

Price Promotion Effective: Friday, January 9th thru Thursday, January 15th, 2026

# GALA FOODS



SUPERMARKET

[www.galasupermarkets.com](http://www.galasupermarkets.com)

120 N. Main Street • Freeport, NY 11520 • 516.546.8033  
111 W. Merrick Road • Freeport, NY 11520 • 516.223.8486  
Hours: Mon-Sat 7am to 10pm • Sunday 8am to 8pm

**10% OFF Veterans & Senior Citizen Discount**

Freeport Discount on Wednesdays | Baldwin Discount on Tuesdays

Discounts Exclude Sale Items, Beer, Metrocards, Barrels, Phone & Gift Cards. In Store Purchases ONLY



# GalaFresh FARMS

[www.GalaFresh.com](http://www.GalaFresh.com)

2485 Grand Avenue • Baldwin, NY 11510 • 516.377.4252

New Winter Hours: Mon-Sat 7am to 9pm • Sunday 8am to 8pm

All Stores Accept  
EBT, WIC Checks, OTC & All Major Credit Cards  
FREE Delivery With In Store Purchase - See Stores For More Details

## DELI

Sliced To Order  
Boar's Head  
Deluxe Ham  
**\$9.99**  
Lb.



Sliced To Order  
Boar's Head  
Muenster Cheese  
**\$6.99**  
Lb.



Sliced To Order  
Boar's Head  
Natural Mild  
Swiss Cheese  
**\$8.99**  
Lb.



Fresh Grade 'A'  
(Family Pack)

Boneless  
Chicken  
Breasts

**\$1.99**  
Lb.

Fresh  
(Family Pack)

Pork  
Spare Ribs

**\$2.99**  
Lb.



With Additional \$5.00 Purchase  
Or More. Limit 1 Offer. Must Buy 2

96 Fl. Oz. Cont.  
Corn, Vegetable Or Canola

Cannot Combine  
With Rice

Mazola

**Oil**  
**2/\$15**



35.27 Oz. Bag  
White Or Yellow  
P.A.N.  
Corn  
Meal

**2/\$5**



13.5 Fl. Oz. Can  
Jamaican  
Choice  
Coconut  
Milk

**4/\$5**



**\$5.99**  
Lb.

Fresh Grade 'A'  
Chicken  
Leg  
Quarters

**99¢**  
Lb.



Frozen  
Beef  
Cow's  
Feet

**\$4.99**  
lb.



With Additional \$50.00 Purchase  
Or More. Limit 1 Offer. Must Buy 2

20 Lb. Bag

Carolina  
Long Grain White  
Or Parboiled Rice

**2/\$15**

## Fresh Seafood



Head On  
Shrimp  
**\$9.99**  
Lb.



Limit 3 Offers - Must Buy 2

64 Fl. Oz. Bottle - Clear Or Natural

(Excludes Sesame Street & Organic)

Apple & Eve Apple Juice

**2/\$5**



28 Oz. Bag  
Jamaican Choice  
Demerara Brown Sugar

**2/\$5**



12 Fl. Oz. Bottle

DG Pineapple  
Or Ginger Beer

**4/\$5**



12 Pack 16 Fl. Oz. Bottles

Snapple  
Iced Tea Or Drinks



Limit 2 Offers - Must Buy 5

10.75 Oz. Can

Campbell's Chicken Noodle

Or Tomato Soup

**5/\$5**



42 Oz. Cont.  
Quick Or Old Fashioned  
Quaker Oats

**\$4.99**



64 Fl. Oz. Cont.  
Blue Diamond  
Almond Breeze Almondmilk

**\$2.49**



52 Fl. Oz. Cont.  
Florida's Natural  
Orange Juice

**2/\$7**



Limit 4 Offers - Must Buy 2

19 - 32 Oz. Pkg.

