

Wrist Movement during Purposeful Activities: Primary Analysis

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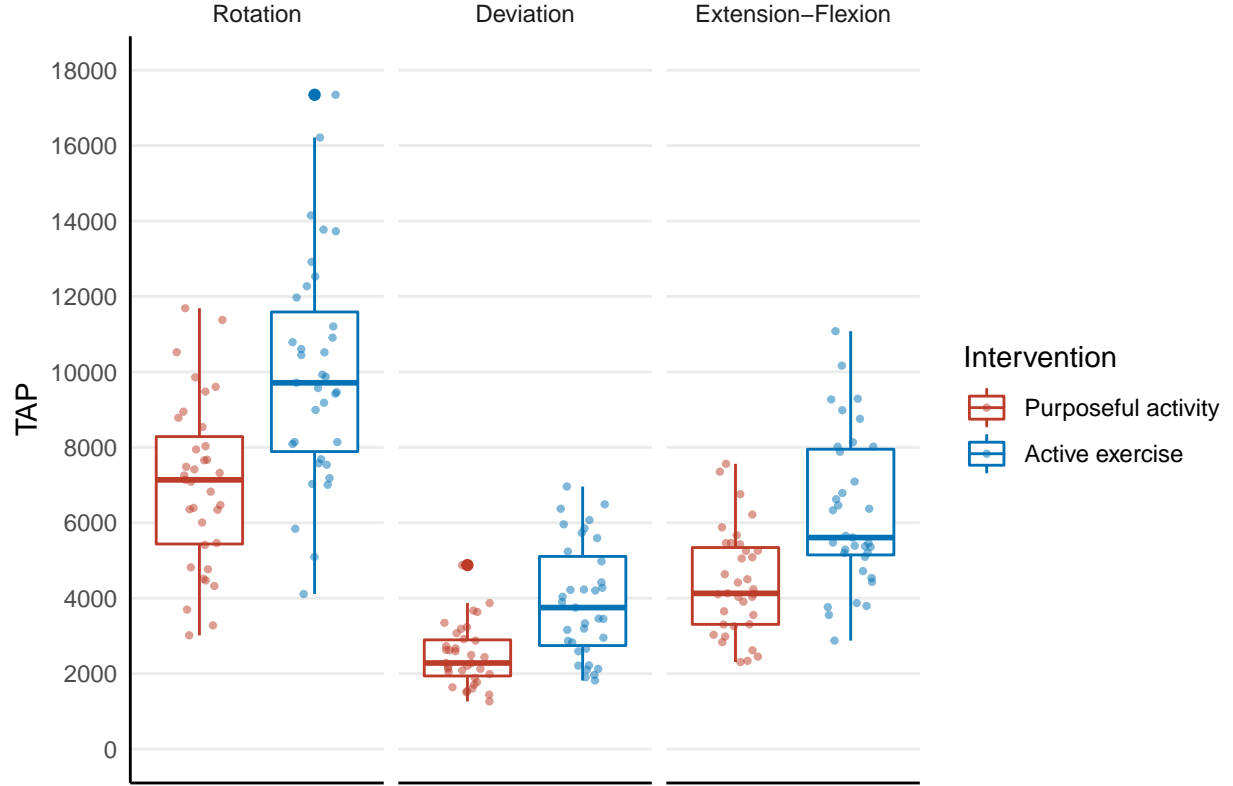
1 Statistical Analysis Plan

A statistical analysis consisting of linear mixed regression is conducted to evaluate the following primary null hypothesis: total movement volume (TMV) is equal across conditions under all movement categories. The linear mixed regression model regresses TMV on movement type, condition, and the interaction of movement type with condition. The model also includes a participant-wise random-intercept for each movement type without any constraints on the correlations across movements (a.k.a “unstructured”). This allows the model to account for the between-participant variance and within-participant correlations amongst the movement types. Moreover, to account for differences in error variance across movement types, the model is structured to estimate a separate error variance for each movement type. The normality and homogeneity of model residuals is evaluated with fitted values versus residuals plot, QQ-plot and histogram. The presence of carry-over effects is tested by including an interaction term between condition and period. This interaction term is dropped if it is not statistically significant. If it is significant, data from period 2 is dropped from analysis as it is considered contaminated with the carry-over effect. The null hypothesis is evaluated with pair-wise comparison of estimated TMV means across conditions. Statistical significance level is set at 0.05. TMV means across conditions under different movement types are reported with their 95% confidence intervals. The analysis is conducted in R using packages: nlme, lme4, r2glmm, emmeans, performance and ggplot2 (Bates, Mächler, Bolker, & Walker, 2015; Jaeger, 2017; Lenth, 2021; Lüdtke, Ben-Shachar, Patil, Waggoner, & Makowski, 2021; Pinheiro, Bates, DebRoy, Sarkar, & R Core Team, 2021; R Core Team, 2021; Wickham, 2016).

