

Knockout: Crushing your Calling Killers

Week 3: ½ Speed

What we want students to learn: We have already tackled having a victim mentality and comparisons. Today we're tackling the temptation to go half speed, the temptation to do things half-heartedly.

What we want students to do with what they've learned: Pursue God's calling on their life with all of their might, and not just some of it.

Large Group Message Focus: Revelations 3:15-16

Scripture Focus: Psalm 73:26, Proverbs 16:9, and Romans 12:2

The Main Point

It is easy to be on fire during a special event weekend or when God's spirit seems to be surrounding you on all sides, but the difficulties set in when you leave and re-enter "everyday life." In a setting such as Fusion, we feel prepared to run full speed ahead. Then, Monday hits. For many of our students, it probably feels easier to fight for the calling God has on their life during an event like Fusion or here on a Wednesday night. But, outside of these environments, they begin the get "comfortable" or go "half- speed." However, this does not have to be the case. God's spirit is with us at all times and in all places. Tonight we are going to tackle three things that often make us to go ½ speed in our calling.

INTODUCTION

To kick off small group for the night, ask your students the following question.

- When was the last time you were super hesitant or timid about doing something? What was it?
 - For example, maybe some of your small group boys feel more hesitant than even when they ask a girl out.
- If you decided to go ahead and do it, how did you act when you did it?
 - Let's say your students have been hesitant about going through a haunted house. When they
 finally went through, I bet they did not walk through in cool confidence. No, they probably hid
 behind someone, tiptoeing through.

Not only do we get hesitant about things like asking someone on a date or going to a house, we also get hesitant about going full speed ahead in the calling God has given us. We let our hesitancy win more often than not. So, today we are going to talk about crushing the calling killer of going ½ speed.

PRAY that your group would have the confidence to run full speed ahead in the calling God has for them.

LESSON + LIFE APPLICATION

There are several reasons for slowing down in life, a sport, or race. As a Christians, finding what slows you down is essential because once you find out what slows you down, you can begin to overcome it. There are three main categories that slow us down: fear of failure, fear of the unknown, and fear of missing out.

- What causes you to go ½ speed the most?
 - Fear of failure Afraid of messing up when you try to live for Jesus
 - o Fear of the unknown Afraid of what is around the corner when we live out our calling
 - Fear of missing out Afraid to live fully for Jesus because you don't want to miss out on what other people "in the world" are doing

What fear that stood out the most among your group? Choose one fear as a group and spend the majority of your time addressing it together based on the questions below. If time allows, you can tackle two. You will also notice that the life application has been included in this section as well.

1. <u>Fear of Failure – Often times we run ½ speed (or even no speed at all) because we are convinced we are just going to mess up and fail anyways.</u>

Psalm 73:26 - My flesh and my heart may fail, but God is the strength of my heart and my portion forever.

- What things are you the most afraid to fail at?
- Why do you think the fear of failure makes you run ½ speed?
- Is failure ever final? Why or why not?
- Do you think God wants your effort or your perfection? Explain.
 - It can be easy to think that God will be upset if we mess up. Why? Because the world has painted him in such a way that we believe he demands perfection. But, if perfection was possible, we wouldn't need the cross. And boy do we ever need the cross.
- What is one thing you have not done because you are afraid of failure? How can you take one step towards this goal this week?
- 2. <u>Fear of the unknown Often times we run ½ speed because we are not sure what is waiting for us on the</u> other side of our obedience.

Proverbs 16:9 - In their hearts humans plan their course, but the Lord establishes their steps.

- Why do you think the fear of the unknown makes you run ½ speed?
- What scares you the most about not knowing what is to come?
- In what ways has God comforted you in the past in the midst of uncertainty?
- How can you take one more step in your calling to be the light this week even though you still feel uncertain about what is to come?
- 3. Fear of missing out Often times we run ½ speed because we are trying to two lives at once, one for Jesus and one for the world.

Romans 12:2 – "Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will."

Why do you think the fear of missing out makes you run ½ speed?

- Do you ever feel like you are trying to live two lives (Ex: living one way around your church friends and one way around your school friends)?
- What does this look like in your life (trying to live two lives)?
- This week, what is one step you can take towards God when you catch yourself wanting to live two lives?
 - The reason we most often want to live two lives is because we don't see the difference between the two. We have not immersed ourselves fully in one life or the other. But, as we get closer to Jesus, we create space for him to give us more of the desires for more of Him. The best way to live for more of Jesus is to know more of the PERSON of Jesus.

TAKE IT OUT

Close small group out with prayer requests. Pray specifically that your group would seek Jesus' perspective on their fear, uncertainty, and desire to fit in.

After prayer, be sure to remind them of any upcoming group serving activities or student events and THE WEEKEND!