

**Table 8.38C Major Depressive Episode (MDE) and MDE with Severe Impairment in Past Year: Among People Aged 18 or Older; Receipt of Treatment for Depression in Past Year: Among People Aged 18 or Older with MDE and among People Aged 18 or Older with MDE with Severe Impairment in Past Year; by Gender and Age Group, Standard Errors of Numbers in Thousands, 2019 and 2020**

Gender/Age Group	Had MDE (2019)	Had MDE (2020)	Had MDE with Severe Impairment <sup>1</sup> (2019)	Had MDE with Severe Impairment <sup>1</sup> (2020)	Received Treatment for Depression in Past Year among People with MDE <sup>2</sup> (2019)	Received Treatment for Depression in Past Year among People with MDE <sup>2</sup> (2020)	Received Treatment for Depression in Past Year among People with MDE with Severe Impairment <sup>1,2</sup> (2019)	Received Treatment for Depression in Past Year among People with MDE with Severe Impairment <sup>1,2</sup> (2020)
<b>TOTAL</b>	385	674	331	578	342	550	298	483
18-25	124	228	101	190	103	186	84	164
26 or Older	360	616	316	518	327	512	288	439
26-49	221	366	184	320	196	296	169	256
50 or Older	275	479	236	400	255	407	218	357
<b>MALE</b>	240	358	200	317	194	289	161	264
18-25	73	125	60	107	58	91	46	82
26 or Older	230	340	189	297	187	273	156	248
26-49	138	250	116	210	111	182	93	159
50 or Older	183	238	146	219	153	*	125	*
<b>FEMALE</b>	310	528	259	448	278	455	241	396
18-25	96	171	79	151	84	157	70	144
26 or Older	289	492	246	407	262	430	230	362
26-49	176	263	148	235	158	231	140	200
50 or Older	214	415	184	339	204	359	177	*

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

<sup>1</sup> Respondents with unknown impairment data were excluded.

<sup>2</sup> Respondents with unknown past year treatment for depression data were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

**Table 8.38D Major Depressive Episode (MDE) and MDE with Severe Impairment in Past Year: Among People Aged 18 or Older; Receipt of Treatment for Depression in Past Year: Among People Aged 18 or Older with MDE and among People Aged 18 or Older with MDE with Severe Impairment in Past Year; by Gender and Age Group, Standard Errors of Percentages, 2019 and 2020**

Gender/Age Group	Had MDE (2019)	Had MDE (2020)	Had MDE with Severe Impairment <sup>1</sup> (2019)	Had MDE with Severe Impairment <sup>1</sup> (2020)	Received Treatment for Depression in Past Year among People with MDE <sup>2</sup> (2019)	Received Treatment for Depression in Past Year among People with MDE <sup>2</sup> (2020)	Received Treatment for Depression in Past Year among People with MDE with Severe Impairment <sup>1,2</sup> (2019)	Received Treatment for Depression in Past Year among People with MDE with Severe Impairment <sup>1,2</sup> (2020)
<b>TOTAL</b>	0.16	<i>0.27</i>	0.13	<i>0.23</i>	0.94	<i>1.58</i>	1.07	<i>1.75</i>
18-25	0.37	<i>0.69</i>	0.30	<i>0.57</i>	1.35	<i>2.05</i>	1.61	<i>2.38</i>
26 or Older	0.17	<i>0.28</i>	0.15	<i>0.24</i>	1.18	<i>2.00</i>	1.29	<i>2.24</i>
26-49	0.22	<i>0.36</i>	0.18	<i>0.32</i>	1.25	<i>2.25</i>	1.43	<i>2.58</i>
50 or Older	0.24	<i>0.41</i>	0.21	<i>0.35</i>	2.34	<i>3.64</i>	2.55	<i>3.95</i>
<b>MALE</b>	0.20	<i>0.30</i>	0.17	<i>0.26</i>	1.68	<i>2.63</i>	2.02	<i>3.06</i>
18-25	0.44	<i>0.76</i>	0.36	<i>0.65</i>	2.30	<i>3.59</i>	2.62	<i>4.57</i>
26 or Older	0.22	<i>0.33</i>	0.18	<i>0.29</i>	2.13	<i>3.28</i>	2.57	<i>3.80</i>
26-49	0.28	<i>0.50</i>	0.23	<i>0.42</i>	2.31	<i>3.76</i>	2.68	<i>4.27</i>
50 or Older	0.34	<i>0.44</i>	0.27	<i>0.40</i>	4.35	*	5.37	*
<b>FEMALE</b>	0.24	<i>0.41</i>	0.20	<i>0.35</i>	1.11	<i>1.93</i>	1.16	<i>2.12</i>
18-25	0.58	<i>1.04</i>	0.48	<i>0.92</i>	1.78	<i>2.48</i>	2.14	<i>2.83</i>
26 or Older	0.26	<i>0.44</i>	0.22	<i>0.36</i>	1.31	<i>2.47</i>	1.31	<i>2.68</i>
26-49	0.35	<i>0.52</i>	0.29	<i>0.46</i>	1.38	<i>2.54</i>	1.54	<i>2.98</i>
50 or Older	0.35	<i>0.68</i>	0.30	<i>0.55</i>	2.50	<i>4.63</i>	2.38	*

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

<sup>1</sup> Respondents with unknown impairment data were excluded.

