

**Table 6.36C Perceived Recovery from a Substance Use Problem or Mental Health Issue: Among People Aged 18 or Older; by Demographic Characteristics, Standard Errors of Numbers in Thousands, 2019 and 2020**

Demographic Characteristic	In Recovery from a Substance Use Problem <sup>1</sup> (2019)	In Recovery from a Substance Use Problem <sup>1</sup> (2020)	In Recovery from a Mental Health Issue <sup>2</sup> (2019)	In Recovery from a Mental Health Issue <sup>2</sup> (2020)
<b>TOTAL</b>	466	720	545	813
<b>AGE GROUP</b>				
18-25	75	126	136	245
26 or Older	456	706	521	775
26-49	244	420	313	496
50 or Older	374	570	420	589
<b>GENDER</b>				
Male	378	514	345	514
Female	263	460	398	599
<b>HISPANIC ORIGIN AND RACE</b>				
Not Hispanic or Latino	438	645	501	750
White	449	606	539	758
Black or African American	132	275	143	303
AIAN	29	63	39	38
NHOPI	18	6	19	*
Asian	67	111	113	161
Two or More Races	66	132	74	145
Hispanic or Latino	163	259	208	294
<b>EDUCATION LEVEL</b>				
< High School	158	234	168	243
High School Graduate	228	430	202	417
Some College/Associate's Degree	279	398	320	477
College Graduate	279	343	424	445
<b>EMPLOYMENT STATUS</b>				
Full-Time	326	468	402	573
Part-Time	176	274	236	327
Unemployed	113	163	104	183
Other <sup>3</sup>	300	478	351	526

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

<sup>1</sup> Respondents were asked if they perceived themselves to be in recovery or recovered from a substance use problem only if they reported ever having a drug or alcohol use problem. Respondents who perceived themselves never having had a substance use problem were classified in this analysis as not being in recovery or having recovered from a substance use problem. Excluded were respondents with unknown information for ever having a substance use problem or for perceived recovery from their substance use problem.

<sup>2</sup> Respondents were asked if they perceived themselves to be in recovery or recovered from a mental health issue only if they reported ever having a mental health issue. Respondents who perceived themselves never having had a mental health issue were classified in this analysis as not being in recovery or having recovered from a mental health issue. Excluded were respondents with unknown information for ever having a mental health issue or for perceived recovery from their mental health issue.

<sup>3</sup> Other Employment includes students, people keeping house or caring for children full time, retired or disabled people, or other people not in the labor force.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

**Table 6.36D Perceived Recovery from a Substance Use Problem or Mental Health Issue: Among People Aged 18 or Older; by Demographic Characteristics, Standard Errors of Percentages, 2019 and 2020**

Demographic Characteristic	In Recovery from a Substance Use Problem <sup>1</sup> (2019)	In Recovery from a Substance Use Problem <sup>1</sup> (2020)	In Recovery from a Mental Health Issue <sup>2</sup> (2019)	In Recovery from a Mental Health Issue <sup>2</sup> (2020)
<b>TOTAL</b>	0.19	<i>0.29</i>	0.22	<i>0.33</i>
<b>AGE GROUP</b>				
18-25	0.22	<i>0.38</i>	0.41	<i>0.74</i>
26 or Older	0.21	<i>0.32</i>	0.24	<i>0.36</i>
26-49	0.24	<i>0.42</i>	0.31	<i>0.49</i>
50 or Older	0.33	<i>0.49</i>	0.37	<i>0.51</i>
<b>GENDER</b>				
Male	0.32	<i>0.42</i>	0.29	<i>0.43</i>
Female	0.20	<i>0.36</i>	0.31	<i>0.46</i>
<b>HISPANIC ORIGIN AND RACE</b>				
Not Hispanic or Latino	0.21	<i>0.31</i>	0.24	<i>0.36</i>
White	0.25	<i>0.37</i>	0.29	<i>0.42</i>
Black or African American	0.42	<i>0.86</i>	0.45	<i>0.94</i>
AIAN	2.07	<i>3.90</i>	2.70	<i>2.67</i>
NHOPI	1.79	<i>0.63</i>	1.96	<i>*</i>
Asian	0.46	<i>0.76</i>	0.75	<i>1.12</i>
Two or More Races	1.39	<i>2.58</i>	1.53	<i>2.77</i>
Hispanic or Latino	0.40	<i>0.62</i>	0.51	<i>0.71</i>
<b>EDUCATION LEVEL</b>				
< High School	0.51	<i>0.82</i>	0.54	<i>0.86</i>
High School Graduate	0.36	<i>0.62</i>	0.32	<i>0.60</i>
Some College/Associate's Degree	0.35	<i>0.52</i>	0.38	<i>0.63</i>
College Graduate	0.32	<i>0.45</i>	0.44	<i>0.58</i>
<b>EMPLOYMENT STATUS</b>				
Full-Time	0.25	<i>0.38</i>	0.29	<i>0.46</i>
Part-Time	0.52	<i>0.84</i>	0.65	<i>0.97</i>
Unemployed	1.05	<i>1.19</i>	0.96	<i>1.28</i>
Other <sup>3</sup>	0.33	<i>0.51</i>	0.39	<i>0.56</i>

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

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NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

<sup>1</sup> Respondents were asked if they perceived themselves to be in recovery or recovered from a substance use problem only if they reported ever having a drug or alcohol use problem. Respondents who perceived themselves never having had a substance use problem were classified in this analysis as not being in recovery or having recovered from a substance use problem. Excluded were respondents with unknown information for ever having a substance use problem or for perceived recovery from their substance use problem.

