



# HINDU TEMPLE SOCIETY

4200 Airport Road, Allentown, PA 18109 (484) 616 9001

<https://www.hindutemple-lehighvalley.org/>



## Bereavement Support Guide

Version 1; April 23, 2020

## **HTS Bereavement Support Guide**

अन्तकाले च मामेव स्मरन्मुक्त्वा कलेवरम् ।  
यः प्रयाति स मद्भावं याति नास्त्यत्र संशयः ॥ 5॥

*anta-kāle cha mām eva smaran muktvā kalevaram  
yaḥ prayāti sa mad-bhāvaṁ yāti nāstyatra sanśhayaḥ*

### **Chapter 8, Verse 5**

*Those who relinquish the body while remembering Me at the moment of death will come to Me.  
There is certainly no doubt about this.*

This guide has been created by The Hindu Temple Society of Lehigh Valley for use by the temple community. The guide is based on the work done by some key members of HTS Senior Group under Dipak Choudhury. We thankfully acknowledge the Albany Hindu Temple for allowing us to benefit from their publications on this topic. In addition, several published and online sources were tapped when compiling this guide. This guide needs to be updated periodically as otherwise, the material may become obsolete. Hence, we request that the information provided be considered as a starting point in understanding the topic. It does not legally bind the Hindu Temple Society of Lehigh Valley or any of the contributors. The guide along with other supporting documents will soon be available on the temple's webpage <https://www.hindutemple-lehighvalley.org/>

Namaste,

In the last four decades, the Hindu Temple Society of Lehigh Valley grew from less than 100 families to over 1,500 families now. The composition of the community also changed from mostly middle-aged to a significant number of senior citizen population in the valley. Such a dramatic demographic change necessitates that our temple find new ways to serve our community. One such effort is the newly formed Bereavement Support Committee.

During June 2018, our beloved Dipak Choudhury, who tirelessly co-ordinates the HTS Senior Group activities for many years, came up with a suggestion to the HTS Board of Trustees. He highlighted the importance of providing bereavement support to the Hindu families in the Lehigh Valley area when they lose their loved ones. The Board full heartedly supported his idea and asked him to take the leadership and form a core group of volunteers with expertise in this area to come up with a framework. Immediately, Dipakji went in to action and formed the group with the following members;

- Saroja/Raghu Acharya
- Pratima Agarwal
- Rekha Ailawadi.
- Ananda Bhat
- Ashim Bhowmick
- Vinod Gupta
- Hardev Malhotra
- Pratima Patel
- Balakrishna Rao
- Rashmi Sheth
- Kripa N. Singh

The group met several times and came up with the following recommendations;

- HTS should form a Bereavement Support Committee to provide needed assistance to Hindu families in the Lehigh Valley area (both before and after) going through end of life challenges. To be effective, this Committee must be part of HTS management structure.
- The Bereavement Support Committee will consist of Chair/Vice Chair (appointed by Board), Priest Anandji and a handful of members with the right kind of experience from the Board, EC and the larger community.
- The temple management/Priest Anandji will most likely get the first call for help from grieving families; such calls should be referred to the Committee Chair/Vice Chair for follow-up support.
- The Committee will provide only needed guidance and support to families at these stressful times. Such support can be in the form of;

- Informing the near and dear ones about the death of the person
  - Food arrangements for the family during those difficult days
  - Collecting important documents
  - Making funeral and cremation arrangements
  - Making arrangements for religious services at the funeral and cremation site
  - Preparing obituary and making announcement in the local newspaper and community newsletters
  - Announcing the date, time and location of the funeral services
  - Picking up relatives and friends (arriving from outside the area) from the airport/bus stop/train station
  - Arrangements for holding memorial services at a place chosen by the bereaved family.
  - Arrangements for storage and safekeeping of ashes.
  - Organizing Shanti Path, if family so desires
  - Providing necessary operational/emotional support to grieving family.
  - Other tasks depending upon the circumstances
- Pratima Agarwal, Rashmi Sheth and few others visited many local Funeral Homes that provide Cremation Services and negotiated standard service packages with guaranteed prices suitable for Hindu tradition. It is important to point out that costs associated with any service provided through 3rd parties are not the responsibility of the temple or the members.
  - In rare cases, when the grieving family has only limited means, HTS may arrange/provide minimal financial assistance so that the dignity of the family is preserved.
  - The contact details of Committee members must be displayed in temple bulletin boards as well as disseminated through newsletters and temple website.

