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continuous gene-flow, supporting a scenario of climate-mediated diversification. Spatial connectivity was highest at present, consistent with our best demographic model of secondary contact.

Main Conclusions: This study exemplifies a mechanism by which speciation, dispersal, and introgression unfold in an important region for Neotropical diversification—the Isthmus of Panama— where periods of *both* isolation and introgression probably drive diversification. Overall, our results are consistent with the Refuge Model of biotic diversification, but suggest that introgression may be a crucial yet underappreciated component of this classic paradigm.

KEYWORDS: refuge hypothesis; statistical phylogeography; neural network; ecological niche modeling; Isthmus of Panama; Pleistocene; introgression

INTRODUCTION:

Allopatric speciation is typically considered the primary mode of speciation in vertebrates (Coyne and Orr 2004; Provine 2004), but there is growing evidence that gene-flow often occurs during clade diversification (Gompert et al. 2014; Thom et al. 2018; Burbrink and Gehara 2018). Although introgression is generally thought to hamper differentiation by homogenizing allele frequencies among populations (Slatkin 1987), it can also act as a creative force (Gompert et al. 2006; Norris et al. 2015; Racimo et al. 2015; Barrera-Guzmán et al. 2018). Thus, understanding which processes promote differentiation in the presence of gene-flow is a persistent question in evolutionary biology.

One mechanism by which differentiation with gene-flow may occur is through parapatric ecological speciation (Schluter 2001). Ecological speciation occurs when divergent selection due to environmental gradients promotes population differentiation and reproductive isolation despite ongoing gene-flow (Nosil 2012). Here, incipient

species adapt to local environments while continuously exchanging alleles, leading to niche evolution (Blair et al. 2013). Yet for a significant portion of species, population differentiation has occurred in the absence of strong environmental gradients (Cadena et al. 2012). Instead, speciation often occurs across biogeographic barriers (i.e., regions of unsuitable habitat) while maintaining some degree of gene-flow through time and space as population connectivity fluctuates with changing environmental conditions (i.e., isolation-with-migration) (Weir et al. 2015; Winger 2017; He et al. 2019). Under this scenario, barriers to gene-flow are semipermeable spatially (e.g. a river that narrows at the headwaters) and/or temporally (e.g. a river that grows and shrinks through time) to allow for ongoing migration.

The semipermeability of barriers can be summarized as two extremes along a continuum. At one extreme, individuals of vagile species may disperse long distances to overcome barriers and hybridize with individuals of populations or species that differentiated in the past (Oswald et al. 2019). This might be particularly expected in archipelagos where the migration of individuals between populations can only be maintained by crossing existing barriers (Weeks and Claramunt 2014). At the other extreme, continental barriers may break down over time, thereby increasing interpopulation migration (Musher et al. 2019; Albert et al. 2017). Thus, populations may experience episodic fragmentation and periodic gene-flow (Zarza et al. 2016; He et al. 2019). Under such conditions, the homogenizing effects of gene-flow may be overcome by additional intrinsic mechanisms, such as pre- or post-zygotic isolation, operating at periods of both fragmentation and contact (Provost, Mauck, and Smith 2018; Hoskin et al. 2005).

On continents, change in ecosystem connectivity may be a key process affecting patterns of biodiversity (Webb 1991; Kozak and Wiens 2006; Prates et al. 2016; Albert et al. 2017). One frequently explored mechanism that might explain variation in connectivity is historical climate change, which generated pronounced shifts in the distribution of ecosystems and their associated biological communities (Hewitt 2000, 2004). During the Quaternary, global climate cycled between warmer/wetter conditions and cooler/dryer conditions, though such changes were not uniformly distributed across the globe (Cheng et al. 2013; Hewitt 2000). These cycles are thought to be closely tied

to the fragmentation and connection of ecosystems across the tropics and thus the diversification of tropical biotas (Vuilleumier 1971; Huntley et al. 2018; Potter et al. 2018; Musher et al. 2019). When species track their ancestral niches with changing climate (Wiens and Graham 2005; Kozak and Wiens 2006; Tingley et al. 2009), environmental change can affect diversification processes by either reducing population connectivity via habitat fragmentation (Haffer 1969; Mayr and O'Hara 1986; Claramunt and Cracraft 2015) or increasing connectivity via the formation of habitat corridors (Prates et al. 2016; Trujillo-Arias et al. 2018; Flantua et al. 2019).

