Table 8.40C Major Depressive Episode (MDE) and MDE with Severe Impairment in Past Year: Among People Aged 18 or Older; Receipt of Treatment for Depression in Past Year: Among People Aged 18 or Older with MDE and among People Aged 18 or Older with MDE with Severe Impairment in Past Year; by Geographic, Socioeconomic, and Health Characteristics, Standard Errors of Numbers in Thousands, 2019 and 2020

TOTAL 385 674 331 578 342 550 298 483	Geographic/Socioeconomic/ Health Characteristic	Had MDE (2019)	Had MDE (2020)	Had MDE with Severe Impairment ¹ (2019)	Had MDE with Severe Impairment ¹ (2020)	Received Treatment for Depression in Past Year among People with MDE ² (2019)	Received Treatment for Depression in Past Year among People with MDE ² (2020)	Received Treatment for Depression in Past Year among People with MDE with Severe Impairment ^{1,2} (2019)	
Northeast 164 250 132 198 145 216 117 191		\ /		\ /		\ /			
Northeast 164 250 132 198 145 216 117 191		303	0, 1	331	370	3 12	220	250	703
Midwest 158 284 139 248 145 257 127 206 South 229 418 198 355 198 328 168 283 West 210 362 177 314 183 224 162 263 COUNTY TYPE Large Metro 332 506 272 438 279 401 241 363 Small Metro 225 444 179 350 188 355 160 296 Nonmetro 147 239 115 196 109 179 89 144 POVERTY LEVEL³ Less Than 100% 167 337 139 268 128 247 116 227 100-199% 205 355 173 311 174 276 147 239 200% or More 313 495 257 419 270 400 232 355 EDUCATION LEVEL 4 High School Graduate 187 381 150 336 147 311 126 276 Some College/Associate's Degree 256 372 221 334 212 310 188 278 College Graduate 229 303 178 255 197 278 165 240 HEALTH INSURANCE4 Private 320 452 250 386 268 370 224 318 Medicaid/CHIP 210 336 180 275 180 272 163 239 OVERALL HEALTH6 Excellent 117 170 93 117 95 146 79 103 Very Good 225 343 172 275 180 236 150 212 Over Good 225 343 172 275 180 236 150 212 Medicaid/Cool 225 343 172 275 180 236 150 212 Over Good 225 343 172 275 180 236 150 212 Over Good 227 372 186 319 190 300 167 270 Definition 206 207 207 207 207 207 Definition 207 207 207 207 207 Definition 207 207 207 207 Definition 207 207 207 207 Degree 256 372 257 372		164	250	132	198	145	216	117	191
South 229 418 198 355 198 328 168 283 West 210 362 177 314 183 284 162 263 COUNTY TYPE Large Metro 332 506 272 438 279 401 241 363 Small Metro 147 239 115 196 109 179 89 144 POVERTY LEVEL ³ 167 337 139 268 128 247 116 227 100-199% 205 355 173 311 174 276 147 239 200% or More 313 495 257 419 270 400 232 355 EDUCATION LEVEL 4 High School 130 245 116 164 111 * 104 * 118 High School Graduate 187 381 150 336 147 311 126 276 Some College/Associate's 29 303 178 255 197 278 165 240 HEALTH INSURANCE ⁴ Private 320 452 250 386 268 370 224 318 Medicaid/CHIP 210 336 180 275 180 272 163 239 Other 228 437 189 371 199 370 169 333 No Coverage 116 231 94 194 74 126 67 109 OVERALL HEALTH Excellent 117 170 93 117 95 146 79 103 Very Good 225 343 172 275 180 256 150 212 Sumbour 270 270 270 270 270 270 Sumal Metrocal 271				139					206
COUNTY TYPE					355		328		283
COUNTY TYPE									
Small Metro 225 444 179 350 188 355 160 296 296 296 297 200 20									
Small Metro 225 444 179 350 188 355 160 296 Nonmetro 147 239 115 196 109 179 89 144 POVERTY LEVEL3	Large Metro		506						
