



## **GUSA Club Concussion Policy**

The Glasgow University Table Tennis Club have read and agree to adhere to the following statements with regards to Concussion for all of our members.

We also agree to ensure that all coaches involved with the Glasgow University Table Tennis Club will also adhere to the statements and guidance.

- 1. The club recognises that concussion is a brain injury and that all concussions need to be taken seriously "If in doubt, sit them out".
- 2. The club understands that no athlete should return to play (training or competition) on the same day as a suspected concussion, and that return to normal/learn processes should be considered alongside returning to sport, per the guidance.
- 3. The club has read and is familiar with the following sportscotland guidance and resources on concussion: <a href="https://sportscotland.org.uk/clubs/scottish-sports-concussion-guidance/">https://sportscotland.org.uk/clubs/scottish-sports-concussion-guidance/</a>

Further resources and information can be sought from Glasgow University ConcussEd Ambassador, Jennifer Campbell (2388814c@student.gla.ac.uk) or www.concussioneducation.co.uk

Signed on behalf of the Glasgow University Table Tennis Club

Fraser Dempster

21/22 Club Captain

21/22 Club Secretary

21/22 Club Treasurer