Here we test the influence of climate change and niche evolution in driving diversification and gene-flow across the Isthmus of Panama, where the episodic wax and wane of ecosystem connectivity due to climate change is considered to have played a significant role in diversification (Webb 1991; Vrba 1992; Smith, Amei, and Klicka 2012). To test competing hypotheses, we specifically utilize a species complex of *Pachyramphus* becards that radiated across Central America and northwestern South America. Recent taxonomic work has highlighted a complex of four species across this region whose histories may have included diversification with gene-flow (Musher and Cracraft 2018): *P. aglaiae* (western Mexico), *P. sumichrasti* (eastern Mexico to western Panama), *P. canescens* (eastern Panama to northern Colombia), and *P. homochrous* (southwestern Colombia to northwestern Peru). All taxa are tied to semi-open forested systems, such as gallery and seasonally dry forests, and the edges of lowland evergreen forests (Parker et al. 1996).

Although the breeding ranges of *P. sumichrasti* and *P. canescens* are separated at present by more than 400 km around the Isthmus of Panama (Webster 1963), and genetic data support a deep split between these two non-sister species (Musher et al. 2019), other patterns suggest the possibility of introgression. For example, phylogeny based on mitochondrial DNA shows a sister relationship between *P. sumichrasti* and *P. canescens* plus *P. homochrous*, a relationship that conflicts with the species tree and is potentially the result of ancestral hybridization (Musher and Cracraft 2018). Additionally, males of *P. sumichrasti* are characterized across most of their distribution as having a distinct rose-colored throat, but populations become darker moving southeast, and, like *P. canescens*, lack the distinctive rose-throat in southeastern populations (Webster

1963). Furthermore, in *P. sumichrasti* and *P. aglaiae*, phenotypic variation appears to follow Gloger's Rule, as individuals tend to be darker in wetter regions and paler in dryer regions, suggesting that disruptive selection could also play a role within this complex (Webster 1963).

Using sequence capture of ultraconserved elements (UCEs), we first test whether diversification in this group is characterized by a history of pure isolation or one in which gene-flow has occurred. Then, using a combination of demographic, phylogenomic, and ecological niche modeling we test whether this history is better explained by parapatric ecological or climate-mediated speciation-with-gene-flow.

Predictions for competing hypotheses

Here, we develop a three-pronged approach to distinguish among biogeographic hypotheses that evaluates each hypothesis based on predictions for demographic history, niche evolution, and change in geographic connectivity over time. We specifically test two modes of speciation. First, we test parapatric ecological speciation (Nosil 2012), which predicts continuous gene-flow, niche divergence, and constant geographic connectivity over time. Such a model would be consistent with adaptation to local environmental conditions that overwhelms the homogenizing effects of gene-flow. Second, we test climate-mediated speciation, wherein differentiating populations experience gene-flow that becomes reduced during times of decreased ecosystem connectivity. This model predicts non-continuous gene-flow, niche conservatism, and geographic connectivity that varies with climate change. Although gene-flow is not required for ecological speciation in the broad sense (Nosil 2012), herein we use the term "ecological speciation" to specifically mean *parapatric* ecological speciation.

METHODS:

Sequencing and bioinformatics

We extracted genomic DNA from a total of 21 specimens across 19 localities (Table S1; Figure 1). These included 17 vouchered fresh tissues and four toe pads from historical museum study skins. To sequence UCEs, DNA extracts were sent to

RapidGenomics® (Gainesville, FL) for DNA shearing, library preparation, and Illumina sequencing. We processed raw reads from Illumina output in two ways. First, we used the Phyluce pipeline (Faircloth 2016) to trim, clean, and assemble reads. Second, we used a custom pipeline to map reads to assembled UCE loci, phase all loci for all individuals, and call single nucleotide polymorphisms (SNPs). Details of DNA extraction and bioinformatic protocols can be found in the Electronic Supplementary Material (ESM).

Population and species delimitation

To identify genetically distinct populations without *a priori* bias, we used STRUCTURE v2.3.4 (Hubisz et al. 2009). We sampled one random SNP from each locus in our 75% complete dataset (loci represented by a minimum of 75% of individuals), and performed 20 runs of 5×10^5 generations after a burnin 10^5 generations for each of four K-values (K=2–5). We then used CLUMPP (Jakobsson and Rosenberg 2007) to optimally align runs by permuting 10^5 replicates for each K value. We then found the optimal K by choosing the model with the highest ad hoc Δ K value (Evanno, Regnaut, and Goudet 2005). We additionally present population assignment results for all four K-values to better characterize the variance in population structure represented in the data.

