University of the Armed Forces - ESPE

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Topic: Terminology Medical

Antagonist Muscle	Plantar Flexion	Pronation
Agonist Muscle	Dorsiflexion	Adduction
Superficial Fascia	Deep Fascia	Fascia
Muscle Fibers	Skeletal Muscle	Visceral Muscle
Cardiac Muscle	Inversion	Abduction
Flexion	Aponeurosis	Tendon
Sarcomere	Eversion	Hyperextension
Myosin	Supination	Extension