

Price Promotion Effective: Friday, January 23rd thru Thursday, January 29th, 2026

GALA FOODS



SUPERMARKET
www.galasupermarkets.com

120 N. Main Street • Freeport, NY 11520 • 516.546.8033
111 W. Merrick Road • Freeport, NY 11520 • 516.223.8486
Hours: Mon-Sat 7am to 10pm • Sunday 8am to 8pm

10% OFF Veterans & Senior Citizen Discount

Freeport Discount on Wednesdays | Baldwin Discount on Tuesdays

Discounts Exclude Sale Items, Beer, Metrocards, Barrels, Phone & Gift Cards. In Store Purchases ONLY

Now Available
Large Variety of Balloons
and Party Supplies



Gala Fresh FARMS

www.GalaFresh.com

2485 Grand Avenue • Baldwin, NY 11510 • 516.377.4252

New Winter Hours: Mon-Sat 7am to 9pm • Sunday 8am to 8pm

All Stores Accept
EBT, WIC Checks, OTC & All Major Credit Cards

FREE Delivery With In Store Purchase - See Stores For More Details

DELI

Sliced To Order
Yellow Or White
Boar's Head
American
Cheese
\$5.99
Lb.



Sliced To Order
Boar's Head
Ovengold
Turkey Breast
\$9.99
Lb.



Sliced To Order
Boar's Head
Mild Swiss
Cheese
\$8.99
Lb.



Fresh Seafood



Wild Caught
Tilapia Fillet

\$9.99

Lb.

FRESH PRODUCE

1 Lb. Cont.
Red Ripe
Strawberries
2/\$5



Fresh
Broccoli
Crowns
99¢



Limit 1 Offer
Each
Tropical
Green
Plantains
10/\$4



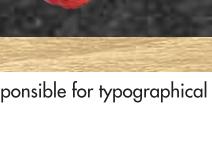
Fresh
Collard
Greens
99¢



Imported
Roma
Tomatoes
\$1.49



Large
Red
Peppers
\$1.99



Fresh Grade 'A'
(Family Pack)
Boneless
Chicken
Breasts
\$1.99
Lb.



Fresh U.S.D.A. Choice
(Family Pack)
Bone In Beef
Shell Steaks
\$9.99
Lb.



Fresh (Family Pack)
Pork
Rib Belly
\$4.99
Lb.



Fresh (Chicharon)
Pork
Rib Belly
\$4.99
Lb.



Fresh (Family Pack)
Boneless
Center Cut
Pork Loin Chops
\$2.49
Lb.



Thawed
Scalped
Beef Tripe
\$5.99
Lb.