Ore-Ida Potatoes  
Or Tater Tots

**2/\$7**



14 Oz. Cont.  
Haagen-Dazs  
Premium Ice Cream

**3/\$10**



13.62 - 19.64 Oz. Box  
Elliot's  
Pizza Or Breadsticks

**2/\$7**

## PICKS OF THE WEEK

## FRESH PRODUCE

Each  
Imported  
Small  
Hass  
Avocados

**3/\$2**



Roma  
Tomatoes

**99¢**



Green Zucchini  
Squash Or  
Firm Purple  
Eggplant

**99¢**



Jumbo  
Cherries

**\$3.99**



Golden  
Ripe  
Bananas

**49¢**



Premium  
Gala  
Apples

**\$1.49**



Now Available  
Large Variety Of Balloons  
and Party Supplies

# Grocery Essentials

24 Pack 16.9 Fl. Oz. Bottles + Dep & Tax <b>Poland Spring Water</b> <b>3/\$12.99</b>	11 Fl. Oz. Can Nutrament Energy Nutrition Drinks <b>Assorted Varieties</b> <b>2/\$4</b>	128 Fl. Oz. Cont. AriZona Iced Tea Or Juice Drinks <b>Assorted Varieties</b> <b>\$3.49</b>	11 - 12 Oz. Box Post Honey Bunches Of Oats Cereal <b>Assorted Varieties</b> <b>\$2.99</b>
28 Fl. Oz. Bottle Saratoga Still Or Sparkling Water <b>2/\$3</b>	25.3 Fl. Oz. Bottle Filippo Berio Olive Oil <b>Assorted Varieties</b> <b>\$9.99</b>	20 Fl. Oz. Bottle Hunt's Tomato Ketchup <b>2/\$4</b>	30 Oz. Jar Mike's Amazing Real Mayonnaise <b>2/\$7</b>
5 Oz. Can - In Water Or Oil Chicken Of The Sea Chunk Light Tuna <b>88¢</b>	7 - 11 Oz. Box Keebler Sandwich Or Cheez-It Crackers <b>Limit 4 Offers Must Buy 3</b> <b>3/\$6.99</b>	15 - 24 Oz. Jar Francesco Rinaldi Alfredo or Pasta Sauce <b>Assorted Varieties</b> <b>2/\$4</b>	10 Lb. Bag Carolina White Or Parboiled Long Grain Rice <b>\$8.99</b>
14.5 - 15.25 Oz. Can (Excludes Organic) Libby's Vegetables <b>Assorted Varieties</b> <b>4/\$5</b>	10 Pack 60 Fl. Oz. Pkg. Kool-Aid Jammers <b>Assorted Varieties</b> <b>\$3.49</b>	20 Pack 160 Fl. Oz. Pkg. Little Hug Fruit Barrels <b>Assorted Varieties</b> <b>\$4.99</b>	8 Oz. Jar (Excludes Decaf) Maxwell House Instant Coffee <b>Limit 2 Offers Must Buy 2</b> <b>\$9.99</b>
18 - 20 Oz. Cont. Kool-Aid, Country Time Or Tang Powdered Drink Mix <b>Assorted Varieties</b> <b>\$3.49</b>	32 Oz. Jar Kosher Dill Whole, Spears, Chips Or NY Deli Style B&G Pickles <b>\$3.49</b>	46 Oz. Cont. Seasoned Or Plain 4C Bread Crumbs <b>\$5.49</b>	26 Oz. Cont. Iodized Or Plain Superior Crystal Salt <b>4/\$5</b>
40 Fl. Oz. Bottle Corn, Canola, Corn Plus Or Vegetable Plus Mazola Oil <b>\$5.99</b>	12 Fl. Oz. Bottle Yellow, Spicy Brown Or Stone Ground Dijon Gulden's Mustard <b>\$1.99</b>	28 Oz. Can Tuttorosso San Marzano Tomatoes <b>Limit 2 Offers Must Buy 2</b> <b>2/\$5</b>	5.5 - 6.9 Oz. Box Betty Crocker Hamburger Helper <b>Assorted Varieties</b> <b>3/\$5</b>
6 - 8 Oz. Box Welch's Fruit Snacks <b>Assorted Varieties</b> <b>\$2.99</b>	12 Oz. Can Spam Luncheon Meat <b>Assorted Varieties</b> <b>\$3.99</b>	32 Fl. Oz. Bottle Bragg Organic Apple Cider Vinegar <b>\$5.99</b>	2 Pack 4.5 Oz. Box Lipton Soup Secrets Noodle Soup <b>2/\$4</b>