What follows in the following pages is the culmination of serious efforts on the part of the above committed volunteers. HTS is very confident that this Bereavement Support Guide will be of immense use to the community over the years, and we whole heartedly thank Dipakji, Rashmi Sheth, Pratima Agarwal and other volunteers behind this achievement.

Thank you, and best wishes.

Pattabi Neelakantan  
Chairperson, Board of Trustees



Shaila D Shah  
President, Executive Council

## **Steps Involved in the Cremation Process**

First, call the Hindu Temple Priest as well as the contact person for the HTS Bereavement Support Committee.

Cremations can be performed at a cemetery, a funeral home offering cremation services, or a stand-alone crematorium to prepare the body for final disposition. The following are key steps followed before cremation.

### **1. Contact the funeral home**

Once a person has been declared dead (whether at home, hospital or elsewhere) by the attending physician, the first task is to contact the funeral home of the family's choice. Pick a suitable funeral home with the help of friends/family or HTS Bereavement Support Committee. Take the social security number and other details about the deceased to the funeral home for the arrangement conference, where you discuss the kind of services you want from the funeral home.

Funeral homes provide proper guidance and information about various funeral procedures required to be followed by the family as per State Laws. The funeral directors are well-trained and provide a comforting and safe environment to the bereaved family during this difficult time. They extend emotional support and assistance in making proper funeral arrangements as per the wishes of the family. They allow the use of their facilities and equipment necessary to the preparation of the body, performing of last rites, and final cremation of the deceased. At the funeral home, one can hold memorial services and rituals, calling hours, deliver eulogies, as well as keep the body under special attention and care. Funeral home directors have become quite familiar with the diverse religious, cultural, and social needs of families dealing with the death of their loved one. They are sensitive to the existence of wide diversity in the background of families and do their best to accommodate their wishes.

If the family prefers cremation, go through the general price list provided by the funeral home and select services that best suits the families' needs. Because cremation is an irreversible process and eliminates any ability to determine exact cause of death, many states require that each cremation be authorized by the coroner or medical examiner. Some states have specific minimum time limits that must elapse before cremation may take place. According to Pennsylvania Law, cremation can only take place 24 hours after death.

If the deceased or the family wanted to have a viewing, notify the funeral director about this in the arrangement conference so they can organize the cremation after the funeral and viewing service.

### **2. Plan for funeral/cremation costs**

The total funeral costs include professional service charges for transporting the body, preparation of the body, casket and urn costs, use of the funeral home facilities for visiting hours and giving eulogies, transporting the body to the crematory, the cremation permit, and cremation facility charges, etc. The cost of the funeral home and cremation services can vary anywhere from

\$3,000 to \$10,000 depending upon the services family chooses. It is important to get the breakdown of charges for various funeral services.

When deciding funeral services, please remember not to overspend to show your love for the deceased. One of the primary reasons many people end up overpaying for a funeral is because there isn't enough time to comparison shop. There is still some degree of stigma attached to trying to save money on such an emotional day. One way to reduce family stress level is to pre-plan your funeral and make arrangements for services in advance (see details below). Another idea is to share your wishes regarding funeral, cremation, and memorial services with your family when you are alive. It is something we all will experience. Advance planning and writing down your wishes can help the survivors in making proper funeral and cremation arrangements.

### **3. Transport the body**

Get the body of the deceased transported from the site of death (home/hospital/other place/storage) to the funeral home.

The funeral home will also help you with the following certificates;

- (i) Medical Certificate of Cause of Death from the doctor/hospital or Certificate by the Coroner in case there has been coroner's post-mortem examination.
- (ii) Registration Certificate for Burial or Cremation from the local Registrar, Division of Vital Records.

The funeral home shall also help you arrange for a suitable Obituary in the local newspaper.

### **4. Prepare an obituary**

An obituary notice informs the friends and family of the death and provides funeral details. It helps family to pay tributes to the deceased member by highlighting his/her life. Obituaries can be posted in a newspaper, and also on the funeral home's webpage. The funeral home director can help in preparing/publishing the obituary in the local newspaper. A helpful link for preparing an obituary is;

<http://www.remembranceprocess.com/capturing-a-life-in-words/guide-to-writing-an-obituary/>

### **5. Decide if you need embalming**

Embalming is a process in which special fluids are injected into the body to temporarily slow its decomposition and give the body a "life-like" appearance, which some families prefer for public viewing. According to Pennsylvania law, embalming is NOT required for public viewing. If embalming is not done, the body has to be suitably refrigerated before viewing/funeral. Embalming may be necessary if the body is to be transported by air or rail, or delayed cremation.



