Week 3 - Grown Series LIFE/INTRO QUESTIONS (CHOOSE 1 OR 2)

- What are some of your favorite shows or movies to watch right now?
- How did you end up showing extra love to your parents last week?

CONNECTION QUESTION

• What are some things that you own that you would consider priceless? Something you just could not live without. (Phone, gaming console, shoes ect.)

Sermon in a Sentence

The best way to love others is to discover how God loves you!

SCRIPTURE

Ephesians 2:10

For we are God's masterpiece. He has created us anew in Christ Jesus, so we can do the good things he planned for us long ago.

What is being said in this scripture?

DISCUSSION QUESTIONS

- Why do you find it hard to love yourself nowadays? If comfortable, explain.
- If you feel comfortable sharing, what do you find hard to love about yourself?
- Why do you think it is so important to love yourself?
- Do you think any mental health issues can stem from not believing God's perfect love for us? How come?

LIFE APPLICATION

We want students walking away with 1 or 2 things they are going to do SOON to apply what they discussed.

How can you focus on loving yourself this week? Encourage them to write down positive
declarations about themselves and then connect those declarations to scripture. Tell
them to read them until they believe it. Remind them that they are wonderfully made in
the image of God.

TAKE IT OUT

- Close small group out with prayer requests.
- After prayer, be sure to remind them THE WEEKEND!