Fresh (Family Pack)
Jamaican
Choice
Ginger Beer
2/\$5



Fresh (Family Pack)
Wesson
Oil
2/\$15



Fresh (Family Pack)
Carolina
Parboiled Gold Or
Long Grain Rice
2/\$15



Fresh (Family Pack)
P.A.N.
Harina
De Maiz
2/\$5



Fresh (Family Pack)
Wesson
Oil
2/\$15



Fresh (Family Pack)
StarKist
Chunk Light Tuna
3/\$3



Fresh (Family Pack)
Grace
Corned Beef
\$4.99



Fresh (Family Pack)
Nestle Hot Cocoa Mix
2/\$5



Fresh (Family Pack)
Costera
Natural Brown Sugar
\$5.99



Fresh (Family Pack)
Postobon Or La Nuestra
Colombiana Soda
2/\$4



Fresh (Family Pack)
Thomas' Bagels
\$4.99



Fresh (Family Pack)
Yoplait
Yogurt
10/\$6



Fresh (Family Pack)
Sunshine Farms
Jumbo White Eggs
99¢

Grocery Essentials

20 Fl. Oz. Cont. Hellmann's Squeeze Mayonnaise Assorted Varieties \$5.99 <small>Limit 2 Offers</small>	15.5 - 16 Oz. Jar (Excludes No Sugar Added & Chocolate Flavor) Jif Peanut Butter Assorted Varieties 2/\$5 <small>Limit 2 Offers Must Buy 2</small>	16 Fl. Oz. Bottle Ken's Salad Dressing Assorted Varieties 2/\$6 <small>Limit 2 Offers Must Buy 2</small>	20 Fl. Oz. Bottle Easy Squeeze Heinz Tomato Ketchup 2/\$4 <small>Limit 2 Offers Must Buy 2</small>
5 Oz. Can - In Water, Oil Or Low Sodium Bumble Bee Solid White Albacore Tuna 4/\$6 <small>Limit 4 Offers Must Buy 4</small>	4.6 Oz. Can Original, BBQ Or Chicken Libby's Vienna Sausage 4/\$3 <small>Limit 3 Offers Must Buy 4</small>	18 - 19 Oz. Can Progresso Vegetable Classics Soup Assorted Varieties 4/\$6 <small>Limit 2 Offers Must Buy 4</small>	12 Oz. Can Regular Or Low Sodium Libby's Corned Beef \$5.99 <small>Limit 3 Offers</small>
14.5 - 15 Oz. Can Chef Boyardee Pasta Assorted Varieties 2/\$3	24 Oz. Cont. Plain Or Italian Style Progresso Bread Crumbs \$2.99 <small>Limit 3 Offers Must Buy 4</small>	5.5 - 7.25 Oz. Box - (Excludes Gluten Free & Plant Based) Kraft Macaroni & Cheese Dinner Assorted Varieties 4/\$5 <small>Limit 2 Offers Must Buy 4</small>	14.5 - 15.25 Oz. Can (Excludes Mixed) Green Giant Vegetables Assorted Varieties 4/\$5 <small>Limit 2 Offers Must Buy 4</small>
12 Pack 8 Fl. Oz. Bottles Or 12 Pack 12 Fl. Oz. Bottles + Dep. & Tax Poland Spring Water 2/\$5	64 Fl. Oz. Bottle Apple & Eve Cranberry Juice Blends Assorted Varieties \$3.99 <small>Limit 4 Offers Must Buy 2</small>	8 Pack 54 Fl. Oz. Cont. Mott's 100% Juice Assorted Varieties \$3.99 <small>Limit 2 Offers Must Buy 4</small>	16 - 20.1 Oz. Cont. Chocolate, Strawberry Or No Sugar Added Nesquik Powder Drink Mix \$6.99
64 Fl. Oz. Bottle V8 Splash Blend Drinks Assorted Varieties 2/\$5 <small>Limit 3 Offers Must Buy 2</small>	5.64 - 10.4 Oz. Box Kellogg's Nutri-Grain Bars Or Power-Fulls Bites Assorted Varieties 2/\$6 <small>Limit 4 Offers Must Buy 2</small>	15.25 Oz. Box Pillsbury Cake Mix Assorted Varieties 3/\$5 <small>Limit 2 Offers Must Buy 4</small>	12 - 16 Oz. Cont. Regular Or Funfetti Pillsbury Frosting Assorted Varieties 2/\$4
12 Fl. Oz. Bottle Trappey's Red Devil Hot Sauce \$1.99	16.9 Fl. Oz. Bottle - Extra Light, Extra Virgin Or Classico Bertolli Olive Oil \$7.99	5 - 6 Oz. Can (Excludes Olive Oil & Coconut Oil) Pam Cooking Spray Assorted Varieties \$4.49 <small>Limit 2 Offers Must Buy 4</small>	14.5 Oz. Can Hunt's Diced Tomatoes Assorted Varieties 4/\$10 <small>Limit 2 Offers Must Buy 4</small>
2.25 Oz. Cup Maruchan Instant Lunch Assorted Varieties 5/\$3 <small>Limit 2 Offers Must Buy 5</small>	16 Fl. Oz. Bottle Hot, Mild Or Medium Ortega Taco Sauce \$3.99	3 Pack 8.25 Oz. Box Act II Microwave Popcorn Assorted Varieties 2/\$5 <small>Limit 4 Offers</small>	4.47 - 7.23 Oz. Pkg. Quaker Rice Cakes Assorted Varieties \$3.49