Many species concepts define species as populations or sets of populations that are reproductively cohesive over evolutionary time (De Queiroz 2007). To test for species boundaries in this group, we used Bayesian Phylogenetics and Phylogeography (BP&P) v3.4 (Rannala and Yang 2013), which statistically evaluates lineage independence using a multi-species coalescent model on sequence data. Because previous work has shown that the species tree relationships are robust based on results from ASTRAL (Mirarab et al. 2014; Musher and Cracraft 2018), we used algorithm A10, which implements a reversible-jump Markov chain Monte Carlo to move between different species delimitation models within a fixed guide tree. Because the population assignments based on STRUCTURE were imbedded within our BP&P models, which were based on previous taxonomic work rather than population assignments. We tested

multiple combinations of prior distributions for root divergence time and ancestral mutation-scaled effective population size (Leaché and Fujita 2010) (See ESM).

Phylogenomic networks

To characterize the history of diversification and gene-flow, we used two methods. First, we used PhyloNet 3.8.0 (Yu and Nakhleh 2015), which infers the maximum pseudolikelihood phylogenetic network using a set of rooted gene trees while accounting for both incomplete lineage sorting and hybridization. In PhyloNet, reticulate edges are assigned inheritance probabilities, which are related to the proportion of incongruent gene trees that can be explained by hybridization. We generated gene trees using RAxML 8.2.12 (Stamatakis 2014) on unphased sequences recovered in the Phyluce pipeline (75% and 95% complete datasets). Then, we assigned individuals based on BP&P results (plus one outgroup) and applied the *InferNetwork_MPL* algorithm with a single reticulation and 50 pseudolikelihood searches. We repeated this run 20 times and kept the maximum pseudolikelihood topology across all runs.

Second, we used TreeMix v1.13 to estimate the maximum likelihood population graph in the presence of gene-flow (Pickrell and Pritchard 2012). TreeMix uses full likelihood to add admixture events to a tree of bifurcating populations. These admixture events or migration "edges" describe populations with ancestry derived from another population. The inferred migration weight of these events is related to the proportion of alleles in a population derived from migration. We assigned individuals to populations based on BP&P results and ran TreeMix using the 75% and 95% complete SNP datasets. Each run was replicated for both m=1 and m=2 for the number of admixture events.

Historical demographic inference

To infer the history of isolation and gene-flow between *P. sumichrasti* and *P. canescens*, we employed a machine learning approach to fit simulated models to our observed dataset. Sequence data were simulated under several demographic models in PipeMaster (Gehara et al. 2017; Gehara, Mazzochinni, and Burbrink 2019). PipeMaster uses msABC (Hudson 2002; Pavlidis, Laurent, and Stephan 2010) to simulate

nucleotide sequences with the same length and number of individuals as loci in the observed dataset. It then uses PopGenome (Pfeifer et al. 2014) to calculate summary statistics for simulated and observed data. Parameters for each simulation were sampled from uniform priors, including a mutation rate for each gene. We simulated data under four scenarios following the assumptions of the aforementioned hypotheses (Figure S1): (M1) isolation without migration, (M2) isolation with continuous migration, (M3) isolation with ancestral migration (migration before the last interglacial, 130kya), (M4) isolation with secondary contact (migration after the last interglacial, <130kya). We used the same set of wide priors for effective population size (min:50,000 max:1,500,000), divergence times (min:130,000 max:1,500,000 generations) and migration rate (min:0.1, max: 2.0 migrants per generation, when allowed) for all models. Time priors assume a generation time of 1 year. Given our hypotheses, our primary goal in testing these demographic scenarios was to assess the pattern of historical connection among populations. Although ideally we would evaluate more parametersrich models (e.g., to incorporate population size change), given our reduced dataset we decided to conservatively test scenarios that exclusively varied in gene-flow. Despite the necessary simplicity of the tested scenarios, they offer a guide to the histories of gene-flow and isolation in these taxa, which should provide the means to distinguish between our hypotheses.

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The high information content associated with thousands of markers enables high accuracy in model selection even in approaches with a relatively low number of simulations (Gehara, Mazzochinni, and Burbrink 2019). For each model, we performed 24,000 simulations and calculated nine population genetic statistics, summarized as means and variances across all loci. We then transformed the summary statistics using principal components analysis (PCA), which was used to evaluate the fit of observed data to simulated models. We explored model selection accuracy using supervised machine learning, running 100 cross-validation replicates of pseudo-observed datasets with the nonlinear neural network algorithm implemented in the ABC R package (Csilléry, François, and Blum 2012). Initial data exploration suggested higher model selection accuracy when retaining a subset of simulations closer to the observed data. Hence, to explore how model selection and parameter estimation could be affected by

different numbers of retained simulations we implemented three tolerance values (0.1, 0.05 and 0.01, retaining 9,600, 4800 and 960 simulations respectively). To assess model selection accuracy, we calculated the number of times the true model was chosen (Posterior Probability; PP). Additional detail is found in the ESM.

