

# IN AN EMERGENCY, BE FAST

**B**

## BALANCE

Sudden dizziness or loss of coordination.

**E**

## EYES

Sudden blurred or lost vision.

**F**

## FACE

Ask them to smile. Does one side droop?

**A**

## ARMS

Ask them to raise arms. Does one drift down?

**S**

## SPEECH

Is speech slurred or strange?

**T**

## TIME

Call Emergency immediately. Note the time.

# Action Plan

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- ✓ **ACT FAST:** Stroke is a brain attack. Every second counts.
- ✓ **HOSPITAL:** Go only to hospitals that have a **CT Scanner**.
- ✓ **SYMPTOMS:** Tell the doctor exactly what time the symptoms started.

**NEAREST HOSPITAL WITH A CT SCANNER**

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**PRIMARY FAMILY CONTACT**

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**CALL [EMERGENCY NUMBER]**

Stroke Equity Project:  
Protecting our families, together.