2 Results of Primary Analysis

2.1 Total Movement Volume

The raw data for TMV is illustrated in the below figure in a box and scatter plot. Lower TMV is observed in condition PA compared to condition AE irrespective of the movement type.



No carry-over effect is detected in the data. The general trend observed in the raw TMV is confirmed by the statistical model. Condition PA has lower TMV irrespective of the movement type. The movement-wise difference between condition PA and AE is: ulnar deviation $\Delta = -1446$ 95% CI [-1807, -1085], $t[170] = -7.914$, $p = < 0.0001$; wrist extension/flexion $\Delta = -1878$ 95% CI [-2389, -1367], $t[170] = -7.260$, $p = < 0.0001$; forearm rotation $\Delta = -2943$ 95% CI [-3821, -2065], $t[170] = -6.616$, $p = < 0.0001$.

3 Statistical Models

3.1 TMV Estimation and Hypothesis Tests

3.1.1 Model with Carry-over Effects

```
Model <- lme(TMV ~ Movement*Intervention + Intervention*Period,
             random = ~ Movement|Participant,
             data = Datasource,
             weights = varIdent(form = ~1|Movement))
```

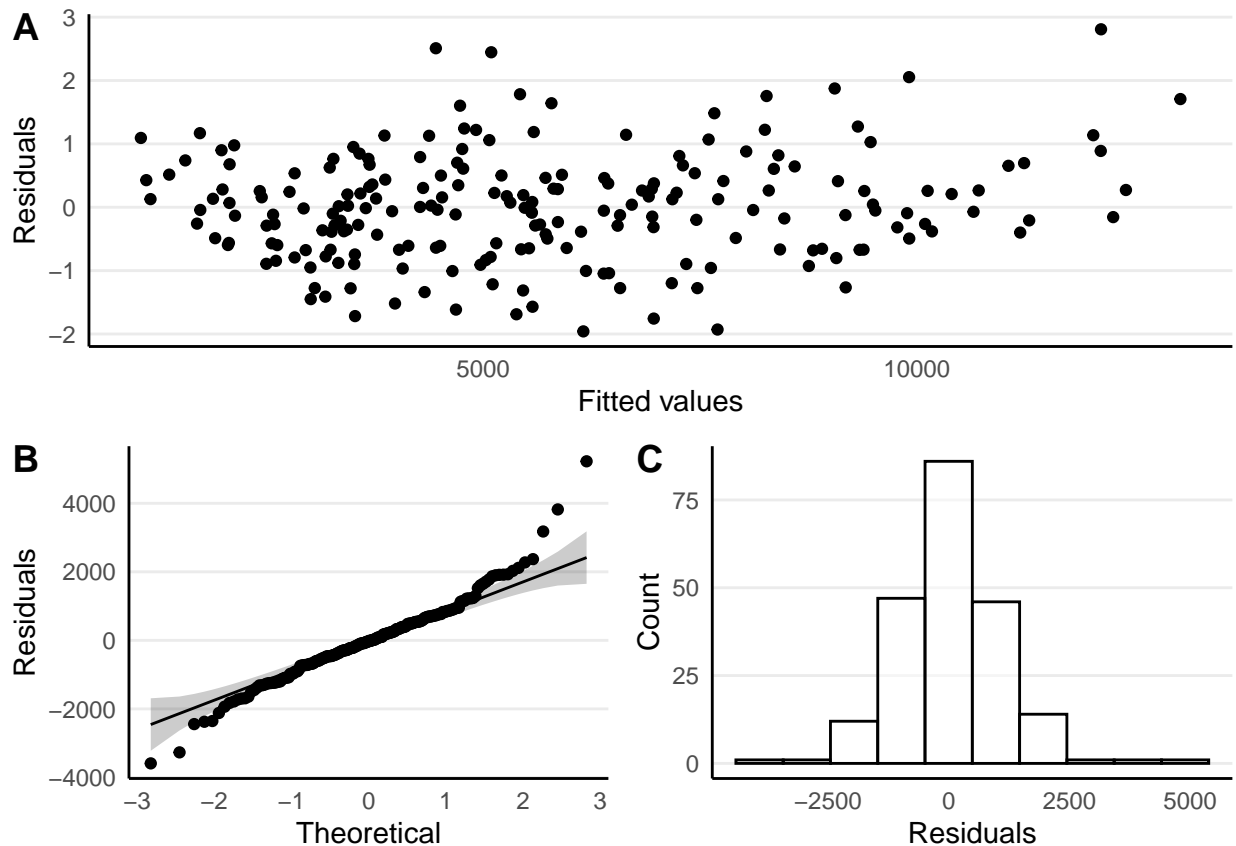
3.1.2 Test for Carry-over Effects

	Num. D.F.	Den. D.F.	F-value	P-value
Intervention:Period	1	168	0.255	0.614

3.1.3 Model without Carry-over Effects

```
Model <- lme(TMV ~ Movement*Intervention,
             random = ~ Movement|Participant,
             data = Datasource,
             weights = varIdent(form = ~1|Movement))
```

