# Precise stellar ages: combining isochrone fitting with empirical gyrochronology

Ruth Angus<sup>1,2,3</sup>, Timothy D. Morton<sup>4,2,</sup>, Stephen Kane<sup>5</sup>, Megan Bedell<sup>2</sup>, Jen van Saders<sup>6</sup> Dan Foreman-Mackey<sup>2</sup>, Rocio Kiman<sup>7</sup>, Jason Curtis<sup>3</sup>, David W. Hogg<sup>8,2,9</sup> & John Brewer<sup>10</sup>

# **ABSTRACT**

<sup>&</sup>lt;sup>1</sup>American Museum of Natural History, Central Park West, Manhattan, NY, USA

<sup>&</sup>lt;sup>2</sup>Center for Computational Astrophysics, Flatiron Institute, 162 5th Avenue, Manhattan, NY, USA

<sup>&</sup>lt;sup>3</sup>Department of Astronomy, Columbia University, Manhattan, NY, USA

<sup>&</sup>lt;sup>4</sup>Department of Astronomy, University of Florida, Gainesville, FL, USA

<sup>&</sup>lt;sup>5</sup>Department of Physics and Astronomy, UC Riverside, Riverside, CA, USA

<sup>&</sup>lt;sup>6</sup>Institute for Astronomy, University of Hawai'i at Mānoa, Honolulu, HI, USA

<sup>&</sup>lt;sup>7</sup>Department of physics, CUNY Graduate Center, City University of New York, Manhattan, NY, USA

<sup>&</sup>lt;sup>8</sup>Center for Cosmology and Particle Physics, New York University, Manhattan, NY, USA

<sup>&</sup>lt;sup>9</sup>Max-Planck Institute for Astronomy, Königstuhl, Heidelberg, Germany

<sup>&</sup>lt;sup>10</sup>Yale center for astronomy and astrophysics, Yale University, New Haven, CT, USA

We present a new technique for inferring stellar ages that combines two different established age-dating methods: gyrochronology and isochrone fitting. This method provides ages with 20% precision across the MS and subgiant branch. Gyrochronology and isochrone fitting are independent age-dating methods, each capable of providing extremely precise ages in certain areas of the Hertzsprung-Russell diagram. Combined, they can be applied to a much broader range of stellar masses and evolutionary stages and can provide ages that are more precise and accurate than either method in isolation. Rotation periods supply precise ages for cool stars on the main sequence via gyrochronology and isochrone fitting provides precise ages near main sequence turn off. In this investigation, we demonstrate that the observables of main sequence stars used to trace core hydrogen burning and stellar evolution on the Hertzprung-Russell diagram ( $T_{\rm eff}$ , [Fe/H], log(g), parallax, apparent magnitude and photometric colors) can be combined with Kepler rotation periods, in a Bayesian framework, to infer precise stellar ages from both isochrone fitting and gyrochronology simultaneously. We show that incorporating rotation periods into stellar evolution models significantly improves the precision of inferred ages on the main sequence. However, since ages predicted with gyrochronology on the main sequence are, in general, much more precise than isochronal ages, care must be taken to ensure the gyrochronology relation being used is accurate. The goal of this study is to explore the power of combining two independent dating methods, not to recalibrate or improve upon existing gyrochronology models. However, only a slight modification to our algorithm would be required to perform a calibration and, since the code is modular, an updated gyrochronology model could easily replace the one used here in future. This publication is accompanied by open source code (Python package, stardate), for inferring stellar ages for cool main sequence stars and subgiants from rotation periods, spectroscopic parameters and/or apparent magnitudes and parallaxes.

## 1. Introduction

The formation and evolution of the Milky Way and the planetary systems within it are two topics of significant interest in astronomy today. Both of these fields require precise and accurate ages for tens to hundreds of thousands of stars, however, age is the most difficult stellar property to measure. The difficulty of age-dating is particularly acute for low mass (GKM) stars on the MS, precisely those that comprise the majority of known planet hosts. Using conventional dating methods, uncertainties on the ages of these stars can be as large as the age of the Universe. The stars eligible for truly precise age-dating, where age uncertainties can be as low as 10\%, are those in nearby open clusters, those with observable acoustic oscillations (asteroseismic stars), those just turning off the MS, and the Sun (see Soderblom 2010, for a review of stellar ages). There are only a few tens of cool, MS stars with precise ages that are suitable for exoplanet population studies, however tens-of-thousands of precise ages are needed to study the evolution of planetary systems (e.g. Petigura et al. 2013; Foreman-Mackey et al. 2014; Veras et al. 2015; Burke et al. 2015). The number of planets detected in open clusters, and therefore with precise ages, is growing (e.g. Mann et al. 2017; Rizzuto et al. 2018; Vanderburg et al. 2018; Mann et al. 2018), however there are still only a couple of dozen of these discovered so far and the total number of detectable planets in clusters is unlikely to reach statistical numbers in the near future. In order to study the evolution of planetary systems, a significant number of precise ages for cool MS field stars are needed.

