## Spin Squeezing Nucléaire

## Transfert de squeezing à l'état fondamental de l'Héluim par collision d'échange de métastabilité

## Reinaudi Gaël

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$$H = \hbar g (a_1^+ \sigma_{13} + a_1 \sigma_{31})$$

$$+\hbar \omega_0 \sigma_{33}$$

$$+\hbar \omega_{c1} a_1^+ a_1 + \hbar \omega_{c2} a_2^+ a_2$$

$$H = \hbar \frac{\chi}{2} (a_1^+ a_1 \rho_{11} + a_2^+ a_2 \rho_{22})$$

$$\frac{n}{4} \frac{1}{1 + \frac{\alpha^2 \chi^2 n}{4\kappa^2}}$$

$$\frac{N}{4} (1 - \frac{1}{1 + \frac{\kappa}{v_{th} \sigma_n}})$$

$$\frac{N}{4} \left(1 - \frac{\sigma v_{th} n}{\kappa} \frac{\frac{\alpha^2 \chi^2 n}{4\kappa^2}}{1 + \frac{\alpha^2 \chi^2 n}{4\kappa^2}}\right)$$

$$\frac{n}{4} \left(1 - \frac{1}{1 + \frac{4\kappa^2}{\chi^2 \alpha^2 n}}\right)$$

$$\frac{\chi^2 \alpha^2 n}{4\kappa^2} = C \frac{x^2}{\tilde{\Delta}} \frac{\gamma_{sp}}{\kappa}$$

$$\frac{\chi}{2} = \frac{g^2}{\Delta}$$

$$C = \frac{g^2 n}{2\kappa \gamma_{sp}}$$

$$x = \frac{\alpha g \sqrt{2}}{\gamma_{sp}} \ll 1$$

$$\tilde{\Delta} = \frac{\Delta}{\gamma_{sp}}$$

$$\begin{cases} \rho_g' = T r_e \rho_m \\ \rho_m' = \rho_g \otimes T r_n \rho_m \end{cases}$$

$$\begin{cases} \rho_g' = \rho_m \\ \rho_m' = \rho_g \end{cases}$$

$$\frac{\chi^2 \alpha^2 n}{\kappa^2} \gg 1$$

$$\sqrt{\chi^2 \alpha^2 n} \gg \kappa \gg \gamma_{ech} \ N \gg \gamma_{ech} \ n$$

$$\sqrt{\chi^2 \alpha^2 n} \gg \gamma_{ech} \ N \gg \gamma_{ech} \ n \gg \kappa$$

$$\Delta^2 S_{x_{fond}} = \frac{N}{4} \frac{2NC}{(N+\Gamma)(2C+1)} \left(\Delta^2 A x_{in} + \frac{\Gamma}{N} + \frac{N+\Gamma}{2NC}\right)$$

$$\Delta^2 S_{x_{meta}} = \frac{n}{4} \frac{2\Gamma C}{(N+\Gamma)(2C+1)} \left(\Delta^2 A x_{in} + \frac{N}{\Gamma} + \frac{N+\Gamma}{2\Gamma C}\right)$$

$$C = \frac{n g_2^2}{\gamma_{sp} \kappa}$$

$$\Gamma = \frac{6g_1^2 \alpha^2}{\gamma_{sp} (1+2C)\gamma_{ech}}$$

$$V_{cond}(S_{z_{meta}}|S_{y_{champ}}) = \frac{n}{4} \left(\frac{N\gamma_{ech}}{\kappa + (n+N)\gamma_{ech}} + \frac{4(n\gamma_{ech} + \kappa)\kappa^2}{\alpha^2 n^2 \gamma_{ech}^2 \kappa^2 + 4\kappa^3 + 4(n+n)\kappa^2 \gamma_{ech}}\right)$$

$$V_{cond}(S_{z_{fond}}|S_{y_{champ}}) = \frac{N}{4} \left(1 + \frac{n\gamma_{ech}}{\kappa + (n+N)\gamma_{ech}} - \frac{\gamma_{ech} n(\alpha^2 n \chi^2 + 4\kappa^3)}{\alpha^2 n^2 \gamma_{ech}^2 \chi^2 + \alpha^2 n \kappa \chi^2 + 4\kappa^3 + 4(n+n)\kappa^2 \gamma_{ech}}\right)$$

$$\int e^{i\omega t} < A \cdot B(t) > dt$$

$$D_{AB} = \frac{d}{dt} < AB > - < \frac{dA}{dt}B > - < A\frac{dB}{dt} >$$