Household Helpers

1,000 Sheet Single Roll White Scott Bath Tissue 4/\$5 <small>Limit 2 Offers Must Buy 5</small>	200 Ct. Pkg. White Bounty Napkins \$3.99	90 Fl. Oz. Bottle Original Palmolive Dish Detergent \$6.99	23 Fl. Oz. Bottle Windex Cleaner Assorted Varieties \$4.49 <small>Limit 2 Offers Must Buy 4</small>
492 Oz. Pkg. Simple Simon Firewood \$7.99	10" 22 Ct., 8.5" 44 Ct. Or 6.78" 48 Ct. Solo Heavy Duty Plates \$3.49 <small>Limit 4 Offers</small>	105 Or 117 Fl. Oz. Cont. Tide Simply Laundry Detergent \$8.99	56 Fl. Oz. Bottle Calm Or Gentle Downy Soft + Fresh Fabric Softener \$9.99

Flavors Of The World

6 Oz. Brick Pack Café Bustelo Coffee 2/\$9 <small>Limit 2 Offers Must Buy 2</small>	16.5 Oz. Cont. - With Cumin, With Pepper Or Without Pepper Goya Adobo All Purpose Seasoning 2/\$5	12 Oz. Jar Goya Sofrito Or Recaito \$2.49	90 Oz. Pkg. Family Pack La China Poblana Tortilla De Maiz \$5.99
29 Oz. Can Victorina Tomato Paste \$2.99	4 Lb. Bag Madame Gougousse Bulgur Wheat \$4.99	32 Oz. Jar Rio Grande Pacaya En Salmuera \$6.99	4 Lb. Bag (Small Red Beans) Puerto El Triunfo Frijoles Rojo \$8.99
10 Lb. Bag Foco Thai Scented Jasmine Rice \$15.99	20 Oz. Jar (Aceituna De Botija) Tradiciones Andinas Alfonso Olives \$4.99	15 Oz. Can In Tomato Sauce Grace Jack Mackerel 2/\$5	7 Oz. Jar Clásico Or Colombia Nescafé Instant Coffee \$9.99

Bread & Bakery

20 - 24 Oz. Loaf Arnold Whole Grains Bread Assorted Varieties \$4.99	7 - 13.5 Oz. Pkg. Entenmann's Little Bites Assorted Varieties \$3.99	22 Oz. Pkg. - White, Multi Grain, Brioche, Rye Or Sourdough Nature's Own Perfectly Crafted Bread \$3.99	14 - 16 Oz. Loaf Pepperidge Farm Swirl Bread Assorted Varieties \$3.49
20 Oz. Loaf Sara Lee Artesano Bread Assorted Varieties \$3.99	12 Pack 10.3 Oz. Pkg. Two-Bite Or Uncle Wally's Muffins Assorted Varieties \$3.99	16 Oz. Pkg. Wenner Irish Soda Bread \$3.99	14 Oz. Pkg. 37th Street Bakery Danish Assorted Varieties \$5.99

Dairy Delights

Dozen Grade A' Land O Lakes Large Brown Eggs \$3.49 Limit 2 Offers	64 Fl. Oz. Cont. Oatly Oatmilk \$4.99 Assorted Varieties	8 Oz. Bar Hotel Bar Queso De Papa Cheddar Cheese \$2.99	16 Oz. Cont. Or 14 Oz. Tube Regular Or Squeeze Fage Sour Cream 2/\$4
128 Fl. Oz. Cont. Tampico Fruit Drinks 2/\$6 Assorted Varieties	59 Fl. Oz. Bottle Florida's Natural Lemonade 2/\$5 Assorted Varieties	128 Fl. Oz. Cont. Turkey Hill Iced Tea Or Lemonade \$3.49 Assorted Varieties	32 Oz. Cont. La Yogurt Probiotic Yogurt \$2.99 Assorted Varieties
45 Oz. Tub Country Crock Spread \$6.99 Assorted Varieties	6 Pack 24 Oz. Pkg. Swiss Miss Pudding 2/\$6 Assorted Varieties	40 Fl. Oz. Bottle Sweetened Or Unsweetened Café Bustelo Espresso \$4.99	6.5 Oz. Can Original, Extra Creamy Or Fat Free Reddi Wip Whipped Cream Topping \$3.49

