

Price Promotion Effective: Friday, January 30th thru Thursday, February 5th, 2026

GALA FOODS



SUPERMARKET

www.galasupermarkets.com

120 N. Main Street • Freeport, NY 11520 • 516.546.8033

111 W. Merrick Road • Freeport, NY 11520 • 516.223.8486

Hours: Mon-Sat 7am to 10pm • Sunday 8am to 8pm

10% OFF Veterans & Senior Citizen Discount

Freeport Discount on Wednesdays | Baldwin Discount on Tuesdays

Discounts Exclude Sale Items, Beer, Metrocards, Barrels, Phone & Gift Cards. In Store Purchases ONLY

Now Available
Large Variety Of Balloons
and Party Supplies



Gala Fresh FARMS

www.GalaFresh.com

2485 Grand Avenue • Baldwin, NY 11510 • 516.377.4252

New Winter Hours: Mon-Sat 7am to 9pm • Sunday 8am to 8pm

All Stores Accept

EBT, E WIC Cards, Checks, OTC & All Major Credit Cards

FREE Delivery With In Store Purchase - See Stores For More Details

Fresh Seafood



Jumbo Shrimp

\$13.99
Lb.

U.S.D.A. Choice

Beef Bottom Round Roast

\$4.99
Lb.

Grade 'A'
(Jumbo Pack)

Perdue Chicken Drumsticks

.99
Lb.



Fresh (Family Pack)
Bone In Center Cut Pork Chops
\$2.49
Lb.



Fresh (Family Pack)
Pork Neck Bones
\$1.99
Lb.



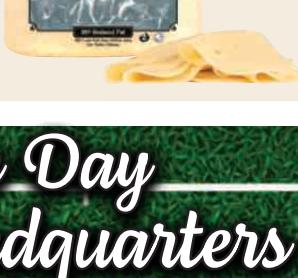
Grade 'A'
(Jumbo Pack)
Perdue Chicken Wings
\$2.99
Lb.

DELI

Sliced To Order
Boar's Head Natural Casing Genoa Salami
\$9.99
Lb.



Sliced To Order
Boar's Head Lacey Swiss Cheese
\$9.99
Lb.



Game Day Party Headquarters

Don't See What You Need Here?

Ask Our Deli Department For Additional Custom Made Platters Just For You!
All Orders Must Be Placed 48 Hours In Advance

16" Platter (BBQ, Buffalo, Mango Habanero, Garlic Parmesan Or Original)



Chicken Wing Platter
\$49.99

16" Platter Boneless Chicken Tender Platter

\$49.99

16" Platter

8 - 12 People

Domestic Cheese Platter

\$49.99

12" Platter

8 - 12 People

American Or Italian

Cold Cut Platter

\$54.99

16" Platter

8 - 12 People

Whole Wheat, White Or Spinach

Pinwheel Wrap Platter

\$59.99

Approximately 60 Ct.

Store Made Pigs In A Blanket

\$39.99

Per Foot - Includes 2 Lbs. Of Fresh Deli Salad Of Your Choice

Choose: Cole Slaw, Macaroni Or Potato Salad

American & Italian Heroes

Boar's Head Meats & Cheeses
\$19.99



Deli Meats & Cheeses
\$16.99

FRESH PRODUCE

PICKS OF THE WEEK



Washington State Red Delicious Apples
\$1.49
LB.



Each Tropical Green Plantains
10/\$4



Farm Fresh Red Peppers
\$1.49
LB.



Each California Sunkist Lemons
10/\$3



Each Belinda Golden Ripe Bananas
49¢
LB.



Each Imported Small Hass Avocados
4/\$3

With Additional \$50.00 Purchase Or More.
Limit 1 Offer. Must Buy 2

128 Fl. Oz. Cont.

Canola, Vegetable Or Corn

Wesson Oil

2/\$15

With Additional \$50.00 Purchase Or More.

