



Community Group 1

There will be Pain and Promise

MVMT Madness - 5-7 minutes

- Ice breaker- Life is Tough!
 - **Question 1** - What is a time you had to work for something and it was really difficult?
 - **Question 2** - How did it feel that you persevered through the struggle and had victory?
 - Once everyone has had an opportunity to answer, share your own answers to the questions.
 - **Host** - Transitioning into the message:
 - Often in life we are faced with struggles! If you have been alive for longer than 5 minutes you know this! You have to work for things and sometimes that comes with struggle and pain! In your walk with God, however, you can choose what pain you face. You can choose the pain of obedience or the pain of regret of a wasted life! Now you're probably thinking, "Wow, this group just got depressing!" and at face value you would be right. But at the end of the road if you choose to follow God this pain of obedience leads to joy!

MVMT Message - 20-30 minutes

- He will wipe every tear from their eyes, and there will be no more death or sorrow or crying or pain. All these things are gone forever." **Revelation 21:4 (NLT)**
- I have told you all this so that you may have peace in me. Here on earth you will have many trials and sorrows. But take heart, because I have overcome the world." **John 16:33(NLT)**

Question 1 - Why do you think there were tears in Revelation 21:4? Is it possible they could be tears of regret?

- **Host:** Share a time, following God was painful.

Question 2 - Why do you think following God can be painful? Do you think the pain is worth it?

- **Host:** We will face pain following God because:
 1. We are not of this world! Nor are the commands we follow!
 2. We have a real enemy and are at war!
 3. We will rarely grow when we are comfortable.

- And we know that in all things God works for the good of those who love him, who have been called according to his purpose. Romans 8:28
 - Paul says that God wants to use all things for our good! Even the pain of our obedience
 - This means that no tear we ever shed following Him will be wasted!.
 - He promises ALL things will work for our good! If we live for Him!

Question 3 - What blessings and level of joy do you think is in store for those who choose the pain of obedience over the pain of regret?

MVMT Maker 10-15 minutes

Question 1 - What is the next step of obedience do you need to take with God?

Question 2 - What is keeping you from taking that step?

Question 3 - Is the thing that is holding you back, worth missing out on what God has for you?

- Challenge leaders and students to share their next step with the group and then pray out loud for each student and the steps they need to take!