Mitochondrial genome (mtGenome) divergence dating

A previous study found that relationships based on mitochondrial DNA conflicted with the species tree suggesting either incomplete lineage sorting or introgression caused incongruence between gene histories (Musher and Cracraft 2018). The node of interest, however, was weakly supported. To improve the accuracy of mitochondrial phylogeny and to independently estimate the timeframe of diversification, we recovered whole mtGenomes from off-target reads as byproduct of UCE sequencing. To estimate the timing and historical relationships of mtDNA divergences, we used BEAST v.2.5.1 (Bouckaert et al. 2014) (See ESM). To estimate divergence times, we applied clock rate means and standard deviations to all genes based on estimated rates from a previous study (clock means: ND1=0.025, ND2=0.029, ND3=0.024, ND4=0.022, ND5=0.021, COI=0.016, COII=0.019, COIII=0.019, ATP6=0.026, ATP8=0.019, and cyt b=0.014) (Lerner et al. 2011).

Ecological niche modeling

To test spatial and ecological predictions, we built ecological niche models (ENMs) for the two non-sister species that meet at the Isthmus of Panama. Because the Isthmus is the location of both historical speciation and potential gene-flow, we only constructed ENMs for *P. sumichrasti* and *P. canescens*. We downloaded locality data from the Global Biodiversity Information Facility (GBIF) for both species. We then filtered and thinned these data to create ENMs through a model tuning exercise. In this exercise, we varied a range of model complexities using regularization multipliers (RMs) and feature classes (FCs) for Maxent v3.4.1 (Phillips, Anderson, and Schapire 2006) using *ENMeval* (Muscarella et al. 2014) (See ESM).

To test if suitable habitat has shifted with changing climate, we used the optimal settings from the above tuning exercise to build models using all occurrences. We

projected these models to four time periods under the Community Climate System General Circulation Model (CCSM4) (Kiehl and Gent 2004): current (CUR), Mid-Holocene (MH), last glacial maximum (LGM), and last interglacial (LIG) (Otto-Bliesner et al. 2006). Here, models were thresholded using the equal training sensitivity and specificity threshold for the cloglog projection (Phillips et al. 2017). Using this threshold, we compared models for overlap using Schoener's D-value (Schoener 1968), percent concordance (proportion of total geographic distribution shared by both species), and the proportion of the study area predicted as present.

To statistically test if the degree of geographic connectivity varied through time, we developed a bootstrapping protocol that randomly samples 'neighborhoods' of fixed radius and quantifies the mean joint probability of occurrence for each neighborhood (henceforth joint suitability). Joint probability was determined by taking the product of the probabilities (projected in raw format) for each species at a given grid cell, and the mean was calculated given all cells in each neighborhood. We applied 1000 replicates to each time slice, which generated a frequency distribution of mean joint suitabilities for each time period. We use this joint suitability measure as a proxy for the degree of connectivity at each time period. To evaluate the effect of relatively large and small neighborhoods we applied this method using neighborhoods of both 50 km and 250 km radii.

We then determined whether joint suitability varied with climate by applying a Bayesian analysis of variance in the R package BayesFactor (Morey, Rouder, and Jamil 2015). We tested alternative models of connectivity change by, first, evaluating whether there was more support for a model where connectivity varied across all time periods versus remaining constant, and second by evaluating the support for connectivity change between each consecutive time period independently. The latter test was evaluated at each time period by taking the ratio of the Bayes factor where all times vary in connectivity to the Bayes factor where two consecutive periods are equivalent in connectivity. Five models were tested in total: LIG = LGM, LGM = MH, MH = current, and LIG \neq LGM \neq MH \neq current, which were all tested against a null model where all time periods were equivalent. We additionally evaluated the PP of change between each time period by sampling the posterior of the model where all periods vary using

100,000 MCMC replicates, and quantifying the proportion of samples that were consistent with change between time periods.

To test if niches have been phylogenetically conserved, we compared the niche models for similarity and equivalency using *ecospat* (Di Cola et al. 2017). We tested for 'niche similarity' by randomly shifting the niches of each species throughout the study area, and then 'niche equivalency' by randomly selecting occurrences from both species to create new datasets and ENMs. Both analyses resulted in a frequency distribution of Schoener's D-values against which we tested against observed values. Niches were determined to be similar or equivalent if the observed D-value was greater than expected under the 1000 randomizations (see ESM).