Limit 1 Offer. Must Buy 2

20 Lb. Bag

Carolina Parboiled Gold Or Long Grain Rice

2/\$15

7.05 Oz. Pkg.

Econo Pak

Goya Powdered Chicken Bouillon

2/\$5

Limit 1 Offer

4 Lb. Bag

Maseca Instant Corn Masa Flour

3/\$10

Limit 3 Offers

10 Pack 7 Fl. Oz. Bottles + Dep. & Tax

Goya Malta Malt Beverage

\$5.99

Limit 4 Offers Must Buy 3

3.75 Oz. Can In Soybean Oil

Brunswick Sardines

3/\$3

Limit 4 Offers Must Buy 4

28 Oz. Can

Keebler Export Sodas

\$5.99

Limit 4 Offers Must Buy 4

18 - 19 Oz. Can

Progresso Traditional Soups

4/\$10

Limit 4 Offers

7.5 - 7.875 Oz. Bag Wise Assorted Potato Chips

BUY ONE GET ONE FREE

Assorted Varieties

Limit 4 Offers

28 Oz. Can

Bimbo Soft White Bread

\$1.99

Limit 4 Offers Must Buy 2

59 Fl. Oz. Cont.

Minute Maid Ades Or Punches

3/\$6

Limit 2 Offers Must Buy 2

8.4 - 14.8 Oz. Box Eggos Waffles, French Toaster Sticks Or Pancakes

2/\$5

Assorted Varieties

Limit 4 Offers Must Buy 2

19 - 32 Oz. Pkg.

Ore-Ida Fries, Steam 'N' Mash Or Tater Tots

2/\$7

Assorted Varieties

Limit 1 Offer Must Buy 2

48 Fl. Oz. Cont.

Breyers Ice Cream

2/\$8

Assorted Varieties

Grocery Essentials

11 Fl. Oz. Can Nutrament Energy Nutrition Drinks 3/\$5	24 Pack 16.9 Fl. Oz. Bottles + Dep. & Tax Poland Spring Water 3/\$11.99	8 Pack 13.5 Oz. Box Kellogg's Pop-tarts 2/\$5	128 Fl. Oz. Cont. Urban Meadow Distilled White Vinegar \$2.99
Limit 2 Offers Must Buy 3	Limit 2 Offers Must Buy 3	Limit 4 Offers Must Buy 2	
15 - 16.3 Oz. Jar Skippy Peanut Butter 2/\$4	38 Fl. Oz. Bottle Heinz Tomato Ketchup \$3.49	16 Fl. Oz. Bottle Kraft Salad Dressing 2/\$3	5 Oz Can In Water Or Oil Bumble Bee Chunk Light Tuna 88¢
Assorted Varieties	Limit 2 Offers	Assorted Varieties	Limit 4 Offers
12 - 16 Oz. Box (Excludes Manicotti, Lasagna, Jumbo Shells, Gluten Free, Al Bronzo, Collezione & Plus) Barilla Blue Box Pasta 4/\$5	15 - 24 Oz. Jar Francesco Rinaldi Pasta Sauce 2/\$4	4.9 - 5.57 Oz. Can Pringles Potato Crisps 2/\$4	10 Pack 60 Fl. Oz. Pkg. (Excludes Organic) Capri Sun Fruit Drinks \$3.99
Limit 2 Offers Must Buy 4	Limit 3 Offers Must Buy 2	Assorted Varieties	Assorted Varieties
16 Oz. Jar Dill, Bread & Butter Or Hot Pepper B&G Sandwich Toppers 2/\$6	25.4 Fl. Oz. Bottle Martinelli's Sparkling Cider \$3.99	68.4 - 89.8 Oz. Cont. Lemon Or Reduced Sugar Lemon Makes 38 Quarts Lipton Iced Tea Mix \$9.99	8 Oz. Cont. Classic Roast (Excludes Decaf) Folgers Instant Coffee \$8.49
GAME DAY FAVORITES	Assorted Varieties		
8 Pack 6.82 Oz. Box Rich Milk Chocolate Or Mini Marshmallows Nestle Hot Cocoa Mix 2/\$5	13.25 - 14.25 Oz. Box Betty Crocker Super Moist Cake Mix 3/\$5	12 - 16 Oz. Cont. Betty Crocker Frosting 2/\$4	24 Oz. Cont. Plain Or Seasoned 4C Bread Crumbs \$2.99
Assorted Varieties	Assorted Varieties	Assorted Varieties	Limit 2 Offers
16 Fl. Oz. Bottle Regular Or Polynesian Chick-Fil-A Sauce \$3.99	12 Fl. Oz. Bottle Trappey's Red Devil Hot Sauce \$1.99	12 Fl. Oz. Bottle Bold Yellow, Spicy Brown Or Stone Ground Dijon Gulden's Mustard \$1.99	7.5 Fl. Oz. Bottle Mild, Hot Or Fire Taco Bell Sauce 2/\$5
GAME DAY FAVORITES	GAME DAY FAVORITES	GAME DAY FAVORITES	GAME DAY FAVORITES
2.25 Oz. Cont. Nissin Cup Noodles Soup 5/\$3	4.3 - 7.2 Oz. Box Rice-A-Roni Or Pasta Roni Mix 3/\$5	11 Oz. Can Campbell's Pork & Beans 5/\$5	4.5 - 8 Oz. Box Gushers, Shapes, Fruit By The Foot Or Roll-Ups Betty Crocker Fruit Snacks 2/\$5
Assorted Varieties	Assorted Varieties	Assorted Varieties	Assorted Varieties