The ages of GKM dwarfs are difficult to measure because their spectra and colors of MS stars do not change rapidly. This is represented in the spacing of isochrones on a Hertzsprung-Russell (HR) or color-magnitude diagram (CMD). On the MS, isochrones are tightly spaced and, even with very precise measurements of effective temperature and luminosity, the position of a MS star on the HR diagram may be consistent with range of isochrones spanning several billion years. At main sequence turn-off however, isochrones are spread further apart, so that sufficiently precisely measured temperatures and luminosities can yield ages that are extremely precise. The classical method for measuring stellar ages is isochrone placement, or isochrone fitting, where surface gravity changes resulting from fusion in the core (usually observed via luminosity, L, and effective temperature,  $T_{\rm eff}$ , or absolute magnitude and colour) are compared with a set of models that trace stellar evolution across the HR diagram, or CMD. Surface gravity changes have been thoroughly mapped with physical models, and can be used to calculate relatively accurate, but not necessarily precise, ages, barring some small,  $\sim 10\%$  variations between different models (e.g. Yi et al. 2001; Dotter et al. 2008; Dotter 2016). Isochronal ages can be precise for stars turning off the MS, because the rate of change in brightness and temperature is large during this phase of stellar evolution. However, on the MS itself, there is little differentiation between stars of different ages in the L and  $T_{\text{eff}}$  plane, so ages tend to be very imprecise. The method of inferring a star's age from its rotation period, called 'gyrochronology', is much better suited for measuring ages on the MS because MS, stars spin down relatively rapidly.

Magnetic braking in MS stars was first observed by Skumanich (1972) who, studying

young clusters and the Sun, found that the rotation periods of Solar-type stars decay with the square-root of time. It has since been established that the rotation period of a star depends, to first order, only on its age and mass (e.g. Barnes 2003). This means that by measuring a star's rotation period and a suitable mass proxy (B-V color is commonly used), one can determine its age. The convenient characteristic of stars that allows their ages to be inferred from their current rotation periods and independently of their primordial ones, comes from the steep dependence of spin-down rate on rotation period (Kawaler 1989). This means that a star spinning with high angular velocity will experience a much greater angular momentum loss rate than a slowly spinning star. For this reason, no matter the initial rotation period of a Sun-like star, after around the age of the Hyades (500-700 million years) stellar rotation periods appear to converge onto a tight sequence (Irwin and Bouvier 2009). After this time, the age of a star can be inferred, to first order, from its mass and rotation period alone and this is the principle behind gyrochronology.

The relation between age, rotation period and mass has been studied in detail, and several different models have been developed to capture the rotational evolution of Sun-like stars. Some of these models are theoretical and based on physical processes; modeling angular momentum loss as a function of stellar properties as well as the properties of the magnetic field and stellar wind (Kawaler 1988, 1989; van Saders and Pinsonneault 2013; Matt et al. 2015; van Saders et al. 2016). Other models are empirical and capture the behavior of stars from a purely observational standpoint, using simple functional forms that can reproduce the data (Barnes 2003, 2007; Mamajek and Hillenbrand 2008; Angus et al. 2015). Both types of model, theoretical and empirical, must be calibrated using observations. Old calibrators are especially important because new evidence suggests that rotational evolution goes through a transition at old age or, more specifically, at a large Rossby number, Ro (the ratio of rotation period to the convective overturn timescale). For example, old Kepler asteroseismic stars rotate more rapidly than expected given their age (e.g. Angus et al. 2015; van Saders et al. 2016). A new physically motivated gyrochronology model, capable of reproducing these data, was recently introduced (van Saders et al. 2016). It relaxes magnetic breaking at a critical Rossby number of around 2, approximately the Solar value. This model predicts that, after stellar rotation periods lengthen enough to move stars cross this Ro threshold, stars stop spinning down and maintain a constant rotation period from then until they evolve off the MS. The implication is that the ages of stars with Ro > 2.1 cannot be measured from their rotation periods.

The gyrochronology models that capture post *Ro*-threshold, rotational evolution (van Saders et al. 2016) are the current state-of-the-art in rotation dating. These models are expensive to compute and, just as with most isochrones and stellar evolution tracks, are usually pre-computed over a grid of stellar parameters, then interpolation is used to pre-

dict the age of a star. The process of measuring a stellar age with these models is similar to inferring an age using any set of isochrones, with the main difference being that rotation period is an additional dimension. Ages calculated using these models are therefore likely to be much more precise than using rotation-free isochrones since rotation period provides an additional anchor-point for the age of a star. We present here a complementary method that combines isochrones with an *empirical* gyrochronology model using a Bayesian framework. The methodology is related to the models described above (van Saders et al. 2016) in that both use a combination of rotation periods and other observable properties that track stellar evolution on the HR diagram in concert. The main difference is that the gyrochronology model used here is an entirely empirically calibrated one, as opposed to a physically derived one. One major advantage of using a physically motivated gyrochronology model over an empirically calibrated one is the ability to rely on physics to interpolate or extrapolate over parts of parameter space with sparse data coverage. However, rotational spin-down is a complex process that is not yet fully understood and currently no physical model can accurately reproduce all the data available. For this reason, even physically motivated gyrochronology models cannot always be used to reliably extrapolate into unexplored parameter space. Physical models, when calibrated to data. can provide insight into the physics of stars however, if accurate and precise *prediction* of stellar properties is desired, empirical models can have advantages over physical ones. For example, the data may reveal complex trends that cannot be reproduced with our current understanding of the physical processes involved but may be captured by more flexible data-driven models. In addition, it is relatively straightforward to build an element of stochasticity into empirical models, i.e. to allow for and incorporate outliers or noisy trends. This may be particularly important for stellar spin down, which does not always seem to behave predictably. A further advantage of empirical models is that inference is more tractable: it can be extremely fast to fit them to data. We use a simple, empirical, deterministic gyrochronology model in this work, which, like any other gyrochronology model, cannot yet reproduce all the observed data. Simple modifications could be made to this model to produce significant improvements, for example, by including a mixture model to account for outliers and binaries, however we leave these improvements for a future project. Ultimately, the model we present here will provide a baseline against which other gyrochronology models can be compared. We also provide a new gyrochoronology Python package, the first of its kind, called stardate which accompanies this paper.