Frozen Favorites

13.1 - 16 Oz. Box (Excludes Selects) Hungry-Man Dinners 2/\$8 Assorted Varieties	10 Oz. Box Birds Eye Chopped Spinach \$1.49	5.6 - 6.65 Oz. Box Celeste Pizza For One 4/\$5 Assorted Varieties	12.6 - 16 Oz. Pkg. Birds Eye Stir-Fry Vegetables 2/\$6 Assorted Varieties
12.84 - 16 Oz. Box Mrs. T's Pierogies 2/\$6 Assorted Varieties	8 Count 30 Fl. Oz. Pkg. Klondike Cones! \$7.99 Assorted Varieties	17 - 18 Oz. Box Hot Pockets \$4.99 Assorted Varieties	14 Fl. Oz. Cont. Häagen-Dazs Ice Cream 2/\$8 Assorted Varieties
12 - 13 Oz. Box SuperPretzel Soft Pretzels Or Bites 2/\$7	8 - 10.5 Oz. Box Furlani Garlic Knots, Texas Toast Or Bread 2/\$4 Assorted Varieties	3 Lb. Bag County Line Chicken Wing Portions \$5.99	26 Oz. Pkg. Perdue Chicken Strips Or Popcorn Chicken \$8.99

Cheeses Of The World

14 Oz. Pouch Bag Salvadoreña Tropical Crema 2/\$5	14 Oz. Pkg. (White Cheese) La Ricura Queso Seco \$7.99	14 Oz. Cont. La Ricura Queso Fresco De Mi Campo \$6.99	10 Oz. Pkg. Blanco Or De Freir Tropical Queso 2/\$9
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Snacks & Beverages

6.5 - 10 Oz. Pkg. Cheetos Cheese Snacks \$3.99	5.25 - 6.25 Oz. Bag Good Health Veggie Snacks 2/\$7 Assorted Varieties	On The Border Tortilla Chips (8 - 12 Oz. Bag) Or Salsa (16 Oz. Jar) 2/\$7 Assorted Varieties	2 Liter Bottle + Dep. & Tax Coca-Cola, Sprite, Fanta, Seagram's, Barq's Or Dr Pepper Soda 2/\$5
6 Pack 11.2 Fl. Oz. Bottles + Dep. & Tax Guinness Beer \$10.99	12 Fl. Oz. Bottles Or Slim Cans + Dep. & Tax Michelob Ultra Or Light Beer \$15.99	33.8 Fl. Oz. Bottle + Dep. & Tax Polar Seltzer Water 3/\$4 Assorted Varieties	10 Pack 7.5 Fl. Oz. Cans + Dep. & Tax Coca-Cola, Sprite, Fanta, Seagram's, Dr Pepper Or Fresca Soda \$6.99
52 Fl. Oz. Cont. Florida's Natural Orange Or Grapefruit Juice 2/\$7 Assorted Varieties			

12 Fl. Oz. Can Regular Or Fat Free Urban Meadow Evaporated Milk 5/\$5 Limit 2 Offers Must Buy 5	11.7 - 13.7 Oz. Box Kellogg's Club Crackers BUY ONE GET ONE FREE Assorted Varieties Limit 4 Offers
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Pearl Milling Company Pancake Mix (32 Oz. Box) Or Syrup (24 Oz. Bottle) \$2.99 Assorted Varieties Limit 3 Offers	28.5 Oz. Frosted Flakes, 24 Oz. Corn Flakes, 23 Oz. Froot Loops Or Apple Jacks Or 22.6 Oz. Corn Pops Giant Size Kellogg's Giant Size Cereal \$4.99 Limit 4 Offers
14 Fl. Oz. Can Regular Or Fat Free Magnolia Sweetened Condensed Milk 5/\$10 Assorted Varieties Limit 2 Offers Must Buy 5	14 Fl. Oz. Bottles Snapple Juice Or Iced Tea \$3.99 Assorted Varieties

2 Liter Bottle + Dep. & Tax Coca-Cola, Sprite, Fanta, Seagram's, Barq's Or Dr Pepper Soda 2/\$5	52 Fl. Oz. Cont. Florida's Natural Orange Or Grapefruit Juice 2/\$7 Assorted Varieties
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Seafood Savings

Fresh Sushi
Made Daily

Wild Caught
Catfish
Fillets
\$9.99
Lb.