3.1.4 Model Diagnostics



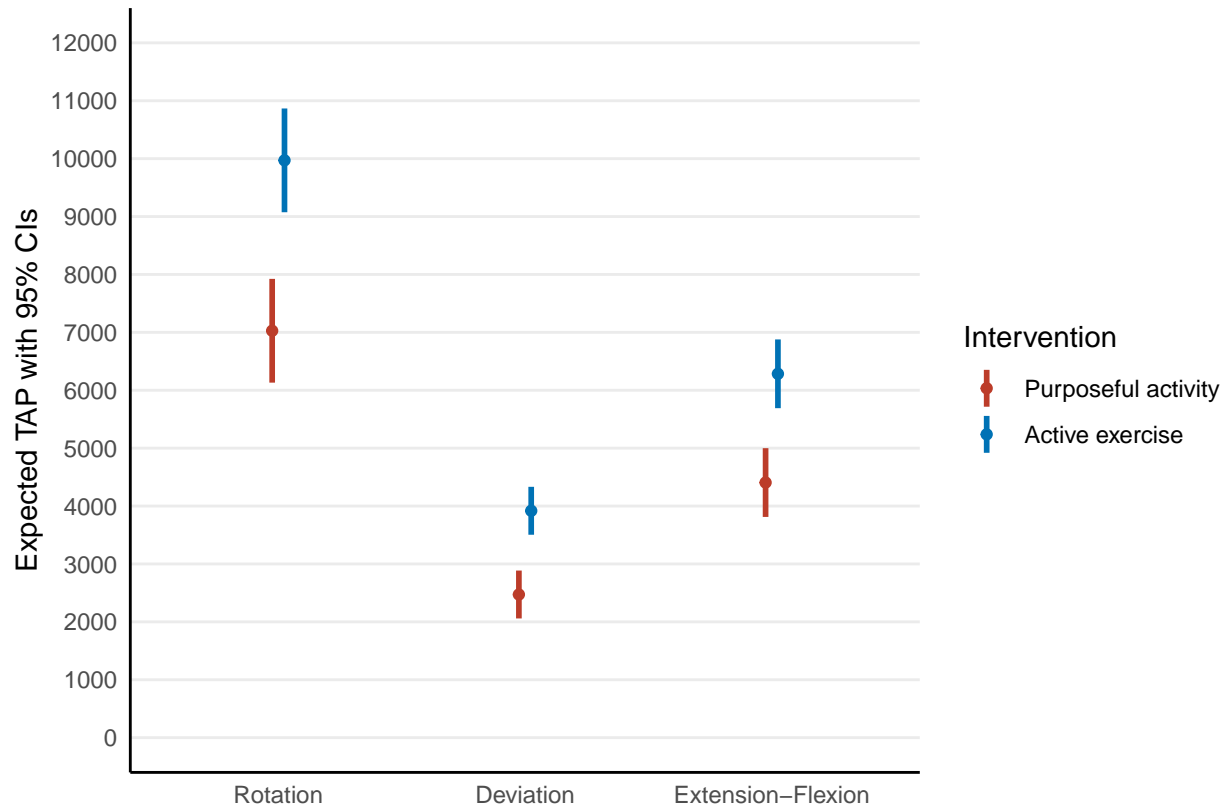
3.1.5 Hypothesis Tests

Contrast	Movement	Difference	SE	D.F.	95% CI Lower	95% CI Upper	T-value	P-value
Purposeful activity - Active exercise	Rotation	-2943	445	170	-3821	-2065	-6.616	<0.001
Purposeful activity - Active exercise	Deviation	-1446	183	170	-1807	-1085	-7.914	<0.001
Purposeful activity - Active exercise	Extension-Flexion	-1878	259	170	-2388	-1367	-7.260	<0.001

3.1.6 Expected TAP with 95% CIs

Intervention	Movement	Expected TMV	95% CI Lower	95% CI Upper
Purposeful activity	Rotation	7027	6131	7923
Active exercise	Rotation	9970	9074	10867
Purposeful activity	Deviation	2472	2059	2886
Active exercise	Deviation	3918	3504	4332
Purposeful activity	Extension-Flexion	4406	3812	5000
Active exercise	Extension-Flexion	6284	5690	6877

3.1.7 Visualisation of Expected TAP



3.1.8 Overall Model Summary

Linear mixed-effects model fit by REML

Data: Datasource

AIC	BIC	logLik
3610.146	3659.918	-1790.073

Random effects:

Formula: ~Movement | Participant

Structure: General positive-definite, Log-Cholesky parametrization

	StdDev	Corr
(Intercept)	1827.9470	(Intr) MvmntD
MovementDeviation	1756.8338	-0.866
MovementExtension-Flexion	2012.8400	-0.758 0.978
Residual	764.3095	

Variance function:

Structure: Different standard deviations per stratum

Formula: ~1 | Movement

Parameter estimates:

Deviation	Extension-Flexion	Rotation
1.000000	1.415756	2.434950

