

Table 8.26C Sources of Payment for Outpatient Mental Health Services: Among People Aged 18 or Older Who Received Outpatient Mental Health Services in Past Year; by Age Group, Standard Errors of Numbers in Thousands, 2019 and 2020

Source of Payment ¹	Aged 18+ (2019)	Aged 18+ (2020)	Aged 18-25 (2019)	Aged 18-25 (2020)	Aged 26+ (2019)	Aged 26+ (2020)	Aged 26-49 (2019)	Aged 26-49 (2020)	Aged 50+ (2019)	Aged 50+ (2020)
Self or Family Member Living in Household	281	<i>415</i>	73	<i>134</i>	267	<i>390</i>	169	<i>270</i>	196	<i>283</i>
Family Member Not Living in Household	71	<i>77</i>	38	<i>64</i>	59	<i>42</i>	45	<i>42</i>	38	<i>*</i>
Private Health Insurance	299	<i>386</i>	66	<i>114</i>	291	<i>369</i>	164	<i>242</i>	236	<i>298</i>
Medicare	202	<i>347</i>	24	<i>54</i>	200	<i>346</i>	79	<i>142</i>	183	<i>316</i>
Medicaid	150	<i>230</i>	27	<i>51</i>	147	<i>224</i>	92	<i>175</i>	113	<i>127</i>
Rehabilitation Program	12	<i>60</i>	4	<i>2</i>	11	<i>60</i>	9	<i>6</i>	7	<i>*</i>
Employer	113	<i>145</i>	16	<i>35</i>	112	<i>141</i>	73	<i>108</i>	83	<i>87</i>
VA or Other Military Program	106	<i>185</i>	11	<i>11</i>	105	<i>185</i>	52	<i>95</i>	91	<i>164</i>
Other Public Source	69	<i>145</i>	18	<i>39</i>	66	<i>140</i>	50	<i>52</i>	43	<i>130</i>
Other Private Source	41	<i>30</i>	13	<i>13</i>	38	<i>27</i>	26	<i>14</i>	29	<i>23</i>
Free Treatment	91	<i>159</i>	44	<i>74</i>	80	<i>146</i>	53	<i>80</i>	60	<i>127</i>

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Respondents with unknown mental health services information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual services are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

¹ Respondents could indicate multiple sources of payment for outpatient mental health services; thus, these response categories are not mutually exclusive.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 8.26D Sources of Payment for Outpatient Mental Health Services: Among People Aged 18 or Older Who Received Outpatient Mental Health Services in Past Year; by Age Group, Standard Errors of Percentages, 2019 and 2020

Source of Payment ¹	Aged 18+ (2019)	Aged 18+ (2020)	Aged 18-25 (2019)	Aged 18-25 (2020)	Aged 26+ (2019)	Aged 26+ (2020)	Aged 26-49 (2019)	Aged 26-49 (2020)	Aged 50+ (2019)	Aged 50+ (2020)
Self or Family Member Living in Household	1.05	<i>1.55</i>	1.56	<i>2.39</i>	1.20	<i>1.82</i>	1.23	<i>2.02</i>	2.24	<i>3.29</i>
Family Member Not Living in Household	0.34	<i>0.36</i>	1.07	<i>1.56</i>	0.35	<i>0.24</i>	0.46	<i>0.41</i>	0.53	*
Private Health Insurance	1.09	<i>1.43</i>	1.55	<i>2.21</i>	1.26	<i>1.69</i>	1.24	<i>1.84</i>	2.46	<i>3.27</i>
Medicare	0.86	<i>1.43</i>	0.72	<i>1.36</i>	1.01	<i>1.71</i>	0.76	<i>1.27</i>	2.07	<i>3.46</i>
Medicaid	0.73	<i>1.03</i>	0.82	<i>1.31</i>	0.86	<i>1.23</i>	0.89	<i>1.54</i>	1.54	<i>1.75</i>
Rehabilitation Program	0.06	<i>0.28</i>	0.12	<i>0.05</i>	0.07	<i>0.34</i>	0.09	<i>0.06</i>	0.09	*
Employer	0.53	<i>0.64</i>	0.46	<i>0.90</i>	0.63	<i>0.76</i>	0.70	<i>0.98</i>	1.12	<i>1.20</i>
VA or Other Military Program	0.51	<i>0.84</i>	0.33	<i>0.29</i>	0.61	<i>1.02</i>	0.53	<i>0.90</i>	1.23	<i>2.15</i>
Other Public Source	0.33	<i>0.67</i>	0.53	<i>1.01</i>	0.38	<i>0.78</i>	0.50	<i>0.50</i>	0.60	<i>1.74</i>
Other Private Source	0.20	<i>0.14</i>	0.39	<i>0.33</i>	0.23	<i>0.15</i>	0.26	<i>0.14</i>	0.40	<i>0.32</i>
Free Treatment	0.42	<i>0.73</i>	1.16	<i>1.81</i>	0.45	<i>0.81</i>	0.52	<i>0.75</i>	0.81	<i>1.71</i>

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

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