



# Goliath Must Fall

## Week 4: Comfort Must Fall

**What we want students to learn:** The life God has for you isn't found in your own comfort zone.

**What we want students to do with what they've learned:** Commit to the 7 day Goliath Must Fall devotional challenge.

**Scripture Focus:** 1 Samuel 17:16-24

## The Main Point

Welcome to the final week of Goliath Must Fall. Over the past month, it has been our hope and prayer that students would not just recognize, but believe that God truly is greater and more powerful than any giant they have or will ever face. During this series, we have learned that only God can defeat our giants, no matter the size of the giant. One such giant is comfort, which is what you and your group will be talking about tonight.

Have you seen any victory in your life over the past few weeks? Share it with your students. Help them to get a glimpse into your own personal walk with Jesus as He is defeating the giants in your life as well.

## INTRODUCTION

To close out this series, spend a few minutes discussing the following ice breaker question.

- **What is the weirdest thing you have ever eaten?**

Nothing says getting out of your comfort zone quite like eating adventurous new foods. No matter what new thing you are trying, some people thrive in the "new" and some run in the opposite direction. No matter where you stand, we could all admit that we have some sort of comfort zone. Some people's comfort zones are wide. Some are drastically tiny. Where is yours? As Christians, we aren't called to stay confined to our comfort zones. In fact, comfort itself is a giant we will all come face to face with at some point in our Christianity. But in this case, we aren't referring to getting out of our comfort zones by eating weird foods, but by doing things for the kingdom of God and believing in God's power.

**PRAY** as you begin your small group time that your group would come to grips with the reality that Jesus has called all of us to live outside of our comfort zones.

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## LESSON

To kick off small group for the night, begin discussing the following questions about comfort to see your students' initial reactions to the topic.

- **What is the first word that comes to mind when you hear the word "comfort?"**
- **What are some good and bad things about comfort?**
- **On a scale of 0 to 5, how important is comfort to you? Why did you choose that number?**

To continue the lesson, have your group read 1 Samuel 17:16-24.

**1 Samuel 17:16-24 (NIV)** - For forty days the Philistine came forward every morning and evening and took his stand. 17 Now Jesse said to his son David, "Take this ephah of roasted grain and these ten loaves of bread for your brothers and hurry to their camp. 18 Take along these ten cheeses to the commander of their unit. See how your brothers are and bring back some assurance from them. 19 They are with Saul and all the men of Israel in the Valley of Elah, fighting against the Philistines." 20 Early in the morning David left the flock in the care of a shepherd, loaded up and set out, as Jesse had directed. He reached the camp as the army was going out to its battle positions, shouting the war cry. 21 Israel and the Philistines were drawing up their lines facing each other. 22 David left his things with the keeper of supplies, ran to the battle lines and asked his brothers how they were. 23 As he was talking with them, Goliath, the Philistine champion from Gath, stepped out from his lines and shouted his usual defiance, and David heard it. 24 Whenever the Israelites saw the man, they all fled from him in great fear.

- **Did the Israelites choose comfort or faith?**
    - *Comfort*
  - **Why do you think they chose comfort?**
  - *Later in the story, David chooses faith over comfort by choosing to take on Goliath. What do you think might have happened if David had never made that decision?*
  - **Are there any areas in your life currently where your desire for comfort may be keeping you from living for God? What areas?**
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#### LIFE APPLICATION

- **What might it look like for you to get out of your comfort zone in order to serve God?**
  - **Does stepping out of your comfort zone for Jesus excite you or intimidate you? Why did you choose that answer?**
  - **How is Jesus glorified by you saying "no" to comfort?**
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#### CLOSING CHALLENGE

Ultimately, when our lives are aligned with God, we are then able to see Him defeating our giants as we partner with Him. One way to stay aligned with God is to connect with Him regularly. So, over the next 7 days, we are challenging every student to commit to the 7 day "Goliath Must Fall Devotional Challenge" to finish out the series. On the YouVersion Bible app, there is a devotional plan called Goliath Must Fall that they can use.

Each morning, the fpStudents team will be posting a video on the global social media account with a thought from one of our staff members about that day. Then, we will encourage the students to read the Scripture and devotional found on the app. For tonight, they can check out the global social media page for an introduction video after service.

#### TAKE IT OUT

Close out your group with prayer requests. Pray specifically that your students would see the strength of Jesus in their lives this week as they say no to comfort.

After prayer, be sure to remind them of any upcoming group serving activities or student events and **THE WEEKEND!**