<sup>2</sup> Respondents with unknown past year treatment for depression data were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

**Table 8.39C Major Depressive Episode (MDE) and MDE with Severe Impairment in Past Year: Among People Aged 18 or Older; Receipt of Treatment for Depression in Past Year: Among People Aged 18 or Older with MDE and among People Aged 18 or Older with MDE with Severe Impairment in Past Year; by Demographic Characteristics, Standard Errors of Numbers in Thousands, 2019 and 2020**

Demographic Characteristic	Had MDE (2019)	Had MDE (2020)	Had MDE with Severe Impairment <sup>1</sup> (2019)	Had MDE with Severe Impairment <sup>1</sup> (2020)	Received Treatment for Depression in Past Year among People with MDE <sup>2</sup> (2019)	Received Treatment for Depression in Past Year among People with MDE <sup>2</sup> (2020)	Received Treatment for Depression in Past Year among People with MDE with Severe Impairment <sup>1,2</sup> (2019)	Received Treatment for Depression in Past Year among People with MDE with Severe Impairment <sup>1,2</sup> (2020)
<b>TOTAL</b>	385	674	331	578	342	550	298	483
<b>GENDER</b>								
Male	240	358	200	317	194	289	161	264
Female	310	528	259	448	278	455	241	396
<b>HISPANIC ORIGIN AND RACE</b>								
Not Hispanic or Latino	347	629	299	532	313	525	269	465
White	330	582	279	494	285	474	244	418
Black or African American	123	269	103	211	98	*	82	204
AIAN	30	21	29	20	*	*	*	*
NHOPI	12	*	8	2	*	*	*	*
Asian	80	116	65	91	57	*	*	*
Two or More Races	68	109	50	91	48	*	38	*
Hispanic or Latino	170	247	134	212	133	153	115	136
<b>EMPLOYMENT STATUS</b>								
Full-Time	248	421	202	328	200	282	173	235
Part-Time	154	245	126	209	119	195	106	180
Unemployed	87	172	71	136	67	113	54	*
Other <sup>3</sup>	263	454	234	401	240	395	215	353

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

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NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

<sup>1</sup> Respondents with unknown impairment data were excluded.

<sup>2</sup> Respondents with unknown past year treatment for depression data were excluded.

<sup>3</sup> Other Employment includes students, people keeping house or caring for children full time, retired or disabled people, or other people not in the labor force.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

**Table 8.39D Major Depressive Episode (MDE) and MDE with Severe Impairment in Past Year: Among People Aged 18 or Older; Receipt of Treatment for Depression in Past Year: Among People Aged 18 or Older with MDE and among People Aged 18 or Older with MDE with Severe Impairment in Past Year; by Demographic Characteristics, Standard Errors of Percentages, 2019 and 2020**

Demographic Characteristic	Had MDE (2019)	Had MDE (2020)	Had MDE with Severe Impairment <sup>1</sup> (2019)	Had MDE with Severe Impairment <sup>1</sup> (2020)	Received Treatment for Depression in Past Year among People with MDE <sup>2</sup> (2019)	Received Treatment for Depression in Past Year among People with MDE <sup>2</sup> (2020)	Received Treatment for Depression in Past Year among People with MDE with Severe Impairment <sup>1,2</sup> (2019)	Received Treatment for Depression in Past Year among People with MDE with Severe Impairment <sup>1,2</sup> (2020)
<b>TOTAL</b>	0.16	<i>0.27</i>	0.13	<i>0.23</i>	0.94	<i>1.58</i>	1.07	<i>1.75</i>
<b>GENDER</b>								
Male	0.20	<i>0.30</i>	0.17	<i>0.26</i>	1.68	<i>2.63</i>	2.02	<i>3.06</i>
Female	0.24	<i>0.41</i>	0.20	<i>0.35</i>	1.11	<i>1.93</i>	1.16	<i>2.12</i>
<b>HISPANIC ORIGIN AND RACE</b>								
Not Hispanic or Latino	0.17	<i>0.30</i>	0.14	<i>0.26</i>	1.02	<i>1.63</i>	1.10	<i>1.80</i>
White	0.20	<i>0.36</i>	0.17	<i>0.31</i>	1.07	<i>1.70</i>	1.16	<i>1.98</i>
Black or African American	0.40	<i>0.84</i>	0.34	<i>0.68</i>	2.93	*	3.47	<i>4.69</i>
AIAN	2.14	<i>1.55</i>	2.09	<i>1.49</i>	*	*	*	*
NHOPI	1.25	*	0.85	<i>0.25</i>	*	*	*	*
Asian	0.56	<i>0.81</i>	0.45	<i>0.64</i>	5.78	*	*	*
Two or More Races	1.47	<i>2.25</i>	1.11	<i>1.87</i>	4.81	*	5.59	*
Hispanic or Latino	0.42	<i>0.60</i>	0.33	<i>0.51</i>	2.54	<i>4.32</i>	3.19	<i>5.35</i>
<b>EMPLOYMENT STATUS</b>								
Full-Time	0.19	<i>0.35</i>	0.16	<i>0.28</i>	1.38	<i>2.43</i>	1.67	<i>2.82</i>
Part-Time	0.46	<i>0.76</i>	0.38	<i>0.65</i>	2.16	<i>3.16</i>	2.44	<i>3.32</i>
Unemployed	0.85	<i>1.26</i>	0.70	<i>1.02</i>	4.04	<i>5.64</i>	4.72	*
Other <sup>3</sup>	0.31	<i>0.49</i>	0.28	<i>0.44</i>	1.63	<i>2.47</i>	1.76	<i>2.72</i>

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