# Convex Optimization: Reading Notes 3

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# 1 Dual cones and generalized inequalities

**Definition 1.1** (Dual cone). The dual cone of a cone K is defined as

$$K^* = \{ y \mid \forall x \in K, y^T x \geqslant 0 \}.$$

Geometrically,  $y \in K^*$  if and only if -y is the normal of a hyperplane that supports K at the origin.

**Proposition 1.2.** The dual cone of a linear subspace  $V \subseteq \mathbb{R}^n$  is its orthogonal complement.

*Proof.* Note that whenever  $x \in V$ , -x is also contained in V, and by definition we can see  $V^* = V^{\perp}$ .

**Proposition 1.3.** The nonnegative orthant  $\mathbb{R}^n_+$  is a self-dual cone, i.e.  $(\mathbb{R}^n_+)^* = \mathbb{R}^n_+$ .

**Proposition 1.4.** The positive semidefinite cone is self-dual.

*Proof.* We first show that  $(\mathbb{S}^n_+)^* \subseteq \mathbb{S}^n_+$ . Suppose  $Y \in (\mathbb{S}^n_+)^*$ . Assume that  $Y \notin \mathbb{S}^n_+$ , then there exists  $\xi \in \mathbb{R}^n$  such that  $\xi^T Y \xi < 0$ , which means  $\mathbf{Tr} \left( \xi^T Y \xi \right) = \mathbf{Tr} \left( \xi \xi^T Y \right) < 0$ , while  $\xi \xi^T \in \mathbb{S}^n_+$ , a contradiction.

Then suppose  $Y \in \mathbb{S}^n_+$  and we show that  $Y \in (\mathbb{S}^n_+)^*$ . For every  $X \in \mathbb{S}^n_+$ , we write X as its eigenvalue decomposition

$$X = \sum_{i=1}^{n} \lambda_i u_i u_i^\mathsf{T}, \quad \lambda_i \geqslant 0, u_i \in \mathbb{R}^n.$$

We have that

$$\mathbf{Tr}\left(XY\right) = \mathbf{Tr}\left(\sum_{i=1}^{n} \lambda_{i} u_{i} u_{i}^{T} Y\right) = \sum_{i=1}^{n} \lambda_{i} \, \mathbf{Tr}\left(u_{i}^{T} Y u_{i}\right) \geqslant 0.$$

Hence  $(\mathbb{S}^n_+)^* = \mathbb{S}^n_+$ .

**Definition 1.5** (Dual norm). For any norm  $\|\cdot\|$ , the dual norm is defined as

$$\|u\|_* = \sup \{u^T x \mid \|x\| \leqslant 1\}.$$

**Proposition 1.6.** The dual of a norm cone  $K = \{(x, t) \in \mathbb{R}^{n+1} \mid ||x|| \leq t\}$  is the cone defined by the dual norm

$$K^{*}=\left\{ \left(y,u\right)\in\mathbb{R}^{n+1}\mid\left\Vert y\right\Vert _{*}\leqslant u\right\}$$
 .

*Proof.* We have to show that  $\|y\|_* \le u$  if and only if for every  $x \in \mathbb{R}^n, t \ge 0$  with  $\|x\| \le t$ , we have  $y^Tx + tu \ge 0$ .

Suppose  $\|y\|_* \leqslant u$ , which gives by definition that  $\sup \{y^T\xi \mid \|\xi\| \leqslant 1\} \leqslant u$ , so  $\forall \|\xi\| \leqslant 1$ ,  $y^T\xi \leqslant u$ . Therefore  $\forall x \in \mathbb{R}^n, t \geqslant 0$  with  $\|x\| = \|-x\| \leqslant t$ , we have  $y^T(-x) \leqslant tu \Rightarrow y^Tx + tu \geqslant 0$ .

Now suppose that  $y^Tx + tu \ge 0$  holds for every  $x \in \mathbb{R}^n$ ,  $t \ge 0$  with  $||x|| \le t$ . Assume that  $||y||_* > u$ , which implies that  $\exists \xi \in \mathbb{R}^n$  with  $||\xi|| \le 1$  such that  $y^T\xi > u$ . This gives that  $y^T(-\xi) + 1 \cdot u < 0$  with  $||-\xi|| \le 1$ , a contradiction.