Household Helpers

200 Ct. Pkg. White Bounty Napkins \$3.99	10.7 - 12.2 Oz. Cont. Downy Scent Booster Beads \$9.99	11.25 Fl. Oz. Bottle Softsoap Liquid Hand Soap \$2.99	18 Oz. 30 Ct., 9 Oz. 50 Ct. Or 18 Oz. 20 Ct. Hefty Disposable Cups \$3.99
Limit 4 Offers	Assorted Varieties	Assorted Varieties	Limit 4 Offers
8.8 Oz. Can Febreze Air Effects Air Fresheners \$3.99	8 Pack - 838.4 Sq. Ft. Pkg. White Scott Bath Tissue \$6.99	55 - 63 Fl. Oz. Bottle Tide Liquid Laundry Detergent \$9.99	130 - 200 Sq. Ft. Box Regular, Heavy Duty Or Non-Stick Reynolds Wrap Aluminum Foil \$10.99
Assorted Varieties	Limit 4 Offers	Assorted Varieties	Limit 4 Offers

Flavors Of The World

7.05 Oz. Jar Café Bustelo Instant Coffee \$7.99	15.5 Oz. Can Black, Chick Peas, Pink, Red Kidney, Small Red, Pinto, Roman Or Dark Red Kidney Goya Beans 4/\$5	28 Oz. Cont. With Cumin, With Pepper Or Without Pepper Goya Adobo All Purpose Seasoning \$4.99	10 Lb. Bag Goya Jasmine Rice \$17.99
Limit 2 Offers	Limit 3 Offers		
6.33 Oz. Box Jumbo Pak Goya Sazón Con Culantro Y Achiote \$4.99	19 Oz. Pkg. Vigo Paella Yellow Rice \$4.99	4 Lb. Bag (Small Red Beans) Costa Del Sol Frijol Rojo De Seda \$7.99	10 Oz. Brick Pkg. Café Colao Ground Coffee 3/\$10
19 Oz. Can Grace Callaloo 2/\$7	12 Oz. Pkg. (Fideos-Fine) Finest Brand ChowMein Noodles 2/\$5	16 Oz. Pkg. (Hibiscus Flower) Tropique Jamaican Sorrel \$5.99	24 Pack 9.3 Oz. Pkg. Knorr Caldo De Pollo 2/\$5

Bread & Bakery

20 Oz. Pkg. Wonder Classic White Bread \$2.99	6 Pack 13 Oz. Pkg. (Original White Only) Thomas' Original English Muffins \$2.99	20 Oz. Loaf Arnold Brick Oven White Bread \$4.99	22 - 24 Oz. Loaf Pepperidge Farm Farmhouse Bread \$3.99
Assorted Varieties			Assorted Varieties
11 - 20 Oz. Pkg. Pepperidge Farm Farmhouse Buns Or Rolls 3.99	24 Oz. Pkg. Table Talk 8" Cherry Pie \$5.99	12 Pack 24 Oz. Pkg. Muffintown Mini Corn Bread \$6.99	10 Oz. Pkg. Vanilla Or Chocolate Valentine Mini Cupcakes \$3.99
Assorted Varieties			

Dairy Delights



16 Oz. Pkg.
Sliced,
Whole Milk Or
Part Skim
Polly-O
Mozzarella
\$3.99



32 Oz. Cont.
Whole Milk Or
Part Skim
Polly-O
Ricotta
Cheese
\$4.99



16 Oz. Cont.
Regular Or Light
Daisy
Sour Cream
\$1.99

Dozen
Grade 'A' Cage Free
Sunshine Farms
Jumbo Brown
Eggs
2/\$6



64 Fl. Oz. Cont.
(Excludes All Other Varieties)
Silk
Almondmilk
Assorted Varieties
\$2.99



4.5 - 5.3 Oz. Cont.
Oikos Triple Zero, Light + Fit,
Two Good Or Remix
Dannon
Greek Yogurt
4/\$5