## **6. Select a casket or alternative container for the body**

The cremation of the body is done with the remains in a container/strongbox - the funeral home can help you with selecting the right type of container. One does not need to purchase a traditional/expensive casket for cremation. What is required is an enclosed, rigid, container made of wood or other combustible material to allow for the dignified handling of human remains. Caskets and containers are available in a wide variety of materials ranging from simple cardboard containers to beautifully handcrafted oak, maple or mahogany caskets. If you need a nicer casket for the funeral/viewing but do not want to purchase it, consider renting a casket.

## **7. Planning for the funeral/cremation**

Generally, the body is prepared with proper attire etc. before viewing/funeral service. This can be done by the funeral home for a charge or by the family members themselves.

Many funeral homes provide a small room for the immediate grieving family to view the body as part of their overall package price. However, if the family wants a separate viewing for a larger group of family and friends to pay respects for the deceased, they can have a formal funeral/memorial service at the funeral home for an additional cost.

After viewing, the funeral service is typically done by a priest before cremation. The body is then transported by the funeral home to the crematorium for a private cremation ceremony. One can instead choose to have a memorial and religious services at the cremation site itself; the sequence is Viewing – Funeral Service – Cremation.

It is important to point out that the body can be transported from the place of death to the funeral home and/or to the crematorium only by an authorized funeral home, not by an individual family member or a friend or anyone else.

Finally, one can also have memorial services in a place of one's own choosing a few days after the cremation. It could be held at home or at a temple or any other location of one's choosing.

## **8. Sign the authorization form for cremation**

For a cremation to go further, there is usually a considerable amount of paperwork because of the nature of the process. If the family wants the deceased to be cremated, the next-of-kin for the deceased will have the responsibility to sign the contract for cremation. Obtain the contract from the funeral director upon their prompting; you can request them to go through the fine print with you.

## **9. Preparations before cremation**

It is essential that pacemakers and other medical devices, which can explode at high temperatures must be removed prior to cremation. In addition, any special mementos such as jewelry must be removed before the casket or container is transferred to the crematory as otherwise they will be destroyed during the cremation process.

## **10. Crematorium**

The crematorium may be housed in the same funeral home or a separate facility. If the crematorium is a separate facility, the funeral home will arrange the transportation/procession of the body from the funeral home to the crematorium. You may request the funeral home for permission to witness the cremation, if you so desire. Some crematoriums, however, may not allow this request.

## **11. Choose an urn for storing ashes**

After cremation, the bodily remains are placed in an urn. There are many different type of urns that you can choose from if you wish to store the remains for memorial reasons. You can ask the funeral director what the most popular choice is, as that is usually the one that is most economical.

Funeral homes typically offer free storage of remains for a month or two; for longer term storage, please check their prices. They also provide assistance in getting the urns ready for shipment to India for submersion of ashes in a holy river of one's choice.

## **12. Choose what to do with the remains**

After the cremation has been performed, dispose of the cremated remains according to family tradition, which is usually immersing the ashes in a river or ocean (see details in later section).

If the family wishes to have the ashes immersed in a holy river in India, there are several organizations, located in Varanasi, Haridwar, and other holy cities in India that provide such immersion services. Their contact information may be available on the internet. For questions regarding ash immersion service, please contact Shri Kashi Vishwanath Temple Trust at <https://www.shrikashivishwanath.org/contact>

The funeral home directors would be willing to provide assistance in preparing the urn for shipment to India. Preparation and shipment of ashes for immersion to India have to abide by regulations set by the USA and the Indian Consulate in NY City. For details, please refer to <https://indianembassyusa.gov.in/extra?id=19>.

## **13. If the family wishes to have the cremation done in India**

The current regulations in USA allow for the body of the person be taken to India. The Indian Consulate Offices in the USA have set of instructions and forms on their websites for this purpose, which are available at <https://indianembassyusa.gov.in/extra?id=19>.

The funeral home directors can help in completing these forms and in meeting the regulations for transporting the ashes or the body to India.



#### **14. If the death occurs outside US**

A death of a US Citizen has to be reported to the American Embassy in that country. Any cremation or burial in a foreign country is subject to the local laws and regulations there. Bringing the body back to the US is also subject to local laws and procedures. The involvement of the American Embassy is necessary, and embalming procedures need to be available locally in that country. The funeral home directors would be able to provide assistance and do all the required paperwork and transportation from the foreign nation.