**Proposition 1.7.** The dual of the  $\ell_p$ -norm is the  $\ell_q$ -norm, where 1/p + 1/q = 1, p, q > 0.

*Proof.* We have to show that

$$\left\|u\right\|_{q} = \sup_{x} \left\{u^{T}x \mid \left\|x\right\|_{p} \leqslant 1\right\}$$

holds for every u and any p, q > 0 satisfying 1/p + 1/q = 1. When u = 0 both sides are zero, so we only consider the case where  $u \neq 0$ . By Holder's inequality,

$$u^{T}x \leq ||u^{T}x||_{1} \leq ||u||_{q} ||x||_{p} \leq ||u||_{q},$$

so if suffices to find a vector x with  $||x||_p \leq 1$  such that  $||u||_q = u^T x$ . Take

$$y = \left[\operatorname{sgn}(u_i) |u_i|^{q-1}\right]_{i=1}^n,$$

so that

$$u^{T}y = \sum_{i=1}^{n} |u_{i}|^{q} = ||u||_{q}^{q},$$

and

$$\|y\|_p^p = \sum_{i=1}^n |u_i|^{p(q-1)} = \sum_{i=1}^n |u_i|^q = \|u\|_q^q.$$

Now let  $x = y/||u||_q^{q-1}$ , which satisfies

$$\left\|x\right\|_{p} = \frac{\left\|u\right\|_{q}^{q/p}}{\left\|u\right\|_{q}^{q-1}} = \left\|u\right\|_{q}^{q/p-q+1} = 1, \quad \text{and} \quad u^{T}x = \frac{\left\|u\right\|_{q}^{q}}{\left\|u\right\|_{q}^{q-1}} = \left\|u\right\|_{q},$$

so we are done.

#### Corollary 1.8. The $\ell_2$ -norm is self-dual.

The following will show step-by-step, that the dual cone of a proper cone is a proper cone.

**Proposition 1.9.**  $K^{**}$  is the closure of a convex cone K. (Hence  $K^{**} = K$  if K is closed.)

*Proof.* We know that a nonzero vector  $y \in K^*$  if and only if y is the normal vector of a homogeneous halfspace containing K. Since the closure of K is the intersection of all homogeneous halfspaces containing K, we have that

$$\mathbf{cl}\,K = \bigcap_{y \in K^*} \left\{ x \mid y^\mathsf{T} x \geqslant 0 \right\} = \left\{ x \mid y^\mathsf{T} x \geqslant 0 \, \forall y \in K^* \right\} = K^{**}.$$

**Proposition 1.10.** The dual of a cone is closed and convex.

*Proof.* The dual of a cone K is defined as

$$K^* = \left\{ y \mid y^T x \geqslant 0 \, \forall x \in K \right\} = \bigcap_{x \in K} \left\{ y \mid y^T x \geqslant 0 \right\},$$

which is the intersection of homogeneous halfspaces, and therefore closed and convex.  $\Box$ 

**Proposition 1.11.** If K has nonempty interior, then K\* is pointed.

*Proof.* Assume that  $K^*$  is not pointed, i.e. contains a line  $\theta \nu, \nu \neq 0, \theta \in \mathbb{R}$ . Then both  $\nu^T x \geqslant 0$  and  $(-\nu)^T x \geqslant 0$  hold for every  $x \in K$ , so  $\nu^T x = 0$  holds for every  $x \in K$ . Since K has nonempty interior, there must be a ball  $B = \{x_c + u \mid ||u||_2 \leqslant r\}$  contained in K, so  $\nu^T x = 0$  holds for every  $x \in B$  too. It follows that  $\nu$  must be zero, so  $K^*$  is pointed.

**Proposition 1.12.** If cl K is pointed, then K\* has nonempty interior.

*Proof.* Assume that **int**  $K^* = \emptyset$ . Since  $K^*$  is closed and convex, it must be contained in an affine space of lower dimension. Then the normal vector  $v \neq 0$  to that affine space will be contained in  $K^{**} = \mathbf{cl} K$ , and so is -v. Hence  $\mathbf{cl} K$  contains a line, a contradiction.

Corollary 1.13. The dual cone of a proper cone is a proper cone.