# Household Helpers

60 Ct. Cont. Gain Flings! Laundry Detergent <b>Assorted Varieties</b> <b>\$16.99</b>	7.5 Fl. Oz. Cont. Softsoap Liquid Hand Soap <b>Assorted Varieties</b> <b>2/\$3</b>	20 Fl. Oz. Bottle Palmolive Ultra Liquid Dish Detergent <b>Assorted Varieties</b> <b>\$3.49</b>	8.8 Oz. Can Febreze Air Effects Air Fresheners <b>Assorted Varieties</b> <b>\$3.49</b>
77 - 81 Fl. Oz. Cont. Clorox Liquid Bleach <b>Assorted Varieties</b> <b>\$5.49</b>	12 Rolls 1,257.6 Sq. Ft. Pkg. Scott Bath Tissue <b>Limit 2 Offers</b>	56 Ct. Box Ultra Soft & Strong Or Plus Lotion Puffs Cube Facial Tissue <b>\$1.79</b>	Gallon Cont. Gala Bleach <b>\$3.99</b>

# Flavors Of The World

29 Oz. Can Black, Chick Peas, Red Or Dark Red Kidney, Pinto, Pink, Small Red, Roman, Black Eye Peas Or White Goya Beans <b>Limit 3 Offers Must Buy 2</b> <b>2/\$5</b>	24.3 Oz. Can Aviva Soda Crackers <b>\$5.99</b>	15 Oz. Can Iberia Green Pigeon Peas <b>4/\$5</b>	14.11 Oz. Pkg. Caridom Noodles <b>99¢</b>
15.9 Oz. Cont. (Chicken Flavor Bouillon) Maggi Caldo Sabor A Pollo <b>\$4.99</b>	68 Fl. Oz. Bottle Blended With Sunflower Oil Valle Grande Extra Virgin Olive Oil Blend <b>\$9.99</b>	15 Oz. Can Red Or Black (Rojas O Negros) Ducal Frijoles Volteados Molidos <b>2/\$5</b>	4 Lb. Bag Masabrosa Harina De Maiz <b>\$3.99</b>
12 Pack 12 Fl. Oz. Cans + Dep. & Tax Inca Kola Golden Kola Soda <b>\$7.99</b>	10 Lb. Bag Mi Canton Jasmine Rice <b>\$14.99</b>	32 Oz. Bag Tradiciones Andinas Quick Oats <b>2/\$4</b>	6.33 Oz. Box Jumbo Pak Goya Sazón Con Culantro Y Achiote <b>\$4.99</b>

# Bread & Bakery

18 Oz. Loaf Martin's Potato Bread <b>2/\$5</b>	16 Oz. Loaf Arnold Stone Ground 100% Whole Wheat Bread <b>\$3.99</b>	8 Pack 15 - 19 Oz. Pkg. (Excludes Other Varieties) Entenmann's Donuts <b>Assorted Varieties</b> <b>\$3.99</b>	14 - 16 Oz. Loaf Pepperidge Farm Swirl Bread <b>Assorted Varieties</b> <b>\$3.49</b>
20 Oz. Bag Sara Lee 100% Whole Wheat Bread <b>\$3.99</b>	22 Oz. Loaf Schmidt Old Tyme Potato Bread <b>\$2.99</b>	12 Oz. Pkg. Two-Bite Cinnamon Rolls <b>\$4.99</b>	6.78 - 7.4 Oz. Pkg. Chocolate Hazelnut, Pancake, Strawberry Or Blueberry Bakerly Filled Crêpes <b>\$3.99</b>

## Dairy Delights



## Frozen Favorites



## Cheeses Of The World



## Snacks & Beverages



## Grocery Essentials



# Seafood Savings

Fresh Sushi  
Made Daily

2 Lb. Bag  
Live  
Mussels  
**\$5.99**



Wild Caught  
Catfish  
Fillets  
**\$9.99**  
Lb.



Wild Caught  
Salmon  
Fillets  
**\$19.99**  
Lb.



## Meats Come See Our Full Service Butcher Shop

Fresh U.S.D.A. Choice  
Beef  
Top Round  
London Broil  
**\$5.99**  
Lb.

Fresh U.S.D.A. Choice  
Boneless Beef  
Top Round Steak  
Thin Sliced For Brasciole  
**\$7.99**  
Lb.

