

Table 8.65A Suicidal Thoughts and Behavior and Treatment Resulting from a Suicide Attempt, Level of Mental Illness, Major Depressive Episode, and Mental Health Services in Past Year: Among People Aged 18 to 22; by College Enrollment Status, Numbers in Thousands, 2019 and 2020

Past Year Mental Health Measure	Total ¹ (2019)	Total ¹ (2020)	Full-Time College Students (2019)	Full-Time College Students (2020)	Other People Aged 18-22 ² (2019)	Other People Aged 18-22 ² (2020)
SUICIDAL THOUGHTS AND BEHAVIOR AND TREATMENT FOR SUICIDE ATTEMPT³						
Had Serious Thoughts of Suicide	2,671	<i>2,470</i>	841	<i>818</i>	1,816	<i>1,620</i>
Made Any Suicide Plans ⁴	905	<i>932</i>	245	<i>249</i>	651	<i>669</i>
Attempted Suicide ⁴	415	<i>470</i>	102	<i>105</i>	309	<i>363</i>
Received Medical Attention for Suicide Attempt	169	<i>216</i>	32	<i>44</i>	137	<i>172</i>
Stayed Overnight or Longer in a Hospital for Suicide Attempt	106	<i>124</i>	13	<i>26</i>	93	<i>97</i>
LEVEL OF MENTAL ILLNESS⁵						
Any Mental Illness	6,149	<i>6,218</i>	2,401	<i>2,215</i>	3,718	<i>3,930</i>
Serious Mental Illness	1,782	<i>1,818</i>	572	<i>622</i>	1,208	<i>1,182</i>
Any Mental Illness Excluding Serious Mental Illness	4,367	<i>4,400</i>	1,829	<i>1,593</i>	2,510	<i>2,748</i>
No Mental Illness	14,918	<i>14,727</i>	5,226	<i>4,811</i>	9,514	<i>9,640</i>
MAJOR DEPRESSIVE EPISODE⁶	3,232	<i>3,491</i>	1,215	<i>1,111</i>	2,006	<i>2,370</i>
MENTAL HEALTH SERVICES⁷						
Inpatient	405	<i>328</i>	58	<i>79</i>	337	<i>248</i>
Outpatient	2,163	<i>2,385</i>	976	<i>998</i>	1,161	<i>1,377</i>
Prescription Medication	2,543	<i>2,902</i>	955	<i>1,018</i>	1,575	<i>1,879</i>

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NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

¹ The Total column includes respondents with unknown enrollment status.

² Other People include respondents not enrolled in school, enrolled in college part time, enrolled in other grades either full or part time, or enrolled with no other information available.

³ Respondents with unknown suicide information were excluded.

⁴ Respondents were asked whether they made any suicide plans or attempted suicide in the past 12 months only if they had serious thoughts of suicide in the past 12 months. Respondents who had no suicide thoughts were categorized as not making any suicide plans and not attempting suicide in the past 12 months.

⁵ Mental Illness aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of serious mental illness (SMI) are a subset of estimates of any mental illness (AMI) because SMI is limited to people with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

⁶ Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

⁷ Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual services are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 8.65B Suicidal Thoughts and Behavior and Treatment Resulting from a Suicide Attempt, Level of Mental Illness, Major Depressive Episode, and Mental Health Services in Past Year: Among People Aged 18 to 22; by College Enrollment Status, Percentages, 2019 and 2020

Past Year Mental Health Measure	Total ¹ (2019)	Total ¹ (2020)	Full-Time College Students (2019)	Full-Time College Students (2020)	Other People Aged 18-22 ² (2019)	Other People Aged 18-22 ² (2020)
SUICIDAL THOUGHTS AND BEHAVIOR AND TREATMENT FOR SUICIDE ATTEMPT³						
Had Serious Thoughts of Suicide	12.8	<i>11.9</i>	11.1	<i>11.7</i>	13.9	<i>12.0</i>
Made Any Suicide Plans ⁴	4.3	<i>4.5</i>	3.2	<i>3.6</i>	5.0	<i>5.0</i>
Attempted Suicide ⁴	2.0	<i>2.3</i>	1.3	<i>1.5</i>	2.4	<i>2.7</i>
Received Medical Attention for Suicide Attempt	0.8	<i>1.0</i>	0.4	<i>0.6</i>	1.0	<i>1.3</i>
Stayed Overnight or Longer in a Hospital for Suicide Attempt	0.5	<i>0.6</i>	0.2	<i>0.4</i>	0.7	<i>0.7</i>
LEVEL OF MENTAL ILLNESS⁵						
Any Mental Illness	29.2	<i>29.7</i>	31.5	<i>31.5</i>	28.1	<i>29.0</i>
Serious Mental Illness	8.5	<i>8.7</i>	7.5	<i>8.9</i>	9.1	<i>8.7</i>
Any Mental Illness Excluding Serious Mental Illness	20.7	<i>21.0</i>	24.0	<i>22.7</i>	19.0	<i>20.3</i>
No Mental Illness	70.8	<i>70.3</i>	68.5	<i>68.5</i>	71.9	<i>71.0</i>
MAJOR DEPRESSIVE EPISODE⁶	15.6	<i>16.9</i>	16.0	<i>16.1</i>	15.4	<i>17.6</i>
MENTAL HEALTH SERVICES⁷						
Inpatient	1.9	<i>1.6</i>	0.8	<i>1.1</i>	2.6	<i>1.8</i>
Outpatient	10.4	<i>11.5</i>	12.8	<i>14.3</i>	8.8	<i>10.2</i>
Prescription Medication	12.2	<i>13.9</i>	12.6	<i>14.5</i>	12.0	<i>13.9</i>

