



Goliath Must Fall

Week 1: Dead But Still Deadly

What we want students to learn: We all still face giants every day. What's your giant?

What we want students to do with what they've learned: Understand how the enemy is attacking them and learning how to conquer him, through Jesus.

Scripture Focus: 1 Samuel 17:1-9

Supporting Scripture: 1 Peter 5:8-9 and John 8:36

The Main Point

Welcome to our new series! Over the next month, we will be spending some time in the story of David and Goliath. We are praying during this series that students recognize that Jesus is the only one who can defeat their giants.

Our enemy is like a snake without a head; (even after the head of a snake has been chopped off, the remains still contain venom which is poisonous) therefore, it is dead but still deadly. The enemy was defeated at the cross but still has poison in his veins. For those who believe in Jesus, He has the victory in their life. However, why do we then still fall victim to sin, fear, stress, perfection, anxiousness and so many other things. Where is the victory at in our daily lives? We hope to answer these questions and more during this series.

INTRODUCTION

To kick off our new series, spend a few minutes discussing one or two of the following "if you could" ice-breaker questions with your students.

- **If you could be in the movie of your choice, what movie would you be in and what character would you play?**
- **If you could be an Olympic athlete, what sport would you compete in?**
- **If you could have an endless supply of any food, what would you get?**

Then, have a student pray to begin your small group time.

LESSON

- **Have you ever heard of the story of David and Goliath before? As a group, summarize what you know about that story.**

The story of David and Goliath is known and loved by many. Who doesn't love a good underdog story? Over the next few weeks, your group will be discussing how we all have giants in our life, things that keep us from moving forward.

Now, have your read 1 Samuel 17:1-9 to see where they battle began.

- **Did anything new stand out to you from this story that you never noticed before?**
- **What do you think you would do if you came against a giant like Goliath?**
 - *While on the outset we may want to believe that we would rise to the occasion and slay the giant, this probably wouldn't be what we would actually do. According to the world's standards, it would normal to shrink back in fear. It would be normal to flee in the opposite direction. It would be normal to not want to fight.*

As Christians we have been called to a different fight. We have been called to fight the giants that rage within us. Giants of anxiety, stress, perfection, fear, anger, worry, etc. plague us every day. But, we don't have to go at these giants alone. Only through Jesus can we defeat these giants.

Read 1 Peter 5:8-9 (NIV) and ask the following questions.

- **Fill in the blank: "Be _____ and sober _____. Your enemy the devil prowls around like a roaring _____ looking for someone to devour."**
 - *Alert, minded, lion*
 - **How can we be cautious of an enemy that we can't see?**
 - Understand his motives and stay focused on our God who has promised to care for us and protect us.
 - **According to this passage, what is the only way to defeat the enemy?**
 - Faith
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LIFE APPLICATION

- **Jesus has been given "all authority in Heaven and on Earth" (Mathew 28:18), so the reason Jesus came to Earth is to crush the power of sin and death. What difference does this make as you view the giants in your life?**
 - *It allows us to take our eyes off how big we see our giant as, and allows us to focus on how big our God is. And, Jesus's whole purpose was to conquer these enemies, and He has promised to do so.*
 - **High School Only - If Jesus loves us, has all the power, and wants us to live our lives to the fullest- why do we still have giants in our lives?**
 - *It's not God's Will for us to have giants in our lives. When sin entered the world, it allowed the enemy to be given enough power to harm us- but Jesus destroyed His ability to eternally harm us. See John 8:36 for context.*
 - **We all face internal giants. What is the biggest giant in your life this season?** (See the list below for examples)
 - *Fear, anxiety, depression, comfort, rejection, pride, lust, anger, addiction, etc. We have to be aware of them and commit to allow God to defeat them. Only when we bring them into the light can we find healing.*
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TAKE IT OUT

Before requesting prayer requests, pray Psalms 18:1-6 over your few. Encourage your group to link arms or huddle around each other, and truly believe the powerful words from Psalms 18. Speak it over your few- many of them may not many people speaking Heavenly truths over them. Then ask for prayer requests and pray for your group and their giants, seen and unseen. After prayer, be sure to remind them of any upcoming group serving activities or student events and THE WEEKEND!