Your thoughts on object-oriented thinking so far. What do you know now? What questions do you have?

OOP I think is very useful and it provides another approach to tackle a specific problem in programming. Instead of using functions and assigning variables you can use classes which may or may not be an easier path to solve your problems. Currently, I can identify what a class, method, and attribute is. My questions are:

What else can you do with object-oriented programming?

Why is it the preferred way to solve a problem for some programmers?