#### **15. If a visitor from India dies in US**

When a visitor from India or elsewhere dies in US, cremation here in the USA is possible. The family has to work with a funeral home director and follow various rules and regulations set by the state. Repatriation of the body to India would be subject to the procedures and the requirements of the Indian Embassy or Consulate and the US regulations given above.

#### **16. Advance Arrangements with Funeral Homes**

If one wants to reduce burden to family, one can make advance arrangements with a funeral home and/or leave instructions in a sealed envelope with a member of the family or next-of-kin on how one's funeral and cremation and other matters should be handled. If written instructions are left, it should be in a separate easy-access document other than the Will, which may take a few days or weeks to be read.

One can also make a 'Living Will' that instructs how a serious incapacity such as coma should be handled. These advance arrangements will greatly reduce the burden of difficult choices for the family when they are most vulnerable to suggestions from others. Relevant pamphlets that describe these aspects in greater detail are available from financial institutions as well as funeral homes. Some have pamphlets wherein one can write down how one should be remembered and also have space for short messages to grandchildren.

Here are two sources;

#### **Myths and Facts about Health Care Advance Directives:**

[https://www.americanbar.org/groups/law\\_aging/publications/bifocal/vol\\_37/issue\\_1\\_october2015/myths\\_and\\_facts\\_advance\\_directives/](https://www.americanbar.org/groups/law_aging/publications/bifocal/vol_37/issue_1_october2015/myths_and_facts_advance_directives/)

#### **Tool Kit for Health Care Advance Planning;**

[https://www.americanbar.org/groups/law\\_aging/resources/health\\_care\\_decision\\_making/consumers\\_toolkit\\_for\\_health\\_care\\_advance\\_planning/](https://www.americanbar.org/groups/law_aging/resources/health_care_decision_making/consumers_toolkit_for_health_care_advance_planning/)

Note: The following information are based on 2019 charges; it is recommended that these rates are updated every 2 years.

Type of Service	<b>Boyko FH &amp; Cremation Services</b> 855 Lehigh St., Allentown PA 18103 (484) 221-8143	<b>Bachman Kulik</b> 1629 Hamilton Street, Allentown PA 18102 (610) 432-4148	
		Hindu Package Option 1	Hindu Package Option 2
<b>Crematorium</b>	<b>ON-SITE</b>	<b>OFF-SITE</b>	<b>OFF-SITE</b>
<b>Viewing Hall Capacity</b>	<b>125</b>	<b>500</b>	<b>500</b>
Basic Service	√	√	√
Embalming		√	
Preparation of Body	√	√	√
Viewing	√	√	
Funeral Ceremony	√	√	
Memorial Service	√	√	At Cremation Site Only
Crematory Service	√	650	650
Transfer of Remains to Funeral Home	√	√	√
Hearse	√	√	√
Sedan	√	√	√
Service/Utility Vehicle	√	√	√
Storage or Refrigeration of Body/day			√
Casket	Basic Cardboard	Cardboard √; other choices \$350-\$2,000	Cardboard √; Pressed Wood \$350
Acknowledgement Cards			
Register Book			
Memory Folders/Prayer Cards			
Death Certificate - 10 @ \$20	\$20 each	\$20 each	\$20 each
Newspaper Obituary - Estimate			
If Greenward Crematory - Additional			
Cremation Urn	Plastic included	Plastic √; other extra	Plastic √; other extra
Flowers			
Prayer/Thank You Cards			
Coroner Authorization	\$50	\$50	\$50
<b>COMMENTS</b>	Least expensive; all inclusive is around \$2,500 Crematory in garage may not be desired by some community	<b>Option 1</b> = \$5,515 includes all checked above (√) No saving if some items are removed	<b>Option 2</b> = \$3,300 includes all checked above (√) No saving if some items are removed

