Robby Andrews

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Career Objective

Cross Country, middle, and long distance running coach with 10 years of experience. Member of the 2016 United States Olympic Team for the 1500m and 2017 United States Champion in 1500m run. NCAA Champion 2010-2011 800m. High School National Champion 2009 and National Record 1,000m.

Experience

Gone Running Youth Camp – Manalapan, NJ Head Distance Coach

2010-Present

- Instruct athletes on proper warm up drills, form drills, and running etiquette.
- Introduce cross county, indoor track, and outdoor track to athletes. For some this was their first ever race experience, and for others they were able to compete at the USATF Junior National Championships/Junior Olympic programs.
- Develop training programs that include both speed and endurance aspects for well rounded runners.

Princeton University Cross Country/Track and Field – Princeton, NJ Volunteer Assistant Cross Country/Distance Coach

2013-Present

- Design middle distance running plan for athletes
- Travel with cross country/track and field team to various competitions around the country
- · Organize training groups to optimize practice times

Education

Bachelor of Science in Kinesiology with a concentration in adapted physical education, UNIVERSITY OF VIRGINIA, Charlottesville, VA

December 2014