

**Table 8.27C Perceived Unmet Need for Mental Health Services in Past Year: Among People Aged 18 or Older; by Receipt of Past Year Mental Health Services and Demographic Characteristics, Standard Errors of Numbers in Thousands, 2019 and 2020**

Demographic Characteristic	Total <sup>1</sup>		MENTAL HEALTH SERVICES <sup>2</sup>			
			Received		Not Received	
	2019	2020	2019	2020	2019	2020
<b>TOTAL</b>	349	634	270	415	234	489
<b>AGE GROUP</b>						
18-25	124	239	89	157	108	208
26 or Older	313	579	250	390	201	434
26-49	216	366	164	272	160	280
50 or Older	219	444	180	275	134	348
<b>GENDER</b>						
Male	185	394	136	257	137	321
Female	288	488	218	330	184	367
<b>HISPANIC ORIGIN AND RACE</b>						
Not Hispanic or Latino	320	551	246	373	217	402
White	294	497	222	334	184	336
Black or African American	104	245	75	170	71	179
AIAN	27	47	*	*	22	36
NHOPI	23	9	*	*	21	*
Asian	84	110	62	*	57	100
Two or More Races	55	114	38	*	40	97
Hispanic or Latino	142	300	105	156	100	275
<b>EMPLOYMENT STATUS</b>						
Full-Time	239	387	166	251	166	275
Part-Time	139	231	88	167	100	154
Unemployed	82	154	53	91	62	122
Other <sup>3</sup>	202	440	175	280	106	339

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Perceived unmet need for mental health services is defined as a perceived need for treatment/counseling that was not received. Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

<sup>1</sup> The Total column includes respondents with unknown mental health services information.

<sup>2</sup> Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual services are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

<sup>3</sup> Other Employment includes students, persons keeping house or caring for children full time, retired or disabled persons, or other persons not in the labor force.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

**Table 8.27D Perceived Unmet Need for Mental Health Services in Past Year: Among People Aged 18 or Older; by Receipt of Past Year Mental Health Services and Demographic Characteristics, Standard Errors of Percentages, 2019 and 2020**

Demographic Characteristic	Total <sup>1</sup>		MENTAL HEALTH SERVICES <sup>2</sup>			
			Received		Not Received	
	2019	2020	2019	2020	2019	2020
<b>TOTAL</b>	0.14	<i>0.26</i>	0.61	<i>0.89</i>	0.11	<i>0.23</i>
<b>AGE GROUP</b>						
18-25	0.37	<i>0.73</i>	1.17	<i>1.84</i>	0.35	<i>0.73</i>
26 or Older	0.15	<i>0.27</i>	0.66	<i>0.99</i>	0.11	<i>0.24</i>
26-49	0.21	<i>0.37</i>	0.76	<i>1.29</i>	0.19	<i>0.34</i>
50 or Older	0.19	<i>0.39</i>	1.04	<i>1.51</i>	0.14	<i>0.35</i>
<b>GENDER</b>						
Male	0.15	<i>0.33</i>	0.94	<i>1.74</i>	0.13	<i>0.30</i>
Female	0.22	<i>0.38</i>	0.76	<i>1.04</i>	0.18	<i>0.36</i>
<b>HISPANIC ORIGIN AND RACE</b>						
Not Hispanic or Latino	0.15	<i>0.27</i>	0.62	<i>0.89</i>	0.13	<i>0.23</i>
White	0.19	<i>0.31</i>	0.65	<i>0.93</i>	0.15	<i>0.27</i>
Black or African American	0.32	<i>0.80</i>	2.21	<i>5.10</i>	0.26	<i>0.65</i>
AIAN	1.89	<i>3.32</i>	*	*	1.84	<i>3.00</i>
NHOPI	2.16	<i>1.04</i>	*	*	2.17	*
Asian	0.56	<i>0.79</i>	5.30	*	0.41	<i>0.75</i>
Two or More Races	1.23	<i>2.34</i>	3.89	*	1.15	<i>2.57</i>
Hispanic or Latino	0.35	<i>0.75</i>	2.25	<i>3.19</i>	0.27	<i>0.73</i>
<b>EMPLOYMENT STATUS</b>						
Full-Time	0.19	<i>0.32</i>	0.84	<i>1.26</i>	0.15	<i>0.28</i>
Part-Time	0.41	<i>0.73</i>	1.33	<i>2.28</i>	0.37	<i>0.64</i>
Unemployed	0.79	<i>1.21</i>	2.75	<i>4.20</i>	0.74	<i>1.17</i>
Other <sup>3</sup>	0.24	<i>0.48</i>	1.12	<i>1.63</i>	0.15	<i>0.45</i>

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Perceived unmet need for mental health services is defined as a perceived need for treatment/counseling that was not received. Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

<sup>1</sup> The Total column includes respondents with unknown mental health services information.