Type of Service	James FH & Cremation Services 527 Center St, Bethlehem (610) 867-4617			Herron FH & C 458 Center & Market St Bethlehem/Allentown (610) 866-0671		
	Lower End	Middle	Top	Lower End	Middle	Top
Crematorium	OFF-SITE	OFF-SITE	OFF-SITE	ON-SITE	ON-SITE	ON-SITE
Viewing Hall Capacity	110	110	110	110	110	110
Basic Service	3500	3895	4000	3900	4270	4580
Embalming	No	No	Light	Sanitary Care Only	Sanitary Care Only	Sanitary Care Only
Preparation of Body	√	√	√			
Viewing	√	√	√	√	√	√
Funeral Ceremony	√	√	√	√	√	√
Memorial Service						
Crematory Service	√	√	√	√	√	√
Transfer of Remains to Funeral Home	√	√	√	√	√	√
Hearse	√	√	√			
Sedan	√	√	√			
Service/Utility Vehicle	√	√	√			
Storage or Refrigeration of Body/day						
Casket	300	500	1375	Basic	Cardboard/lid	Casket w/Flannel
Acknowledgement Cards	√	√	√			
Register Book		√	√			
Memory Folders/Prayer Cards	√	√	√			
Death Certificate - 10 @ \$20	200	200	200	200	200	200
Newspaper Obituary - Estimate	350	350	350			
If Greenward Crematory - Additional	300	300	300			
Cremation Urn	Plastic	Tree of Life	Wood Urn	Plastic	Plastic	Plastic
Flowers	No	√	√			
Prayer/Thank You Cards	No	No	√			
Coroner Authorization	50	50	50			
COMMENTS						

Type of Service	Falk FH & C 1418 Main St Hellertown (610) 838-9191	Kohut FH 950 N. Front St Allentown (484) 633-9559	Morello FH 3720 Nicholas St. Easton PA 18045-5116 (610) 253-4941
Crematorium	ON-SITE	OFF-SITE	ON-SITE
Viewing Hall Capacity	140	75	110
Basic Service	4418	2975	2515
Embalming	Sanitary Care Only	1190	795
Preparation of Body	√	210	310
Viewing	√	125/hour	290/hr
Funeral Ceremony	√	125/hour	
Memorial Service			
Crematory Service	√	√	385
Transfer of Remains to Funeral Home	√	455	395
Hearse		410	340
Sedan		135	475/4 hr
Service/Utility Vehicle		100	
Storage or Refrigeration of Body/day	150	100	
Casket	Fiberboard	Basic Casket	Cloth covered \$1085; cardboard \$265
Acknowledgement Cards			150
Register Book		√	
Memory Folders/Prayer Cards		√	75 each
Death Certificate - 10 @ \$20	200	200	20 each
Newspaper Obituary - Estimate		300	
If Greenward Crematory - Additional			
Cremation Urn		√	
Flowers	100 loose carnations		140
Prayer/Thank You Cards			
Coroner Authorization			
COMMENTS	Cremation Only \$2200	Direct Cremation \$2975 Includes basic casket Fiberboard \$200 Wood board \$400 Eager to accommodate	Hindu Cremation/2 hr Viewing/ Service (all inclusive) = \$6115 Above Service w/o embalming, and just 1 hr viewing and cardboard casket = \$4240; Pvt 1/2 hr family viewing=\$0

Type of Service	Stephens FH 274 N. Krocks Rd Allentown (610) 434-6304	Strunk Funeral Home 602 W. Berwick St; 2101 Northampton St Easton PA 18042; (610) 252-8875/258-7211 <a href="mailto:strunkfh@rcn.com">strunkfh@rcn.com</a>	Trexler FH/Schmoyer 1625 Highland St Allentown (610) 434-9616 (610) 395-0132
Crematorium	OFF-SITE	OFF-SITE	OFF-SITE
Viewing Hall Capacity	200	100	150
Basic Service	2480	2085	2425
Embalming	915	825	875
Preparation of Body	160	295	400
Viewing	750	500	350
Funeral Ceremony		550	500
Memorial Service		550	
Crematory Service	330		325
Transfer of Remains to Funeral Home	355	325	525
Hearse	320	325	325
Sedan		300	175
Service/Utility Vehicle	165	195	
Storage or Refrigeration of Body/day	100	125	
Casket		Cardboard \$50; Cremation Casket \$1095+	
Acknowledgement Cards	200		
Register Book	50-75		
Memory Folders/Prayer Cards	35		
Death Certificate - 10 @ \$20			200
Newspaper Obituary - Estimate			150-300
If Greenward Crematory - Additional			
Cremation Urn	195+	225+	
Flowers			
Prayer/Thank You Cards			
Coroner Authorization	50		50
COMMENTS	Direct Cremation \$3255 Flannel Casket \$375; Rental casket with insert \$975 Uses Greenwood Crematorium	Weekend Viewing/ Service Charge \$300 Cremation w/Viewing & Service \$4750	Oak Casket Rental \$1245; includes cardboard box for cremation Use Greenwood Cemetery at Fairgrounds Very business-like

## **Spreading of Ashes in the Ocean**

Below are the regulations in NJ for spreading ashes in ocean;

According to regulations (40CFR 229.1) based on the Marine Protection, Research and Sanctuary Act of 1972, human remains transported from U.S. ports or on U.S. vessels or aircraft may be buried at sea under specified conditions. These include cremated as well as non-cremated remains.