Jumbo
Shrimp
\$11.99
Lb.



2 Lb. Bag
Live
Mussels
\$5.99



Meats Come See Our Full Service Butcher Shop

Single Pack \$6.99 Lb.
Fresh U.S.D.A. Choice
(Twin Pack)
Beef Top Round
London Broil
\$5.99
Lb.
Fresh U.S.D.A. Choice
Beef Boneless
Top Round Steak
Thin Sliced For Braciole
\$7.99
Lb.
Fresh U.S.D.A. Choice
(Family Pack)
Boneless Beef
Top Chuck Steaks
\$7.99
Lb.
Fresh U.S.D.A. Choice
(Family Pack)
Boneless Beef
Shell Steaks
\$12.99
Lb.
U.S.D.A.
CHOICE

Fresh
U.S.D.A. Choice
Beef Top Round Roast
\$5.99
Lb.

Fresh
Boneless
Thin Sliced
Pork Chops
\$3.99
Lb.

Fresh
(Family Pack)
Sliced Pork
Spare Ribs
\$3.99
Lb.

Fresh
(Family Pack)
Pork
Spare Ribs
\$2.99
Lb.



Fresh
Baby Back
Pork Ribs
\$4.99
Lb.
16 Oz. Pkg.
Hot Or Sweet
Premio Italian Style
Pork Sausage
\$4.99

Fresh Grade 'A'
Chicken Livers
Or Gizzards
\$2.49
Lb.

Fresh Grade 'A'
(Family Pack)
Perdue Boneless
Chicken Thighs
\$3.99
Lb.

Fresh Grade 'A'
(Family Pack)
Chicken Breast
Tenders
\$4.99
Lb.

Fresh Grade 'A'
(Family Pack)
Thin Sliced
Boneless Chicken
Breasts
\$3.99
Lb.

Cold Cuts

16 Oz. Pkg.
Original, Thick Cut Or Lower Sodium
Smithfield
Bacon
\$5.99
Lb.
14 Oz. Pkg.
King Size, Bun Size Or Hot & Spicy
Sabrett
Beef Franks
\$5.99
Lb.
32 Oz. Bag
Sabrett
Sauerkraut
\$4.99



Deli Meats & Salads

Sliced To Order
Boar's Head
Low Sodium
Ham
\$10.99
Lb.
Sliced To Order
With Pistachios
Citterio
Mortadella
\$6.99
Lb.
BBQ Or Wings Of Fire
Tyson
Fully Cooked
Chicken Wings
\$8.99
Lb.



Sliced To Order
BelGioioso
Mozzarella
Cheese
\$5.99
Lb.



Sliced To Order
DiLusso
Genoa Salami
\$8.99
Lb.
Store Made
Broccoli
Crunch Salad
\$5.99
Lb.



Sliced To Order
Butterball
Honey Roasted
Turkey Breast
\$8.99
Lb.



Fresh
Imported
Feta Cheese
\$5.99
Lb.
Store Made
Egg Salad
\$5.99
Lb.



Each
Red Ripe
Mangos
2/\$3
6 Oz. Cont.
Fresh
Blackberries
4/\$5
U.S. #1
2 Lb. Bag
Yellow
Onions
99¢



FRESH PRODUCE

Each
Florida
Indian
River
Grapefruit
5/\$5
Each
Large Premium
Navel Or Cara Cara
Oranges
4/\$5



Fancy Green
Squash Or
Firm Purple
Eggplant
\$1.49
LB.
Each
Long Green
Cucumbers
4/\$3



Each
Tropical
Chayotes
3/\$3
Each
5 - 7 Lb. Avg.
Mini Red Seedless
Watermelon
\$4.99
U.S. #1
Green Giant
Idaho Baking Or
Red A Potatoes
89¢
LB.



Price Promotion Effective Friday, Jan. 23 to Thursday, Jan. 29, 2026

There will be No Sales made to Other Retailers or Wholesalers. We Reserve the Right to Limit all Products.
MEAT, PRODUCE, DAIRY AND DELI MUST BE RETURNED/EXCHANGED WITHIN 24 HOURS WITH STORE RECEIPT