### CS 1010



### **Detecting Heart Beats**

Raspberry Pi with pulse sensor and A/D converter

### **Teaching Assistants:**

Marshall Thompson, CS Dept.

Jonathan Garcia, MAE Dept.

Matthew Dionne, CS and EMSE Dept.

### **Learning Assistants:**

Josie Libbon, CS Dept.

Josh Rizika, CS Dept.

Miles Grant, CS Dept.

Addy Irankunda, Physics Dept.

Talia Novack, CS Dept.

Fred Kamgang, CS Dept.

### Prof. Kartik Bulusu, CS Dept.

import numpy as np
Import matplotlib.pyplot as plt
Import PCF8591 as ADC



Fall 2022

School of Engineering & Applied Science

THE GEORGE WASHINGTON UNIVERSITY

Photo: Kartik Bulusu

### Frequency of signals and measurements



**Frequency** is the number of occurrences of a repeating event per unit **time**.

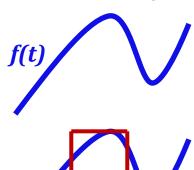
$$f = 0.5 \text{ Hz}$$
  
T = 2.0 s

$$f = 1.0 \text{ Hz}$$
  
 $T = 1.0 \text{ s}$ 

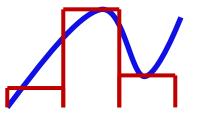
$$f = 2.0 \text{ Hz}$$
  
 $T = 0.5 \text{ s}$ 

Wikimedia Commons

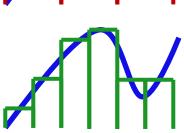
The sampling frequency or sampling rate,  $f_s$ , is the average number of samples obtained in one second (samples per second), thus  $f_s = 1/T$ .



The general range of hearing for young people is 20 Hz to 20000 Hz.



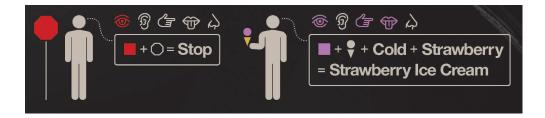
Audio CD, most commonly used with MPEG-1 audio is sampled at 44100 Hz

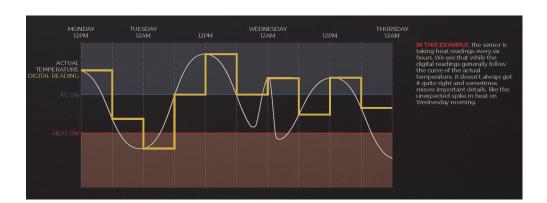


HD DVD (High-Definition DVD) audio tracks are sampled at 98000 Hz

The approximately double-rate requirement is a consequence of the Nyquist theorem.

### From Analog to the Digital World



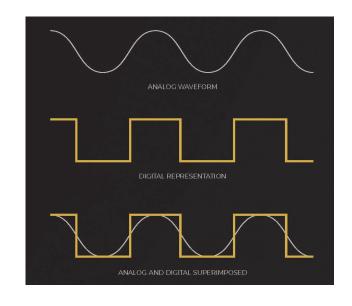


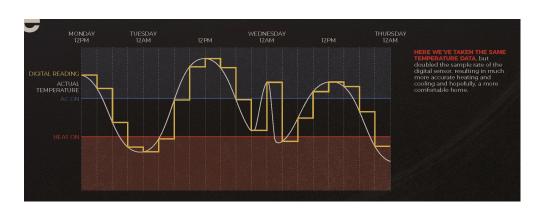
Source: <a href="https://learn.sparkfun.com/">https://learn.sparkfun.com/</a>

School of Engineering & Applied Science









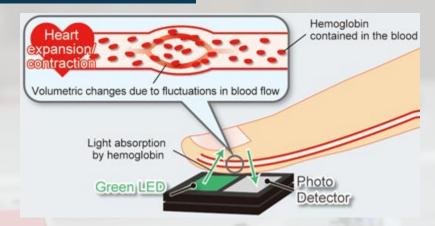
Prof. Kartik Bulusu, CS Dept.

