Price Promotion Effective: **Friday, January 16th thru Thursday, January 22nd, 2026**

Now Available Large Variety of Balloons and Party Supplies

GALA FOODS SUPERMARKET

www.galasupermarkets.com

120 N. Main Street • Freeport, NY 11520 • 516.546.8033
111 W. Merrick Road • Freeport, NY 11520 • 516.223.8486
Hours: Mon-Sat 7am to 10pm • Sunday 8am to 8pm

GalaFresh FARMS

www.GalaFresh.com

2485 Grand Avenue • Baldwin, NY 11510 • 516.377.4252
New Winter Hours: Mon-Sat 7am to 9pm • Sunday 8am to 8pm

SHOP ONLINE! www.galasupermarkets.com www.galafresh.com

10% OFF Veterans & Senior Citizen Discount
Freeport Discount on Wednesdays | Baldwin Discount on Tuesdays
Discounts Exclude Sale Items, Beer, Metrocards, Barrels, Phone & Gift Cards. In Store Purchases ONLY

All Stores Accept EBT, WIC Checks, OTC & All Major Credit Cards
FREE Delivery With In Store Purchase - See Stores For More Details

DELI

Sliced To Order
Boar's Head
Maple Glazed Honey Coat Ham
$9.99 Lb.

Sliced To Order
Boar's Head
Blazing Buffalo Chicken Breast
$9.99 Lb.

Sliced To Order
Boar's Head
Domestic Provolone Cheese
$7.99 Lb.

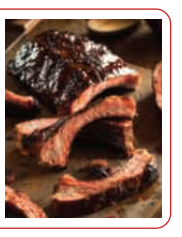
Fresh U.S.D.A. Choice (Family Pack)
Beef Bone In Chuck Steaks (First Cut)
$5.99 Lb.

Fresh (Family Pack)
Bone In Center Cut Pork Loin Chops
$1.99 Lb.

Previously Frozen
Whole Tom Turkey Drumsticks, Wings Or Necks
$2.49 Lb.

Fresh Grade 'A' (Family Pack)
Perdue Bone-In Split Chicken Breasts
$2.49 Lb.

Frozen
Beef Back Ribs
$4.99 Lb.



Fresh Seafood

Wild Caught
Whole Salmon
$7.99 Lb.

FRESH PRODUCE

PICKS OF THE WEEK

Imported Red Peppers $1.99 LB.

Each
Tropical Chayotes 3/$3

Tropical Maradol Papaya 99¢ LB.

Head
California Iceberg Lettuce 2/$4

Washington State Premium Granny Smith Apples $1.49 LB.

Farm Fresh Firm Eggplant 99¢ LB.

With Additional $50.00 Purchase Or More. Limit 1 Offer. Must Buy 2
128 Fl. Oz. Cont.
Canola, Vegetable Or Corn
Cannot Combine With Rice
Wesson Oil
2/$15

12 Fl. Oz. Bottle + Dep
Malta Vitarroz
5/$4

20 Lb. Bag
Parrot Premium Jasmine Rice
$19.99

With Additional $50.00 Purchase Or More. Limit 1 Offer. Must Buy 2
Cannot Combine With Oil
20 Lb. Bag
Carolina Parboiled Gold Or Long Grain Rice
2/$15

6.76 Fl. Oz. Cont.
Chocolate, Vanilla Or Strawberry
Toni Flavored Dairy Drink
4/$5

Limit 2 Offers
4 Lb. Bag
Maseca Masa Mix
3/$10

33.8 Fl. Oz. Tetra Cont.
Foco Coconut Water
2/$7

24 Oz. Cont.
Old Fashioned Or Quick
Quaker Grits
2/$5

10 Pack 60 Fl. Oz. Pkg.
Kool-Aid Jammers Drinks
3/$10 Assorted Varieties

Gallon Cont.
Hawaiian Punch Fruit Drinks
2/$6 Assorted Varieties

Limit 2 Offers
20 Rolls 2096 Sq. Ft. Pkg.
1000 Sheets Per Roll
Scott Bath Tissue
$15.99

64 Fl. Oz. Bottle
Snapple Iced Tea Or Juice Drinks
2/$4 Assorted Varieties

Limit 4 Offers - Must Buy 2
7.9 - 14.03 Oz. Pkg.
(Excludes Family Size & Gluten Free)
Nabisco Oreo Cookies
2/$8 Assorted Varieties