Requirements for burying remains at sea are listed below. Please note the requirement that the (EPA) be notified within 30 days after burial.

Preparation for burial: Human remains shall be prepared for burial at sea and buried in accordance with accepted practices and requirements as may be deemed appropriate and desirable by the U.S. Navy, U.S. Coast Guard, or civil authority charged with the responsibility for making such arrangements. For example, local health departments may require burial or cremation permits.

Disposal location and measures: Cremated remains shall be buried in or on ocean waters without regard to the depth limitations provided that such burial take place at least 3 nautical miles from land.

Decomposable flowers and wreaths: Flowers and wreaths consisting of materials that are readily decomposable in the marine environment may be placed at the burial site.

Notice to EPA within 30 days: All burials conducted shall be reported within 30 days to the EPA Region in writing.

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### **The following are some companies that spreads ashes in the Ocean,**

#### **1. MI-JO**

Phone 732 872 0121

Leaving from Sandy Hook NJ area

Approx. cost \$550

#### **2 .Sea Services phone 888 551 1277**

Website: [www.seaservices.com](http://www.seaservices.com)

From Atlantic City, 20 passenger boat, cost \$850

From Jersey City, 6 passenger boat, cost \$875

#### **3 .Burial Sea services**

Phone 732 801 7472

Website: [www.burialatseanj.com](http://www.burialatseanj.com)

Leave from Belmar, NJ area

Cost for 6 people \$575, for 20 people, \$800

#### **4. Metamorphosis Boat Charters**

Phone 609 225 3023

Website: [www.metjourneys.com](http://www.metjourneys.com)

Cost for 6 people \$450 from Atlantic City

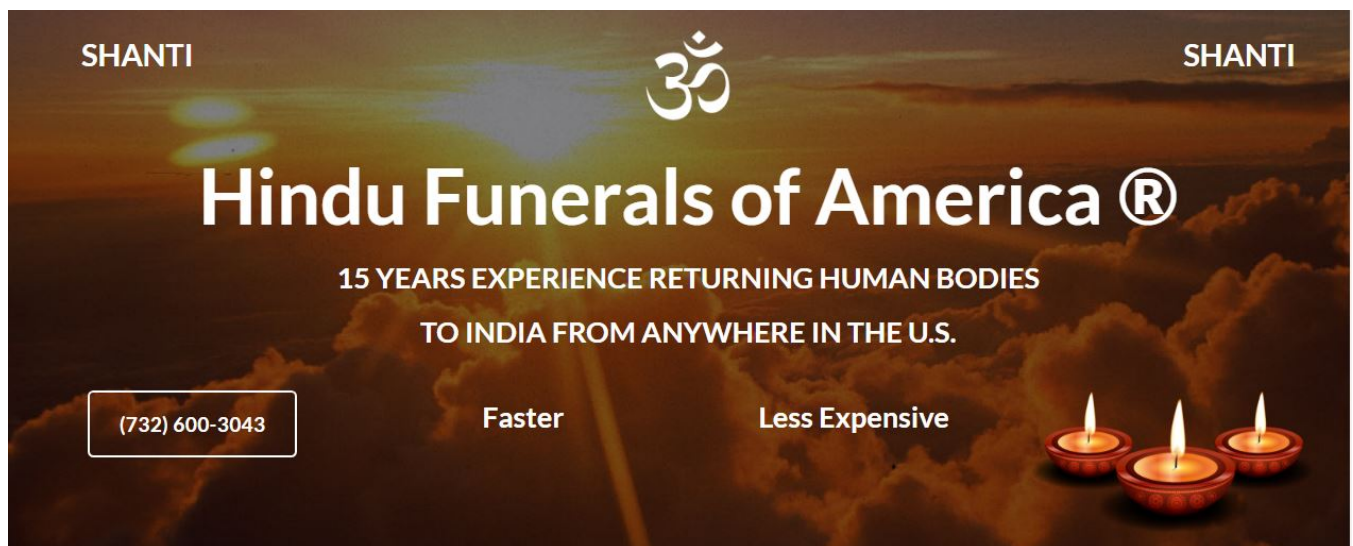
Our recommendation is # 4 above, but you can call others too. Most boats in NJ does not begin till sometime in April and shut down in October.



