



Middle School Leader Guide



MVMT Community Groups Middle School Guide

Want to know what you will be doing in community groups each time you meet? Here is a brief overview of what you can expect to happen during every community groups session.

MVMT Madness

- **Goal: Prepare an atmosphere of intimacy, vulnerability, and FUN**
- *Game and/or Ice-breaker question*
- Student leaders
 - *During MVMT, we want 2-3 students to partner with you during each small group session to help you lead small group. Let's empower the next generation together!*
 - *They can help you lead by reading questions, encouraging students who feel defeated, including everyone in the conversation, praying at the end of group, etc.*
 - *During this time, either choose 2-3 students or have 2-3 students offer to help.*

MVMT Message

- **Goal: Internalize and share how God is moving in them**
 - Internalize – Connect the message to their life
 - Share - Learn from their peers and identify points of commonality concerning the way God is speaking to each of them individually
- Scripture
- Lesson Questions

MVMT Maker

- **Goal: Apply their moments with God to a movement in their life**
 - Apply – Commit to act
- Application questions

MVMT Community Groups Session 1 Middle School Guide

MVMT Madness

- *Game*
 - *MVMT Handshake Challenge – With your small group, create a crazy and goofy secret handshake involving every person at the same time.*
- Ice-Breaker Questions
 - **What was your favorite story shared from the panel this morning?**
- Student Leaders
 - Choose 2-3 students to help you lead this session.

MVMT Message

- Scripture – Ezekiel 47:3-5
 - Bottom Line: A shallow relationship with the Holy Spirit will lead to shallow results.
- Lesson Questions
 - Having the Holy Spirit inside of you means that God is with you. **What excites you most about God being with you?**
 - **Is there anything that creeps you out or sounds a little weird about the Holy Spirit?**
 - The Holy Spirit is also our friend. **How do you grow closer to your friends now? Do you think you can grow closer to the Holy Spirit in some of the same ways? Which ones?**

MVMT Maker

- Goal: Take one step deeper in your relationship with the Holy Spirit
- Action Questions
 - **Why do you think the Holy Spirit wants to be close to you?**
 - One way we can grow closer to the Holy Spirit is by focusing on Him. **What is one step you can take this weekend to focus on the Holy Spirit more than the things around you?**



MVMT Community Groups Session 2

Middle School Guide

MVMT Madness

- Student Leaders
 - Choose 2-3 **different** students to help you lead this session.
- *Game – Telephone*
 - *Phrase – Two tiny toads ate fat flying flies.*
 - *Instruction: Begin the game by whispering the phrase above in the person’s ear to your left. Have the group continue this process until it reaches back to you. The two rules are that you must whisper and you can only say the phrase once. When it gets back to you, announce what funny, and likely very different, phrase made it to the end of the circle.*

MVMT Message

- Scripture – Ezekiel 47:11
 - Bottom Line: You can’t sit still and see revival.
- Lesson Questions
 - No one likes feeling left out. **What is your least favorite thing to “miss out” on?**
 - **Which feeling, of those listed below, keeps you from growing closer to Jesus and living for Him?**
 - Fear - I am afraid to
 - Embarrassment - I am afraid other people will make fun of me
 - Uncertainty - I don’t know how to
 - **How would your life be different if you chose to listen to God more than the world?**

MVMT Maker

- Action questions
 - People who have bold faith in Jesus don’t let fear stop them from moving forward. **As a group, name a few people that you admire for their bold faith in Jesus. What is it about their bold faith that inspires you?**
 - Today we learned that there is a battle between the flesh and the Spirit in our minds. **Based on the emotion you chose earlier (fear, embarrassment, or uncertainty) what is one step you can take to fight against it this weekend?**



MVMT Community Groups Session 3 Middle School Guide

MVMT Madness

- Student Leaders
 - Choose 2-3 **different** students to help you lead this session.
- Ice-Breaker Question
 - **If you could pick any song to be your theme song, which song would you pick?**

MVMT Message

- Scripture – Matthew 6:9-10
 - Bottom line: The kingdom will come when we go.
- Lesson Questions
 - **In everyday life, what does it mean to let God take the lead?**
 - God wants to help you in every area of your life. **Are there any areas that are harder to trust Him with than others?**
 - God chose you to help bring His kingdom here on earth. **Why do you think God chose you? What do you think He sees in you?**
 - *If time remains, ask your group to share what great qualities they see in their friends sitting around them.*

MVMT Maker

- Action Questions
 - **What did you commit to during “My Movement Moment?”**
 - **What led you to make that specific commitment?**
 - **Is there anything else that you believe God may have been calling you to do, but you were afraid to say yes? What was it?**
 - *As their leader, take a moment to encourage them that if God called them to it, He can provide them with everything they need to accomplish it. He just needs their “yes.”*



MVMT Community Groups Session 4 Middle School Guide

MVMT Madness

- Student leaders
 - Choose 2-3 **different** students to help you lead this session.
- Ice-Breaker Questions
 - **What was your favorite Halloween costume you ever wore?**
 - **Which Disney character/villain were you oddly terrified of as a kid?**

MVMT Message

- Scripture - Psalm 46:10
 - Bottom line: I can trust God with my YES.
- Lesson Questions
 - **Why do you think God wants us to “be still?” As a group, come up with a few different reasons.**
 - **Recap your commitment from “My Movement Moment.”**
 - Let’s be honest, it’s only been a couple of hours, and still, we are all probably thinking of reasons as to why we can’t keep the decisions we made. The enemy wants us in that spot, believing we cannot do what God has called us to. In order to reveal the lie for what it is, we must first voice what we are thinking. **Why do you think you can’t do it? What might get in the way or stop you?**

MVMT Maker

- Action Questions
 - **What do you think would happen, in your life and in the lives of those around you, if you don’t keep your “My Movement Moment” commitment?**
 - **What is one step you can take this week to begin living out your “My Movement Moment” commitment?**
- Prayer time – Spend the remaining time praying together as a group for the specific “My Movement Moment” commitments made. Consider having each member pray aloud briefly for the person to their left. Rather than taking turns, your group can all pray aloud at the same time.

