Gabriel Bonnin, Ph.D.

German Center for Mental Health (DZPG)
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Born: February 27, 1993—Eichstätt, Germany
Nationality: German

Current Position

since 2026 **Gateway Fellow**, Lund University, Sweden
Exploring how patient-generated language can be used for assessment, interpretation, and prognosis in psychotherapy.

since 2023 **Research Associate** (on leave from 02/2026-11/2026), German Center for Mental Health (DZPG), Ruhr University Bochum, Germany
Leading the psychotherapy research group at the Bochum–Marburg site of the DZPG.

Areas of Specialisation

Diagnostics of mental disorders, Long-term effectiveness of psychotherapy, Psychotherapy research in naturalistic settings.

Former Academic Positions

2020-2023 Research assistant, Chairs of Clinical Child and Adolescent Psychology (Prof. Dr. Silvia Schneider) and Clinical Psychology and Psychotherapy (Prof. Dr. Jürgen Margraf), Ruhr University Bochum

Education

2015	BSc in Psychology, MLU Halle-Wittenberg, Germany
2018	MSc in Clinical Psychology, Ruhr University Bochum, Germany
2024	PhD in Clinical Psychology (summa cum laude), Ruhr University Bochum, Germany

Clinical Qualification

2019-2024	Postgraduate training in Cognitive Behavioral Therapy, Ruhr-University Bochum, Germany
2024	State examination and license to practice as psychotherapist in Germany (Cognitive Behavioral Therapy)

Grants, Honours & Awards

2022	Travel grant for participants in the FBZ Scientist-Practitioner Program (€1,500)
2024	Seed funding from the Institute for Health and Development at Ruhr University Bochum for the project *"Therapeutic change processes in clinical practice: Idiographic dynamics of loneliness and well-being"* (Co-PI, €2,000)
2024	DZPG ECS Independence Grant for the project *"Speech analysis of psychotherapeutic treatment in a transdiagnostic setting"* (Co-PI, €1,500)
2025	DZPG VISIONS Grant for the multi-center project *"Speech analysis of psychotherapeutic treatment in a transdiagnostic setting"* (PI for the Bochum-Marburg site, €135,056; total funding: €294,194)
2025	FBZ Open Science Award (500€)
2025	Gateway Fellowship (9-month funding) from RUB Research School for a research stay abroad with the project *"Mental Health Evaluation through Text Analysis"* (€43,903)
2026	DZPG VISIONS Advanced Grant for the multi-center project *"Psychotherapy Optimization with Sequential Enhanced interventions for Individuals with DepressiON - POSEIDON"* (PI, €1.200.137,79)

Publications & Talks

Peer Reviewed

2023	Kröber, S., **Bonnin, G.**, Schneider, S., Merz, R., Hirschfeld, G., Hötzel, K., Lewer, M., & von Brachel, R. (2023). Therapists' prototypes of common mental disorders – an empirical identification. *Psychiatry Research Communications*. https://doi.org/10.1016/j.psycom.2023.100144.
2024	**Bonnin, G.**, Hirschfeld, G., von Brachel, R., & Margraf, J. (2024). How happy is happy enough? A cross-cultural comparison of optimal cut points for the Positive Mental Health Scale. *European Journal of Psychological Assessment*. https://doi.org/10.1027/1015-5759/a000850.
2024	**Bonnin, G.**, Kröber, S., Schneider, S., Margraf, J., Pflug, V., Gerlach, A. L., Slotta, T., Christiansen, H., Albrecht, B., Chavanon, M.-L., Hirschfeld, G., In-Albon, T., Thielsch, M.-T., & von Brachel, R. (2024). A blended learning course on the diagnostics of mental disorders: multicenter noninferiority cluster randomized controlled trial. *Journal of Medical Internet Research*. http://dx.doi.org/10.2196/54176.

Book Chapters

2024   **Bonnin, G.**, Kröber, S., & von Brachel, R. (2024). Klinische Interviews zur Klassifikation psychischer Störungen. In Teismann, T., Thoma, P., Wannemüller, A., Taubner, S., & von Sydow, K. (Eds.), *Klinische Psychologie und Psychotherapie: Ein verfahrensübergreifendes Lehr- und Lernbuch*. Göttingen: Hogrefe.

2025   **Bonnin, G.**, Buys, P., & von Brachel, R. (in press). Diagnostische Interviews bei psychischen Störungen. In Casale, G., Hennemann, T., Hövel, D., & Markowetz, R. (Eds.), *Handbuch Förderschwerpunkt emotional-soziale Entwicklung*. Weinheim: Beltz.

Expertises

2023   von Brachel, R., & **Bonnin, G.** (2023). Digital psychodiagnostic interview for the mental health surveillance (MHS). *Robert-Koch-Institut*.

Conference Proceedings

2016   Schönfeld, R., **Bonnin, G.**, Täumer, E., & Leplow, B. (2016). *Therapieevaluation von Aktivitätsaufbau im Alltag mit Schrittzählern und Smartphone-basierten Stimmungsprotokollen* [talk]. 15. Congress of the German Society for Behavioural Medicine and Behaviour Modification (DGVM), Mainz, Germany.

2022   **Bonnin, G.**, Kröber, S. Schneider, S., & von Brachel, R. (2022). *Learning Diagnostic Skills Online – Evaluation of a blended learning course in a multicenter randomized controlled trial* [talk]. 52. Congress of the European Association of Behavioral and Cognitive Therapy (EABCT), Barcelona, Spain.

2024   Buys, P. von Brachel, R., Pflug, V., **Bonnin, G.**, Flasinski, T., Schneider, S. (2024). *Evaluation des Kinder-eDIPS - Gütekriterien und Akzeptanz einer digitalen Version des Kinder-DIPS O.A.* [talk]. 3. German Psychotherapy Congress (DPK), Berlin, Germany.

2024   von Brachel, R., **Bonnin, G.**, Kröber, S., & Schneider, S. (2024). *DiSkO - Diagnostik Skills Online: randomisiert-kontrollierte non-inferiority Evaluation eines blended-learning Kurses an drei Universitäten* [talk]. 53. Congress of the German Psychological Society (DGPs), Vienna, Austria.

2025   **Bonnin, G.**, Margraf, J., & Schneider, S. (2025). *The psychotherapy research infrastructure: A model for practice-orientated research and evidence-based interventions* [talk]. 4. Deutscher Psychotherapie Kongress (DPK), Berlin, Germany.

2025   Schneider, S., Lipinski, S., & **Bonnin, G.** (2025). *The research infrastructures of the German Centre for Mental Health (DZPG): The foundation for evidence-based and practice-orientated psychotherapy research* [Symposium]. 4. Deutscher Psychotherapie Kongress (DPK), Berlin, Germany.