Table 8.40C Major Depressive Episode (MDE) and MDE with Severe Impairment in Past Year: Among People Aged 18 or Older; Receipt of Treatment for Depression in Past Year: Among People Aged 18 or Older with MDE and among People Aged 18 or Older with MDE with Severe Impairment in Past Year; by Geographic, Socioeconomic, and Health Characteristics, Standard Errors of Numbers in Thousands, 2019 and 2020

Geographic/Socioeconomic/ Health Characteristic	Had MDE (2019)	Had MDE (2020)	Had MDE with Severe Impairment[1] (2019)	Had MDE with Severe Impairment[1] (2020)	Received Treatment for Depression in Past Year among People with MDE[2] (2019)	Received Treatment for Depression in Past Year among People with MDE[2] (2020)	Received Treatment for Depression in Past Year among People with MDE with Severe Impairment[1,2] (2019)	Received Treatment for Depression in Past Year among People with MDE with Severe Impairment[1,2] (2020)
TOTAL	385	*674*	331	*578*	342	*550*	298	*483*
GEOGRAPHIC REGION								
Northeast	164	*250*	132	*198*	145	*216*	117	*191*
Midwest	158	*284*	139	*248*	145	*257*	127	*206*
South	229	*418*	198	*355*	198	*328*	168	*283*
West	210	*362*	177	*314*	183	*284*	162	*263*
COUNTY TYPE								
Large Metro	332	*506*	272	*438*	279	*401*	241	*363*
Small Metro	225	*444*	179	*350*	188	*355*	160	*296*
Nonmetro	147	*239*	115	*196*	109	*179*	89	*144*
POVERTY LEVEL[3]								
Less Than 100%	167	*337*	139	*268*	128	*247*	116	*227*
100-199%	205	*355*	173	*311*	174	*276*	147	*239*
200% or More	313	*495*	257	*419*	270	*400*	232	*355*
EDUCATION LEVEL								
< High School	130	*245*	116	*164*	111	*	104	*
High School Graduate	187	*381*	150	*336*	147	*311*	126	*276*
Some College/Associate's Degree	256	*372*	221	*334*	212	*310*	188	*278*
College Graduate	229	*303*	178	*255*	197	*278*	165	*240*
HEALTH INSURANCE[4]								
Private	320	*452*	250	*386*	268	*370*	224	*318*
Medicaid/CHIP	210	*336*	180	*275*	180	*272*	163	*239*
Other[5]	228	*437*	189	*371*	199	*370*	169	*333*
No Coverage	116	*231*	94	*194*	74	*126*	67	*109*
OVERALL HEALTH[6]								
Excellent	117	*170*	93	*117*	95	*146*	79	*103*
Very Good	225	*343*	172	*275*	180	*256*	150	*212*
Good	227	*372*	186	*319*	190	*300*	167	*270*
Fair/Poor	218	*431*	193	*366*	193	*341*	173	*318*

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

[1] Respondents with unknown impairment data were excluded.
[2] Respondents with unknown past year treatment for depression data were excluded.
[3] Respondents aged 18 to 22 who were living in a college dormitory were excluded.
[4] Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.
[5] Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.
[6] Respondents with unknown health data were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 8.40D **Major Depressive Episode (MDE) and MDE with Severe Impairment in Past Year: Among People Aged 18 or Older; Receipt of Treatment for Depression in Past Year: Among People Aged 18 or Older with MDE and among People Aged 18 or Older with MDE with Severe Impairment in Past Year; by Geographic, Socioeconomic, and Health Characteristics, Standard Errors of Percentages, 2019 and 2020**

Geographic/Socioeconomic/ Health Characteristic	Had MDE (2019)	Had MDE (2020)	Had MDE with Severe Impairment[1] (2019)	Had MDE with Severe Impairment[1] (2020)	Received Treatment for Depression in Past Year among People with MDE[2] (2019)	Received Treatment for Depression in Past Year among People with MDE[2] (2020)	Received Treatment for Depression in Past Year among People with MDE with Severe Impairment[1,2] (2019)	Received Treatment for Depression in Past Year among People with MDE with Severe Impairment[1,2] (2020)
TOTAL	0.16	*0.27*	0.13	*0.23*	0.94	*1.58*	1.07	*1.75*
GEOGRAPHIC REGION								
Northeast	0.38	*0.58*	0.31	*0.46*	2.19	*3.39*	2.32	*3.06*
Midwest	0.31	*0.55*	0.27	*0.48*	1.81	*2.94*	2.11	*3.26*
South	0.24	*0.44*	0.21	*0.37*	1.70	*2.89*	1.87	*3.19*
West	0.36	*0.61*	0.30	*0.53*	2.00	*3.12*	2.17	*3.43*
COUNTY TYPE								
Large Metro	0.22	*0.36*	0.19	*0.32*	1.40	*2.19*	1.50	*2.41*
Small Metro	0.27	*0.53*	0.22	*0.44*	1.49	*2.71*	1.72	*2.77*
Nonmetro	0.37	*0.62*	0.30	*0.51*	2.27	*3.95*	2.80	*5.11*
POVERTY LEVEL[3]								
Less Than 100%	0.50	*0.85*	0.41	*0.70*	1.93	*4.11*	2.15	*3.96*
100-199%	0.41	*0.73*	0.35	*0.65*	2.01	*3.24*	2.33	*3.85*
200% or More	0.18	*0.29*	0.15	*0.25*	1.27	*1.87*	1.45	*2.18*
EDUCATION LEVEL								
< High School	0.43	*0.87*	0.38	*0.58*	3.08	*	3.48	*
High School Graduate	0.30	*0.55*	0.24	*0.49*	1.99	*3.47*	2.25	*4.14*
Some College/Associate's Degree	0.32	*0.49*	0.28	*0.44*	1.43	*2.31*	1.62	*2.57*
College Graduate	0.26	*0.40*	0.21	*0.33*	1.78	*2.10*	1.93	*2.18*
HEALTH INSURANCE[4]								
Private	0.19	*0.28*	0.15	*0.24*	1.23	*1.81*	1.41	*2.15*
Medicaid/CHIP	0.57	*0.83*	0.48	*0.68*	1.71	*2.99*	1.77	*3.03*
Other[5]	0.32	*0.58*	0.27	*0.49*	2.37	*3.84*	2.54	*3.62*
No Coverage	0.44	*0.81*	0.37	*0.68*	2.66	*3.82*	3.22	*4.87*
OVERALL HEALTH[6]								
Excellent	0.23	*0.36*	0.18	*0.25*	2.76	*4.61*	3.43	*5.45*
Very Good	0.24	*0.37*	0.19	*0.30*	1.67	*2.78*	1.99	*3.37*
Good	0.30	*0.49*	0.25	*0.42*	1.55	*2.21*	1.77	*2.66*
Fair/Poor	0.60	*1.13*	0.54	*0.98*	1.88	*3.48*	1.94	*3.38*

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

[1] Respondents with unknown impairment data were excluded.
[2] Respondents with unknown past year treatment for depression data were excluded.
[3] Respondents aged 18 to 22 who were living in a college dormitory were excluded.
[4] Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.
[5] Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.
[6] Respondents with unknown health data were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.