Fall 2022

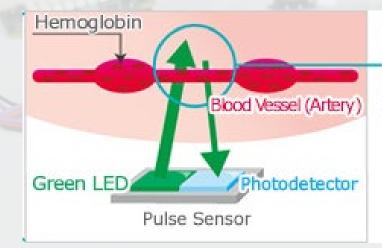
### Photoplethysmogram or Pulse sensor – Explained







Green light source which has a high absorption rate in hemoglobin and less susceptibility to ambient light



The amount of light absorbed will vary based on changes in blood vessel volume, resulting in a waveform as shown below.



#### **Sources:**

https://pulsesensor.com/

https://www.electroschematics.com/heart-rate-sensor/

https://www.rohm.com/electronics-basics/sensor/pulse-sensor

https://www.rohm.com/sensor-shield-support/heart-rate-sensor

School of Engineering & Applied Science



Photo: Kartik Bulusu

Prof. Kartik Bulusu, CS Dept.

Fall 2022

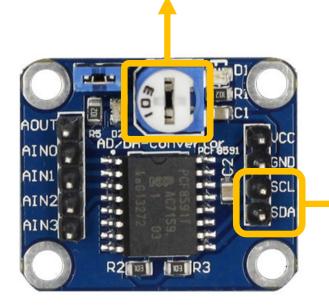
CSCi 1010

### Introducing the PCF8591 8-bit A/D and D/A converter



#### Potentiometer -

- To regulate the input voltage supply
- To adjust the quality of the analog input signal by changing the "gain".



SYMBOL	PIN	DESCRIPTION
AINO	1	analog inputs (A/D converter)
AIN1	2	
AIN2	3	
AIN3	4	
A0	5	hardware address
A1	6	
A2	7	
$V_{SS}$	8	negative supply voltage
SDA	9	I <sup>2</sup> C-bus data input/output
SCL	10	I <sup>2</sup> C-bus clock input
OSC	11	oscillator input/output
EXT	12	external/internal switch for oscillator input
AGND	13	analog ground
V <sub>REF</sub>	14	voltage reference input
AOUT	15	analog output (D/A converter)
$V_{DD}$	16	positive supply voltage

I<sup>2</sup>C (Inter-Integrated Circuit, eye*squared-C*), alternatively known as I2C or IIC, is a synchronous, multimaster, multi-slave, packet switched, single-ended, serial communication bus invented in 1982 by Philips Semiconductors.

It is widely used for attaching lowerspeed peripheral <u>ICs</u> to processors and microcontrollers in short-distance, intra-board communication.

Sources:

https://en.wikipedia.org/wiki/I%C2%B2C

http://wiki.sunfounder.cc/index.php?title=PCF8591 8-bit A/D and D/A converter Module

CSCi 1010



Prof. Kartik Bulusu, CS Dept.

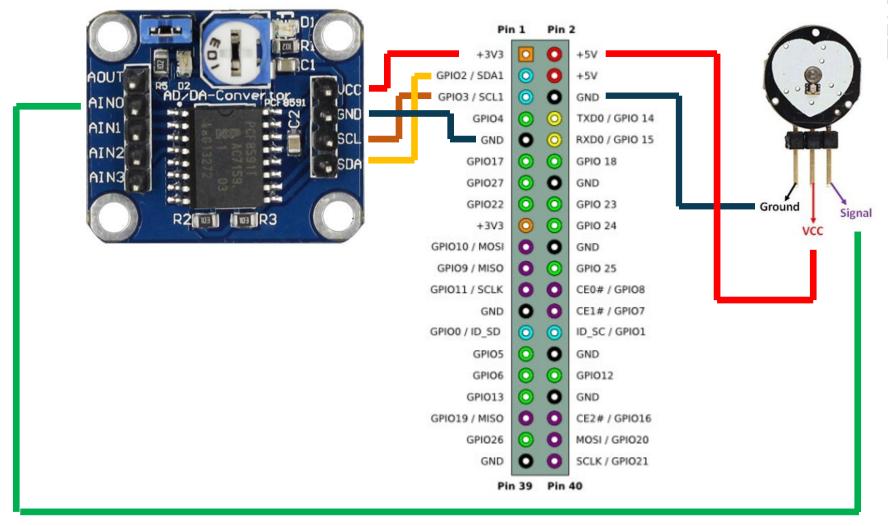
Fall 2022

School of Engineering

& Applied Science

## Pulse sensor + A/D converter







https://how2electronics.com/pulse-rate-bpm-monitor-arduino-pulse-sensor/https://medium.com/@sarala.saraswati/connecting-to-your-raspberry-pi-console-via-the-serial-cable-44d7df95f03ehttp://wiki.sunfounder.cc/index.php?title=PCF8591 8-bit A/D and D/A converter Module

School of Engineering & Applied Science



Prof. Kartik Bulusu, CS Dept.