RESULTS:

Population discovery and species delimitation

The optimal K-value was 3 based on STRUCTURE (Δ K = 532.744; Table S2), but assignments for all K-values showed widespread admixture (Figure 2A). Notably, several individuals from *P. sumichrasti* were admixed with respect to the *P. aglaiae* population. These results were consistent with *P. aglaiae* and *P. sumichrasti* representing distinct population clusters, though *P. canescens* and *P. homochrous* were lumped into a single population. BP&P recovered four lineages for all three runs of alternate priors (PP=1.0 for all nodes).

Phylogenomic networks

Phylogenetic network results were indicative of a history of gene-flow during diversification of the *Pachyramphus* species complex. In PhyloNet, both 75% (InL = -535667.93) and 95% (InL = -421640.77) complete datasets recovered the same topology and inheritance probabilities (Figure 2B). TreeMix also recovered similar results for both SNP datasets, inferring strong migration from *P. sumichrasti* to *P. canescens* (75% m1: InL = 68.89; 75% m2: InL = 68.91; 95% m1: InL = 66.07; 95% m2: InL = 66.93). In m=2 models, TreeMix inferred a second admixture edge from *P.*

aglaiae to *P. homochrous*, though the migration weight was low for the 75% SNP dataset (Figure 2B).

Historical demographic inference

The four models were accurately identified on 82% of the cross-validations, across the tolerance levels applied (Figure S2). The mean PP for each model, obtained with the cross-validations, suggest that our approach is efficient at distinguishing among models (average PP = 0.73 across models and tolerances). Distinct tolerances produced similar model classifications (mean correct classification of 82.5, 80.25 and 83.25 for the 0.1, 0.05 and 0.01 tolerances, respectively). The cross-validations for parameter estimation suggest that current effective population sizes and divergence times can be correctly estimated, with high and significant correlation values ($R^2 > 0.9$; p < 0.01) between pseudo-observed datasets and simulations (Figure S3). The lower values for the Pearson's correlation index between simulated and pseudo-observed data were observed for migration parameters ($R^2 \sim 0.5$; p < 0.01), suggesting a reduced capacity of our approach to estimate the magnitude of gene-flow between the two populations, despite high accuracy in distinguishing among models with gene-flow.

The PCA suggested that the simulations fit the data well, with the first three components explaining 80% of the variance (Figure S4). At a tolerance of 0.1, the model selection approach supported secondary contact (M4) with relatively high PP, and found that gene-flow occurred from the last interglacial (130ky) towards the present (PP = 0.81; Bayes factor > 6.0; Table 1). However, the PP for the secondary contact model decreased with lower tolerances, and was only marginally better than the continuous migration model (Bayes factor ~ 2; Table 1). Parameter estimation for the secondary contact model supported a larger effective population size for *P. sumichrasti* than *P. canescens*, a divergence time during the early-mid Pleistocene (mean = 580,740 generations ago; 95% CI = 407,948 - 865,711 generations ago), and migration rates that overall reflected the priors (Table 2).

Mitochondrial divergence dating

We recovered a mtGenome topology that conflicted with the species tree, confirming that either incomplete lineage sorting or ancestral introgression has resulted in discordance between mitochondrial and species histories (Figure 2A). The initial split occurred roughly 710 (820–610) kya, followed by a second split roughly 630 (730–530) kya. The divergence *P. canescens* and *P. homochrous* occurred about 466 (560–380) kya. All nodes were recovered with strong support (PP>0.95). Divergence of this group from its outgroup (not shown) occurred 1,054 (1,303–1,778) kya.

Ecological niche modeling

The optimal model for *P. canescens* predicts coastal regions of northern South America and the Isthmus of Panama (Figure 3), in addition to low-to-middle elevations of the northern Andes. The optimal model selected for *P. sumichrasti* showed strong climatic suitability along the Pacific coast of Mexico and Central America as well as high suitability through the Isthmus of Panama (Figure 3).

Despite some obvious geographic differences in the predicted distributions of these species, the niches of P. canescens and P. sumichrasti were conserved (Figure S5). The climatic suitabilities for the two species were more similar (equivalent) than randomly combining occurrences from each species (p = 0.001). We also found that distributional overlap between the two species was higher than expected by chance (p = 0.047; Figure S5).

Projections of optimal models through time indicate high levels of ecosystem connectivity for both species throughout the Isthmus of Panama. Current and LIG time periods showed the highest levels of niche overlap observed, with drops in overlap at the LGM. *Pachyramphus sumichrasti* consistently showed the highest proportion of the study region predicted as present through each time period. *Pachyramphus canescens* predictions were reduced during the LGM through the Isthmus of Panama (Figure 3).