POVERTY LEVEL3 Less Than 100% 167 337 139 268 128 247 116 227 100-199% 205 355 173 311 174 276 147 239 200% or More 313 495 257 419 270 400 232 355 278	Small Metro				350		355		296
Less Than 100%		147	239	115	196	109	179	89	144
100-199% 205 355 173 311 174 276 147 239 200% or More 313 495 257 419 270 400 232 355 255 250 257 250 25	POVERTY LEVEL ³								
200% or More 313 495 257 419 270 400 232 355	Less Than 100%	167	337	139	268	128	247	116	227
EDUCATION LEVEL	100-199%	205	355	173	311	174	276	147	239
Second 130 245 116 164 111 111 126 276 2		313	495	257	419	270	400	232	355
High School Graduate 187 381 150 336 147 311 126 276		120	2.45	116	177	111		104	
Some College/Associate's Degree 256 372 221 334 212 310 188 278									
Degree 256 372 221 334 212 310 188 278 2		18/	381	150	330	14/	311	126	2/6
College Graduate 229 303 178 255 197 278 165 240		256	372	221	334	212	310	188	278
HEALTH INSURANCE4 Private 320 452 250 386 268 370 224 318 Medicaid/CHIP 210 336 180 275 180 272 163 239 Other5 228 437 189 371 199 370 169 333 No Coverage 116 231 94 194 74 126 67 109 OVERALL HEALTH6 Excellent 117 170 93 117 95 146 79 103 Very Good 225 343 172 275 180 256 150 212 Good 227 372 186 319 190 300 167 270 167 270 167									
Private 320 452 250 386 268 370 224 318 Medicaid/CHIP 210 336 180 275 180 272 163 239 Other ⁵ 228 437 189 371 199 370 169 333 No Coverage 116 231 94 194 74 126 67 109 OVERALL HEALTH ⁶ Excellent 117 170 93 117 95 146 79 103 Very Good 225 343 172 275 180 256 150 212 Good 227 372 186 319 190 300 167 270		/	202	1,0	200	1,7,	270	100	0
$ \begin{array}{c ccccccccccccccccccccccccccccccccccc$		320	452	250	386	268	370	224	318
Other ⁵ 228 437 189 371 199 370 169 333 No Coverage 116 231 94 194 74 126 67 109 OVERALL HEALTH ⁶ Excellent 117 170 93 117 95 146 79 103 Very Good 225 343 172 275 180 256 150 212 Good 227 372 186 319 190 300 167 270									
No Coverage 116 231 94 194 74 126 67 109 OVERALL HEALTH6 Excellent 117 170 93 117 95 146 79 103 Very Good 225 343 172 275 180 256 150 212 Good 227 372 186 319 190 300 167 270									
OVERALL HEALTH6 Excellent 117 170 93 117 95 146 79 103 Very Good 225 343 172 275 180 256 150 212 Good 227 372 186 319 190 300 167 270									
Excellent 117 170 93 117 95 146 79 103 Very Good 225 343 172 275 180 256 150 212 Good 227 372 186 319 190 300 167 270		110	231	77	1 77	/ -	120	07	109
Very Good 225 343 172 275 180 256 150 212 Good 227 372 186 319 190 300 167 270		117	170	93	117	95	146	79	103
Good 227 372 186 319 190 300 167 270									
I Fair/Poor I 218 43/ I 193 366 I 193 347 I 173 378	Fair/Poor	218	431	193	366	193	341	173	318

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

^{*=} low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the 2020 National Survey on Drug Use and Health: Methodological Summary and Definitions for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the 2020 National Survey on Drug Use and Health: Methodological Summary and Definitions for details.

¹ Respondents with unknown impairment data were excluded.

Respondents with unknown past year treatment for depression data were excluded.
 Respondents aged 18 to 22 who were living in a college dormitory were excluded.
 Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

⁶ Respondents with unknown health data were excluded.