There are several reasons why combining isochrone fitting with gyrochronology is more powerful than using either method in isolation. Firstly, the two methods are optimal in different parts of the HR diagram: gyrochronology works well for FGK dwarfs and isochrone fitting works well for subgiants and hot stars, so combining the two methods results in

consistently precise ages across a range of masses, ages and evolutionary stages. Secondly, using both methods at once circumvents the need to decide which method to use *a priori*. It eliminates the circular process of classifying a star based on its CMD position (M dwarf, subgiant, etc), then deciding which age-dating method to use, then inferring an age which itself depends on the classification that was made. It is important to infer all stellar properties at once since they all depend on each other. Thirdly, including a rotation period measurement can actually improve mass and metallicity estimates since these properties depend on stellar age.

This paper is laid out as follows. In section 2 we describe our new age-dating model and its implementation, in section 3 we test this model on simulated stars and cluster stars, and in section 4 we discuss the implications of these tests and future pathways for development. Throughout this paper we use the term 'observables' to refer to the following observed properties of a star,  $T_{\text{eff}}$ ,  $\log(g)$ , observed bulk metallicity ( $[\hat{F}]$ ), parallax ( $\bar{\omega}$ ), photometric colors in different passbands ( $\mathbf{m_x} = [m_J, m_H, m_K, m_B, m_V, m_G, ...]$ , etc) and rotation period ( $P_{\text{rot}}$ ). The term 'parameters' refers to the physical properties of that star: age (A), equivalent evolutionary point (EEP), true bulk metallicity (F), distance (D) and V-band extinction ( $A_V$ ). These are the properties that generate the observables.

## 2. Method

In this section we describe our combined isochrone fitting and gyrochronology model. Combining information from different models can be relatively simple, as long as the processes being modeled; those that generated the data, are independent. In this case, we are combining information that relates to the burning of hydrogen in the core, which translates to CMD position, with information about the magnetic braking history of a star (the current rotation period). We can assume that, to first order, these two processes are independent: the hydrogen fraction in the core does not affect a star's rotation period and vice versa. In practise, we can never be entirely sure that two such processes are independent but, at least within the uncertainties, any dependence here is unlikely to affect our results. If this assumption is valid, the likelihoods calculated using each model can be multiplied together.

The desired end product of this method is an estimate of the non-normalized posterior probability density function (PDF) over the age of a star,

$$p(A|\mathbf{m}_{\mathbf{x}}, T_{\text{eff}}, \log(g), \hat{F}, P_{\text{rot}}, \bar{\omega}),$$
 (1)

where A is age,  $\mathbf{m_x}$  is a vector of apparent magnitudes in various bandpasses,  $\hat{F}$  is the observed bulk metallicity,  $P_{\text{rot}}$  is the rotation period and  $\bar{\omega}$  is parallax. In order to calculate a posterior PDF over age, we must marginalize over parameters that relate to age, but are not of interest in this study. These parameters include equivalent evolutionary point (EEP), which is a dimensionless number ranging from around 200 for M dwarfs up to around 500 for subgiants and is 355 for the Sun (see Dotter 2016; Choi et al. 2016). Stars are defined as subgiants when their EEP exceeds 454. Mass can be calculated from EEP, age and metallicity. The other parameters are distance (D), V-band extinction  $(A_V)$  and the inferred bulk metallicity, F. The marginalization involves integrating over these extra parameters,

$$p(A|\mathbf{m}_{\mathbf{x}}, T_{\text{eff}}, \log(g), \hat{F}, P_{\text{rot}}, \bar{\omega})$$
 (2)

 $\propto \int p(\mathbf{m_x}, T_{\text{eff}}, \log(g), \hat{F}, P_{\text{rot}}, \bar{\omega} | A, EEP, D, A_V, F) \ p(A)p(EEP)p(D)p(A_V)p(F)dEEPdDdA_V dF.$ 

This equation is a form of Bayes' rule,

Posterior 
$$\propto$$
 Likelihood  $\times$  Prior, (3)

where the likelihood of the data given the model is,

$$p(\mathbf{m}_{\mathbf{x}}, T_{\text{eff}}, \log(g), \hat{F}, \bar{\omega}, P_{\text{rot}} | A, EEP, D, A_V, F),$$
 (4)

and the prior PDF over parameters is,

$$p(A)p(EEP)p(D)p(A_V)p(F). (5)$$

Not all of the observables on the left of the '|' in the likelihood depend on all of the parameters to the right of it. For example, rotation period,  $P_{\text{rot}}$  does not depend on V-band extinction,  $A_V$ . In our model, we make use of conditional independencies like this and use them to factorize the likelihood. Instead of the likelihood of equation 9, where every observable depends on every parameter, our model can be factorized as,

$$p(\mathbf{m}_{\mathbf{x}}, T_{\text{eff}}, \log(g), \hat{F}, \bar{\omega} | A, EEP, D, A_V, F, C_{B-V}, M) \ p(P_{\text{rot}} | A, C_{B-V}, M), \tag{6}$$

where we have introduced two new parameters,  $C_{B-V}$ , which is the B-V color that is often used as a mass proxy in the literature and mass itself (M), which is used in our gyrochronology model. The above factorization of the likelihood describes the fact that, in our model, rotation period does not depend directly on  $T_{\rm eff}$ , distance, etc, but on  $C_{B-V}$ , mass and age. It is the EEP, age, metallicity, extinction and distance that determines the observed spectroscopic properties  $(T_{\rm eff}, \log(g), [Fe/H])$  and apparant magnitudes,  $\mathbf{m_x}$ ). These parameters also determine the  $C_{B-V}$  color and mass of a star. In turn, it is a star's age  $C_{B-V}$  color and mass that determine its rotation period. Written this way, stellar rotation periods do not directly depend on stellar mass. This likelihood function does not necessarily represent the physical realities of stellar evolution, however breaking up the problem this way allows us to easily combine isochronology and gyrochronology and infer the joint age of a star from all its observables. While true that rotation period also depends on EEP and metallicity at some level, we assume that these dependencies are weak enough not to significantly affect the ages that we infer.