Bootstraps supported a scenario of varying connectivity through time, including for neighborhoods of 50km (Bayes factor > 10^{160}) and 250km radii (Bayes factor > 10^{501}) (Figure 3). Specifically, connectivity declined between LIG and LGM (50km Bayes factor > 10^{4} , PP = 1.00; 250km Bayes factor > 10^{15} , PP = 1.00; 250km Bayes factor > 10^{49} , PP =

1.00), and increased again from MH to current climates (50km Bayes factor > 10⁶⁸, PP = 1.00; 250km Bayes factor > 10²⁵¹, PP = 1.00), and that the order (current > LIG > MH > LGM) was strongly supported under both 250km (Bayes factor = 24.00, PP = 1.00) and 50km (Bayes factor = 24.00, PP = 1.00) neighborhoods. Interestingly, many outlying high values were detected by 50km radius bootstrap during LGM climates, perhaps reflecting small patches of joint suitability not detected by larger neighborhoods.

DISCUSSION:

Our spatial and genetic results were concordant and supported a scenario of climate-mediated diversification with periodic gene-flow. Phylogenomic and demographic analyses both indicated a history of gene-flow during diversification. Geographic connectivity between *P. sumichrasti* and *P. canescens* varied significantly through time with highest joint suitability during contemporary and lowest during the LGM climates (Figure 3), a scenario that was consistent with our best-fitting demographic model of secondary contact. Accordingly, because gene-flow was not continuous, niches were not divergent, and joint climatic suitability was not constant through time, we reject parapatric ecological speciation in favor of shifting ecosystem connectivity due to climate change. Speciation in *Pachyramphus* is therefore attributed to initial isolation followed by introgression during periods of increased ecosystem connectivity.

We also found evidence of admixture between *P. aglaiae* and *P. sumichrasti*, two recently diverged sister taxa, based on Structure (Figure 2). This is consistent with previous work, which found that *P. sumichrasti* was paraphyletic relative to *P. aglaiae* based on a concatenated UCE phylogeny (Musher and Cracraft 2018). Furthermore, TreeMix inferred an unlikely scenario of gene-flow between *P. aglaiae* and *P. homochrous*, two non-sister taxa that are geographically non-adjacent. We cannot easily explain this finding, except that the 75% complete dataset (which contains more loci) found this event to be very weak, suggesting that many loci conflicting with this scenario were filtered out to generate the 95% complete dataset. The likelihoods were also very similar between m=1 and m=2 models, suggesting a model with fewer edges

would be favored. Still, because both m=1 and m=2 TreeMix models detect admixture between *P. sumichrasti* and *P. canescens*, we argue that this admixture event is better supported.

Implications for a Refuge Model of diversification

Our results are consistent with the Refuge Model of biotic diversification, which posits that global cycles of climate warming and cooling during the Quaternary caused expansion and retraction of forested and non-forested biomes (Haffer 1969; Webb 1991). However, our data support an alternative view of the Refuge Model in which environmental change has been subtler than the periodic replacement of forest with open savannas (Smith, Amei, and Klicka 2012; Arruda et al. 2018). Recent work on South America has shown that during cooler arid periods, there was likely an increase in tropical deciduous and open ombrophilous forests, in addition to downward elevational shifts of montane ecosystems (Robinson, Brawn, and Robinson 2000; Arruda et al. 2018). Rather than driving pure allopatric isolation, this process would have altered landscape connectivity at ecological scales and in turn varied the probabilities of isolation, local extinction, and dispersal over time. This was evidenced in our ENMs, in which ecological connectivity never ceased; rather, the probability of connectivity varied predictably through time, with the last glacial maximum showing the lowest levels of connectivity, as expected a priori (Figure 3).

Thus, a model of forest retraction and coalescence may not effectively describe historical dispersal and speciation at the Isthmus of Panama. Along the Isthmus, which already limits dispersal due to a spatial bottleneck (Robinson, Brawn, and Robinson 2000), changes in climate may specifically impact variation in rates of dispersal or geneflow through time. In this way, connectivity between ecosystems across the Isthmus of Panama may be 'flickering' (Flantua and Hooghiemstra 2018). This 'flickering connectivity' may not only explain patterns across the Isthmus of Panama, but also in other regions where connectivity occurs via narrow or 'stepping-stone' corridors, such as between Amazonian and Atlantic Forests of South America, along tropical mountain ranges, or across the Dahomey Gap of western Africa (Mayr and O'Hara 1986; Rull and Nogué 2007; Prates et al. 2016; Trujillo-Arias et al. 2018; Huntley et al. 2019). We

therefore suggest that the climatically-mediated scenario of periodic gene-flow that we propose at the Isthmus of Panama could also be an important phenomenon in other regions (Ehrendorfer 1959; Rattenbury 1962; Zarza et al. 2016; He et al. 2019).

