

# Gabriel Bonnin, Ph.D.

German Center for Mental Health (DZPG)

Partner site Bochum-Marburg

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Born: February 27, 1993—Eichstätt, Germany

Nationality: German

## Current Position

since 2026

**Gateway Fellow**, Lund University, Sweden

*Exploring how patient-generated language can be used for assessment, interpretation, and prognosis in psychotherapy.*

since 2023

**Research Associate** (on leave from 02/2026-11/2026), German Center for Mental Health (DZPG), Ruhr University Bochum, Germany

*Leading the psychotherapy research group at the Bochum–Marburg site of the DZPG.*

## Areas of Specialisation

Diagnostics of mental disorders, Long-term effectiveness of psychotherapy, Developing sustainable infrastructure for psychotherapy research in naturalistic settings, Natural language processing for mental health assessment and psychotherapy process research.

## Former Academic Positions

2020-2023

Research assistant, Chairs of Clinical Child and Adolescent Psychology (Prof. Dr. Silvia Schneider) and Clinical Psychology and Psychotherapy (Prof. Dr. Jürgen Margraf), Ruhr University Bochum

## Education

- 2015 BSc in Psychology, MLU Halle-Wittenberg, Germany  
2018 MSc in Clinical Psychology, Ruhr University Bochum, Germany  
2024 PhD in Clinical Psychology (summa cum laude), Ruhr University Bochum, Germany

## Clinical Qualification

- 2019-2024 Postgraduate training in Cognitive Behavioral Therapy, Ruhr-University Bochum, Germany  
2024 State examination and license to practice as psychotherapist in Germany (Cognitive Behavioral Therapy)

## Grants, Honours & Awards

- 2022 Travel grant for participants in the FBZ Scientist-Practitioner Program (€1,500)  
2024 Seed funding from the Institute for Health and Development at Ruhr University Bochum for the project "*Therapeutic change processes in clinical practice: Idiographic dynamics of loneliness and well-being*" (Co-PI, €2,000)  
2024 DZPG ECS Independence Grant for the project "*Speech analysis of psychotherapeutic treatment in a transdiagnostic setting*" (Co-PI, €1,500)  
2025 DZPG VISIONS Grant for the multi-center project "*Speech analysis of psychotherapeutic treatment in a transdiagnostic setting*" (PI for the Bochum-Marburg site, €135,056; total funding: €294,194)  
2025 FBZ Open Science Award (500€)  
2025 Gateway Fellowship (9-month funding) from RUB Research School for a research stay abroad with the project "*Mental Health Evaluation through Text Analysis*" (€43,903)  
2026 DZPG VISIONS Advanced Grant for the multi-center project "*Psychotherapy Optimization with Sequential Enhanced interventions for Individuals with DepressiON- POSEIDON*" (PI, €1.200.137,79)

## Publications & Talks

### PEER REVIEWED

- 2023 Kröber, S., **Bonnin, G.**, Schneider, S., Merz, R., Hirschfeld, G., Hötzl, K., Lewer, M., & von Brachel, R. (2023). Therapists' prototypes of common mental disorders – an empirical identification. *Psychiatry Research Communications*. <https://doi.org/10.1016/j.psycom.2023.100144>.
- 2024 **Bonnin, G.**, Hirschfeld, G., von Brachel, R., & Margraf, J. (2024). How happy is happy enough? A cross-cultural comparison of optimal cut points for the Positive Mental Health Scale. *European Journal of Psychological Assessment*. <https://doi.org/10.1027/1015-5759/a000850>.
- 2024 **Bonnin, G.**, Kröber, S., Schneider, S., Margraf, J., Pflug, V., Gerlach, A. L., Slotta, T., Christiansen, H., Albrecht, B., Chavanon, M.-L., Hirschfeld, G., In-Albon, T., Thielsch, M.-T., & von Brachel, R. (2024). A blended learning course on the diagnostics of mental disorders: multicenter noninferiority cluster randomized controlled trial. *Journal of Medical Internet Research*. <http://dx.doi.org/10.2196/54176>.

## BOOK CHAPTERS

- 2024 Bonnin, G., Kröber, S., & von Brachel, R. (2024). Klinische Interviews zur Klassifikation psychischer Störungen. In Teismann, T., Thoma, P., Wannemüller, A., Taubner, S., & von Sydow, K. (Eds.), *Klinische Psychologie und Psychotherapie: Ein verfahrensübergreifendes Lehr- und Lernbuch*. Göttingen: Hogrefe.
- 2025 Bonnin, G., Buys, P., & von Brachel, R. (in press). Diagnostische Interviews bei psychischen Störungen. In Casale, G., Hennemann, T., Hövel, D., & Markowitz, R. (Eds.), *Handbuch Förder-schwerpunkt emotional-soziale Entwicklung*. Weinheim: Beltz.

## EXPERTISES

- 2023 von Brachel, R., & Bonnin, G. (2023). Digital psychodiagnostic interview for the mental health surveillance (MHS). *Robert-Koch-Institut*.

## CONFERENCE PROCEEDINGS

- 2016 Schönenfeld, R., Bonnin, G., Täumer, E., & Leplow, B. (2016). *Therapieevaluation von Aktivitätsaufbau im Alltag mit Schrittzählern und Smartphone-basierten Stimmungsprotokollen* [talk]. 15. Congress of the German Society for Behavioural Medicine and Behaviour Modification (DGVM), Mainz, Germany.
- 2022 Bonnin, G., Kröber, S., Schneider, S., & von Brachel, R. (2022). *Learning Diagnostic Skills Online – Evaluation of a blended learning course in a multicenter randomized controlled trial* [talk]. 52. Congress of the European Association of Behavioral and Cognitive Therapy (EABCT), Barcelona, Spain.
- 2024 Buys, P. von Brachel, R., Pflug, V., Bonnin, G., Flasinski, T., Schneider, S. (2024). *Evaluation des Kinder-eDIPS - Gütekriterien und Akzeptanz einer digitalen Version des Kinder-DIPS O.A.* [talk]. 3. German Psychotherapy Congress (DPK), Berlin, Germany.
- 2024 von Brachel, R., Bonnin, G., Kröber, S., & Schneider, S. (2024). *DiSkO - Diagnostik Skills Online: randomisiert-kontrollierte non-inferiority Evaluation eines blended-learning Kurses an drei Universitäten* [talk]. 53. Congress of the German Psychological Society (DGPs), Vienna, Austria.
- 2025 Bonnin, G., Margraf, J., & Schneider, S. (2025). *The psychotherapy research infrastructure: A model for practice-orientated research and evidence-based interventions* [talk]. 4. Deutscher Psychotherapie Kongress (DPK), Berlin, Germany.
- 2025 Schneider, S., Lipinski, S., & Bonnin, G. (2025). *The research infrastructures of the German Centre for Mental Health (DZPG): The foundation for evidence-based and practice-orientated psychotherapy research* [Symposium]. 4. Deutscher Psychotherapie Kongress (DPK), Berlin, Germany.