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¹ The Total column includes respondents with unknown enrollment status.

² Other People include respondents not enrolled in school, enrolled in college part time, enrolled in other grades either full or part time, or enrolled with no other information available.

³ Respondents with unknown suicide information were excluded.

⁴ Respondents were asked whether they made any suicide plans or attempted suicide in the past 12 months only if they had serious thoughts of suicide in the past 12 months. Respondents who had no suicide thoughts were categorized as not making any suicide plans and not attempting suicide in the past 12 months.

⁵ Mental Illness aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of serious mental illness (SMI) are a subset of estimates of any mental illness (AMI) because SMI is limited to people with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

⁶ Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

⁷ Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual services are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 8.66A (REVISED) Suicidal Thoughts and Behavior and Treatment Resulting from a Suicide Attempt, Level of Mental Illness, Major Depressive Episode, and Mental Health Services in Past Year: Among Males Aged 18 to 22; by College Enrollment Status, Numbers in Thousands, 2019 and 2020

Past Year Mental Health Measure	Full-Time Male College Students (2019)	Full-Time Male College Students (2020)	Other Males Aged 18-22 ¹ (2019)	Other Males Aged 18-22 ¹ (2020)
SUICIDAL THOUGHTS AND BEHAVIOR AND TREATMENT FOR SUICIDE ATTEMPT²				
Had Serious Thoughts of Suicide	336	303	745	730
Made Any Suicide Plans ³	76	54	259	282
Attempted Suicide ³	43	24	109	136
Received Medical Attention for Suicide Attempt	10	20	54	83
Stayed Overnight or Longer in a Hospital for Suicide Attempt	4	11	41	22
LEVEL OF MENTAL ILLNESS⁴				
Any Mental Illness	881	725	1,469	1,489
Serious Mental Illness	185	184	402	451
Any Mental Illness Excluding Serious Mental Illness	697	540	1,067	1,039
No Mental Illness	2,659	2,525	5,638	5,654
MAJOR DEPRESSIVE EPISODE⁵	433	303	741	847
MENTAL HEALTH SERVICES⁶				
Inpatient	21	50	142	79
Outpatient	277	340	416	376
Prescription Medication	312	308	551	708

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¹ Other Males include respondents not enrolled in school, enrolled in college part time, enrolled in other grades either full or part time, or enrolled with no other information available.

² Respondents with unknown suicide information were excluded.

³ Respondents were asked whether they made any suicide plans or attempted suicide in the past 12 months only if they had serious thoughts of suicide in the past 12 months. Respondents who had no suicide thoughts were categorized as not making any suicide plans and not attempting suicide in the past 12 months.

⁴ Mental Illness aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of serious mental illness (SMI) are a subset of estimates of any mental illness (AMI) because SMI is limited to people with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

⁵ Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

⁶ Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual services are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

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Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 8.66B (REVISED) Suicidal Thoughts and Behavior and Treatment Resulting from a Suicide Attempt, Level of Mental Illness, Major Depressive Episode, and Mental Health Services in Past Year: Among Males Aged 18 to 22; by College Enrollment Status, Percentages, 2019 and 2020