#### 2 Strong convexity

Definition 2.1 (Strongly convex function). A function f is said to be μ-strongly convex if

$$g(x) = f(x) - \frac{\mu}{2} ||x||_2^2$$

is convex, where  $\mu > 0$  is constant.

Intuitively, strong convexity means that there exists a quadratic lower bound on the growth of the function. It is natural that strong convexity implies convexity and strict convexity. Moreover, we have the following equivalent condition.

**Proposition 2.2.** A function f is  $\mu$ -strongly convex if and only if for every  $\theta \in [0,1]$ , we have

$$f(\theta x + (1 - \theta)y) \le \theta f(x) + (1 - \theta)f(y) - \frac{\theta(1 - \theta)\mu}{2} ||x - y||_2^2$$

for any x, y.

*Proof.* It follows directly from the convexity of  $g(x) = f(x) - \mu ||x||_2^2/2$ , which gives that  $g(\theta x + (1-\theta)y) \leqslant \theta f(x) + (1-\theta)f(y)$  holds for every  $x,y \in \text{dom } f$  and  $\theta \in [0,1]$ .

Suppose further that f(x) is  $\mu$ -strongly convex differentiable function, we will have the following equivalent conditions.

**Proposition 2.3.** A function f is  $\mu$ -strongly convex if and only if

$$f(y) \ge f(x) + \nabla f(x)^{T} (y - x) + \frac{\mu}{2} ||y - x||_{2}^{2}$$

for every  $x, y \in \operatorname{dom} f$ .

*Proof.* It follows directly from the first-order condition of the convexity of  $g(x) = f(x) - \mu ||x||_2^2 / 2$ , which gives that

$$g(y) \geqslant g(x) + \nabla g(x)^{T} (y - x).$$

(Note that  $\nabla ||\mathbf{x}||_2^2 = 2\mathbf{x}$ .)

**Remark 2.4.** From the convexity of a differentiable convex function g(x), we have that

$$g(y) \geqslant g(x) + \nabla g(x)^{\mathsf{T}} (y - x),$$

so

$$(\nabla g(y) - \nabla g(x))^{\mathsf{T}} (y - x) = \nabla g(y)^{\mathsf{T}} (y - x) - \nabla g(x)^{\mathsf{T}} (y - x)$$
  
$$\geqslant \nabla g(y)^{\mathsf{T}} (y - x) - g(y) + g(x)$$
  
$$\geqslant 0.$$

**Proposition 2.5.** A function f is  $\mu$ -strongly convex if and only if

$$\left(\nabla f(x) - \nabla f(y)\right)^{T}(x - y) \geqslant \mu \left\|x - y\right\|_{2}^{2}$$

for every  $x, y \in \operatorname{dom} f$ .

*Proof.* It follows directly from Remark 2.4, noting that  $\nabla ||\mathbf{x}||_2^2 = 2\mathbf{x}$ .

**Proposition 2.6.** Suppose f(x) is differentiable and  $\mu$ -strongly convex. Then for every  $x, y \in \text{dom } f$ ,

$$\left\| \nabla f(x) - \nabla f(y) \right\|_2 \geqslant \mu \left\| x - y \right\|_2$$
.

*Proof.* By Cauchy-Swartz inequality,

$$\|\nabla f(x) - \nabla f(y)\|_{2} \|x - y\|_{2} \ge (\nabla f(x) - \nabla f(y))^{T} (x - y) \ge \mu \|x - y\|_{2}^{2}.$$

Cancelling  $||x - y||_2$  on both sides finishes the proof.

Remark 2.7 (Lipschitz). A function  $f:U\to V$  is Lipschitz continuous with Lipschitz constant L if

$$d_{V}\left(f(x) - f(y)\right) \leqslant Ld_{U}(x - y)$$

for every  $x,y \in U$ . Here  $d_U(\cdot)$  and  $d_V(\cdot)$  are metrics on U and V respectively.

If a differentiable function f is  $\mu$ -strongly convex with its gradient  $\nabla f(x)$  L-Lipschitz continuous (suppose we use the  $\ell_2$ -norm), then we would see that

$$\mu \|x - y\| \leqslant \|\nabla f(x) - \nabla f(y)\| \leqslant L \|x - y\|$$

holds for every  $x, y \in \text{dom } f$ . These concepts are essential in analyzing the rate of convergence of some algorithms.

