

Gabriel Bonnín, PhD

German Center for Mental Health (DZPG)

Partner site Bochum-Marburg

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Born: February 27, 1993—Eichstätt, Germany

Nationality: German

Current Position

Research Associate, German Center for Mental Health (DZPG), Ruhr University Bochum, Germany

- Lead of the psychotherapy research group at the Bochum-Marburg site of the DZPG.
- Conduction of multi-centered research on long-term effects of psychotherapy.
- Development of an infrastructure for harmonized data collection in routine psychotherapeutic care

Areas of Specialisation

Diagnostics of mental disorders, Long-term effectiveness of psychotherapy, Psychotherapy research in naturalistic settings.

Former Academic Positions

2017-2018	Student Assistant to Prof. Dr. M. Tegenthoff at the Neuroimaging Research Group, Department of Neurology, Ruhr-Universität Bochum, Germany
2018	Student Assistant to Prof. Dr. J. Margraf at the Department of Clinical Psychology and Psychotherapy, Ruhr-Universität Bochum, Germany
2020-2023	Research assistant, Chairs of Clinical Child and Adolescent Psychology (Prof. Dr. Silvia Schneider) and Clinical Psychology and Psychotherapy (Prof. Dr. Jürgen Margraf), Ruhr University Bochum

Education

- 2015 BSc in Psychology, MLU Halle-Wittenberg, Germany
Thesis title: *"Physical activity and mood experience in daily life"*
- 2018 MSc in Clinical Psychology, Ruhr University Bochum, Germany
Thesis title: *"Neural correlates of in-situ exposure in panic disorder with agoraphobia"*
- 2020 – 2024 PhD in Clinical Psychology, Ruhr University Bochum, Germany
Grade: summa cum laude
Thesis title: *"Implicit and explicit categorization processes in clinical psychology: Evidence-based diagnostics, optimal cut-points, and therapists' prototypes"*

Clinical Qualification

- 2019-2024 Postgraduate training in Cognitive Behavioral Therapy, Ruhr-University Bochum, Germany
- 2024 State examination and license to practice as psychotherapist in Germany (Cognitive Behavioral Therapy)

Grants, Honours & Awards

- 2022 Travel grant for participants in the FBZ Scientist-Practitioner Program (€1,500)
- 2024 Seed funding from the Institute for Health and Development at Ruhr University Bochum for the project *"Therapeutic change processes in clinical practice: Idiographic dynamics of loneliness and well-being"* (Co-PI, €2,000)
- 2024 DZPG ECS Independence Grant for the project *"Speech analysis of psychotherapeutic treatment in a transdiagnostic setting"* (Co-PI, €1,500)
- 2025 DZPG VISIONS Grant for the multi-center project *"Speech analysis of psychotherapeutic treatment in a transdiagnostic setting"* (PI for the Bochum-Marburg site, €135,056; total funding: €294,194)
- 2025 FBZ Open Science Award (500€)
- 2025 Gateway Fellowship (9-month funding) from RUB Research School for a research stay abroad with the project *"Mental Health Evaluation through Text Analysis"*

Publications & Talks

PEER REVIEWED

- 2023 Kröber, S., **Bonnin, G.**, Schneider, S., Merz, R., Hirschfeld, G., Hötzel, K., Lewer, M., & von Brachel, R. (2023). Therapists' prototypes of common mental disorders – an empirical identification. *Psychiatry Research Communications*. <https://doi.org/10.1016/j.psycom.2023.100144>.
- 2024 **Bonnin, G.**, Hirschfeld, G., von Brachel, R., & Margraf, J. (2024). How happy is happy enough? A cross-cultural comparison of optimal cut points for the Positive Mental Health Scale. *European Journal of Psychological Assessment*. <https://doi.org/10.1027/1015-5759/a000850>.
- 2024 **Bonnin, G.**, Kröber, S., Schneider, S., Margraf, J., Pflug, V., Gerlach, A. L., Slotta, T., Christiansen, H., Albrecht, B., Chavanon, M.-L., Hirschfeld, G., In-Albon, T., Thielsch, M.-T., & von Brachel, R. (2024). A blended learning course on the diagnostics of mental disorders: multicenter noninferiority cluster randomized controlled trial. *Journal of Medical Internet Research*.

BOOK CHAPTERS

- 2024 **Bonnin, G.**, Kröber, S., & von Brachel, R. (2024). Klinische Interviews zur Klassifikation psychischer Störungen. In Teismann, T., Thoma, P., Wannemüller, A., Taubner, S., & von Sydow, K. (Eds.), *Klinische Psychologie und Psychotherapie: Ein verfahrensübergreifendes Lehr- und Lernbuch*. Göttingen: Hogrefe.
- in press **Bonnin, G.**, Buys, P., & von Brachel, R. (in press). Diagnostische Interviews bei psychischen Störungen. In Casale, G., Hennemann, T., Hövel, D., & Markowetz, R. (Eds.), *Handbuch Förderungsschwerpunkt emotional-soziale Entwicklung*. Weinheim: Beltz.

EXPERTISES

- 2023 von Brachel, R., & **Bonnin, G.** (2023). Digital psychodiagnostic interview for the mental health surveillance (MHS). *Robert-Koch-Institut*.

CONFERENCE PROCEEDINGS

- 2016 Schönfeld, R., **Bonnin, G.**, Täumer, E., & Leplow, B. (2016). *Therapieevaluation von Aktivitätsaufbau im Alltag mit Schrittzählern und Smartphone-basierten Stimmungsprotokollen* [talk]. 15. Congress of the German Society for Behavioural Medicine and Behaviour Modification (DGVM), Mainz, Germany.
- 2022 **Bonnin, G.**, Kröber, S., Schneider, S., & von Brachel, R. (2022). *Learning Diagnostic Skills Online – Evaluation of a blended learning course in a multicenter randomized controlled trial* [talk]. 52. Congress of the European Association of Behavioral and Cognitive Therapy (EABCT), Barcelona, Spain.
- 2024 Buys, P., von Brachel, R., Pflug, V., **Bonnin, G.**, Flasiński, T., Schneider, S. (2024). *Evaluation des Kinder-eDIPS - Gütekriterien und Akzeptanz einer digitalen Version des Kinder-DIPS O.A.* [talk]. 3. German Psychotherapy Congress (DPK), Berlin, Germany.
- 2024 von Brachel, R., **Bonnin, G.**, Kröber, S., & Schneider, S. (2024). *DiSkO - Diagnostik Skills Online: randomisiert-kontrollierte non-inferiority Evaluation eines blended-learning Kurses an drei Universitäten* [talk]. 53. Congress of the German Psychological Society (DGPs), Vienna, Austria.
- 2025 **Bonnin, G.**, Margraf, J., & Schneider, S. (2025). *The psychotherapy research infrastructure: A model for practice-orientated research and evidence-based interventions* [talk]. 4. Deutscher Psychotherapie Kongress (DPK), Berlin, Germany.
- 2025 Schneider, S., Lipinski, S., & **Bonnin, G.** (2025). *The research infrastructures of the German Centre for Mental Health (DZPG): The foundation for evidence-based and practice-orientated psychotherapy research* [Symposium]. 4. Deutscher Psychotherapie Kongress (DPK), Berlin, Germany.

Teaching

- since 2021 Lecturer for seminars on conducting the Diagnostic Interview for Mental Disorders (DIPS)
- 2021-2022 Project seminar “What prototypes do experienced psychotherapists have?” in the B.Sc. Psychology program at Ruhr University Bochum
- 2023-2024 Research-oriented internship “Clinical Psychology” in the B.Sc. Psychology program at Ruhr University Bochum