The factorization of the likelihood described in equation 6 allows us to multiply two separate likelihood functions together: one computed using an isochronal model and one computed using a gyrochronal model. We assume that the probability of observing the measured observables, given the model parameters is a Gaussian and that the observables are identically and independently distributed, so we use Gaussian likelihood functions. The isochronal likelihood function is,

$$\mathcal{L}_{iso} = p(\mathbf{m}_{\mathbf{x}}, T_{eff}, \log(g), \hat{F}, \bar{\omega}, C_{B-V} | A, \text{EEP}, D, A_V, F)$$

$$= \frac{1}{\sqrt{(2\pi)^n \det(\Sigma)}} \exp\left(-\frac{1}{2}(\mathbf{O}_{\mathbf{I}} - \mathbf{I})^T \Sigma^{-1}(\mathbf{O}_{\mathbf{I}} - \mathbf{I})\right),$$
(7)

where  $\mathbf{O_I}$  is the n-dimensional vector of n observables:  $T_{\mathrm{eff}}$ ,  $\log(\mathrm{g})$ ,  $\hat{F}$ ,  $\bar{\omega}$ ,  $\mathbf{m_x}$  (where n is 4 plus the number of apparant magnitudes in different pass-bands that are available) and  $\Sigma$  is the covariance matrix of that set of observables.  $\mathbf{I}$  is the vector of model observables that correspond to a set of parameters: A, EEP, F, D and  $A_V$ , calculated using an isochrone model. We assume there is no covariance between these observables and so this covariance matrix consists of individual parameter variances, added in quadrature to an additional

variance that depends on B-V color and evolutionary stage, along the diagonal with zeros everywhere else. The additional variance is described in more detail later in this section. The gyrochronal likelihood function is,

$$\mathcal{L}_{\text{gyro}} = p(P_{\text{rot}}|A, C_{B-V}, M)$$

$$= \frac{1}{\sqrt{(2\pi)\det(\Sigma_P)}} \exp\left(-\frac{1}{2}(\mathbf{P_O} - \mathbf{P_P})^T \Sigma^{-1}(\mathbf{P_O} - \mathbf{P_P})\right),$$
(8)

where  $\mathbf{P_O}$  is a 1-D vector of observed log-rotation periods,  $\mathbf{P_P}$  is the vector of corresponding predicted log-rotation periods, calculated using the vector of ages and  $C_{B-V}$  values that correspond to the input parameters as predicted by the isochronal model. The full likelihood function used in our model is the product of these two likelihood functions,

$$\mathcal{L}_{\text{full}} = \frac{1}{\sqrt{(2\pi)^n \det(\Sigma)}} \exp\left(-\frac{1}{2} [\mathbf{O}_{\mathbf{I}} - \mathbf{I}]^T \Sigma^{-1} [\mathbf{O}_{\mathbf{I}} - \mathbf{I}]\right)$$

$$\times \frac{1}{\sqrt{(2\pi) \det(\Sigma_P)}} \exp\left(-\frac{1}{2} [\mathbf{P}_{\mathbf{O}} - \mathbf{P}_{\mathbf{P}}]^T \Sigma^{-1} [\mathbf{P}_{\mathbf{O}} - \mathbf{P}_{\mathbf{P}}]\right).$$
(9)

We placed priors over the model parameters A, EEP, F, D and  $A_V$ . These distributions, described in the appendix, represent our prior beliefs about the values these parameters will take, before using the data to update those beliefs via a likelihood and produce a posterior belief about their values.

To calculate  $\mathbf{I}$ , the vector of predicted isochronal observables, we used the isochrones.py python package which has a range of functionalities relating to isochrone fitting. The first of the isochrones.py functions we used is the likelihood function of equation 7. The isochrones.py likelihood function accepts a dictionary of observables which can, but does not have to include, all of the following:  $T_{\text{eff}}$ ,  $\log(g)$ , F, parallax and apparent magnitudes in a range of colors, as well as the uncertainties on all these observables. It then calculates the residual vector  $(\mathbf{O_I} - \mathbf{I})$  where  $\mathbf{O_I}$  is the vector of observables and  $\mathbf{I}$  is a vector of corresponding predicted observables. The prediction is calculated using a set of isochrones (we used the MIST models, Paxton et al. 2011, 2013, 2015; Dotter 2016; Choi et al. 2016; Paxton et al. 2018), where the set of *model* observables that correspond to a set of physical parameters is returned. This requires interpolation over the model grids since, especially at high dimensions, it is unlikely that any set of physical parameters will exactly match a precomputed set of isochrones. The observables that correspond to a set of physical parameters go into I and the isochrones.py likelihood function returns the result of equation 7. The second isochrones.py function we used is one that predicts  $C_{B-V}$  for a given set of stellar parameters, which was then used to calculate the gyrochronal likelihood function of equation 8.