Table 8.40D Major Depressive Episode (MDE) and MDE with Severe Impairment in Past Year: Among People Aged 18 or Older; Receipt of Treatment for Depression in Past Year: Among People Aged 18 or Older with MDE and among People Aged 18 or Older with MDE with Severe Impairment in Past Year; by Geographic, Socioeconomic, and Health Characteristics, Standard Errors of Percentages, 2019 and 2020

Geographic/Socioeconomic/ Health Characteristic	Had MDE (2019)	Had MDE (2020)	Had MDE with Severe Impairment ¹ (2019)	Had MDE with Severe Impairment ¹ (2020)	Received Treatment for Depression in Past Year among People with MDE ² (2019)	Received Treatment for Depression in Past Year among People with MDE ² (2020)		Received Treatment for Depression in Past Year among People with MDE with Severe Impairment ^{1,2} (2020)
TOTAL	0.16	0.27	0.13	0.23	0.94	1.58	1.07	1.75
GEOGRAPHIC REGION	0.10	0.27	0.13	0.23	0.71	1.50	1.07	1.75
Northeast	0.38	0.58	0.31	0.46	2.19	3.39	2.32	3.06
Midwest	0.31	0.55	0.27	0.48	1.81	2.94	2.11	3.26
South	0.24	0.44	0.21	0.37	1.70	2.89	1.87	3.19
West	0.36	0.61	0.30	0.53	2.00	3.12	2.17	3.43
COUNTY TYPE								
Large Metro	0.22	0.36	0.19	0.32	1.40	2.19	1.50	2.41
Small Metro	0.27	0.53	0.22	0.44	1.49	2.71	1.72	2.77
Nonmetro	0.37	0.62	0.30	0.51	2.27	3.95	2.80	5.11
POVERTY LEVEL ³								
Less Than 100%	0.50	0.85	0.41	0.70	1.93	4.11	2.15	3.96
100-199%	0.41	0.73	0.35	0.65	2.01	3.24	2.33	3.85
200% or More EDUCATION LEVEL	0.18	0.29	0.15	0.25	1.27	1.87	1.45	2.18
< High School	0.43	0.87	0.38	0.58	3.08	*	3.48	*
High School Graduate Some College/Associate's	0.30	0.55	0.24	0.49	1.99	3.47	2.25	4.14
Degree	0.32	0.49	0.28	0.44	1.43	2.31	1.62	2.57
College Graduate	0.26	0.40	0.21	0.33	1.78	2.10	1.93	2.18
HEALTH INSURANCE ⁴								
Private	0.19	0.28	0.15	0.24	1.23	1.81	1.41	2.15
Medicaid/CHIP	0.57	0.83	0.48	0.68	1.71	2.99	1.77	3.03
Other ⁵	0.32	0.58	0.27	0.49	2.37	3.84	2.54	3.62
No Coverage	0.44	0.81	0.37	0.68	2.66	3.82	3.22	4.87
OVERALL HEALTH ⁶		0.01	0.57	0.00	2.00	2.02	J	
Excellent	0.23	0.36	0.18	0.25	2.76	4.61	3.43	5.45
Very Good	0.24	0.37	0.19	0.30	1.67	2.78	1.99	3.37
Good	0.30	0.49	0.25	0.42	1.55	2.21	1.77	2.66
Fair/Poor	0.60	1.13	0.54	0.98	1.88	3.48	1.94	3.38

^{* =} low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the 2020 National Survey on Drug Use and Health: Methodological Summary and Definitions for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the 2020 National Survey on Drug Use and Health: Methodological Summary and Definitions for details.

¹ Respondents with unknown impairment data were excluded.

Respondents with unknown past year treatment for depression data were excluded.
 Respondents aged 18 to 22 who were living in a college dormitory were excluded.
 Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

⁶ Respondents with unknown health data were excluded.