<sup>2</sup> Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual services are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

<sup>3</sup> Other Employment includes students, persons keeping house or caring for children full time, retired or disabled persons, or other persons not in the labor force.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

**Table 8.29C Perceived Unmet Need for Mental Health Services in Past Year: Among People Aged 18 or Older with Past Year Any Mental Illness; by Receipt of Past Year Mental Health Services and Demographic Characteristics, Standard Errors of Numbers in Thousands, 2019 and 2020**

Demographic Characteristic	Total <sup>1</sup>		MENTAL HEALTH SERVICES <sup>2</sup>			
			Received		Not Received	
	2019	2020	2019	2020	2019	2020
<b>TOTAL</b>	320	604	248	418	195	426
<b>AGE GROUP</b>						
18-25	129	255	82	152	91	191
26 or Older	281	542	229	391	165	370
26-49	210	365	156	272	143	244
50 or Older	180	402	156	277	101	286
<b>GENDER</b>						
Male	161	363	126	256	114	253
Female	269	477	204	328	157	339
<b>HISPANIC ORIGIN AND RACE</b>						
Not Hispanic or Latino	288	532	222	367	180	359
White	260	458	205	321	152	288
Black or African American	90	244	70	*	55	163
AIAN	*	*	*	*	*	*
NHOPI	*	*	*	*	*	*
Asian	62	74	*	*	51	60
Two or More Races	50	*	37	*	33	*
Hispanic or Latino	134	284	100	169	86	228
<b>EMPLOYMENT STATUS</b>						
Full-Time	211	379	157	246	141	250
Part-Time	121	222	75	164	90	149
Unemployed	73	164	49	100	53	128
Other <sup>3</sup>	172	387	152	279	82	263

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Perceived unmet need for mental health services is defined as a perceived need for treatment/counseling that was not received. Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

NOTE: Any Mental Illness (AMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

<sup>1</sup> The Total column includes respondents with unknown mental health services information.

<sup>2</sup> Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual services are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

<sup>3</sup> Other Employment includes students, persons keeping house or caring for children full time, retired or disabled persons, or other persons not in the labor force.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

**Table 8.29D Perceived Unmet Need for Mental Health Services in Past Year: Among People Aged 18 or Older with Past Year Any Mental Illness; by Receipt of Past Year Mental Health Services and Demographic Characteristics, Standard Errors of Percentages, 2019 and 2020**

Demographic Characteristic	Total <sup>1</sup>		MENTAL HEALTH SERVICES <sup>2</sup>			
			Received		Not Received	
	2019	2020	2019	2020	2019	2020
<b>TOTAL</b>	0.57	<i>0.95</i>	0.92	<i>1.40</i>	0.65	<i>1.25</i>
<b>AGE GROUP</b>						
18-25	0.99	<i>1.63</i>	1.50	<i>2.27</i>	1.20	<i>2.25</i>
26 or Older	0.63	<i>1.07</i>	1.03	<i>1.62</i>	0.71	<i>1.40</i>
26-49	0.70	<i>1.16</i>	1.07	<i>1.79</i>	0.90	<i>1.51</i>
50 or Older	1.07	<i>2.08</i>	1.85	<i>2.93</i>	1.15	<i>2.89</i>
<b>GENDER</b>						
Male	0.76	<i>1.60</i>	1.56	<i>2.83</i>	0.87	<i>1.83</i>
Female	0.76	<i>1.20</i>	1.10	<i>1.58</i>	0.91	<i>1.72</i>
<b>HISPANIC ORIGIN AND RACE</b>						
Not Hispanic or Latino	0.60	<i>1.01</i>	0.94	<i>1.41</i>	0.73	<i>1.31</i>
White	0.68	<i>1.12</i>	1.02	<i>1.48</i>	0.83	<i>1.48</i>
Black or African American	1.53	<i>3.58</i>	3.34	*	1.51	<i>4.10</i>
AIAN	*	*	*	*	*	*
NHOPI	*	*	*	*	*	*
Asian	2.80	<i>3.75</i>	*	*	3.04	<i>3.71</i>
Two or More Races	3.24	*	5.02	*	4.08	*
Hispanic or Latino	1.55	<i>2.80</i>	3.09	<i>4.65</i>	1.59	<i>3.67</i>
<b>EMPLOYMENT STATUS</b>						
Full-Time	0.77	<i>1.31</i>	1.28	<i>1.98</i>	0.92	<i>1.67</i>
Part-Time	1.36	<i>2.22</i>	1.98	<i>3.20</i>	1.80	<i>3.08</i>
Unemployed	2.26	<i>3.80</i>	3.74	<i>5.33</i>	2.87	<i>5.21</i>
Other <sup>3</sup>	0.98	<i>1.77</i>	1.58	<i>2.55</i>	1.02	<i>2.46</i>

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

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NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Perceived unmet need for mental health services is defined as a perceived need for treatment/counseling that was not received. Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

NOTE: Any Mental Illness (AMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

<sup>1</sup> The Total column includes respondents with unknown mental health services information.

