Table 9.12A Type of Treatment Received in Past Year for Depression: Among People Aged 12 to 17 with Major Depressive Episode in Past Year; by Demographic and Socioeconomic Characteristics, Numbers in Thousands, 2019 and 2020

Demographic/Socioeconomic Characteristic	Saw or Talked to a Health Professional OR Used Prescription Medication (2019)	Saw or Talked to a Health Professional OR Used Prescription Medication (2020)	Saw or Talked to a Health Professional BUT Did Not Use Prescription Medication (2019)	Saw or Talked to a Health Professional BUT Did Not Use Prescription Medication (2020)	Used Prescription Medication BUT Did Not See or Talk to a Health Professional (2019)	Used Prescription Medication BUT Did Not See or Talk to a Health Professional (2020)	Saw or Talked to a Health Professional AND Used Prescription Medication (2019)	Saw or Talked to a Health Professional AND Used Prescription Medication (2020)
TOTAL	1,577	1,685	796	928	127	53	645	691
GENDER								
Male	385	445	165	263	49	12	171	169
Female	1,192	1,240	631	665	78	40	474	522
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	1,214	1,338	580	641	103	47	527	639
White	957	1,114	427	494	87	28	439	581
Black or African American	123	*	81	*	2	*	40	*
AIAN	*	*	*	*	*	*	*	*
NHOPI	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*
Two or More Races	81	*	45	*	9	*	27	*
Hispanic or Latino	362	347	216	288	24	5	118	53
POVERTY LEVEL								
Less Than 100%	280	*	150	*	28	14	100	56
100-199%	334	251	164	153	28	11	139	87
200% or More	963	1,258	482	671	71	28	406	548
HEALTH INSURANCE[1]								
Private	914	1,219	461	649	58	6	391	556
Medicaid/CHIP	599	399	285	222	66	44	241	130
Other[2]	82	*	34	*	5	*	*	*
No Coverage	59	*	42	*	*	*	11	*

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Respondents with unknown past year treatment for depression data were excluded.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

[1] Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.
[2] Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 9.12B Type of Treatment Received in Past Year for Depression: Among People Aged 12 to 17 with Major Depressive Episode in Past Year; by Demographic and Socioeconomic Characteristics, Percentages, 2019 and 2020

Demographic/Socioeconomic Characteristic	Saw or Talked to a Health Professional OR Used Prescription Medication (2019)	Saw or Talked to a Health Professional OR Used Prescription Medication (2020)	Saw or Talked to a Health Professional BUT Did Not Use Prescription Medication (2019)	Saw or Talked to a Health Professional BUT Did Not Use Prescription Medication (2020)	Used Prescription Medication BUT Did Not See or Talk to a Health Professional (2019)	Used Prescription Medication BUT Did Not See or Talk to a Health Professional (2020)	Saw or Talked to a Health Professional AND Used Prescription Medication (2019)	Saw or Talked to a Health Professional AND Used Prescription Medication (2020)
TOTAL	42.2	*41.2*	21.3	*22.6*	3.4	*1.3*	17.1	*16.8*
GENDER								
Male	36.3	*39.4*	15.5	*23.3*	4.6	*1.1*	15.9	*14.9*
Female	44.6	*41.9*	23.6	*22.4*	2.9	*1.4*	17.6	*17.5*
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	44.7	*42.7*	21.3	*20.3*	3.8	*1.5*	19.2	*20.2*
White	49.4	*48.7*	22.0	*21.4*	4.5	*1.2*	22.3	*25.1*
Black or African American	33.9	*	22.2	*	0.6	*	11.0	*
AIAN	*	*	*	*	*	*	*	*
NHOPI	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*
Two or More Races	43.4	*	24.2	*	4.8	*	14.3	*
Hispanic or Latino	35.6	*36.3*	21.2	*30.1*	2.3	*0.6*	11.6	*5.5*
POVERTY LEVEL								
Less Than 100%	42.2	*	22.5	*	4.2	*2.6*	14.9	*10.2*
100-199%	41.0	*32.4*	20.2	*19.5*	3.5	*1.4*	17.0	*11.1*
200% or More	42.7	*45.6*	21.3	*24.2*	3.1	*1.0*	17.8	*19.7*
HEALTH INSURANCE[1]								
Private	41.8	*45.4*	21.1	*24.0*	2.7	*0.2*	17.8	*20.6*
Medicaid/CHIP	44.2	*33.7*	21.0	*18.7*	4.9	*3.7*	17.7	*10.9*
Other[2]	44.0	*	18.6	*	2.5	*	*	*
No Coverage	32.8	*	23.6	*	*	*	5.9	*

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Respondents with unknown past year treatment for depression data were excluded.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

[1] Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.
[2] Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.