Table 8.1A   Any Mental Illness in Past Year: Among People Aged 18 or Older; by Gender and Detailed Age Category, Numbers in Thousands, 2019 and 2020

Age Category	Total (2019)	Total (2020)	Male (2019)	Male (2020)	Female (2019)	Female (2020)
TOTAL	51,495	52,859	19,758	19,269	31,737	33,590
18-25	9,930	10,238	3,856	3,744	6,074	6,494
18-20	3,757	3,659	1,427	1,376	2,330	2,283
21-25	6,172	6,579	2,429	2,369	3,744	4,211
26 or Older	41,565	42,621	15,902	15,525	25,663	27,096
26-49	25,279	25,676	9,884	9,970	15,396	15,705
26-29	5,512	4,884	2,245	1,879	3,266	3,005
30-34	6,421	6,586	2,618	2,522	3,803	4,064
35-39	5,148	5,551	1,903	2,114	3,244	3,437
40-44	4,280	4,329	1,581	1,691	2,699	2,637
45-49	3,919	4,326	1,536	1,764	2,383	2,562
50 or Older	16,286	16,945	6,018	5,555	10,268	11,390
50-54	3,504	3,793	1,481	1,079	2,023	2,714
55-59	3,720	3,876	1,439	1,172	2,281	2,704
60-64	2,809	2,818	872	1,031	1,938	1,787
65 or Older	6,252	6,458	2,226	2,273	4,026	4,186

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Any Mental Illness (AMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 8.1B   Any Mental Illness in Past Year: Among People Aged 18 or Older; by Gender and Detailed Age Category, Percentages, 2019 and 2020

Age Category	Total (2019)	Total (2020)	Male (2019)	Male (2020)	Female (2019)	Female (2020)
TOTAL	20.6	*21.0*	16.3	*15.8*	24.5	*25.8*
18-25	29.4	*30.6*	22.8	*22.3*	36.1	*38.8*
18-20	28.5	*29.3*	21.2	*21.3*	36.3	*37.8*
21-25	30.0	*31.3*	23.9	*23.0*	36.0	*39.4*
26 or Older	19.2	*19.5*	15.3	*14.8*	22.8	*23.9*
26-49	25.0	*25.3*	19.8	*19.9*	30.0	*30.6*
26-29	30.5	*27.4*	24.6	*21.3*	36.7	*33.6*
30-34	28.8	*29.0*	23.9	*22.1*	33.6	*35.8*
35-39	24.0	*25.2*	18.3	*20.0*	29.4	*29.9*
40-44	22.2	*22.3*	16.7	*17.6*	27.5	*26.8*
45-49	19.3	*22.2*	15.3	*18.0*	23.4	*26.4*
50 or Older	14.1	*14.5*	11.2	*10.2*	16.7	*18.3*
50-54	17.0	*19.2*	14.5	*12.1*	19.4	*25.0*
55-59	17.5	*17.8*	14.0	*11.0*	20.8	*24.4*
60-64	13.7	*13.5*	8.9	*9.8*	17.9	*17.5*
65 or Older	11.8	*11.8*	9.4	*9.3*	13.8	*13.9*

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Any Mental Illness (AMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 8.4A   Serious Mental Illness in Past Year: Among People Aged 18 or Older; by Gender and Detailed Age Category, Numbers in Thousands, 2019 and 2020

Age Category	Total (2019)	Total (2020)	Male (2019)	Male (2020)	Female (2019)	Female (2020)
TOTAL	13,115	14,200	4,668	5,121	8,447	9,080
18-25	2,899	3,258	979	1,085	1,920	2,173
18-20	1,082	1,060	363	381	719	679
21-25	1,818	2,198	616	705	1,202	1,494
26 or Older	10,216	10,942	3,689	4,035	6,527	6,907
26-49	6,847	6,981	2,443	2,673	4,404	4,309
26-29	1,566	1,389	595	486	971	903
30-34	1,672	1,720	638	576	1,034	1,145
35-39	1,373	1,440	427	618	947	822
40-44	1,116	1,146	380	437	736	709
45-49	1,119	1,286	404	556	716	730
50 or Older	3,369	3,961	1,246	1,362	2,123	2,598
50-54	952	914	425	325	526	589
55-59	958	1,160	356	225	602	935
60-64	634	809	143	385	491	424
65 or Older	825	1,078	321	427	504	651

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Serious Mental Illness (SMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of SMI are a subset of estimates of any mental illness (AMI) because SMI is limited to people with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.

Table 8.4B   Serious Mental Illness in Past Year: Among People Aged 18 or Older; by Gender and Detailed Age Category, Percentages, 2019 and 2020

Age Category	Total (2019)	Total (2020)	Male (2019)	Male (2020)	Female (2019)	Female (2020)
TOTAL	5.2	*5.6*	3.9	*4.2*	6.5	*7.0*
18-25	8.6	*9.7*	5.8	*6.5*	11.4	*13.0*
18-20	8.2	*8.5*	5.4	*5.9*	11.2	*11.2*
21-25	8.8	*10.5*	6.1	*6.8*	11.5	*14.0*
26 or Older	4.7	*5.0*	3.5	*3.8*	5.8	*6.1*
26-49	6.8	*6.9*	4.9	*5.3*	8.6	*8.4*
26-29	8.7	*7.8*	6.5	*5.5*	10.9	*10.1*
30-34	7.5	*7.6*	5.8	*5.1*	9.1	*10.1*
35-39	6.4	*6.5*	4.1	*5.9*	8.6	*7.2*
40-44	5.8	*5.9*	4.0	*4.5*	7.5	*7.2*
45-49	5.5	*6.6*	4.0	*5.7*	7.0	*7.5*
50 or Older	2.9	*3.4*	2.3	*2.5*	3.5	*4.2*
50-54	4.6	*4.6*	4.2	*3.6*	5.0	*5.4*
55-59	4.5	*5.3*	3.5	*2.1*	5.5	*8.4*
60-64	3.1	*3.9*	1.5	*3.6*	4.5	*4.1*
65 or Older	1.6	*2.0*	1.4	*1.7*	1.7	*2.2*

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Estimates in the 2020 column are italicized to indicate caution should be used when comparing estimates between 2020 and prior years because of methodological changes for 2020. Due to these changes, significance testing between 2020 and prior years was not performed. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Estimates in this table for 2020 exclude a subset of respondents who did not complete the questionnaire. The analysis weights and estimates were adjusted for the reduced sample size. See the *2020 National Survey on Drug Use and Health: Methodological Summary and Definitions* for details.

NOTE: Serious Mental Illness (SMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of SMI are a subset of estimates of any mental illness (AMI) because SMI is limited to people with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2019 and Quarters 1 and 4, 2020.