

Table 8.8A Levels of Mental Illness in Past Year: Among People Aged 18 or Older; by Geographic and Socioeconomic Characteristics, Numbers in Thousands, 2019 and 2020

Geographic/Socioeconomic Characteristic	Any Mental Illness (2019)	Any Mental Illness (2020)	Serious Mental Illness (2019)	Serious Mental Illness (2020)	Any Mental Illness Excluding Serious Mental Illness (2019)	Any Mental Illness Excluding Serious Mental Illness (2020)	No Mental Illness (2019)	No Mental Illness (2020)
TOTAL	51,495	52,859	13,115	14,200	38,379	38,659	198,822	199,070
GEOGRAPHIC REGION								
Northeast	8,608	8,383	2,062	1,970	6,546	6,413	35,191	35,385
Midwest	11,497	11,866	2,918	3,447	8,579	8,419	40,540	40,279
South	18,212	18,616	4,766	5,252	13,446	13,364	76,699	77,371
West	13,178	13,994	3,369	3,531	9,809	10,463	46,391	46,035
COUNTY TYPE								
Large Metro	28,346	27,213	6,743	6,839	21,603	20,374	111,853	109,829
Small Metro	15,837	17,946	4,341	5,229	11,496	12,718	59,811	59,457
Nonmetro	7,312	7,699	2,031	2,132	5,280	5,567	27,158	29,785
Urbanized	3,100	3,360	889	976	2,211	2,384	11,256	11,657
Less Urbanized	3,554	3,629	938	957	2,616	2,671	12,624	14,166
Completely Rural	658	711	205	199	453	512	3,278	3,962
POVERTY LEVEL¹								
Less Than 100%	8,646	9,810	2,590	3,089	6,056	6,721	23,686	27,492
100-199%	11,258	11,445	3,218	3,588	8,041	7,857	36,335	34,491
200% or More	31,255	31,447	7,222	7,475	24,033	23,972	137,993	136,866
EDUCATION LEVEL								
< High School	5,505	5,552	1,286	1,320	4,219	4,231	24,649	23,343
High School Graduate	11,705	13,170	3,100	3,841	8,605	9,329	49,050	56,303
Some College/Associate's Degree	18,250	18,339	5,357	5,530	12,893	12,809	58,793	58,116
College Graduate	16,034	15,798	3,372	3,508	12,662	12,290	66,329	61,307
HEALTH INSURANCE²								
Private	30,795	30,239	7,051	6,967	23,744	23,272	134,837	128,625
Medicaid/CHIP	11,149	12,102	3,602	3,586	7,547	8,516	24,617	27,585
Other ³	11,598	13,139	2,638	3,701	8,960	9,437	57,405	61,600
No Coverage	5,630	5,824	1,557	1,607	4,073	4,216	20,248	21,541

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Mental Illness aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of serious mental illness (SMI) are a subset of estimates of any mental illness (AMI) because SMI is limited to people with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

¹ Respondents aged 18 to 22 who were living in a college dormitory were excluded.

² Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

³ Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 8.8B Levels of Mental Illness in Past Year: Among People Aged 18 or Older; by Geographic and Socioeconomic Characteristics, Percentages, 2019 and 2020

Geographic/Socioeconomic Characteristic	Any Mental Illness (2019)	Any Mental Illness (2020)	Serious Mental Illness (2019)	Serious Mental Illness (2020)	Any Mental Illness Excluding Serious Mental Illness (2019)	Any Mental Illness Excluding Serious Mental Illness (2020)	No Mental Illness (2019)	No Mental Illness (2020)
TOTAL	20.6	21.0	5.2	5.6	15.3	15.3	79.4	79.0
GEOGRAPHIC REGION								
Northeast	19.7	19.2	4.7	4.5	14.9	14.7	80.3	80.8
Midwest	22.1	22.8	5.6	6.6	16.5	16.1	77.9	77.2
South	19.2	19.4	5.0	5.5	14.2	13.9	80.8	80.6
West	22.1	23.3	5.7	5.9	16.5	17.4	77.9	76.7
COUNTY TYPE								
Large Metro	20.2	19.9	4.8	5.0	15.4	14.9	79.8	80.1
Small Metro	20.9	23.2	5.7	6.8	15.2	16.4	79.1	76.8
Nonmetro	21.2	20.5	5.9	5.7	15.3	14.9	78.8	79.5
Urbanized	21.6	22.4	6.2	6.5	15.4	15.9	78.4	77.6
Less Urbanized	22.0	20.4	5.8	5.4	16.2	15.0	78.0	79.6
Completely Rural	16.7	15.2	5.2	4.3	11.5	10.9	83.3	84.8
POVERTY LEVEL¹								
Less Than 100%	26.7	26.3	8.0	8.3	18.7	18.0	73.3	73.7
100-199%	23.7	24.9	6.8	7.8	16.9	17.1	76.3	75.1
200% or More	18.5	18.7	4.3	4.4	14.2	14.2	81.5	81.3
EDUCATION LEVEL								
< High School	18.3	19.2	4.3	4.6	14.0	14.6	81.7	80.8
High School Graduate	19.3	19.0	5.1	5.5	14.2	13.4	80.7	81.0
Some College/Associate's Degree	23.7	24.0	7.0	7.2	16.7	16.8	76.3	76.0
College Graduate	19.5	20.5	4.1	4.5	15.4	15.9	80.5	79.5
HEALTH INSURANCE²								
Private	18.6	19.0	4.3	4.4	14.3	14.6	81.4	81.0
Medicaid/CHIP	31.2	30.5	10.1	9.0	21.1	21.5	68.8	69.5
Other ³	16.8	17.6	3.8	5.0	13.0	12.6	83.2	82.4
No Coverage	21.8	21.3	6.0	5.9	15.7	15.4	78.2	78.7

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

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