The Bread Standard Constitution

One Step Better: A Post-Hunger, Post-Extraction Society

Welcome to the public repository for **The Bread Standard Constitution** — a full-spectrum framework for democratic participation, regenerative economics, and inclusive governance rooted in dignity, sustainability, and shared stewardship.

This is not a manifesto. It's a blueprint for transition. A constitution for the commons.

Core Premise

We live in systems that fail to recognize our inherent worth.

The Bread Standard changes that by aligning governance and economics with 8 core values:

Love | Truth | ⚖ Equity | Well-being | Stewardship | Commun Innovation | Freedom

At the heart of this framework is a **Trust Point System** and a **Bread-Based Economic Anchor** that redefines value through human needs rather than speculative markets.

What's Inside

- **The Constitution** Full text in THE BREAD STANDARD CONSTITUTION.pdf
- **Trust Point System** A participatory democracy model balancing voice, expertise, and equity
- **Bread Standard** A values-based unit of economic measurement tied to real nourishment
- **Federated Governance** Local-first with planetary coordination
- **Validator Councils** Knowledge-based governance by domain
- **Integrity Safeguards** Systems to prevent corruption and ensure accountability

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Join the Movement

If you are part of or aligned with: - Regenerative food systems - Neurodiversity or disability justice - Open governance/DAO initiatives - Post-growth, post-capitalist thinkers - Community builders or educators - ⚖ Rights-based liberation movements

...this work may be yours too.

Engage

- [Live Discord Community](#)
- [Your Website Coming Soon]
- GitHub Discussions (activate tab above)
- Coming soon: governance simulation + prototyping repo

⚖ Licensing

This project is dual-licensed:

- **Constitution and docs**: [Creative Commons Attribution-ShareAlike 4.0](#)
- **Software components**: [GNU Affero General Public License v3.0 (AGPL-3.0)](#)

  Attribution and remix encouraged. Commercial exploitation not the point.

Want to Contribute?

1. Start with `CONTRIBUTING.md`
2. Join the discussion on Discord or GitHub
3. Fork the repo and propose edits
4. Or adapt for your community using our open framework

Questions?

Reach out in [Discord](#) or open an issue here. We welcome all forms of feedback — especially from: - Sensitivity readers - Cultural stewards - System tinkerers - Future ancestors