The inference processes procedes as follows (as a reminder, we use *observables* to refer to the data:  $T_{\text{eff}}$ ,  $\log(g)$ , etc and *parameters* to refer to the model parameters: EEP, age, metal-

licity, distance and extinction. First, a set of parameters: age, EEP, metallicity, distance and extinction, as well as observables  $T_{\text{eff}}$ ,  $\log(g)$ , bulk metallicity, apparent magnitudes and parallax ( $\mathbf{O}_{\mathbf{I}}$ ) for a single star are passed to the isochronal likelihood function, equation (7). Then, a set of model values of  $T_{\text{eff}}$ ,  $\log(g)$ , bulk metallicity, apparent magnitudes and parallax ( $\mathbf{I}$ ) that correspond to that set of parameters are calculated by isochrones.py. The isochronal log-likelihood,  $\ln(\mathcal{L}_{\text{iso}})$ , is then computed for these parameter values. The same age that was passed to the likelihood function, and the  $C_{B-V}$  and mass corresponding to it, along with the observed rotation period, are then passed to the gyrochronal likelhood function (equation 8). The gyrochronal log-likelihood,  $\ln(\mathcal{L}_{\text{gyro}})$ , is computed. The full log-likelihood is then calculated,

$$\ln(\mathcal{L}_{\text{full}}) = \ln(\mathcal{L}_{\text{iso}}) + \ln(\mathcal{L}_{\text{gyro}}), \tag{10}$$

and added to the log-prior to produce a single sample from the posterior PDF.

The gyrochronology model used to predict  $P_P$  was,

$$P_{\text{rot}} = \begin{cases} A^{\eta} \alpha (C_{B-V} - \delta)^{\beta}, & \text{if } Ro < 2. \\ P_{\text{max}}, & \text{if } Ro \ge 2. \end{cases}$$
 (11)

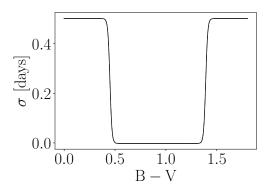
where  $P_{\rm rot}$  is rotation period in days,  $C_{B-V}$  is a star's B-V color, A is stellar age in Myrs and  $\eta$ ,  $\alpha$ ,  $\beta$  and  $\delta$  take values 0.55, 0.4, 0.31 and 0.45 respectively (Angus et al. 2015). This functional form was introduced by (Barnes 2007) and the parameter values are adopted from the recalibration performed in Angus et al. (2015), which is based on young cluster stars and old asteroseismic stars. We adapted this classical gyrochronology model to incorporate the new observations showing that magnetic braking ceases at a critical Rossby number (van Saders et al. 2016). The Rossby number, Ro, is the ratio of rotation period to convective overturn time  $P_{\rm rot}/\tau$  and determines whether a star is still undergoing magnetic braking (Ro < 2) or has stopped spinning down and retains its terminal rotation period,  $P_{\rm max}$ , which is the period it had as it reached the critical Rossby number of 2 (van Saders et al. 2016). The convective overturn time,  $\tau$ , was estimated using equation 11 of Wright et al. (2011).

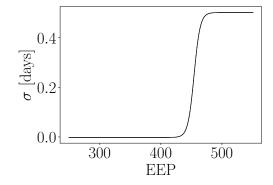
The rotation periods of hot stars, cool stars, subgiants and giants evolve differently to FGK and early M dwarfs. Stars more massive than around 1.25  $M_{\odot}$ , with a temperature  $\gtrsim$  6250 K and a B-V color  $\lesssim$  0.45 do not spin down appreciably over their main sequence lifetimes since they do not have the deep convective envelope needed to generate strong magnetic fields. Late M dwarfs with masses  $\lesssim$  0.3  $M_{\odot}$ , temperatures  $\lesssim$  3500 and B-V  $\gtrsim$  1.4 do not start magnetic braking until at least after the age of Praesepe ( $\sim$ 650 million years). Both hot and cool stars retain rotation periods that are similar to their primordial distribution (see e.g. Matt et al. 2012). Finally, the rotation periods of evolved stars slow

dramatically as their radii grow. The empirical gyrochronology relation described above does not include these stars, however it is still possible to infer the ages of hot and evolved stars using isochrone fitting (unfortunately neither gyrochronology nor isochrone fitting works well for late M dwarfs). In order to 'switch off' gyrochronology, and just use isochrone fitting for the hot, cool and evolved stars, we designed a model describing the rotation period variance of these stars, inflating the variance to high values in regions of parameter space where gyrochronology does not apply. The variance model was designed to reflect the observed distributions of hot, cool and evolved stars, however its main purpose is to artificially reduce the amount of age-information carried by rotation periods for stars where the rotation period is uninformative. We used three sigmoid functions to increase the standard deviation of the rotation period distributions of hot, cool and evolved stars which are shown in figure 1. This additional variance is zero where gyrochronology works well: FGK and early M dwarfs and 0.25 ( $\sigma = 0.5$ ) for hot, cool and evolved stars. The logistic functions shown in figure 1 reach half their maximum values at 0.45, 1.4 and 454 for hot stars, cool stars and subgiants, respectively. The maximum standard deviation value of all three groups (hot, cool and evolved) is 0.5 and the logistic growth rate, or steepness, of the three sigmoids are 100, 100 and .2 for hot, cool and evolved stars respectively. If a star is both hot and evolved, the additional standard deviation of its rotation period will rise to 1 (no late M dwarfs have yet evolved off the main sequence so this will not apply to the cool stars). The (log) rotation periods of hot stars are modelled as a broad Gaussian with a mean of 0 (1 day in linear rotation period) and a standard deviation of 0.5. The (log) rotation periods of cool and evolved stars were modelled as a Gaussian with mean given by the log of equation 11 and standard deviations of 0.5.