## 3 Operations preserving convexity

**Proposition 3.1.** The maximum eigenvalue of symmetric matrices  $\lambda_{\max}(X)$  is a convex function.

*Proof.* By Rayleigh's Theorem  $\lambda_{\max}(X) = \max_{\|y\|_2=1} y^T X y$ , which is the maximum of convex functions, thus convex.

**Theorem 3.2** (Rayleigh). Let  $A \in \mathbb{C}^{n \times n}$  be Hermitian with eigenvalues  $\lambda_1 \leqslant \cdots \leqslant \lambda_n$  and corresponding unit eigenvectors  $x_1, \cdots, x_n$ . Let  $i_1, \cdots, i_k$  be given integers with  $1 \leqslant i_1 < \cdots < i_k \leqslant n$ . Let  $S = \operatorname{span}\{x_{i_1}, \cdots, x_{i_k}\}$ . Then

$$\lambda_{i_1} = \min_{\substack{x \in S \\ \|x\|_2 = 1}} x^*Ax, \quad \lambda_{i_k} = \max_{\substack{x \in S \\ \|x\|_2 = 1}} x^*Ax,$$

with minimum and maximum achieved when  $x=x_{i_1}$  and  $x=x_{i_k}$ , respectively. (Here  $x^*$  is the conjugate transpose of x.)

*Proof.* For any  $x \in S$  with  $||x||_2 = 1$ , there exist scalars  $\alpha_1, \dots, \alpha_k$  such that  $x = \sum_{j=1}^k \alpha_j x_{i_j}$ . Since x is a unit norm vector,

$$x^*x = \sum_{i=1}^k \alpha_j^2 x_{i_j}^* x_{i_j} = \sum_{i=1}^k \alpha_j^2 = 1.$$

Moreover,  $Ax = \sum_{j=1}^{k} \alpha_j \lambda_{i_j} x_{i_j}$ , so

$$x^*Ax = \left(\sum_{j=1}^k \alpha_j x_{i_j}^*\right) \left(\sum_{j=1}^k \alpha_j \lambda_{i_j} x_{i_j}\right) = \sum_{j=1}^k \alpha_j^2 \lambda_{i_j},$$

which is a convex combination of  $\lambda_{i_1}, \dots, \lambda_{i_k}$ , so it lies between  $\lambda_{i_1}$  and  $\lambda_{i_k}$ . When  $x = x_{i_1}$  the minimum is achieved, and when  $x = x_{i_k}$  the maximum is achieved.

With regard to eigenvalues there are some other interesting facts. The following can be viewed as generalized versions of the Rayleigh's theorem.

**Theorem 3.3** (Courant-Fischer). Let  $A \in \mathbb{C}^{n \times n}$  be Hermitian with eigenvalues  $\lambda_1 \leqslant \cdots \leqslant \lambda_n$ . Then we have

$$\lambda_i = \min_{\dim V = i} \max_{\substack{x \in V \\ \|x\|_2 = 1}} x^* A x,$$

and its dual form

$$\lambda_i = \max_{\dim V = \mathfrak{n} - i + 1} \min_{\substack{x \in V \\ \|x\|_j = 1}} x^* A x.$$

*Proof.* Let  $x_1, \dots, x_n$  be the eigenvectors associated with  $\lambda_1, \dots, \lambda_n$ . For a given  $i \in [n]$ , let  $S = \operatorname{span}\{x_i, \dots, x_n\}$ . For any subspace V with  $\dim V = i$ , since  $\dim V + \dim S = n+1 > n$ , it follows that  $V \cap S \neq 0$ . Then according to the Rayleigh's Theorem we have

$$\max_{\substack{x \in V \\ \|x\|_2 = 1}} x^*Ax \geqslant \max_{\substack{x \in V \cap S \\ \|x\|_2 = 1}} x^*Ax \geqslant \min_{\substack{x \in V \cap S \\ \|x\|_2 = 1}} x^*Ax \geqslant \min_{\substack{x \in S \\ \|x\|_2 = 1}} x^*Ax = \lambda_i.$$

The equality is achieved when  $V = \operatorname{span}\{x_1, \dots, x_i\}$ , so we have

$$\lambda_i = \min_{\dim V = i} \max_{\substack{x \in V \\ \|x\|_2 = 1}} x^* A x.$$

