



My Movement

Week 3: Connecting with Each Other

What we want students to learn: God is waiting and ready for you to connect with others.

What we want students to do with what they've learned: Connect with others consistently by fighting for others.

Scripture Focus: 1 Samuel 19:1-7

The Main Point

During MVMT, the Movement Cause was Move Groups. Move Groups are student led small groups that students are launching all across Knoxville/East Tennessee. Whether they have questions, concerns or even doubts, we want to reassure our students that this is something God can empower them to do, taking His name into their schools every single day. In fact, whether they were at MVMT or not, this is something they can take part in.

Move Groups

A Move Group is a group of three or more students who meet together in their schools consistently to connect with each other and God. But, how do they do this? We are asking them to: 1.) Meet consistently, 2.) Have fun and 3.) Be honest.

INTRODUCTION

First impressions are a tricky thing. Have you ever heard the first impressions people have of you? They normally come out months or years into your friendships, and you often hear the phrase, “you know, when I first met you, I thought you were _____.” We usually either love or hate what they say.

- Think back on times when people have told you what they first thought of you. **What first impressions do people often have of you?**
- **What first impressions do you want people to have of you?**

First impressions stop many of us in our tracks. They keep us from moving forward in our friendships. They also keep us from seeing people as they actually are, not just as we think they are. If we aren't careful, we can fall in the same trap when it comes to Move Groups.

PRAY as you begin your small group time tonight that your students would have the boldness to see past their first impressions and pour into the friends around them, inside and out of FPS.

LESSON

- Move groups is built around connecting with God and connecting with each other. **What do you think it means to connect with each other?**
 - *Connecting with others is just a fancy way of saying “growing closer to those around you.”*
- **What is your favorite memory of this small group since you have been in this small group?**
- **What is your favorite part of small groups at FPS?**

- **Could you apply some of those same things to your Move Group? If so, which parts.**
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LIFE APPLICATION

Before reading our Scripture for tonight, explain that we are going to be reading a story about David and Jonathan. In this story, a man named David had risen in the ranks as a great warrior and man of God in Israel. He had defeated the giant Goliath and done many other things. As a result, the King, Saul, wanted to have David killed because he was jealous. Now, David had a son named Jonathan who was best friends with David.

Have your students read 1 Samuel 19:1-7 and then discuss the following questions. Feel free to stop at any point throughout the story to recap what you have read so far.

- **Why do you think Jonathan wanted to protect David?**
 - *Jonathan and David were best friends. Jonathan was able to see that Saul's intentions were anything but good for David and was willing to do whatever he could for what was right.*
 - **What did Jonathan do, in these verses, to help protect David?**
 - *Jonathan not only told David what was going on, but he also told his father how he felt too. Rather than just stepping back and letting things happen, Jonathan stepped up to the plate.*
 - **What does it mean to fight for your friends?**
 - *No, we aren't talking about literally throwing a punch to protect our friends. We are talking about things such as speaking up for them when no one else will, being honest with them, helping them grow into the best version of themselves, loving them well, etc.*
 - **How can you fight for your friends who are in your Move Group and your small group here at FPS? As a group, come up with a few practical ways you can fight for them.**
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CLOSING ACTIVITY

During Movement, students had an opportunity to commit to a "My Movement Moment." Spend the remaining time in group seeing how your students are keeping up with everything. What do your students need specifically? Encouragement? Motivation? Practical help? See where your students are at and spend a few minutes meeting the specific needs of where the group is at right now. Encourage students who were not at MVMT that they still have steps they can take in their walk with God too. They can start now!

- **How easy/hard has it been to stick with your My Movement Moment?**
- **What is one step you can take this week to stay committed to it?**

TAKE IT OUT

Close small group out with prayer requests. Pray specifically that your group would have the boldness to go against the grain and fight for their peers instead of against them.

After prayer, be sure to remind them of any upcoming group serving activities or student events and THE WEEKEND!

Leaders, we cannot wait to see you this weekend at FPS Grow Conference!