When applying our model to infer the age of a star, we sampled the joint posterior PDF over age, mass, metallicity, distance and extinction using the affine invariant ensemble sampler, emcee (Foreman-Mackey et al. 2013) with 24 walkers. Samples were drawn from the posterior PDF until 100 independent samples were obtained. We actively estimated the autocorrelation length, which indicates how many steps were taken per independent sample, after every 100 steps using the autocorrelation tool built into emcee. The MCMC concluded when either 100 times the autocorrelation length was reached and the change in autocorrelation length over 100 samples was less than 0.01, or the maximum of 100,000 samples was obtained. This method is trivially parallelizable, since the inference process for each star can be performed on a separate core. The age of a single star can be inferred in around one hour on a laptop computer.

Fig. 1.— The additional standard deviation in rotation period added to the observational period uncertainties in our model. The standard deviation was artificially increased for early F stars (B-V<0.45), late M dwarfs (B-V>1.4) and evolved stars (EEP > 454) in order to down-weight the age-information supplied by rotation periods. The rotation periods of these stars do not follow the deterministic gyrochronology relation and their ages should mostly be inferred via isochrone fitting. Down-weighting the gyrochronal likelihood by the inverse variance  $(1/\sigma^2)$  allows the ages of these stars to be mostly inferred via isochrone fitting. The ages of hot and evolved stars can be relatively precisely constrained with isochrone fitting since their position on the CMD changes rapidly with time, however isochrone fitting cannot constrain the ages of late M dwarfs, so the age of any star with B-V>1.4 will not be precisely constrained with stardate.





#### 3. Results

In order to demonstrate the performance of our method, we conducted two sets of tests. In the first we simulated a set of observables from a set fundamental parameters for a few hundred stars using the MIST stellar evolution models and a gyrochronology model, then compared the parameters predicted with our model to the true parameters used to generate the data. In the second we tested our model by measuring the ages of individual stars in the Praesepe open cluster. The age of Praesepe has been measured precisely because it is an ensemble of coeval stars with the same metallicity: a single stellar population, and its age can be precisely established through isochrone fitting and MS turn-off. We adopted an age of 650 Myrs for Praesepe (Fossati et al. 2008).

#### 3.1. Test 1: simulated stars

For the first test we drew masses, ages, bulk metallicities, distances and extinctions at random for 1000 stars from the following uniform distributions:

$$EEP \sim U(198, 480)$$
 (12)

$$A \sim U(0.5, 14) \text{ [Gyr]}$$
 (13)

$$F \sim U(-0.2, 0.2) \tag{14}$$

$$D \sim U(10, 1000) [pc]$$
 (15)

$$A_V \sim U(0, 0.1).$$
 (16)

 $T_{\rm eff}$ , log(g),  $\hat{F}$ ,  $\bar{\omega}$   $C_{B-V}$  and apparent magnitudes J, H, K, Gaia G,  $G_{BP}$  and  $G_{RP}$  were generated, without noise, from these stellar parameters using the MIST stellar evolution models. We discarded unphysical combinations of stellar parameters, resulting in a final sample size of 889 simulated stars. Figure 2 shows the position of these stars on an HR diagram (with log(g) on the y-axis instead of luminosity to improve the visibility of the MS), colored by their age. Rotation periods for FGK and early M dwarfs were generated using the gyrochronology relation of equation 11. Rotation periods for hot stars, cool stars and subgiants were generated from Gaussian distributions (in log), with standard deviation described by the three sigmoid functions shown in figure 1. We took two approaches to inferring the ages of these simulated stars: firstly using isochrone fitting *only*, and secondly using isochrone fitting *combined with* a gyrochronology model. Since the posterior PDFs of stars are often not unimodal, we found that the choice of initial positions of the emcee walkers influenced the final outcome because walkers occasionally got 'stuck' in certain areas of parameter space. We found that the following set of initial parameters worked well, though

not perfectly, for FGK dwarfs but sacrificed some accuracy in subgiant ages: EEP = 330, A = 9.56 Gyr, F = -0.05, D = 269 pc and  $A_V = 0.0$ .

Figure 3 shows the results of combining gyrochronology with isochrone fitting with simulated stars. The stars' true ages are plotted against their predicted ages, with stardate ages in color, and ages predicted using isochrone fitting only plotted in light grey. The five panels show the results for five different types of stars: late F, GK and early M dwarfs which are still undergoing magnetic braking (Ro < 2), late F, GK and early M dwarfs that have ceased magnetic braking (Ro > 2), hot stars (B - V < 0.45), cool stars (B - V < 0.45)V > 1.4) and evolved stars (EEP > 454). As expected, the low Ro, FGK stars show the most drastic improvement in age precision. The median empirical age precision, the standard deviation of age posteriors as a percentage of age, was around 3% for this group and the median relative error, defined as the absolute difference between the true and age the inferred age, as a percentage of the true age, was less than 1\%. The median error: the absolute difference between true and measured age was 30 Myrs. In contrast, the median empirical precision of ages measured using only isochrone fitting was 49% and the median error was 1.3 Gyr or 30%. Ages measured for FGK stars by combining gyrochronology and isochrone fitting with stardate were 50 times more accurate than ages measured with isochrone fitting. Even though the group of old FGK stars with large Rossby numbers have stopped magnetic braking, their rotation periods are still age-informative and relatively precise ages were measured for these stars with stardate. The median age precision for this group was 8% and 22% and the median age error was 300 Myr/3% and 1.3 Gyr/16% for ages measured with stardate and isochrone fitting respectively. Ages measured with stardate were over 4 times more accurate than ages measured with isochrone fitting only, so although these stars have stopped spinning down, their rotation periods are still highly age informative when paired with stellar evolution models. The median accuracy of hot star ages was marginally decreased with stardate, relative to isochrone fitting only (from a median error of 510 Myr to 560 Myr) because of issues with sampling the posterior PDFs. Adding gyrochronology to the age model creates a more multimodal posterior PDF which makes sampling more difficult, leading to some highly inaccurate age measurements at very high and very low ages. The precision and accuracy of cool star and subgiant ages was relatively consistent for ages measured with stardate and ages measured with isochrone fitting only. This is expected because the rotation periods of these stars do not contain information about stellar ages. For the whole sample, combining gyrochronology and isochrone fitting results an overall age precision of 10% (down from 28% for isochrone fitting only), a median error of 340 Myrs (down from 1.3 Gyrs), and a relative error of 4% (down from 23%). The ages of all FGKM dwarfs and subgiants are  $3\times$  more precise and  $6\times$  more accurate, on average, when their rotation periods are used to infer their ages.