The dual form can be proved by applying the primal form to -A, noting that the ordered eigenvalues are

$$\lambda_{i}(-A) = -\lambda_{n-i+1}(A).$$

**Theorem 3.4.** Let  $A \in \mathbb{C}^{n \times n}$  be Hermitian with eigenvalues  $\lambda_1 \leqslant \cdots \leqslant \lambda_n$ . Suppose that  $1 \leqslant m \leqslant n$ . Then

$$\sum_{i=1}^m \lambda_i = \min_{\substack{V \in \mathbb{C}^{n \times m} \\ V^*V = I_m}} \mathbf{Tr}(V^*AV),$$

and

$$\sum_{i=1}^{m} \lambda_{i+n-m} = \max_{\substack{V \in \mathbb{C}^{n \times m} \\ V^*V = I_{m}}} \mathbf{Tr}(V^*AV).$$

The minimum and maximum are achieved for a matrix V whose columns are orthonormal eigenvectors associated with the m smallest or largest eigenvalues of A.

Moreover, it is not surprising that similar things can apply to singular values of arbitrary matrices. The following theorem could be derived from Courant-Fischer.

**Theorem 3.5.** Let  $A \in \mathbb{C}^{n \times m}$  with singular values  $\sigma_1 \geqslant \cdots \geqslant \sigma_q$ , where  $q = \min\{n, m\}$ . Then for every  $i \in [q]$  we have

$$\sigma_{i} = \max_{\dim V = i} \min_{0 \neq x \in V} \frac{\left\|Ax\right\|_{2}}{\left\|x\right\|_{2}},$$

and

$$\sigma_{i} = \min_{\dim V = m-i+1} \max_{0 \neq x \in V} \frac{\left\|Ax\right\|_{2}}{\left\|x\right\|_{2}}.$$

**Theorem 3.6.** If f(x,y) is convex and C is a convex set, then  $g(x) = \inf_{y \in C} f(x,y)$  is convex. Here we take  $\operatorname{dom} g = \{x \mid (x,y) \in \operatorname{dom} f \text{ for some } y \in C\}$ .

*Proof.* Take any  $x_1, x_2 \in \text{dom } g$ . For any  $\varepsilon > 0$ , there exists  $y_1, y_2 \in C$  such that  $f(x_1, y_1) - \varepsilon \leq g(x_1), f(x_2, y_2) - \varepsilon \leq g(x_2)$ . For any  $\theta \in [0, 1]$ , we have that

$$\begin{split} g(\theta x_1 + (1 - \theta) x_2) &= \inf_{y \in C} f(\theta x_1 + (1 - \theta) x_2, y) \\ &\leqslant f(\theta x_1 + (1 - \theta) x_2, \theta y_1 + (1 - \theta) y_2) \\ &\leqslant \theta f(x_1, y_1) + (1 - \theta) f(x_2, y_2) \\ &\leqslant \theta g(x_1) + (1 - \theta) g(x_2) + \epsilon. \end{split}$$

Since the above inequality holds for every  $\varepsilon > 0$ , we can conclude that

$$g(\theta x_1 + (1 - \theta)x_2) \le \theta g(x_1) + (1 - \theta)g(x_2),$$

so g is convex.

**Definition 3.7** (Perspective). The perspective of a function  $f: \mathbb{R}^n \to \mathbb{R}$  is defined as

$$g(x,t) = tf(x/t), \quad dom g = \{(x,t) \mid x/t \in dom f, t > 0\}.$$

**Proposition 3.8.** The perspective of a convex function is convex.

*Proof.* There are several ways to prove it. First, we prove it by showing the Jensen's inequality for every  $(x, t), (y, s) \in \text{dom } g, \theta \in [0, 1]$ . We have that

$$\begin{split} &g(\theta x + (1 - \theta)y, \theta t + (1 - \theta)s) \\ &= (\theta t + (1 - \theta)s) f\left(\frac{\theta x + (1 - \theta)y}{\theta t + (1 - \theta)s}\right) \\ &= (\theta t + (1 - \theta)s) f\left(\frac{\theta t}{\theta t + (1 - \theta)s} \cdot \frac{x}{t} + \frac{(1 - \theta)s}{\theta t + (1 - \theta)s} \cdot \frac{y}{s}\right) \\ &\leq (\theta t + (1 - \theta)s) \left(\frac{\theta t}{\theta t + (1 - \theta)s} f\left(\frac{x}{t}\right) + \frac{(1 - \theta)s}{\theta t + (1 - \theta)s} f\left(\frac{y}{s}\right)\right) \\ &= \theta g(x, t) + (1 - \theta)g(y, s). \end{split}$$

