

Table 8.22A Received Substance Use Treatment at a Specialty Facility and/or Mental Health Services in Past Year: Among People Aged 18 or Older; by Past Year Co-Occurring Substance Use Disorder and Level of Mental Illness and Age Group, Numbers in Thousands, 2019 and 2020

Co-Occurring Substance Use Disorder (SUD) and Level of Mental Illness/Age Group	Received Substance Use Treatment (SU Tx) at a Specialty Facility OR Mental Health (MH) Services (2019)	Received Substance Use Treatment (SU Tx) at a Specialty Facility OR Mental Health (MH) Services (2020)	Received SU Tx at a Specialty Facility BUT NOT MH Services (2019)	Received SU Tx at a Specialty Facility BUT NOT MH Services (2020)	Received MH Services BUT NOT SU Tx at a Specialty Facility (2019)	Received MH Services BUT NOT SU Tx at a Specialty Facility (2020)	Received SU Tx at a Specialty Facility AND MH Services (2019)	Received SU Tx at a Specialty Facility AND MH Services (2020)	Received NEITHER SU Tx at a Specialty Facility NOR MH Services (2019)	Received NEITHER SU Tx at a Specialty Facility NOR MH Services (2020)
SUD and Any Mental Illness	nc	8,536	nc	423	nc	7,152	nc	960	nc	8,360
18-25	nc	1,823	nc	73	nc	1,646	nc	104	nc	2,240
26 or Older	nc	6,712	nc	350	nc	5,507	nc	856	nc	6,120
26-49	nc	4,438	nc	226	nc	3,652	nc	560	nc	4,781
50 or Older	nc	2,275	nc	*	nc	1,855	nc	296	nc	1,339
SUD and Serious Mental Illness	nc	3,747	nc	89	nc	3,129	nc	529	nc	1,897
18-25	nc	918	nc	4	nc	845	nc	68	nc	622
26 or Older	nc	2,829	nc	85	nc	2,284	nc	461	nc	1,275
26-49	nc	2,038	nc	84	nc	1,628	nc	326	nc	1,147
50 or Older	nc	*	nc	*	nc	*	nc	*	nc	*
SUD and Any Mental Illness Excluding Serious Mental Illness	nc	4,789	nc	334	nc	4,023	nc	431	nc	6,462
18-25	nc	906	nc	*	nc	800	nc	37	nc	1,618
26 or Older	nc	3,883	nc	265	nc	3,223	nc	395	nc	4,844
26-49	nc	2,400	nc	142	nc	2,023	nc	234	nc	3,634
50 or Older	nc	*	nc	*	nc	*	nc	*	nc	*

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Substance use disorder (SUD) estimates in 2020 are based on criteria from the Diagnostic and Statistical Manual of Mental Disorders, 5th edition (DSM-5). SUD and related estimates are not comparable between 2020 and prior years of NSDUH, because prior years' estimates were based on DSM-IV criteria. The 2020 estimates reflect additional methodological changes for the 2020 NSDUH. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details on these changes.

NOTE: Specialty facilities for substance use treatment include hospitals (inpatient only), rehabilitation facilities (inpatient or outpatient), or mental health centers.

NOTE: Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual services are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Mental Illness aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of serious mental illness (SMI) are a subset of estimates of any mental illness (AMI) because SMI is limited to people with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 8.22B Received Substance Use Treatment at a Specialty Facility and/or Mental Health Services in Past Year: Among People Aged 18 or Older; by Past Year Co-Occurring Substance Use Disorder and Level of Mental Illness and Age Group, Percentages, 2019 and 2020

Co-Occurring Substance Use Disorder (SUD) and Level of Mental Illness/Age Group	Received Substance Use Treatment (SU Tx) at a Specialty Facility OR Mental Health (MH) Services (2019)	Received Substance Use Treatment (SU Tx) at a Specialty Facility OR Mental Health (MH) Services (2020)	Received SU Tx at a Specialty Facility BUT NOT MH Services (2019)	Received SU Tx at a Specialty Facility BUT NOT MH Services (2020)	Received MH Services BUT NOT SU Tx at a Specialty Facility (2019)	Received MH Services BUT NOT SU Tx at a Specialty Facility (2020)	Received SU Tx at a Specialty Facility AND MH Services (2019)	Received SU Tx at a Specialty Facility AND MH Services (2020)	Received NEITHER SU Tx at a Specialty Facility NOR MH Services (2019)	Received NEITHER SU Tx at a Specialty Facility NOR MH Services (2020)
SUD and Any Mental Illness	nc	50.5	nc	2.5	nc	42.3	nc	5.7	nc	49.5
18-25	nc	44.9	nc	1.8	nc	40.5	nc	2.6	nc	55.1
26 or Older	nc	52.3	nc	2.7	nc	42.9	nc	6.6	nc	47.7
26-49	nc	48.1	nc	2.4	nc	39.6	nc	6.0	nc	51.9
50 or Older	nc	63.0	nc	*	nc	51.3	nc	8.2	nc	37.0
SUD and Serious Mental Illness	nc	66.4	nc	1.6	nc	55.4	nc	9.3	nc	33.6
18-25	nc	59.6	nc	0.3	nc	54.9	nc	4.4	nc	40.4
26 or Older	nc	68.9	nc	2.1	nc	55.6	nc	11.2	nc	31.1
26-49	nc	64.0	nc	2.6	nc	51.1	nc	10.2	nc	36.0
50 or Older	nc	*	nc	*	nc	*	nc	*	nc	*
SUD and Any Mental Illness Excluding Serious Mental Illness	nc	42.6	nc	3.0	nc	35.8	nc	3.8	nc	57.4
18-25	nc	35.9	nc	*	nc	31.7	nc	1.4	nc	64.1
26 or Older	nc	44.5	nc	3.0	nc	36.9	nc	4.5	nc	55.5
26-49	nc	39.8	nc	2.3	nc	33.5	nc	3.8	nc	60.2
50 or Older	nc	*	nc	*	nc	*	nc	*	nc	*

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

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