



The Truth of Cessation of Suffering & The Truth of the Path that leads to Cessation of Suffering

**Online teaching by Polu Tulku Rinpoche via Zoom
Sunday, 1st August 2021 5PM - 5:30PM (BST)**

Meeting ID: 769 878 8543

Password: Vk11sH

Join Zoom Meeting:

<https://us04web.zoom.us/j/7698788543?pwd=UE5rVUNGTHMwbVB5U3M1OXhXUmFZdz09>

Note: Should login 10min earlier.