Moreover, there is another important way to prove the convexity of g if we look at the epigraph of g. Note that for t>0,  $(x,t,s)\in epig$  if and only if  $tf(x/t)\leqslant s$ , which is equivalent to  $(x,s)/t\in epif$ . Therefore, epig is the inverse image of epif under the perspective function

$$P(u,v,w) = (u,v)/w.$$

So **epi** g is convex, and so is g.

## 4 Conjugate function

**Definition 4.1** (Convex conjugate). The convex conjugate of a function f is

$$f^*(y) = \sup_{x \in \text{dom } f} (y^T x - f(x)).$$

It is also called the **Fenchel conjugate**, **Fenchel transformation**, or the **Legendre-Fenchel transformation**.

Remark 4.2. The conjugate function of any function is convex.

*Proof.*  $f^*$  is the supremum of affine functions, hence convex.

**Theorem 4.3** (Fenchel's inequality). For a function f and its convex conjugate f\*, we have that

$$y^T x \leqslant f(x) + f^*(y)$$
.

*Proof.* It follows immediately from the definition that

$$f^*(y) \geqslant y^T x - f(x), \quad \forall x, y \in \operatorname{dom} f.$$

We are curious about the convex conjugate of the convex conjugate of a function. Below are some known facts, the proof of which is omitted here.

**Definition 4.4** (Biconjugate). f\*\* is called the biconjugate of a function f.

**Definition 4.5** (Lower semicontinuity). A function  $f: X \to \mathbb{R}$  is called lower semicontinuous at a point  $x_0 \in X$  if for every real  $y < f(x_0)$ , there exists a neighborhood U of  $x_0$  such that f(x) > y for all  $x \in U$ .

Remark 4.6. f is lower semicontinuous if and only if all sublevel sets are closed.

Remark 4.7. f is lower semicontinuous if and only if the epigraph of f is closed.

Similarly we can define the concept of **upper semicontinuity**. A function is continuous if and only if it is both lower and upper semicontinuous.

**Proposition 4.8.** The biconjugate  $f^{**}$  is the largest lower semi-continuous convex function with  $f^{**} \leq f$ .

**Theorem 4.9** (Fenchel-Moreau).  $f = f^{**}$  if and only if f is a lower semi-continuous and convex function.

There is a very interesting fact about a function and its convex conjugate. Refer to [2] for a proof of this theorem.

**Theorem 4.10.** 1. If f is closed and  $\mu$ -strongly convex, then  $f^*$  has a  $1/\mu$ -Lipschitz continuous gradient.

2. If f is convex and has an L-Lipschitz continuous gradient, then f\* is 1/L-strongly convex.

## 5 Convex optimization

**Theorem 5.1.** Any locally optimal point of a convex optimization problem is globally optimal.

Proof. Suppose x is locally optimal, i.e. there exists R > 0 such that  $f_0(y) \ge f_0(x)$  holds for every feasible y with  $||x - y|| \le R$ . Assume that there exists  $x' \ne x$  such that  $f_0(x') < f_0(x)$ . Pick z on the line segment between x and x', with 0 < ||z - x|| < R, so that z can be expressed in the form  $z = \theta x + (1 - \theta)x'$  for some  $\theta \in [0, 1]$ . Then by the convexity of  $f_0$  we have

$$f_0(z) \leqslant \theta f_0(x) + (1-\theta)f_0(x') < \theta f_0(x) + (1-\theta)f_0(x) = f_0(x),$$

contradictory with the fact that  $f_0(z) \ge f_0(x)$ .

#### References

- [1] R. A. Horn and C. R. Johnson, *Matrix analysis*. Cambridge university press, 2012.
- [2] X. Zhou, "On the fenchel duality between strong convexity and lipschitz continuous gradient," arXiv preprint arXiv:1803.06573, 2018.