

Table 8.70A Serious Psychological Distress in Past Month: Among People Aged 18 or Older; by Age Group and Demographic and Socioeconomic Characteristics, Numbers in Thousands, 2019 and 2020

Demographic/Socioeconomic Characteristic	Aged 18+ (2019)	Aged 18+ (2020)	Aged 18-25 (2019)	Aged 18-25 (2020)	Aged 26+ (2019)	Aged 26+ (2020)	Aged 26-49 (2019)	Aged 26-49 (2020)	Aged 50+ (2019)	Aged 50+ (2020)
TOTAL	16,392	18,500	5,182	5,783	11,211	12,717	7,279	8,111	3,932	4,606
GENDER										
Male	6,345	7,384	1,912	2,006	4,434	5,379	2,978	3,455	1,456	1,924
Female	10,047	11,116	3,270	3,777	6,777	7,339	4,301	4,656	2,476	2,683
HISPANIC ORIGIN AND RACE										
Not Hispanic or Latino	13,413	15,221	4,121	4,687	9,292	10,534	5,987	6,693	3,305	3,841
White	10,034	11,960	2,922	3,511	7,112	8,448	4,469	5,284	2,643	3,164
Black or African American	2,173	1,556	698	487	1,475	1,068	1,016	747	460	321
AIAN	108	*	28	*	80	*	30	*	*	*
NHOPI	70	28	*	*	53	*	*	*	*	*
Asian	578	693	263	375	315	318	221	282	94	36
Two or More Races	449	737	192	266	257	471	202	273	56	*
Hispanic or Latino	2,979	3,279	1,061	1,096	1,918	2,183	1,291	1,417	627	766
HEALTH INSURANCE¹										
Private	7,708	8,623	2,944	3,466	4,764	5,157	3,273	3,512	1,490	1,645
Medicaid/CHIP	5,118	5,735	1,288	1,397	3,830	4,339	2,299	2,813	1,531	1,525
Other ²	3,242	4,074	381	405	2,860	3,669	900	1,102	1,960	2,567
No Coverage	2,440	2,468	816	805	1,624	1,663	1,366	1,420	258	243
EMPLOYMENT STATUS										
Full-Time	6,444	6,263	2,059	1,999	4,385	4,265	3,694	3,646	691	619
Part-Time	2,672	2,834	1,344	1,559	1,328	1,275	868	892	460	383
Unemployed	1,464	1,928	637	821	827	1,107	600	881	227	226
Other ³	5,813	7,475	1,142	1,404	4,671	6,071	2,117	2,692	2,554	3,379

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020.

Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

¹ Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

² Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

³ Other Employment includes students, people keeping house or caring for children full time, retired or disabled people, or other people not in the labor force.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 8.70B Serious Psychological Distress in Past Month: Among People Aged 18 or Older; by Age Group and Demographic and Socioeconomic Characteristics, Percentages, 2019 and 2020

Demographic/Socioeconomic Characteristic	Aged 18+ (2019)	Aged 18+ (2020)	Aged 18-25 (2019)	Aged 18-25 (2020)	Aged 26+ (2019)	Aged 26+ (2020)	Aged 26-49 (2019)	Aged 26-49 (2020)	Aged 50+ (2019)	Aged 50+ (2020)
TOTAL	6.5	7.3	15.4	17.3	5.2	5.8	7.2	8.0	3.4	3.9
GENDER										
Male	5.3	6.1	11.3	12.0	4.3	5.1	6.0	6.9	2.7	3.5
Female	7.8	8.5	19.4	22.6	6.0	6.5	8.4	9.1	4.0	4.3
HISPANIC ORIGIN AND RACE										
Not Hispanic or Latino	6.4	7.3	15.8	18.2	5.1	5.7	7.4	8.3	3.2	3.7
White	6.4	7.6	16.2	19.6	5.1	6.0	7.8	9.2	3.2	3.8
Black or African American	7.3	5.1	15.1	10.6	5.8	4.1	7.8	5.6	3.7	2.6
AIAN	7.8	*	13.0	*	6.8	*	5.9	*	*	*
NHOPI	7.1	3.0	*	*	6.4	*	*	*	*	*
Asian	4.0	4.8	12.6	18.8	2.5	2.6	3.1	4.1	1.8	0.6
Two or More Races	10.2	15.6	20.5	25.1	7.5	12.9	10.2	13.8	3.8	*
Hispanic or Latino	7.2	7.8	13.8	14.2	5.7	6.4	6.2	6.8	4.8	5.7
HEALTH INSURANCE¹										
Private	4.7	5.4	14.4	17.7	3.3	3.7	4.9	5.4	1.9	2.2
Medicaid/CHIP	14.3	14.5	17.8	18.3	13.4	13.5	14.2	16.1	12.4	10.4
Other ²	4.7	5.5	15.0	16.8	4.3	5.1	12.3	13.8	3.3	4.0
No Coverage	9.4	9.0	16.9	14.8	7.7	7.6	9.1	8.7	4.3	4.3
EMPLOYMENT STATUS										
Full-Time	5.2	5.4	14.4	15.7	4.0	4.1	5.4	5.5	1.7	1.6
Part-Time	8.2	9.1	16.1	18.2	5.5	5.6	8.1	8.6	3.4	3.1
Unemployed	14.7	14.8	19.3	24.0	12.5	11.5	14.0	14.4	9.6	6.5
Other ³	7.0	8.2	14.7	16.0	6.2	7.4	12.2	14.0	4.4	5.3

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