ODHS Employee Resources and Supports

Employee Resource Groups (ERGs): Brochure

ERGs are agency sponsored employee communities that work to achieve well-being and equity for a marginalized or underserved population. ERGs are founded on shared identities, experiences, interests, allyship, and service. They provide a space for employees to come together, share knowledge, support one another, and collaborate on initiatives that enrich our workplace culture and create equitable outcomes for Oregonians.

PEBB Employee Assistance Program (EAP) and other Wellness Programs: The EAP is a free and confidential benefit for employees and their family members. EAP programs include counseling, coaching, peer support, financial coaching, legal consultations, and more. PEBB also provides other wellness programs. More information is available through the <u>PEBB</u> website.

Safety Culture Hour: Teams Channel

Safety Culture Hour is a virtual drop-in style micro-learning opportunity offered twice monthly to all Child Welfare professionals to support learning on a variety of topics including psychological safety, healthy team habits, the intersection of safety culture and anti-racism, learning from mistakes, and more. Safety Culture Hour aims to support Child Welfare professionals as they explore safety culture concepts and teaming behaviors. Join the Safety Culture Hour Channel for access to announcements, materials, and a community ready to support the journey.

ODHS Trauma Aware: <u>Trauma Aware OWL page</u>

Trauma Aware promotes resilience, supports wellbeing, and seeks to restore safety and power for those who have experienced trauma and toxic stress. We facilitate the ODHS goal of being a Trauma Informed Organization through interactions with individuals and teams, but also through systemic solutions that address equity, inclusion, and accessibility.