## Transportation of Body to India

The Hindu Funeral Home of Highland Park, NJ handles transportation of body from US to India. Their website is <https://www.hindufuneralsofamerica.com/>

Please contact them for more information. The family may need to go through local funeral home as laws are different in each state.



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# WELCOME TO HINDU FUNERALS OF AMERICA®

## Asian Indian Funeral Service

If you prefer to read in Hindi, click the Hindi option to the left.

How do you measure grief when a loved one has died away from home? We understand how difficult it is for those waiting for the dead body to be returned. We ship bodies from anywhere in the United States quickly and inexpensively. We have our trusted network of agents in every state waiting to assist us in human body repatriation.

We have been called upon to work directly for the Consulate General of India and staff. You may have been referred to us by one of the Indian organizations or insurance companies who hire us direct. Funeral homes throughout the U.S. hire us to ship bodies to India for them because they know we are cheaper, faster and more efficient in returning bodies than anyone else they are aware of.

- One call to us and we do it all regardless of where the death occurred.
- We generate and clear all necessary papers, secure the body release and preparation, handle all the logistics of transport of the body in the U.S. and direct to the final destination city in India.
- We hire and direct our agent at the location where the death occurred and we arrange visiting for friends and the community there if you wish.
- We clear all papers through the Consulate.
- We are paid directly by the insurance companies if you have insurance for body repatriation.

**LET US LIFT YOUR BURDEN, WE DO IT ALL FOR YOU!**

Shipping a body to India may be much less expensive and quicker than you thought. **Call us for a price quote and time estimate before you hire anyone!**

We proudly subscribe to the Hindu Funerals of America® "Code of Ethics". What others have said:

*"Your expertise made it so much easier for me as a funeral director."* – Funeral Director, North Carolina

*"My father was sent to India without any hassle or delay, on-time, and exactly as I saw him."* – Lavanya

Call us direct at (732) 600-3043 regardless of where you are and where the dead body is. We answer 24/7 personally, no answering service. Greg, Dawn, Marla, Alex or Chris will answer. If you need ceremonies and cremation for a death in New Jersey / NY Metropolitan area give us a call.

शांति



शांति

# अमेरिका के हिंदू अंतिम संस्कार ®

15 साल का अनुभव प्राप्त करने वाले मानव शरीर  
अमेरिका में कहीं से भी भारत से

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और तेज

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**AMERICA की HINDU फं**

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## एशियाई भारतीय अंतिम संस्कार सेवा

यदि आप हिंदी में पढ़ना पसंद करते हैं, तो बाईं ओर हिंदी विकल्प पर क्लिक करें।

जब कोई प्रिय व्यक्ति घर से भाग गया हो, तो आप दुःख को कैसे मापेंगे? हम समझते हैं कि शव के वापस आने का इंतज़ार कर रहे लोगों के लिए यह कितना मुश्किल है। हम जल्दी और सस्ते में संयुक्त राज्य अमेरिका में कहीं से भी जहाज भेजते हैं। मानव शरीर प्रत्यावर्तन में हमारी सहायता के लिए हमारे पास हर राज्य में हमारे एजेंटों का विश्वसनीय नेटवर्क है।

हमें भारत के महावाणिज्य दूतावास और कर्मचारियों के लिए सीधे काम करने का आह्वान किया गया है। आप हमें भारतीय संगठनों या बीमा कंपनियों में से एक द्वारा संदर्भित किया गया है, जो हमें सीधे किराए पर लेते हैं। पूरे अमेरिका में अंतिम संस्कार के घरों ने हमें उनके लिए भारत में शव जहाज करने के लिए काम पर रखा है क्योंकि वे जानते हैं कि हम किसी अन्य व्यक्ति की तुलना में सस्ते, तेज और अधिक कुशल हैं।