Moreover, we argue that periodic gene-flow may be a more important component of the Refuge Model than previously realized. For example, cycling between allopatry and sympatry might promote greater net-diversification than either sympatry or allopatry alone (Aguilée, Claessen, and Lambert 2013), and there is a growing body of evidence that suggests gene-flow may promote speciation via adaptive introgression (Delmore et al. 2015; Racimo et al. 2015; Irwin et al. 2018; Marques, Meier, and Seehausen 2019) or hybrid speciation (Barrera-Guzmán et al. 2018). Taken together, these data suggest that introgression, in addition to isolation, is a crucial process affecting diversification.

Because real-world data often do not fit neatly into discrete geographic modes of speciation (Schilthuizen 2000; Fitzpatrick, Fordyce, and Gavrilets 2008; Harrison 2012), focusing entirely on cycles of allopatry has rendered the Refuge Model incomplete. Importantly, although we reject a model of parapatric ecological speciation, elements of such a model are probably relevant to the Refuge Model framework, and future studies evaluating the effects of climate on diversification should consider the role of periodic introgression, rather than pure isolation. Though our best-fitting demographic model points to a scenario where gene-flow occurs only between non-sister taxa, a model of continuous migration is second-best for two of three tolerance thresholds and PhyloNet recovered deeper reticulation, suggesting that some historical gene-flow has likely occurred (Table 1).

Limitations of our approach

Despite consistency among our results, we draw interpretations with an important caveat. From a phylogeographical perspective, modeling demographic histories is still extremely challenging, even for whole-genome data (Beichman, Phung, and Lohmueller 2017). Pulses of isolation and gene-flow between *Pachyramphus* taxa could mislead the necessarily simplified models that we explored. For example, a scenario with multiple pulses of connection could mimic a model of continuous migration. Similarly, long periods of isolation could overwrite signals of historical gene-flow. However, our

approach points to a scenario where gene-flow began during the last glacial cycle, despite not having enough resolution to distinguish between multiple pulses of contact or isolation that potentially occurred within this period.

In other words, given our limited sampling, we lack the ability to infer population-level processes with the precision needed to look within a single glacial cycle as was done using spatial analysis. Thus, we suggest that our demographic models be interpreted as a rough guide to the processes occurring rather than the true demographic history, the latter of which is undoubtedly more complex. Given this constraint, we were still able to distinguish among continuous and non-continuous models of gene-flow, which were ultimately consistent with the spatial results as neither geographic nor genetic connectivity was continuous through time. Importantly, we found that despite limited sampling, competing demographic models were nonetheless distinguishable within our machine learning framework, suggesting that this approach is useful even for studies with smaller sample sizes (Gehara, Mazzochinni, and Burbrink 2019) (see also ESM; Figure S6).

Conclusions

In *Pachyramphus*, we provided evidence that varying connectivity across the Isthmus of Panama has led to both differentiation and gene-flow. Reduced connectivity apparently drove repeated speciation as multiple taxa have accumulated over time, while increased connectivity later promoted gene-flow between non-sister taxa (*P. canescens* and *P. sumichrasti*), indicating a reticulate history for this group. The timing of initial isolation roughly 400 to 700 kya is probably associated with a major cooling event, as several of the coldest periods in Earth's history occurred over the past 800 thousand years (Hewitt 2000).

Because climate has varied dramatically over this period, degrees of connectivity and fragmentation between many biomes, globally, have varied as well. Such variation in connectivity during the Pleistocene could also explain a range of macroevolutionary patterns. For example, variable connectivity during the Pleistocene may explain why community-wide patterns of gene-flow are congruent between some Andean dry forests

extinct populations facilitated by cycling connectivity (Oswald et al. 2017).

but divergence times are not, a pattern that is perhaps driven by recolonization of locally

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 Table 1: Summary of the neural network model selection approach for three tolerance levels. *M1* - Pure isolation, *M2* - isolation with continuous migration, *M3* - isolation with ancestral migration, *M4* - isolation with secondary contact.

Toleranc e	Support	M1	M2	М3	M4	
0.1	Posterior probabili ty	0.1218	0.0641	0.0025	0.8116	
	Bayes factor	6.6612	12.6554	330.4801	1	
0.05	Posterior probabili ty	0.0001	0.2976	0	0.7024	
2	Bayes factor	10946.53 2	2.3605	112920.0 29		
0.01	Posterior probabili ty	0.0034	0.3	0.0415	0.6551	
	Bayes factor	191.6658	2.1836	15.7961	1	

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Table 2: Summary of the neural network parameter estimation approach for the best model (M4) for three tolerance levels. Ne - effective population size, mig - migration (arrow represents the direction of gene-flow in forward time), sd - standard deviation, μ - mutation rate.