46 Fl. Oz. Bottle
Tropicana Pure Premium Orange Or Grapefruit Juice
$3.99 Assorted Varieties

7 - 8 Oz. Pkg.
Sargento Shredded Cheese
2/$5 Assorted Varieties

16 Oz. Box
Salted Or Unsalted
Hotel Bar Butter Quarters
$3.99

48 Fl. Oz. Cont.
(Excludes Simply Natural)
Friendly's Ice Cream
$3.99 Assorted Varieties

Limit 2 Offers - Must Buy 2
11.6 Oz. Box
Original, Brown Sugar, Blueberry Or Chocolate Chips
Kellogg's Eggo Thick & Fluffy Waffles
2/$6

Limit 2 Offers - Must Buy 2
7.5 - 10.7 Oz. Pkg.
Totino's Pizza Rolls Or Party Pizza
2/$5 Assorted Varieties

We are not responsible for typographical errors. We reserve the right to limit quantities. Some pictures do not necessarily represent items on sale.

Grocery Essentials

9.9 - 11.5 Oz. Can
(Excludes Decaf)
Maxwell House Coffee
Assorted Varieties
$3.99
Limit 2 Offers

11 Fl. Oz. Can
Nutrament Energy Nutrition Drinks
Assorted Varieties
2/$4
Limit 2 Offers
Must Buy 2

20 Oz. Cheerios,
27.2 Oz. Honey Nut Cheerios Or
27 Oz. Cinnamon Toast Crunch
General Mills Giant Size Cereal
$4.99
Limit 4 Offers

12 Pack
20.3 Oz. Box
Kellogg's Pop-tarts
Assorted Varieties
2/$7
Limit 4 Offers
Must Buy 2

5 Lb. Bag - Self-Rising
Pearl Milling Company Flour
$3.99

32 Fl. Oz. Bottle
Easy Squeeze
Heinz Tomato Ketchup
$3.49

16.9 Fl. Oz. Bottle
Filippo Berio Olive Oil
Assorted Varieties
$7.99

4 Pack 20 Oz. Pkg.
In Water Or Oil
Bumble Bee Chunk Light Tuna
$3.99

9 Fl. Oz. Bottle
Ken's Salad Dressing
Assorted Varieties
2/$4
Limit 2 Offers
Must Buy 2

5 Pack 36.25 Oz. Box
Original
Kraft Mac & Cheese
$5.49
Limit 3 Offers

4 Pack 8.2 - 9.56 Oz. Pkg.
Kraft Mac & Cheese Or Velveeta Shells & Cheese Cups
Assorted Varieties
$3.99

12 - 16 Oz. Box
(Excludes Gluten Free, Lasagna, Jumbo Shells & Egg Noodles)
Ronzoni Blue Box Pasta
Assorted Varieties
4/$5
Limit 2 Offers
Must Buy 4

11.5 Fl. Oz. Bottle
Hellmann's Squeeze Mayonnaise
Assorted Varieties
$3.99

5 Lb. Bag
Carolina Long Grain Rice
$5.49

18.5 - 19 Oz. Can
Progresso Rich & Hearty Soup
Assorted Varieties
4/$10
Limit 2 Offers
Must Buy 4

46 Oz. Cont.
Seasoned Or Plain
4C Bread Crumbs
$5.49

13.5 - 15.25 Oz. Can
Del Monte Vegetables
Assorted Varieties
3/$4
Limit 2 Offers
Must Buy 3

128 Fl. Oz. Jug
Poland Spring Water
2/$4

32 Fl. Oz. Bottle
Original, Picante
Or Preparado
Mott's Clamato Juice
$3.49

128 Fl. Oz. Bottle
Mott's 100% Apple Juice
$6.99

16 - 20.1 Oz. Cont.
Chocolate, Strawberry Or
No Sugar Added
Nesquik Powder Drink Mix
$6.99

7 Oz. Jar
Chock Full O' Nuts Instant Coffee
$7.99
Limit 2 Offers

15.25 Oz. Box
Duncan Hines Classic Cake Mix
2/$5

14 - 16 Oz. Cont.
Duncan Hines Frosting
Assorted Varieties
2/$5

28 - 29 Oz. Can
Hunt's Tomatoes Or Sauce
Assorted Varieties
2/$5
Limit 2 Offers
Must Buy 2