Fixed effects: TMV ~ Movement * Intervention

	Value	Std.Error	DF
(Intercept)	7027.343	440.9379	170
MovementDeviation	-4555.029	451.4789	170
MovementExtension-Flexion	-2621.457	498.1664	170
InterventionActive exercise	2943.114	444.8774	170
MovementDeviation: InterventionActive exercise	-1497.257	480.9335	170
MovementExtension-Flexion: InterventionActive exercise	-1065.229	514.6103	170

	t-value	p-value
(Intercept)	15.937261	0.0000
MovementDeviation	-10.089128	0.0000
MovementExtension-Flexion	-5.262212	0.0000
InterventionActive exercise	6.615562	0.0000
MovementDeviation: InterventionActive exercise	-3.113231	0.0022
MovementExtension-Flexion: InterventionActive exercise	-2.069971	0.0400

Correlation:

	(Intr)	MvmntD	MvmE-F
MovementDeviation	-0.896		
MovementExtension-Flexion	-0.813	0.879	
InterventionActive exercise	-0.504	0.493	0.447
MovementDeviation: InterventionActive exercise	0.467	-0.533	-0.413
MovementExtension-Flexion: InterventionActive exercise	0.436	-0.426	-0.517
	IntrAe	MD:IAe	

MovementDeviation

MovementExtension-Flexion

InterventionActive exercise

MovementDeviation: InterventionActive exercise -0.925

MovementExtension-Flexion: InterventionActive exercise -0.864 0.800

Standardized Within-Group Residuals:

Min	Q1	Med	Q3	Max
-1.95856578	-0.60535476	-0.02874106	0.50111168	2.80800841

Number of Observations: 210

Number of Groups: 35

References

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