

CENTENARIANS of OKLAHOMA

Volunteers honor these **special seniors** across the state of Oklahoma. There are no dues, fees or costs for this honor. Inductees are awarded a Membership Certificate, and a "Golden Okie" pin. They also receive monthly newsletters and special recognition at all public NEATs events.

If you know of a Centenarian you would like to see honored, please contact one of our Centenarian volunteers at

**Northeast Active Timers, Inc. (NEATs)
3119 S. Jamestown Avenue; Tulsa, OK 74135
Phone: (918) 743-1303 FAX: (918) 743-1304**

**or call Gloria Helmuth 918-510-0150
Email: centenariansofoklahoma@gmail.com**

**Website: www.neatstulsa.org
Click on "Centenarians," then on "Click here to download forms." Print out forms, complete and send to NEATs via fax, e-mail or snail mail**

Centenarians of Oklahoma

A rapidly growing, not for profit, volunteer organization whose sole purpose is to honor citizens of Oklahoma who are 100 years of age or older. To date over 2000 Centenarians have been inducted.

Donations to help defray costs are gratefully accepted. Please make checks payable to Centenarians of Oklahoma

Coordinator

Gloria Helmuth

cell: 918-510-0150

Email: eghelmuth@aol.com

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OKLAHOMA CENTENARIAN LIFE HISTORY FORM

Induction # _____

BASIC PERSONAL INFORMATION ABOUT CENTENARIAN:

Name: _____ Date of Birth: _____ Age: _____

Address: _____ City: _____ Zip Code: _____

Phone: (H) _____ (C) _____

Nearest of Kin: _____ Relationship: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Phone: (H) _____ (C) _____

Email: _____

Party scheduled on _____ at _____ Place _____

LIFE HISTORY QUESTIONS:

Where were you born? _____

Parents' Name and Occupation:

Father: _____

Mother: _____

How many children were in the family? _____ How many are still living? _____

List of living siblings and their ages:

MARRIAGE: When: _____ Where: _____

To whom: _____ Spouse Living: _____

Occupation of Spouse: _____ Years together: _____

How did you meet your spouse?

CHILDREN: How many? _____ List names and addresses with phone numbers, place a (D) by those deceased:

GRANDCHILDREN: How many? _____ Great Grandchildren: _____

Great-great Grandchildren: _____

EDUCATION: What year completed in school? _____ Degree: _____

List places you received your education.

CAREER(S): _____ When did you retire?

PROFESSIONAL ORGANIZATIONS:

RELIGIOUS AFFILIATION: _____

FAVORITE SONG: _____

VOLUNTEER WORK: (List positions of leadership or ways you have been involved.)

HOBBIES: _____

SOCIAL CLUBS: _____

WHAT ARE YOUR WORDS OF WISDOM OR ADVICE FOR OTHERS WHO WISH TO BECOME A CENTENARIAN?

Have the Centenarian tell their own story (sometimes this will be with the assistance of family members.) If they are hesitant to speak or seem to be struggling with where to begin, the following can serve as encouragement for conversation and memory recall.

When/How did your family come to Oklahoma?

Where have you lived?

Favorite childhood memories?

What trips did you take as a child?

What traveling did you do as an adult?

What holiday traditions do you favor and why?

What is your favorite food?

What are some of the most memorable changes seen during the past century and does one decade stand out?

What special honors or recognitions have you received?

What pets have you had?

Other interesting facts?

CONSENT FORM

Centenarian's Name: _____

Centenarians of Oklahoma

CENTENARIANS OF OKLAHOMA honors residents of Oklahoma who have reached, or exceeded, the age of 100.

Part of the induction process into Centenarians of Oklahoma includes taking a photograph of the centenarian holding the plaque awarded them. This photograph is displayed in an album representing centenarian members; this album is exhibited throughout the state.

Newsletters, containing the names of newly inducted members, are mailed to centenarians, their family members, and to our volunteers, sponsors, and supporters. Plaudits and profiles of centenarians may also be highlighted in the newsletter.

Please put a check mark next to the statement below, which most accurately represents your wishes. Please sign your name at the bottom of the page.

-Thank you-

_____ **YES**, I agree to have my photograph taken; I understand my photo may be used for Centenarians of Oklahoma purposes.

_____ **I WILL PROVIDE** my own picture for the album; my name and photo may be used on the website or for other Centenarians of Oklahoma purposes.

Signature of Centenarian

or

Signature of Responsible Party

Date _____

Date _____

This is provided for informational purposes only. The family is responsible for ordering these.

to receive a commendation from the State of Oklahoma, contact

State Capitol

Office of the Governor

Constituent Services

Room 212

Oklahoma City, OK 73105

(405) 521- 2342

or

www.gov.ok.gov click “contact”; Click “message to gov”

to receive recognition from the President of the United States, contact:

Greetings Office

The White House

1600 Pennsylvania Ave. N. W.

Washington D.C. 20500

(202) 456-1414

or

www.whitehouse.gov/contact

PLEASE ALLOW 6 WEEKS TIME FOR A RESPONSE FROM EACH