<sup>2</sup> Respondents were asked if they perceived themselves to be in recovery or recovered from a mental health issue only if they reported ever having a mental health issue. Respondents who perceived themselves never having had a mental health issue were classified in this analysis as not being in recovery or having recovered from a mental health issue. Excluded were respondents with unknown information for ever having a mental health issue or for perceived recovery from their mental health issue.

<sup>3</sup> Other Employment includes students, people keeping house or caring for children full time, retired or disabled people, or other people not in the labor force.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

**Table 6.37C Perceived Recovery from a Substance Use Problem: Among People Aged 18 or Older Who Perceived Ever Having a Substance Use Problem; Perceived Recovery from a Mental Health Issue: Among People Aged 18 or Older Who Perceived Ever Having a Mental Health Issue; by Demographic Characteristics, Standard Errors of Numbers in Thousands, 2019 and 2020**

Demographic Characteristic	In Recovery from a Substance Use Problem <sup>1</sup> (2019)	In Recovery from a Substance Use Problem <sup>1</sup> (2020)	In Recovery from a Mental Health Issue <sup>2</sup> (2019)	In Recovery from a Mental Health Issue <sup>2</sup> (2020)
<b>TOTAL</b>	505	749	618	867
<b>AGE GROUP</b>				
18-25	82	130	181	286
26 or Older	498	732	582	826
26-49	264	434	360	554
50 or Older	407	584	459	621
<b>GENDER</b>				
Male	402	537	374	533
Female	282	475	450	655
<b>HISPANIC ORIGIN AND RACE</b>				
Not Hispanic or Latino	480	675	570	840
White	449	606	539	758
Black or African American	132	275	143	303
AIAN	*	*	*	*
NHOPI	*	*	*	*
Asian	*	*	113	161
Two or More Races	66	*	74	145
Hispanic or Latino	165	264	224	299
<b>EDUCATION LEVEL</b>				
< High School	158	240	168	244
High School Graduate	228	445	202	447
Some College/Associate's Degree	279	420	320	515
College Graduate	279	363	424	500
<b>EMPLOYMENT STATUS</b>				
Full-Time	326	468	402	573
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<sup>1</sup> Respondents were asked if they perceived themselves to be in recovery or recovered from a substance use problem only if they reported ever having a drug or alcohol use problem. Excluded were respondents with unknown information for ever having a substance use problem or for perceived recovery from their substance use problem.

<sup>2</sup> Respondents were asked if they perceived themselves to be in recovery or recovered from a mental health issue only if they reported ever having a mental health issue. Excluded were respondents with unknown information for ever having a mental health issue or for perceived recovery from their mental health issue.

<sup>3</sup> Other Employment includes students, people keeping house or caring for children full time, retired or disabled people, or other people not in the labor force.

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Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

**Table 6.37D Perceived Recovery from a Substance Use Problem: Among People Aged 18 or Older Who Perceived Ever Having a Substance Use Problem; Perceived Recovery from a Mental Health Issue: Among People Aged 18 or Older Who Perceived Ever Having a Mental Health Issue; by Demographic Characteristics, Standard Errors of Percentages, 2019 and 2020**

Demographic Characteristic	In Recovery from a Substance Use Problem <sup>1</sup> (2019)	In Recovery from a Substance Use Problem <sup>1</sup> (2020)	In Recovery from a Mental Health Issue <sup>2</sup> (2019)	In Recovery from a Mental Health Issue <sup>2</sup> (2020)
<b>TOTAL</b>	0.81	<i>1.25</i>	0.61	<i>0.95</i>
<b>AGE GROUP</b>				
18-25	1.65	<i>3.16</i>	0.87	<i>1.41</i>
26 or Older	0.87	<i>1.35</i>	0.75	<i>1.13</i>
26-49	1.02	<i>1.71</i>	0.78	<i>1.21</i>
50 or Older	1.44	<i>2.19</i>	1.37	<i>2.28</i>
<b>GENDER</b>				
Male	1.00	<i>1.68</i>	0.96	<i>1.59</i>
Female	1.35	<i>1.91</i>	0.77	<i>1.22</i>
<b>HISPANIC ORIGIN AND RACE</b>				
Not Hispanic or Latino	0.84	<i>1.30</i>	0.64	<i>0.99</i>
White	0.87	<i>1.40</i>	0.70	<i>1.02</i>
Black or African American	3.18	<i>4.73</i>	2.23	<i>4.43</i>
AIAN	*	*	*	*
NHOPI	*	*	*	*
Asian	*	*	3.32	<i>4.44</i>
Two or More Races	5.06	*	3.09	<i>4.90</i>
Hispanic or Latino	2.49	<i>4.20</i>	1.88	<i>3.00</i>
<b>EDUCATION LEVEL</b>				
< High School	2.83	<i>4.42</i>	2.28	<i>4.70</i>
High School Graduate	1.63	<i>2.56</i>	1.40	<i>2.43</i>
Some College/Associate's Degree	1.24	<i>2.21</i>	0.96	<i>1.51</i>
College Graduate	1.55	<i>2.05</i>	0.98	<i>1.29</i>
<b>EMPLOYMENT STATUS</b>				
Full-Time	1.14	<i>1.79</i>	0.77	<i>1.19</i>
Part-Time	2.13	<i>2.93</i>	1.39	<i>2.10</i>
Unemployed	3.24	<i>4.62</i>	2.62	<i>3.92</i>
Other <sup>3</sup>	1.59	<i>2.31</i>	1.26	<i>1.96</i>

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