Fall 2022

CSCi 1010

### Goal of the lab segment

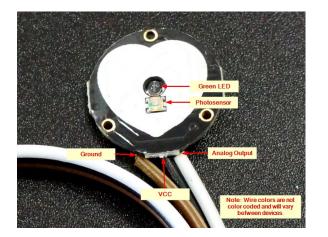
### Co-work

Observe, ask and try in groups

#### Make

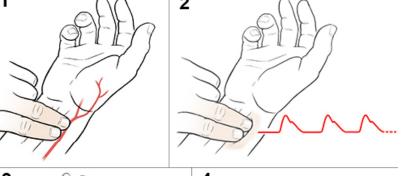
- Build-a-hack
- Pulse sensors, A/D converter and Raspberry Pi 3B+

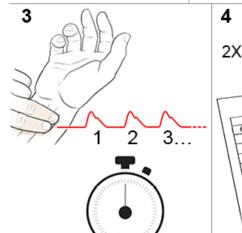
Analyze data using Python



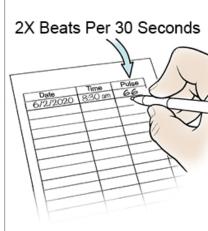
### Record your pulse at your wrist







30 seconds



Sources:

https://www.spectrumhealthlakeland.org/lakeland-ear-nose-and-throat/ent-health-library/Content/3/90852/ https://protosupplies.com/product/pulsesensor-heart-rate-sensor-module/



Prof. Kartik Bulusu, CS Dept.

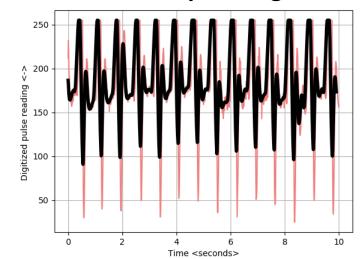
Fall 2022

CSCi 1010

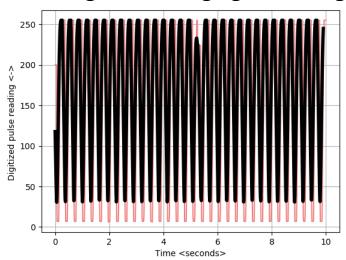
School of Engineering

& Applied Science

### **Recorded pulse signal**

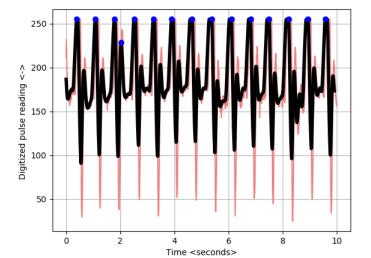


### Pulse signal with high gain setting

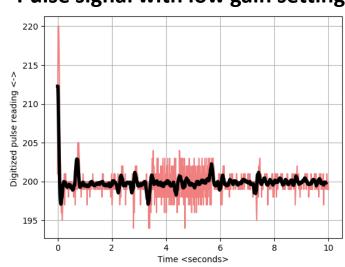


School of Engineering & Applied Science

### Pulse signal peaks detected by the Raspberry Pi 3B+ system



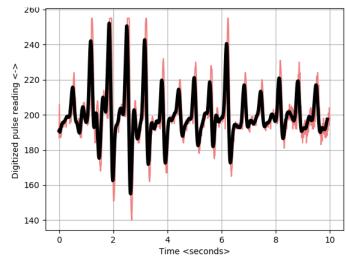
### Pulse signal with low gain setting





# Signals generated by the heart rate measurements system after adjusting the potentiometer settings

### Typical pulse signal with optimal gain setting



Prof. Kartik Bulusu, CS Dept.

Fall 2022

CSCi 1010