Fresh U.S.D.A. Choice (Family Pack)  
Boneless Beef  
Top Chuck  
Steaks  
**\$7.99**  
Lb.

Fresh U.S.D.A. Choice (Family Pack)  
Boar's Head  
Sweet B's Honey BBQ  
Chicken Breast  
**\$9.99**  
Lb.

16 Oz. Pkg.  
Regular, Thick Sliced Or Lower Sodium  
Sugardale  
Sliced Bacon  
**\$5.99**



16 Oz. Pkg.  
Classic Or Bun Length  
Oscar Mayer  
Wieners  
**\$3.99**



12 Oz. Pkg.  
Sabrett  
Beef Cocktail  
Franks  
**\$4.99**



Fresh U.S.D.A. Choice  
Beef Chuck  
Neck Bones For Soup  
**\$5.99**  
Lb.

Fresh U.S.D.A. Choice  
Boneless Beef  
Eye Round Roast  
**\$6.99**  
Lb.

Fresh U.S.D.A. Choice  
Boneless  
Beef  
Rump Roast  
**\$6.49**  
Lb.

## Deli Meats & Salads

Sliced To Order  
Boar's Head  
Sweet B's Honey BBQ  
Chicken Breast  
**\$9.99**  
Lb.



Sliced To Order  
Wunderbar  
Wide Bologna  
**\$3.99**  
Lb.



Store Made  
Crab Meat  
Salad  
**\$6.99**  
Lb.



Fresh (Cryo-Pack)  
Baby Back  
Pork Ribs  
**\$4.99**  
Lb.

Fresh  
Sliced  
Baby Back  
Pork Ribs  
**\$5.99**  
Lb.

Fresh  
(Family Pack)  
Sliced Pork  
Spare Ribs  
**\$3.99**  
Lb.



Fresh (Gallina India)  
Light Or Heavy  
Fowl  
**\$1.99**  
Lb.

Fresh Grade 'A' (Family Pack)  
Perdue  
Boneless  
Chicken Thighs  
**\$3.99**  
Lb.

Fresh Grade 'A'  
(Family Pack)  
Thin Sliced  
Boneless  
Chicken Breasts  
**\$3.99**  
Lb.



## Cold Cuts

16 Oz. Pkg.  
Regular, Thick Sliced Or Lower Sodium  
Sugardale  
Sliced Bacon  
**\$5.99**



16 Oz. Pkg.  
Classic Or Bun Length  
Oscar Mayer  
Wieners  
**\$3.99**



12 Oz. Pkg.  
Sabrett  
Beef Cocktail  
Franks  
**\$4.99**



Sliced To Order  
Butterball  
Oven Roasted  
Turkey Breast  
**\$8.99**  
Lb.



8 Oz. Pkg.  
BelGioioso  
Fresh Mozzarella  
Ball Or Log  
**\$3.99**  
Assorted Varieties



Store Made  
Potato & Egg  
Salad  
**\$2.99**  
Lb.



Sliced To Order  
Hormel Magnifico  
Genoa Or Hard  
Salami  
**\$5.99**  
Lb.



Domestic  
Feta Cheese  
**\$5.99**  
Lb.



Store Made  
Broccoli Crunch  
Salad  
**\$5.99**  
Lb.



## FRESH PRODUCE

Farm Fresh  
Green  
Peppers  
**\$1.99**  
Lb.



Each  
Seedless  
Cucumbers  
**3/\$5**



Dry Pint  
Fresh  
Sweet  
Blueberries  
**2/\$6**



Fresh  
Broccoli  
Crowns  
**\$1.99**  
Lb.



Each  
Large Premium  
Navel Or  
Cara Cara  
Oranges  
**4/\$5**



Fresh  
Collard  
Greens  
**\$1.29**  
Lb.



Tropical  
Maradol  
Papaya  
**\$1.49**  
Lb.



U.S. #1  
North Carolina  
Sweet  
Potatoes  
**69¢**  
Lb.



Price Promotion Effective Friday, Jan. 9 to Thursday, Jan. 15, 2026

There will be No Sales made to Other Retailers or Wholesalers. We Reserve the Right to Limit all Products.  
MEAT, PRODUCE, DAIRY AND DELI MUST BE RETURNED/EXCHANGED WITHIN 24 HOURS WITH STORE RECEIPT