Past Year Mental Health Measure	Full-Time Male College Students (2019)	Full-Time Male College Students (2020)	Other Males Aged 18-22 ¹ (2019)	Other Males Aged 18-22 ¹ (2020)
SUICIDAL THOUGHTS AND BEHAVIOR AND TREATMENT FOR SUICIDE ATTEMPT²				
Had Serious Thoughts of Suicide	9.5	9.3	10.6	10.3
Made Any Suicide Plans ³	2.2	1.7	3.7	4.0
Attempted Suicide ³	1.2	0.7	1.6	1.9
Received Medical Attention for Suicide Attempt	0.3	0.6	0.8	1.2
Stayed Overnight or Longer in a Hospital for Suicide Attempt	0.1	0.3	0.6	0.3
LEVEL OF MENTAL ILLNESS⁴				
Any Mental Illness	24.9	22.3	20.7	20.8
Serious Mental Illness	5.2	5.7	5.7	6.3
Any Mental Illness Excluding Serious Mental Illness	19.7	16.6	15.0	14.5
No Mental Illness	75.1	77.7	79.3	79.2
MAJOR DEPRESSIVE EPISODE⁵	12.3	9.4	10.5	12.0
MENTAL HEALTH SERVICES⁶				
Inpatient	0.6	1.5	2.0	1.1
Outpatient	7.9	10.5	5.9	5.3
Prescription Medication	8.8	9.5	7.8	9.9

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⁶ Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded. Questions on virtual services were added in Quarter 4 of 2020. Estimates in this table do not include data from these questions. Data on virtual services are included at the end of this section. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

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Table 8.67A (REVISED) Suicidal Thoughts and Behavior and Treatment Resulting from a Suicide Attempt, Level of Mental Illness, Major Depressive Episode, and Mental Health Services in Past Year: Among Females Aged 18 to 22; by College Enrollment Status, Numbers in Thousands, 2019 and 2020

Past Year Mental Health Measure	Full-Time Female College Students (2019)	Full-Time Female College Students (2020)	Other Females Aged 18-22 ¹ (2019)	Other Females Aged 18-22 ¹ (2020)
SUICIDAL THOUGHTS AND BEHAVIOR AND TREATMENT FOR SUICIDE ATTEMPT²				
Had Serious Thoughts of Suicide	505	515	1,071	890
Made Any Suicide Plans ³	169	194	392	387
Attempted Suicide ³	59	81	200	226
Received Medical Attention for Suicide Attempt	22	24	83	89
Stayed Overnight or Longer in a Hospital for Suicide Attempt	9	16	51	75
LEVEL OF MENTAL ILLNESS⁴				
Any Mental Illness	1,520	1,490	2,249	2,441
Serious Mental Illness	387	438	806	731
Any Mental Illness Excluding Serious Mental Illness	1,132	1,053	1,443	1,709
No Mental Illness	2,568	2,287	3,876	3,986
MAJOR DEPRESSIVE EPISODE⁵	782	809	1,266	1,522
MENTAL HEALTH SERVICES⁶				
Inpatient	37	29	194	169
Outpatient	698	658	744	1,001
Prescription Medication	643	710	1,025	1,171

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Table 8.67B (REVISED) Suicidal Thoughts and Behavior and Treatment Resulting from a Suicide Attempt, Level of Mental Illness, Major Depressive Episode, and Mental Health Services in Past Year: Among Females Aged 18 to 22; by College Enrollment Status, Percentages, 2019 and 2020

Past Year Mental Health Measure	Full-Time Female College Students (2019)	Full-Time Female College Students (2020)	Other Females Aged 18-22 ¹ (2019)	Other Females Aged 18-22 ¹ (2020)
SUICIDAL THOUGHTS AND BEHAVIOR AND TREATMENT FOR SUICIDE ATTEMPT²				
Had Serious Thoughts of Suicide	12.4	<i>13.6</i>	17.6	<i>13.9</i>
Made Any Suicide Plans ³	4.1	<i>5.2</i>	6.5	<i>6.1</i>
Attempted Suicide ³	1.4	<i>2.2</i>	3.3	<i>3.5</i>
Received Medical Attention for Suicide Attempt	0.5	<i>0.6</i>	1.4	<i>1.4</i>
Stayed Overnight or Longer in a Hospital for Suicide Attempt	0.2	<i>0.4</i>	0.8	<i>1.2</i>
LEVEL OF MENTAL ILLNESS⁴				
Any Mental Illness	37.2	<i>39.5</i>	36.7	<i>38.0</i>
Serious Mental Illness	9.5	<i>11.6</i>	13.2	<i>11.4</i>
Any Mental Illness Excluding Serious Mental Illness	27.7	<i>27.9</i>	23.6	<i>26.6</i>
No Mental Illness	62.8	<i>60.5</i>	63.3	<i>62.0</i>
MAJOR DEPRESSIVE EPISODE⁵	19.3	<i>21.8</i>	21.1	<i>24.0</i>
MENTAL HEALTH SERVICES⁶				
Inpatient	0.9	<i>0.8</i>	3.2	<i>2.6</i>
Outpatient	17.1	<i>17.5</i>	12.2	<i>15.7</i>
Prescription Medication	15.8	<i>18.8</i>	16.8	<i>18.2</i>

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