12 Pack 8 - 8.8 Oz. Pkg.
Original, Cheddar Or
Sour Cream
Pringles Snack Stacks
$6.99
Limit 2 Offers

32 Oz. Jar
Kosher Dill Whole, Spears, Chips
Or NY Deli Style
B&G Pickles
Assorted Varieties
$3.49

32 Fl. Oz. Bottle
Bragg Organic Apple Cider Vinegar
$4.99

Household Helpers

400 Ct. Pkg.
Bounty White Napkins
$7.99

21.1 - 24 Oz. Cont.
Assorted Var.
Downy Scent Boosters
$16.99

1.34 Fl. Oz. Pkg. Or
5.89 Fl. Oz. Can
Air Wick Refills
Assorted Varieties
$5.99

0.25 Oz. Pkg.
Febreze Small Spaces Air Freshener
Assorted Varieties
$3.29

12.5 Oz. Can
Crisp Linen Or
Spring Waterfall
Lysol Disinfectant Spray
$5.99

1 Ct. Pkg.
Fiready Kiln Dried Firewood
$7.99

117, 132 Or 151 Fl. Oz. Cont.
Tide Liquid Laundry Detergent
$19.99
Limit 4 Offers

66 Fl. Oz. Bottle
April Fresh, Cool Cotton Or Free & Gentle
Downy Liquid Fabric Softener
$7.99

Flavors Of The World

10 Oz. Can
(Excludes Decaf)
Cafe Bustelo Espresso Ground Coffee
$6.99
Limit 2 Offers

29 Oz. Can
Black, Chick Peas, Pinto, Red
Or Dark Red Kidney, Pink,
Small Red Or Roman
Goya Beans
2/$5
Limit 3 Offers
Must Buy 2

24.3 Oz. Can
Aviva Soda Crackers
$5.99

15 Oz. Can
Condal Green Pigeon Peas
4/$5

10 Oz. Pkg.
Iberia Fidelini Fideos
4/$5

2 Lb. Bag
J. Wilson Turbinado Sugar Cane
2/$5

4 Lb. Bag
Fine Only
La Cena Harina De Maiz
$2.99

6.7 Oz. Can
RügenFisch Smoked Herring Fillets
2/$5

32 Fl. Oz. Bottle
Gala Mojo Criollo Marinade
2/$4

12.5 Fl. Oz. Bottle
+ Dep. & Tax
Jarritos Soda
Assorted Varieties
4/$5

13.4 Oz. Jar
Colcafé 3 In 1 Instant Coffee
$6.99

14.1 Oz. Box
(Fecula De Maiz)
Maizena Corn Starch
2/$5

Bread & Bakery

6 Pack 13 Oz. Pkg.
(Excludes All Other
Varieties)
Thomas' Original English Muffins
$2.99

20 Oz. Loaf
Plain Or With Sesame Seeds
Pepperidge Farm Italian Bread
$2.99

24 Oz. Loaf
Arnold Country Bread
Assorted Varieties
$3.99

6 Pack 9 Oz. Pkg.
Maple Donuts Glazed Donuts
$2.99

Dairy Delights

12 Ct. Pkg.
Cage Free
Egg•Land's Best Large Brown Eggs
$3.99
Limit 2 Offers

2 Pack 16 Oz. Pkg.
Kraft Philadelphia Cream Cheese
$5.99
Limit 4 Offers

5.3 Oz. Cont.
Total, Creamy Dreamy Or BestSelf
Fage Greek Yogurt
Assorted Varieties
3/$4

59 - 64 Fl. Oz. Cont.
Silk Almondmilk, Oatmilk, Cashewmilk, Soymilk Or Coconutmilk
Assorted Varieties
2/$7

89 Fl. Oz. Bottle
No Pulp, With Calcium & Vitamin D Or Homestyle
Florida's Natural Orange Juice
$7.99

52 Fl. Oz. Cont.
Dole Juice
Assorted Varieties
2/$7

4 Pack 16 Oz. Pkg.
Activia Yogurt
Assorted Varieties
2/$6

64 Fl. Oz. Cont.
Turkey Hill Iced Tea Or Ades
Limit 4 Offers
Assorted Varieties
$1.99

4.5 - 5.3 Oz. Cont.
Chobani Flip Or Creations Yogurt
Assorted Varieties
4/$5

6 Pack 24 Oz. Pkg.
Swiss Miss Pudding
Assorted Varieties
2/$6

40 Fl. Oz. Bottle
Dunkin' Iced Coffee
Assorted Varieties
$5.99

64 Fl. Oz. Bottle
Sunny D Juice
Assorted Varieties
2/$4

Frozen Favorites

3 Pack 9 Oz. Box
Häagen-Dazs Ice Cream Bars
Limit 4 Offers
Assorted Varieties
$3.99

10 - 10.8 Oz. Pkg.
(Excludes Seasoned & Sauced, Broccoli Florets, Whole Green Beans, Snap Peas, Edamame, Baby Brussels Sprouts & Asparagus)
Birds Eye Plain Steamfresh Vegetables
Limit 4 Offers
Must Buy 2
Assorted Varieties
3/$5