-					mig	mig		
	Paramet	Ne <i>P.</i>	Ne <i>P.</i>	Divergen	can	su	Mean	
	er	sum.	can.	ce time	>	m	μ	Sd µ
	()				su	>	-	
					m	can		
		50k –	50k –	130k –	0.5	0.5	1E-	1E-
	Prior	1500k	1500k	1500k	_	_	11 –	11 –
		. ooon	room	100011	2.0	2.0	1E-9	1E-9
	2.5%CI	16917	41320	407948	0.6	0.81	1.71E	3.30
_	2.5%CI	6		407.540	5	0.61	-10	E-11
	Median:	93198	238041	549487	1.1	1.55	4.56E	3.82
	wedian:	6	230041	349467	6	1.55	-10	E-10
toleran	Mean:	92058	311597	580740	1.1	1.48	4.55E	4.37
ce 0.1		0			6		-10	E-10
	Mode:	75707	155208	459940	0.8	1.8	3.70E	5.50
	wode.	2	155206	439940	5	1.0	-10	E-11
_	97.5%CI	15829	788251	865711	1.6	1.89	1.38E	1.00
_	97.9%	67	700231	003711	7	1.09	-09	E-09
	2 59/ CI	33146	160901	261206	0.5	0.76	1.88E	6.66
	2.5%CI	3	160891	261296	1	0.76	-11	E-11
toleran ce 0.05	Median:	83353	231644	503520	1.2	1.66	4.02E	3.54
		1			5		-10	E-10
	Mean:	82628	257834	542706	1.2	4 57	4.04E	3.88
		0			4	1.57	-10	E-10

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	Mode:	71876	204415	387092	0.8	1.88	9.67E	7.34
		5					-11	E-11
	97.5%CI	12424	437602	954959	1.9	2.04	9.82E	9.93
_	37.37801	65			7		-10	E-10
	2.5%CI	46680	-	-259312	0.3	0.88	4.59E	9.92
		3	269903		9		-11	E-11
-	Median:	94004	114191	344292	1.1	1.68	3.80E	3.89
		4			7		-10	E-10
toleran	Mean:	90365	182340	386831	1.2	1.59	4.14E	4.25
ce 0.01		3					-10	E-10
	Mode:	10792	-9023	646281	0.7	1.81	1.54E	2.10
		16			6		-10	E-10
	97.5%CI	12103	950732	1134811	2.0	1.98	1.15E	8.70
		53			3		-09	E-10

FIGURES:

Figure 1: Map of study region. Red box within inset demarcates the boundaries of the study region. Distributions (dashed lines) and localities (filled circles) of samples are colored by putative taxonomic limits for *P. aglaiae* (pink), *P. sumichrasti* (orange), *P. canescens* (green), and *P. homochrous* (blue) are based on results from a previous study (Musher and Cracraft 2018).

Figure 2: A) Left: a phylogeny inferred in BEAST using the mtGenomes. Posterior Probabilities are shown at each node and red bars represent 95% highest posterior densities. Center: results from STRUCTURE for each of four values of K. Numbers in parentheses correspond to localities in Figure 1. Toe pad specimens are indicated with red text. Right: the species tree topology from a previous study (Musher and Cracraft 2018), which was used as a guide tree for BP&P analyses. Posterior probability was 1.0 for all speciation events on this tree for all three prior sets used. B) Results from PhyloNet and TreeMix for the 75% (left column) and 95% (right column) complete

621	datasets. Red lines indicate admixture, which are labeled with their inferred inheritance
622	probabilities (PhyloNet) and migration weights (TreeMix). The thickness of the arrows
623	for TreeMix plots are proportional to migration weight.
624	Figure 3: The left panel shows the optimal ENM predictions for each species under
625	current climate. The center panel shows models at the Isthmus of Panama for P.
626	sumichrasti (yellow), P. canescens (red), and model overlap (orange). Values for
627	Schoener's D, percent concordance, and proportion of the study region predicted as
628	present (PPP) are shown for each time slice: current (CUR), Mid-Holocene (MH), last
629	glacial maximum (LGM), and last interglacial (LIG) time periods. The right panel shows
630	subsampled joint suitability through time for 50km- (light blue) and 250km- (tawny)
631	radius neighborhoods.
632	
633	DATA AVAILABILITY: Scripts for replicating analyses are available at
634	https://github.com/lukemusher/speciation-with-gene-flow-at-Isthmus-of-Panama.
635	Cleaned (adapters and low-quality bases removed) are available on dryad at
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