<sup>2</sup> Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual services are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

<sup>3</sup> Other Employment includes students, persons keeping house or caring for children full time, retired or disabled persons, or other persons not in the labor force.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

**Table 8.31C Perceived Unmet Need for Mental Health Services in Past Year: Among People Aged 18 or Older with Past Year Serious Mental Illness; by Receipt of Past Year Mental Health Services and Demographic Characteristics, Standard Errors of Numbers in Thousands, 2019 and 2020**

Demographic Characteristic	Total <sup>1</sup>		MENTAL HEALTH SERVICES <sup>2</sup>			
			Received		Not Received	
	2019	2020	2019	2020	2019	2020
<b>TOTAL</b>	218	405	179	310	115	246
<b>AGE GROUP</b>						
18-25	80	155	55	114	56	100
26 or Older	202	361	169	287	102	218
26-49	134	223	110	158	80	151
50 or Older	142	282	126	236	*	*
<b>GENDER</b>						
Male	114	220	91	161	74	139
Female	182	327	153	259	89	196
<b>HISPANIC ORIGIN AND RACE</b>						
Not Hispanic or Latino	193	373	158	293	101	212
White	172	331	143	255	83	190
Black or African American	68	*	57	*	38	*
AIAN	*	*	*	*	*	*
NHOPI	*	*	*	*	*	*
Asian	*	*	*	*	*	*
Two or More Races	*	*	*	*	*	*
Hispanic or Latino	99	160	86	*	51	*
<b>EMPLOYMENT STATUS</b>						
Full-Time	143	210	115	151	84	136
Part-Time	82	147	57	127	59	*
Unemployed	50	140	42	*	*	*
Other <sup>3</sup>	135	260	125	217	43	*

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

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NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Perceived unmet need for mental health services is defined as a perceived need for treatment/counseling that was not received. Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

NOTE: Serious Mental Illness (SMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of SMI are a subset of estimates of any mental illness (AMI) because SMI is limited to persons with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

<sup>1</sup> The Total column includes respondents with unknown mental health services information.

<sup>2</sup> Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual services are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

<sup>3</sup> Other Employment includes students, persons keeping house or caring for children full time, retired or disabled persons, or other persons not in the labor force.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

**Table 8.31D Perceived Unmet Need for Mental Health Services in Past Year: Among People Aged 18 or Older with Past Year Serious Mental Illness; by Receipt of Past Year Mental Health Services and Demographic Characteristics, Standard Errors of Percentages, 2019 and 2020**

Demographic Characteristic	Total <sup>1</sup>		MENTAL HEALTH SERVICES <sup>2</sup>			
			Received		Not Received	
	2019	2020	2019	2020	2019	2020
<b>TOTAL</b>	1.26	<i>2.10</i>	1.60	<i>2.45</i>	2.03	<i>3.63</i>
<b>AGE GROUP</b>						
18-25	1.62	<i>2.52</i>	2.05	<i>3.33</i>	2.57	<i>3.98</i>
26 or Older	1.52	<i>2.57</i>	1.88	<i>2.96</i>	2.57	<i>4.69</i>
26-49	1.46	<i>2.53</i>	1.91	<i>2.85</i>	2.56	<i>4.35</i>
50 or Older	3.47	<i>5.39</i>	3.95	<i>5.92</i>	*	*
<b>GENDER</b>						
Male	2.12	<i>3.28</i>	2.99	<i>4.27</i>	3.11	<i>5.00</i>
Female	1.57	<i>2.52</i>	1.86	<i>2.87</i>	2.68	<i>4.84</i>
<b>HISPANIC ORIGIN AND RACE</b>						
Not Hispanic or Latino	1.33	<i>2.26</i>	1.64	<i>2.58</i>	2.19	<i>4.04</i>
White	1.48	<i>2.41</i>	1.82	<i>2.71</i>	2.48	<i>4.46</i>
Black or African American	3.96	*	5.51	*	5.46	*
AIAN	*	*	*	*	*	*
NHOPI	*	*	*	*	*	*
Asian	*	*	*	*	*	*
Two or More Races	*	*	*	*	*	*
Hispanic or Latino	3.63	<i>5.32</i>	5.19	*	4.74	*
<b>EMPLOYMENT STATUS</b>						
Full-Time	1.78	<i>3.00</i>	2.39	<i>3.25</i>	2.71	<i>5.34</i>
Part-Time	3.10	<i>4.16</i>	3.61	<i>5.30</i>	5.64	*
Unemployed	4.65	<i>5.52</i>	5.65	*	*	*
Other <sup>3</sup>	2.34	<i>3.64</i>	2.87	<i>4.24</i>	3.57	*

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<sup>1</sup> The Total column includes respondents with unknown mental health services information.

<sup>2</sup> Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual services are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

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