16 Oz. Pkg.
Imperial
Spread
Quarters
2/\$3



32 Fl. Oz. Cont.
International
Delight
Creamer
Assorted Varieties
\$3.99



52 Fl. Oz. Cont.
Dole
Juice
Assorted Varieties
2/\$7



16.3 Oz. Pkg.
Pillsbury
Grands!
Biscuits
Assorted Varieties
2/\$6



46 Fl. Oz. Bottle
Tropicana
Refreshers Or
Lemonade
Assorted Varieties
2/\$5



8 Oz. Pkg.
Breakstone's
Quarters Or
Whipped
Butter
Assorted Varieties
\$2.99

Frozen Favorites



12 Oz. Pkg.
Large Or Mini
Celentano
Round
Cheese Ravioli
\$1.99



14 Oz. Pkg.
(Green Pigeon Peas)
La Fe
Green
Pigeon Peas
2/\$4



12 - 16 Oz. Bag
Dole
Frozen
Fruit
Assorted Varieties
2/\$9



27 Pack
54.88 Oz. Pkg.
Ellio's
Cheese Or
Pepperoni
Ellio's
Pizza
\$11.99



14 Oz. Bag
Original Or
Italian Style
Armour
Meatballs
GAME DAY FAVORITES
\$3.99



5 - 7 Oz. Box
Jones Dairy Farm
Golden Brown
Sausage
Assorted Varieties
\$2.99



3 Lb. Bag
County Line
Chicken Wing
Portions
GAME DAY FAVORITES
\$5.99



9.12 - 10.14 Oz. Pkg.
Magnum
Ice Cream
Bars
Assorted Varieties
2/\$9



10.96 - 29.7 Oz. Box
Popsicle
Ice Pops
Assorted Varieties
\$5.99



15 - 27 Oz. Pkg.
Klondike
Ice Cream
Bars, Cones Or
Sandwiches
Assorted Varieties
2/\$8



28 Fl. Oz. Cont.
Häagen-Dazs
Ice Cream
Assorted Varieties
Limit 2 Offers
\$6.99



16 - 18.4 Oz. Pkg.
Good Humor
Ice Cream
Novelties
Assorted Varieties
Limit 2 Offers
\$4.99

Cheeses Of The World



30 Oz. Cont.
Salvadoreña Or
Hondureña
La Ricura
Crema
\$5.99



16 Oz. Pkg.
Blanca Or **Amarilla**
Tropical
Arepas De Puro
Maiz Trillado
2/\$6



16 Oz. Pkg.
La Ricura
Quesillo
Para Pupusas
\$6.99



14 Oz. Pkg.
Tropical
Cuajada Fresca
Centroamericana
\$5.99

Snacks & Beverages



4.75 - 8 Oz. Bag
Lay's Potato Or
Kettle Cooked
Chips
Assorted Varieties
2/\$5



17 Oz. Bag
Fuego, **Blue Heat** Or
Intense Nacho
Takis
Fiesta Size
Chips
2/\$9



15.5 Oz. Jar
Tostitos
Restaurant Style
Salsa
Assorted Varieties
\$2.99



12 Fl. Oz. Cans + Dep. & Tax
Coca-Cola, **Sprite**, **Fanta**,
Dr Pepper, **Fresca**, **Seagram's**
Or **Barq's** Soda
GAME DAY FAVORITES
\$7.99



12 Pack
12 Fl. Oz. Bottles Or Cans
+ Dep. & Tax
Stella Artois
Beer
GAME DAY FAVORITES
\$18.99



18 Pack 12 Fl. Oz. Cans Or Bottles
+ Dep. & Tax
Budweiser Or
Bud Light
Beer
GAME DAY FAVORITES
\$19.99



12 Pack
12 Fl. Oz. Bottles Or Slim Cans
+ Dep. & Tax
Michelob Ultra
Or **Light**
Beer
GAME DAY FAVORITES
\$15.99



64 Fl. Oz. Bottle
Snapple
Iced Tea Or
Juice Drinks
Assorted Varieties
2/\$4

Game Day Party Favorites



4.25 - 12.4 Oz. Box
Kellogg's Club,
Cheez-It,
Toasted Or
Town House
Crackers
2/\$6
Assorted Varieties
GAME DAY FAVORITES
Limit 4 Offers Must Buy 2