- एक हमें फोन करता है और हम यह सब करते हैं, भले ही मौत कहां हुई हो।
- हम सभी आवश्यक कागजात तैयार करते हैं और सुरक्षित करते हैं, शरीर की रिहाई और तैयारी को सुरक्षित करते हैं, अमेरिका में शरीर के परिवहन के सभी रसद को संभालते हैं और भारत में अंतिम गंतव्य शहर को निर्देशित करते हैं।
- हम अपने एजेंट को उस स्थान पर किराए पर लेते हैं और निर्देशित करते हैं जहां मृत्यु हुई थी और हम दोस्तों और समुदाय के लिए यात्रा की व्यवस्था करते हैं।
- हम वाणिज्य दूतावास के माध्यम से सभी कागजात को साफ करते हैं।
- यदि आप शरीर प्रत्यावर्तन के लिए बीमा करते हैं तो हमें सीधे बीमा कंपनियों द्वारा भुगतान किया जाता है।

**हमारे अमेरिका को पाने के लिए, हम आपके लिए यह सब करते हैं!**

भारत में एक पिंड को शिपिंग करना आपके विचार से बहुत कम महंगा और तेज हो सकता है। किसी को भी नियुक्त करने से पहले हमें एक मूल्य उद्धरण और समय अनुमान के लिए कॉल करें!

हम गर्व के साथ अमेरिका के हिंदू अंतिम संस्कारों की सदस्यता लेते हैं " आचार संहिता "। दूसरों ने क्या कहा है:

*"आपकी विशेषज्ञता ने अंतिम संस्कार निर्देशक के रूप में मेरे लिए इसे बहुत आसान बना दिया।" - अंतिम संस्कार निदेशक, उत्तरी कैरोलिना*

*"मेरे पिता को बिना किसी परेशानी या देरी के, समय पर, और ठीक उसी तरह से भारत भेजा गया, जैसा मैंने उन्हें देखा था।" - लावण्या*

आप (732) 600-3043 पर सीधे फोन करें कि आप कहां हैं और शव कहां है। हम 24/7 व्यक्तिगत रूप से जवाब देते हैं, कोई जवाब देने वाली सेवा नहीं है। ग्रेग, डॉन, मारला, एलेक्स या क्रिस जवाब देंगे। यदि आपको न्यू जर्सी / एनवाई मेट्रोपॉलिटन क्षेत्र में मृत्यु के लिए समारोहों और दाह संस्कार की आवश्यकता है, तो हमें कॉल करें।

## **Selected Useful Resources**

- A. Comprehensive Guide for Funeral and Cremation Services: Last Rituals for the Indian American Community: A Resource Guide (From the Desai Foundation, MA)  
<http://www.thedesaifoundation.org/wp-content/uploads/2017/09/last-rituals-guide.pdf>
- B. Hindu Religious Services  
<https://www.funeralwise.com/customs/hindu/>
- C. Writing an Obituary: A Step-by-Step Guide  
<http://www.remembranceprocess.com/capturing-a-life-in- words/guide-to-writing-an-obituary/ words/guide-to-writing-an-obituary/>
- D. Planning Memorial Services  
<http://warren.simplertimes.com/memorial-service-checklist.html>
- E. How to Help Someone Who's Grieving: Comforting and Consoling Others through Bereavement, Grief, and Loss.  
<https://www.helpguide.org/articles/grief/helping-someone-who-is-grieving.htm>
- F. Shri Kashi Vishwanath Temple Trust  
<https://www.shrikashivishwanath.org/>
- G. Attestation of Death Documents – Embassy of India, Washington D.C.  
<https://indianembassyusa.gov.in/extra?id=19>
- H. Hindu Funeral Home of Highland Park, NJ helps transport body from US to India.  
<https://www.hindufuneralsofamerica.com/>
- I. Getting Your Affairs in Order and A Guide for Survivors  
[https://www.osc.state.ny.us/retire/word\\_and\\_pdf\\_documents/publications/1800s/1874-affairsinorder.pdf](https://www.osc.state.ny.us/retire/word_and_pdf_documents/publications/1800s/1874-affairsinorder.pdf)
- J. Myths and Facts about Health Care Advance Directives  
[https://www.americanbar.org/groups/law\\_aging/publications/bifocal/vol\\_37/issue\\_1\\_october2015/myths\\_and\\_facts\\_advance\\_directives/](https://www.americanbar.org/groups/law_aging/publications/bifocal/vol_37/issue_1_october2015/myths_and_facts_advance_directives/)
- K. Tool Kit for Health Care Advance Planning  
[https://www.americanbar.org/groups/law\\_aging/resources/health\\_care\\_decision\\_making/consumer\\_s\\_toolkit\\_for\\_health\\_care\\_advance\\_planning/](https://www.americanbar.org/groups/law_aging/resources/health_care_decision_making/consumer_s_toolkit_for_health_care_advance_planning/)