Figure 4 shows the simulated stars on an HR diagram, where points are colored by the relative precision of their predicted ages. log(g) is plotted the y-axis instead of luminosity because the MS spreads out more in  $T_{\rm eff}$ -log(g) space and it is easier to differentiate young and old stars. Although these uncertainties are noisy (they are computed from the standard deviation of the age posteriors) they show that ages are extremely precise for young FGK stars, less precise for old FGK stars and relatively imprecise for late M dwarfs. Figure 5 shows age error as a function of HR diagram position. Again, the young MS stands out as an area of extraordinary age accuracy.

This simulation experiment is unrealistic for two main reasons: firstly, we simulated data from the same gyrochronology model we used to infer ages and so the results for FGK dwarfs are extremely accurate by design. Secondly, we simulated data without any noise or any additional instrinsic scatter for FGK dwarfs, resulting in ages with better precision than can be expected for real stars. Inaccuracies would arise if the gyrochronology model was incorrect or poorly calibrated in some areas of parameter space and imprecision would arise if excess intrinsic scatter were built into the gyrochronology model and/or the observations. We leave the recalibration of gyrochronology models for a future exercise since, in this work, we are mostly interested in testing the results of combining existing gyrochronology relations with isochrone fitting. The above experiment demonstrates that building gyrochronology into stellar evolution models results in much more precise age predictions, as predicted by information theory.

## 3.2. Test 2: the Praesepe Cluster

In order to test our model on real stars with known ages, we selected a sample of cluster stars with precisely measured ages from ensemble isochrone fitting and main sequence turn off. The ages of open clusters can be measured much more precisely than field stars. Stars in the same cluster formed (we assume) from the same molecular cloud at the same time and therefore have the same metallicity and age (to within a few million years). Stars with the same metallicity and age fall on the same isochrone, allowing perfect isochrone selection and providing a  $N^{-1/2}$  decrease in uncertainty where N is the number of cluster stars. Single stellar populations also allow main sequence turn off to be identified and, as demonstrated in figure ??, the turn off supplies a large amount of age information. We compiled rotation periods, Gaia photometry and Gaia parallaxes for members of Praesepe, a  $\sim$ 650 Myr cluster (Fossati et al. 2008). We chose Praesepe because it is relatively tightly clustered on the sky and many of its members were targeted in a single K2 campaign, from which it was possible to measure rotation periods via frequency analysis of member's light curves (Douglas et al.

2017). We crossmatched Praesepe members with measured rotation periods (Douglas et al. 2017) with the Gaia DR2 catalog (Gaia Collaboration et al. 2018), using a 1" search radius. The result was a sample of 757 stars with rotation periods, parallaxes and Gaia G,  $G_{BP}$ and  $G_{RP}$ -band photometry. Figure ?? shows the rotation periods of Praesepe members as a function of their Gaia  $G_{BP} - G_{RP}$  colors. The GK and early M dwarfs  $(G_{BP} - G_{RP})$ 2.4) which fall on a 'rotational main sequence' are shown as blue points and the late M dwarfs  $(G_{BP} - G_{RP} > 2.4)$  whose rotation periods are not well determined by their age and color are shown as orange open circles. We excluded the late M dwarfs (orange circles with  $G_{BP}-G_{RP}>2.4$ ) from this analysis since they do not follow a simple gyrochronology relation however, we included more massive outliers (orange circles with  $G_{BP} - G_{RP} < 2.4$ ) in order to provide a complete picture of the precision and accuracy of gyrochronology applied to Praesepe. Figure ?? shows two sets of gyrochronology models: one calibrated using several open clusters, asteroseismic stars and the Sun (Angus et al. 2015), which was used to infer the ages of Praesepe but clearly does not provide a perfect fit to this cluster (solid gray line), and one fit to Praesepe and the Sun only, as described in section ??, that was used to calculate the Fisher information (dashed black line). We did not account for extinction in our analysis since Praesepe is relatively nearby (around 180 parsecs) so reddening from dust is minimal.

The resulting probability density functions over age predicted for individual members of Praesepe, where each member was treated as an isolated field star, are shown in figure ??. The orange distributions show posterior PDFs over age for each member of Praesepe, where ages were inferred using isochrone fitting only, with Gaia colors  $(G_{BP} - G_{RP})$ , Gaia apparent magnitude (G), and Gaia parallaxes as the observable properties. The blue distributions are posterior PDFs over stellar age for each member of Praesepe, where ages were inferred using isochrone fitting and a gyrochronology model (equation 11). The blue posteriors are much more strongly peaked around the literature age of the cluster (650 Myrs, indicated by a vertical black line) and this demonstrates that rotation periods carry far more age information than photometric colors, even when precise parallaxes are available. Still to do: calculate summary statistics describing the precision improvement.