30 Oz. Jar
Hellmann's
Mayonnaise
\$5.99
Assorted Varieties
Limit 2 Offers



12 Pack
12 Fl. Oz. Bottle Or Cans
+ Dep. & Tax
Corona Or
Heineken
Beer
2/\$9
GAME DAY FAVORITES
Limit 4 Offers Must Buy 2



128 Fl. Oz. Cont.
Arizona
Iced Tea Or
Juice Drinks
2/\$5
Assorted Varieties
Limit 3 Offers Must Buy 2



7 - 8 Oz. Pkg.
(Excludes Cuts & Slices)
Kraft
Shredded
Cheese
2/\$5
Assorted Varieties
Limit 4 Offers Must Buy 2

7 - 8 Oz. Pkg.
Kraft
Shredded
Cheese
2/\$5
Assorted Varieties
Limit 4 Offers Must Buy 2

Seafood Savings

Fresh Sushi
Made Daily

Wild Caught
Salmon
Steaks
\$15.99
Lb.



Wild Caught
Large
Porgies
\$2.99
Lb.



10 Oz. Pkg.
Cooked & Peeled

Aqua Star Reserve
Cocktail Shrimp
\$6.99



Meats Come See Our Full Service Butcher Shop

Fresh U.S.D.A. Choice
(Family Pack)
Beef Bone In
Chuck Steaks
\$6.99
Lb.

Fresh U.S.D.A. Choice
(Family Pack)
Beef Semi Boneless
Chuck Steaks
\$7.99
Lb.

Fresh U.S.D.A. Choice
Beef Bone In
Top Chuck Steaks
\$7.99
Lb.

Cold Cuts

12 - 16 Oz. Pkg.
Oscar Mayer
Bacon
\$6.99
Assorted Varieties



12 Oz. Pkg.
Sabrett
Beef Cocktail
Franks
\$4.99



2 Lb. Roll
Induveca
Smoked
Cooked Salami
\$10.99



Fresh U.S.D.A. Choice
(Family Pack)
Beef
Round Cubed Steaks
\$7.99
Lb.

Fresh U.S.D.A. Choice
Beef Chuck
Neck Bones
\$6.99
Lb.

Fresh U.S.D.A. Choice
Beef
Shoulder
London Broil
\$6.99
Lb.

Deli Meats & Salads

Sliced To Order
Boar's Head
Pepper Jack
Cheese
\$8.99
Lb.



Sliced To Order
Great Lakes
NY State Yellow
Cheddar Cheese
\$5.99
Lb.



BBQ Or Wings Of Fire
Tyson
Fully Cooked
Chicken Wings
\$8.99
Lb.



Sliced To Order
Yellow Or White
Land O Lakes
American Cheese
\$5.99
Lb.



Sliced To Order
Butterball
Oven Roasted
Turkey Breast
\$6.99
Lb.



Store Made
Antipasto
Salad
\$5.99
Lb.



Fresh
Bone-In Sliced
Rib End Pork Chops
\$1.89
Lb.



Fresh Grade 'A'
(Family Pack)
Perdue
Whole Chicken Legs
\$1.99
Lb.



Fresh Grade 'A'
(Jumbo Pack)
Perdue
Bone In
Chicken Thighs
\$1.49
Lb.



Green Giant
Idaho Baking
Potatoes
69¢
Lb.



3 Ct. Pkg.
Fresh Romaine
Hearts
\$3.49



Red Roma
Tomatoes
\$1.49
LB.

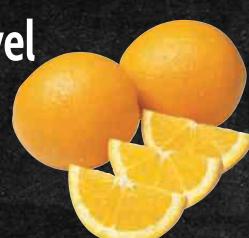


FRESH PRODUCE

Each
Fresh
Bunched
Cilantro
89¢



Each
Extra Large
Premium Navel
Oranges
4/\$5



Each
Long Green
Cucumbers
4/\$3



Imported
Red Or Green
Seedless
Grapes
\$2.99
LB.



Each
Tropical
Chayotes
3/\$3



U.S. #1
Loose
Red
Onions
99¢
LB.



Washington State
Premium
Bosc Pears
\$1.49
LB.



Price Promotion Effective Friday, Jan. 30 to Thursday, Feb. 5, 2026

There will be No Sales made to Other Retailers or Wholesalers. We Reserve the Right to Limit all Products.
MEAT, PRODUCE, DAIRY AND DELI MUST BE RETURNED/EXCHANGED WITHIN 24 HOURS WITH STORE RECEIPT