21 Oz. Pkg.
Birds Eye Voila! Meals
Assorted Varieties
$7.99

8 - 10.88 Oz. Box
Comfort, Marketplace, Features Or Favorites
(Excludes Lasagna W/Meat Sauce)
Lean Cuisine Meals
Assorted Varieties
2/$7

8.38 - 12.75 Oz. Box
(Excludes Fish Fillet)
Stouffer's Classics Meals
Assorted Varieties
2/$7

10 - 11.75 Oz. Pkg.
Pepperidge Farm Garlic Bread
Assorted Varieties
$3.99

6 Pack 36 Oz. Pkg.
Luigi's Real Italian Ice
Assorted Varieties
2/$7

19.6 Oz. Box
Pepperidge Farm Layer Cake
Assorted Varieties
$5.99

Cheeses Of The World

14 Oz. Pouch Bag
La Corinteña Crema Salvadoreña
2/$5

16 Oz. Pkg.
Blanco Y De Freir
Tropical Queso
$5.99

12 Oz. Pkg.
Jalisco Queso Panela
$4.99

2 Lb. Bag
(Shredded Mozzarella Cheese)
La Ricura Quesillo Para Pupusas
$6.99

Snacks & Beverages

5 - 6.25 Oz. Bag
Good Health Veggie Snacks
Assorted Varieties
2/$7

5.25 - 6.5 Oz. Bag
Boulder Canyon Chips
Assorted Varieties
2/$7

12 Pack 12 Fl. Oz. Cans
+ Dep. & Tax
Coca-Cola, Sprite, Fanta, Dr Pepper, Fresca, Seagram's Or Barq's Soda
$8.99

On The Border Tortilla Chips (8 - 12 Oz. Bag) Or Salsa (16 Oz. Jar)
Assorted Varieties
2/$7

12 Pack 12 Fl. Oz. Bottles Or Cans
+ Dep. & Tax
Coors Or Coors Light Beer
$13.99

6 Pack 12 Fl. Oz. Cans Or Bottles
+ Dep. & Tax
Stella Artois Beer
$10.99

33.8 Fl. Oz. Bottle
Once Upon A Coconut Coconut Water
$4.99

6 Pack 7.5 Fl. Oz. Mini Cans
+ Dep. & Tax
Pepsi-Cola, Schweppes, Crush, Mtn Dew Or Starry Soda
$4.99

Grocery Essentials

24 Pack 16.9 Fl. Oz. Bottles
+ Dep. & Tax
Poland Spring Water
3/$12.99
Limit 1 Offer
Must Buy 3

42 Oz. Cont.
Quick Or Old Fashioned
Quaker Oats
$4.99

4 Lb. Bag
Domino Granulated Sugar
3/$10
With Additional $25.00 Or More.
Limit 1 Offer. Must Buy 3
Without Purchase Or Additional $4.99

17.3 Oz. Frosted Flakes,
13.2 Oz. Froot Loops Or Apple Jacks, Or
13.1 Oz. Corn Pops
Kellogg's Large Size Cereal
2/$8

6.88 - 27 Oz. Box
Entenmann's Full Line Sale
$3.99
Assorted Varieties

4.75 - 8 Oz. Bag
Lay's Potato Or Kettle Cooked Chips
Assorted Varieties
2/$7

2 Liter Bottle
+ Dep. & Tax
Pepsi-Cola, Schweppes, Crush, Mtn Dew, Starry Or Mug Soda
2/$4
Limit 4 Offers
Must Buy 2

6 Pack 12 Fl. Oz. Bottles Or Cans
+ Dep. & Tax
Heineken, Modelo Or Corona Beer
$9.99

Dozen
Fresh Grade 'A'
Sunshine Farms Or Mitlitsky Extra Large White Eggs
4/$5

Seafood Savings

Fresh Sushi Made Daily

Wild Caught
Flounder Fillets
$14.99 Lb.

Wild Caught
Whole Bronzini
$9.99 Lb.

Dozen
Wild Caught
Littleneck Clams
$9.99

Meats

Come See Our Full Service Butcher Shop

Fresh U.S.D.A. Choice
Beef Bone In Center Cut Chuck Steaks
$6.99 Lb.
U.S.D.A. CHOICE
Fresh U.S.D.A Choice Beef Bone In Top Chuck Steaks $8.99 Lb.

