

TOPIC: ADDICTION TO SOCIAL NETWORKING SITES

INTRODUCTION

Social networking sites like Facebook and Twitter can be great resources for staying in touch with friends, but they should never become a substitute for physical interaction with others.

Unfortunately for many people, checking in on social networking sites takes up a lot of their spare time and sometimes can even become a bit of an addiction.

SAMPLE QUESTIONS:

Prepare a set of questionnaire that fits your PROBLEM STATEMENT, RESEARCH QUESTIONS AND RESEARCH OBJECTIVES.

You may use any kind of question style in your survey/questionnaire. Mix is encouraged. For example:

- i. YES/NO
- ii. Scale [1 (STRONGLY DISAGREE) to 5 (STRONGLY AGREE)]
- iii. Open ended questions
- iv. Objective questions with fixed answers

Below are EXAMPLES of questions/data collected in your Questionnaire. Please modify/add/delete accordingly to fit your Research Objectives.

0. Demographic Data

1. Are you a member of multiple social networking sites?
2. Do you visit your social networking sites with no goal or specific purpose in mind?
3. Are you usually surprised by how much time you spend on a social networking site?
4. Have you ever said no to an activity with your family or friends because of social networking sites?
5. Have you ever ignored a responsibility like homework or chores because of social networking sites?
6. Do you ever stay up late or get up early to spend more time on social networking sites?
7. Have you ever hidden your time on social networking sites from family or friends?

8. Have you ever used social networking sites when a parent or teacher has told you not to?
9. Do you prefer to interact with people on social networking sites rather than face to face?
10. Has anyone ever commented on how much time you spend on social networking sites?
11. Do you have more friends on your social networking sites than you do in your real life?
12. Do you become frustrated or angry when a social networking site goes down or is unavailable?

Links for samples:

1. <http://www.samplequestionnaire.com/social-network-addiction-questionnaire.html>
2. <https://twu.ca/sites/magazine/no-17/features/social-media-quiz.pdf>
3. <http://www.quibblo.com/quiz/fkvbbkY/Are-You-Addicted-to-Social-Networking>