Table 8.17A (REVISED) Received Mental Health Services in Past Year: Among People Aged 18 or Older; by Past Year Level of Mental Illness and Demographic Characteristics, Numbers in Thousands, 2019 and 2020

Demographic Characteristic	Any Mental Illness (2019)	Any Mental Illness (2020)	Serious Mental Illness (2019)	Serious Mental Illness (2020)	Any Mental Illness Excluding Serious Mental Illness (2019)	Any Mental Illness Excluding Serious Mental Illness (2020)	No Mental Illness[1] (2019)	No Mental Illness[1] (2020)
TOTAL	22,953	24,303	8,575	9,133	14,378	15,169	17,201	18,118
AGE GROUP								
18-25	3,846	4,301	1,626	1,878	2,220	2,423	1,910	2,197
26 or Older	19,107	20,001	6,949	7,255	12,158	12,746	15,291	15,921
26-49	11,452	11,906	4,455	4,371	6,997	7,535	6,480	6,633
50 or Older	7,655	8,095	2,494	2,884	5,161	5,211	8,811	9,288
GENDER								
Male	7,217	7,157	2,634	2,793	4,584	4,364	6,210	6,511
Female	15,735	17,145	5,942	6,340	9,794	10,805	10,991	11,607
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	20,456	21,589	7,516	8,211	12,940	13,378	15,732	16,300
White	17,548	18,357	6,291	6,951	11,257	11,406	13,610	14,553
Black or African American	1,688	1,943	686	*	1,001	1,114	1,210	932
AIAN	*	*	*	*	*	*	92	58
NHOPI	*	*	*	*	*	*	21	*
Asian	487	410	*	*	265	294	525	406
Two or More Races	596	*	*	*	341	*	274	318
Hispanic or Latino	2,497	2,714	1,059	922	1,437	1,792	1,469	1,818
EMPLOYMENT STATUS								
Full-Time	9,918	9,621	3,483	2,877	6,435	6,744	7,399	7,783
Part-Time	3,465	3,818	1,343	1,631	2,122	2,186	2,935	2,748
Unemployed	1,105	1,467	514	*	591	887	610	659
Other[2]	8,465	9,397	3,235	4,044	5,230	5,353	6,257	6,927

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. Therefore, some estimates in this table could differ from corresponding estimates in other tables that did not undergo sample size adjustments. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual services are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Mental Illness aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of serious mental illness (SMI) are a subset of estimates of any mental illness (AMI) because SMI is limited to people with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

[1] Respondents with no mental illness may still have received mental health services for a past disorder that is in partial or full remission or treatment for a disorder that was not included in the definition of mental illness or for other reasons.

[2] Other Employment includes students, people keeping house or caring for children full time, retired or disabled people, or other people not in the labor force.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 8.17B (REVISED) Received Mental Health Services in Past Year: Among People Aged 18 or Older; by Past Year Level of Mental Illness and Demographic Characteristics, Percentages, 2019 and 2020

Demographic Characteristic	Any Mental Illness (2019)	Any Mental Illness (2020)	Serious Mental Illness (2019)	Serious Mental Illness (2020)	Any Mental Illness Excluding Serious Mental Illness (2019)	Any Mental Illness Excluding Serious Mental Illness (2020)	No Mental Illness[1] (2019)	No Mental Illness[1] (2020)
TOTAL	44.8	*46.2*	65.5	*64.5*	37.6	*39.4*	8.7	*9.1*
AGE GROUP								
18-25	38.9	*42.1*	56.4	*57.6*	31.7	*34.8*	8.1	*9.6*
26 or Older	46.1	*47.2*	68.1	*66.6*	39.0	*40.5*	8.8	*9.1*
26-49	45.4	*46.6*	65.1	*63.0*	38.1	*40.5*	8.6	*8.8*
50 or Older	47.2	*48.0*	74.3	*72.9*	40.2	*40.4*	8.9	*9.3*
GENDER								
Male	36.8	*37.4*	56.5	*54.9*	30.7	*31.1*	6.2	*6.4*
Female	49.7	*51.2*	70.5	*69.9*	42.1	*44.3*	11.3	*12.1*
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	46.6	*48.1*	67.8	*67.0*	39.4	*41.0*	9.6	*9.9*
White	50.3	*51.8*	70.5	*69.5*	43.4	*44.8*	11.1	*11.9*
Black or African American	32.9	*37.1*	57.9	*	25.4	*29.2*	4.9	*3.7*
AIAN	*	*	*	*	*	*	8.3	*5.9*
NHOPI	*	*	*	*	*	*	2.6	*
Asian	23.3	*20.8*	*	*	16.1	*17.2*	4.3	*3.3*
Two or More Races	43.0	*	*	*	34.9	*	9.2	*10.5*
Hispanic or Latino	33.9	*35.1*	52.8	*48.7*	26.8	*30.7*	4.4	*5.4*
EMPLOYMENT STATUS								
Full-Time	41.7	*43.2*	61.3	*56.4*	35.6	*39.3*	7.4	*8.3*
Part-Time	42.7	*47.7*	60.3	*69.1*	36.1	*38.7*	12.1	*11.9*
Unemployed	40.4	*43.8*	61.6	*	31.1	*39.3*	8.6	*6.9*
Other[2]	50.8	*49.4*	74.4	*72.3*	42.5	*39.9*	9.4	*9.6*

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. Therefore, some estimates in this table could differ from corresponding estimates in other tables that did not undergo sample size adjustments. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual services are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Mental Illness aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of serious mental illness (SMI) are a subset of estimates of any mental illness (AMI) because SMI is limited to people with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

[1] Respondents with no mental illness may still have received mental health services for a past disorder that is in partial or full remission or treatment for a disorder that was not included in the definition of mental illness or for other reasons.

[2] Other Employment includes students, people keeping house or caring for children full time, retired or disabled people, or other people not in the labor force.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.