Fresh U.S.D.A. Choice
Beef Semi Boneless Chuck Steaks
$7.99 Lb.
U.S.D.A. CHOICE
Fresh U.S.D.A. Choice (Family Pack) Beef Flanken Ribs $9.99 Lb.

Fresh U.S.D.A. Choice (Family Pack)
Boneless Beef Chuck For Stew
$6.99 Lb.
U.S.D.A. CHOICE
Fresh U.S.D.A. Choice (Family Pack) 80% Lean Beef Ground Chuck $5.99 Lb.

Fresh U.S.D.A. Choice (Family Pack)
Boneless Beef Round For Stir Fry
$7.99 Lb.
U.S.D.A. CHOICE
Fresh U.S.D.A. Choice (Family Pack) Beef Chuck Short Ribs $8.99 Lb.

Fresh U.S.D.A. Choice (Family Pack)
Boneless Beef Thin Sliced Shoulder Steaks
$7.99 Lb.
U.S.D.A. CHOICE

Fresh U.S.D.A. Choice
Beef Shoulder London Broil
$6.99 Lb.
U.S.D.A. CHOICE
Fresh U.S.D.A. Choice Beef Bone In Shin For Soup $5.99 Lb.

Fresh
Bone In Loin Or Rib End Pork Chops
$2.29 Lb.
Fresh Sliced Pork Shoulder $2.99 Lb.

Fresh (Family Pack)
Combination Pack Pork Chops
$2.19 Lb.
Fresh (Family Pack) Bone In Thin Sliced Pork Chops $3.99 Lb.

Fresh
Bone In Whole Pork Shoulder (Pernil)
$1.79 Lb.
Fresh Boneless Pork Shoulder For Stew $2.99 Lb.

Fresh Grade 'A' (Jumbo Pack)
Perdue Chicken Wings
$3.99 Lb.
PERDUE
Fresh U.S.D.A Choice American Shoulder Lamb Chops (Blade Bone) $7.99 Lb.

Fresh Grade 'A' - (Family Pack)
Perdue Chicken Drumsticks Or Thighs
$1.49 Lb.
PERDUE
Smoked Pork Neck Bones Or Pig Tails $3.99 Lb.

Fresh Grade 'A'
Perdue Whole Chickens
$1.99 Lb.
PERDUE
Fresh Grade 'A' Perdue Cut Up Whole Chicken For Soup $2.49 Lb.

Cold Cuts

16 Oz. Pkg.
Original, Thick Cut Or Lower Sodium
Smithfield Bacon
$5.99

14 Oz. Pkg.
Hillshire Farm Smoked Sausage Or Polska Kielbasa
$4.99

11 - 12 Oz. Pkg.
Nathan's Beef Franks
$5.99

Deli Meats & Salads

Sliced To Order
Boar's Head Vermont Cheddar Cheese
$8.99 Lb.

Sliced To Order
Yellow Or White
Land O Lakes American Cheese
$6.99 Lb.

Sliced To Order
Store Made Roasted Turkey Breast
$8.99 Lb.

Sliced To Order
McCadam Muenster Cheese
$5.99 Lb.

Sliced To Order
Hormel Magnifico Hard Or Genoa Salami
$6.99 Lb.
Hormel

Store Made Buffalo Chicken Salad
$7.99 Lb.

Sliced To Order
DiLusso Deluxe Ham
$5.99 Lb.

Original, BBQ Or Buffalo
Tyson Chicken Tenders
$8.99 Lb.

Store Made Seafood Salad
$7.99 Lb.

FRESH PRODUCE

3 Lb. Bag.
California Navel Or Cara Cara Oranges
$4.99

1 Lb. Bag
Green Giant Baby Peeled Carrots
3/$5

Each
Imported Jumbo Cantaloupes
2/$7

Leafy Cabbage
69¢ LB.

18 Oz. Pkg.
California Romaine Hearts
$2.99

U.S. #1
Oriental Sweet Potatoes
$1.49 LB.

U.S. #1
Loose Red Onions
89¢ LB.

Fresh Loose Carrots
59¢ LB.

Price Promotion Effective Friday, Jan. 16 to Thursday, Jan. 22, 2026

There will be No Sales made to Other Retailers or Wholesalers. We Reserve the Right to Limit all Products.
MEAT, PRODUCE, DAIRY AND DELI MUST BE RETURNED/EXCHANGED WITHIN 24 HOURS WITH STORE RECEIPT