Table 8.18C (REVISED) Received Mental Health Services in Past Year: Among People Aged 18 or Older; by Past Year Level of Mental Illness and Geographic and Socioeconomic Characteristics, Standard Errors of Numbers in Thousands, 2019 and 2020

Geographic/Socioeconomic Characteristic	Any Mental Illness (2019)	Any Mental Illness (2020)	Serious Mental Illness (2019)	Serious Mental Illness (2020)	Any Mental Illness Excluding Serious Mental Illness (2019)	Any Mental Illness Excluding Serious Mental Illness (2020)	No Mental Illness[1] (2019)	No Mental Illness[1] (2020)
TOTAL	485	*700*	276	*458*	381	*589*	444	*675*
GEOGRAPHIC REGION								
Northeast	207	*274*	119	*150*	167	*216*	182	*341*
Midwest	213	*324*	120	*217*	163	*248*	200	*302*
South	274	*450*	159	*284*	213	*373*	269	*403*
West	256	*366*	148	*219*	208	*322*	246	*295*
COUNTY TYPE								
Large Metro	396	*526*	219	*324*	303	*439*	359	*533*
Small Metro	254	*424*	150	*271*	198	*320*	264	*359*
Nonmetro	180	*283*	94	*168*	134	*223*	144	*251*
Urbanized	125	*195*	58	*	100	*173*	96	*137*
Less Urbanized	130	*208*	72	*	90	*157*	97	*191*
Completely Rural	50	*	*	*	29	*	45	*91*
POVERTY LEVEL[2]								
Less Than 100%	178	*333*	108	*218*	138	*248*	122	*285*
100-199%	220	*347*	137	*227*	161	*255*	181	*273*
200% or More	396	*551*	212	*312*	322	*475*	395	*545*
EDUCATION LEVEL								
< High School	147	*255*	92	*	114	*213*	114	*247*
High School Graduate	209	*395*	120	*261*	174	*298*	195	*374*
Some College/Associate's Degree	270	*414*	177	*264*	200	*331*	246	*322*
College Graduate	289	*359*	148	*199*	245	*312*	291	*357*
HEALTH INSURANCE[3]								
Private	374	*487*	200	*276*	300	*427*	388	*523*
Medicaid/CHIP	228	*379*	154	*229*	159	*288*	164	*317*
Other[4]	267	*474*	154	*312*	219	*392*	299	*447*
No Coverage	96	*149*	64	*99*	67	*106*	69	*106*

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. Therefore, some estimates in this table could differ from corresponding estimates in other tables that did not undergo sample size adjustments. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual services are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Mental Illness aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of serious mental illness (SMI) are a subset of estimates of any mental illness (AMI) because SMI is limited to people with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

[1] Respondents with no mental illness may still have received mental health treatment for a past disorder that is in partial or full remission or treatment for a disorder that was not included in the definition of mental illness or for other reasons.

[2] Respondents aged 18 to 22 who were living in a college dormitory were excluded.

[3] Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

[4] Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 8.18D (REVISED) Received Mental Health Services in Past Year: Among People Aged 18 or Older; by Past Year Level of Mental Illness and Geographic and Socioeconomic Characteristics, Standard Errors of Percentages, 2019 and 2020

Geographic/Socioeconomic Characteristic	Any Mental Illness (2019)	Any Mental Illness (2020)	Serious Mental Illness (2019)	Serious Mental Illness (2020)	Any Mental Illness Excluding Serious Mental Illness (2019)	Any Mental Illness Excluding Serious Mental Illness (2020)	No Mental Illness[1] (2019)	No Mental Illness[1] (2020)
TOTAL	0.65	*1.04*	1.18	*1.96*	0.73	*1.23*	0.20	*0.32*
GEOGRAPHIC REGION								
Northeast	1.62	*2.36*	3.27	*3.91*	1.78	*2.69*	0.47	*0.92*
Midwest	1.25	*2.08*	2.22	*3.35*	1.44	*2.38*	0.44	*0.70*
South	1.05	*1.79*	1.98	*3.89*	1.17	*2.15*	0.33	*0.50*
West	1.38	*2.17*	2.33	*3.51*	1.61	*2.62*	0.48	*0.62*
COUNTY TYPE								
Large Metro	0.95	*1.50*	1.77	*2.79*	1.04	*1.73*	0.29	*0.46*
Small Metro	1.05	*1.83*	1.94	*3.26*	1.21	*2.12*	0.37	*0.56*
Nonmetro	1.65	*2.51*	2.68	*5.09*	1.91	*3.00*	0.47	*0.79*
Urbanized	2.57	*3.76*	4.29	*	3.11	*4.98*	0.73	*1.08*
Less Urbanized	2.42	*3.72*	3.39	*	2.69	*4.18*	0.69	*1.24*
Completely Rural	4.93	*	*	*	4.47	*	1.11	*2.10*
POVERTY LEVEL[2]								
Less Than 100%	1.46	*2.72*	2.40	*4.92*	1.74	*3.11*	0.50	*1.01*
100-199%	1.43	*2.25*	2.65	*3.95*	1.56	*2.55*	0.47	*0.76*
200% or More	0.83	*1.27*	1.52	*2.39*	0.96	*1.49*	0.26	*0.38*
EDUCATION LEVEL								
< High School	2.07	*3.84*	3.97	*	2.24	*4.25*	0.46	*1.03*
High School Graduate	1.33	*2.29*	2.57	*4.34*	1.57	*2.59*	0.39	*0.65*
Some College/Associate's Degree	1.06	*1.63*	1.80	*2.68*	1.19	*2.03*	0.38	*0.53*
College Graduate	1.19	*1.65*	2.11	*2.74*	1.37	*1.92*	0.40	*0.55*
HEALTH INSURANCE[3]								
Private	0.83	*1.26*	1.54	*2.49*	0.91	*1.47*	0.26	*0.39*
Medicaid/CHIP	1.42	*2.33*	2.40	*3.23*	1.64	*2.75*	0.63	*1.06*
Other[4]	1.63	*2.64*	2.69	*4.77*	1.86	*3.10*	0.49	*0.70*
No Coverage	1.48	*2.21*	3.22	*4.92*	1.52	*2.34*	0.34	*0.49*

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. Therefore, some estimates in this table could differ from corresponding estimates in other tables that did not undergo sample size adjustments. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual services are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

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[2] Respondents aged 18 to 22 who were living in a college dormitory were excluded.
[3] Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.
[4] Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.