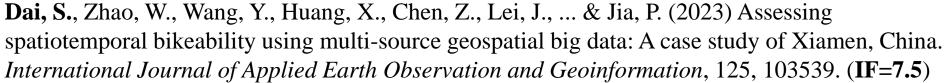


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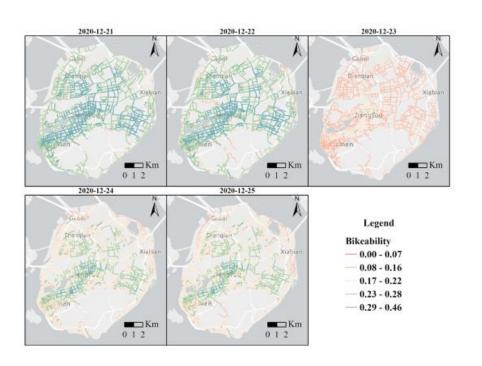


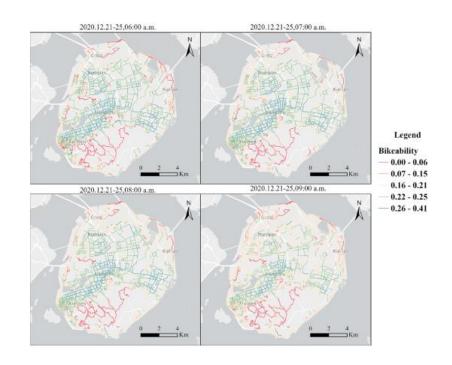






■ 一些探索 (环境暴露与体力活动的关联)





UNIVERSITY OF TWENTE.

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■ ChatGPT与AIGC下的思考







Dutch to your

street





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#### 第四届空间全生命周期健康国际 研讨会通知(第二轮)

会议时间:7月27-28日 会议地点:湖北武汉



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国际空间健康研究中心

#### Thanks for your attention!

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