In summary, fitting our new age model to simulated stars and members of the Praesepe cluster (an open cluster with a precisely measured age from ensemble isochrone fitting and MS turn-off) demonstrates that using isochrone fitting *alone* to calculate the ages of cool MS field stars results in extremely imprecise ages, however when gyrochonology is incorporated, the precision of age measurements increase significantly.

Fig. 2.—

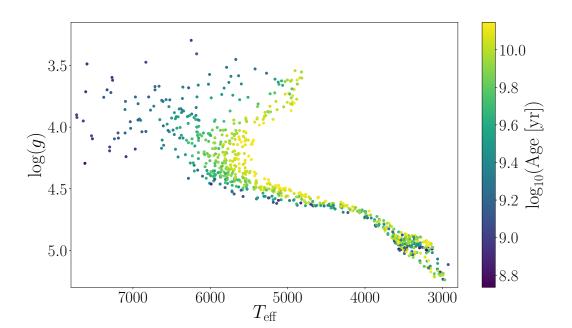


Fig. 3.— The true vs. predicted ages of stars. Ages calculated by combining gyrochronology and isochrone fitting are shown in color and ages calculated with isochrone fitting only are shown in gray. The five panels show the results for five different groups of stars: low Ro late F, GK and early M dwarfs, high Ro late F, GK and early M dwarfs, early F stars (B-V < 0.45), late M dwarfs (B-V  $\downarrow$  1.4) and subgiants (EEP  $\downarrow$  454. Gyrochronology is highly effective for low Ro late F, GK and early M dwarfs and somewhat effective for high Ro late F, GK and early M dwarfs. It does not significantly improve ages for other groups of stars. Outliers are caused by multimodal posterior PDFs and imperfect MCMC sampling.

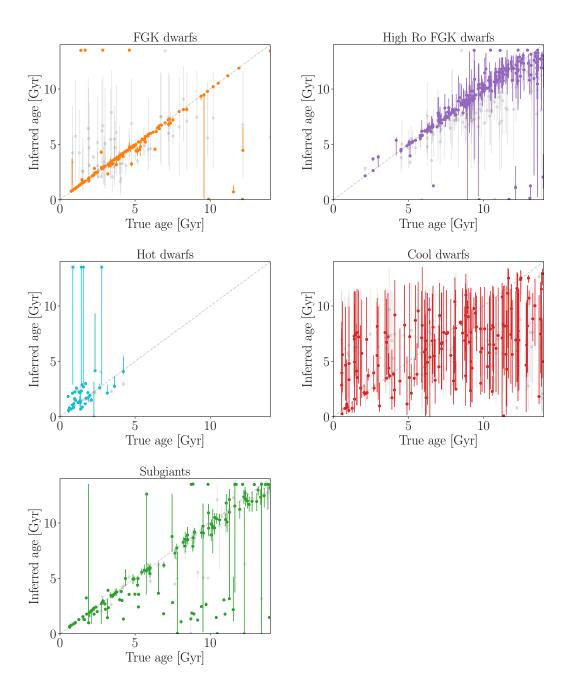


Fig. 4.— Simulated stars on an HR diagram, colored by the standard deviation of their age posterior PDFs, as a percentage of their ages. Gyrochronology is responsible for the high precision of ages measured for young FGK stars (stars in the upper left panel of figure 3. The ages of old FGK stars with Ro > 2 are slightly less precise as these stars have stopped spinning down and their rotation periods are not information-rich. The ages of late M dwarfs are highly imprecise as these stars have not started spinning down.

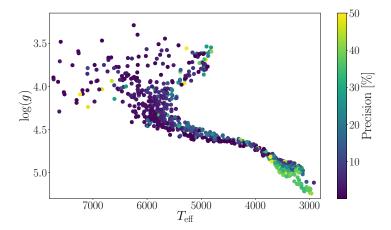
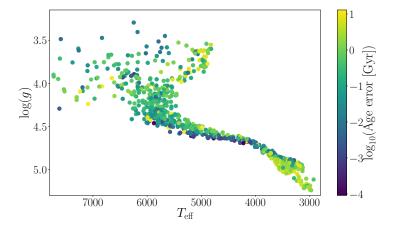


Fig. 5.— The sample of simulated stars on an HR diagram, colored by the difference between their true age and their measured age (the age error).



## 4. Discussion

In the previous sections we demonstrated that modeling the ages of stars using isochrones and gyrochronology can result in more precise and accurate ages than using isochrone fitting alone. Isochrone fitting and gyrochronology are complementary because gyrochronology is more precise where isochrone fitting is less precise (on the MS) and vice versa (at MS turn off). The method we present here is available as a python package called stardate which allows users to infer ages from their apparent magnitudes, parallaxes, rotation periods and spectroscopic propertes, if available, in just a few lines of code. This method is applicable to an extremely large number of stars: most stars with a rotation period and broad-band photometry, which already includes tens-of-thousands Kepler and K2 stars and could include millions from TESS, LSST, WFIRST, PLATO, Gaia, and others. Although this method is designed for combining isochrone fitting with gyrochronology, stardate can still be used without rotation periods, in which case it will predict an isochrone-only stellar age. stardate is therefore applicable to all stars covered by the MIST isochrones: masses from 0.1 to 300  $M_{\odot}$ , ages ranging from 100,000 years to longer than the age of the Universe, and metallicities from -4 to 0.5, however it is optimally applicable to stars with rotation periods, otherwise the result will be identical to ages measured with isochrones.py. However, there are some types of star for which our combined isochrone fitting and gyrochronology model should either be used with caution or should not be applied. This list includes: fully convective stars with  $G_{BP} - G_{RP}$  qtrsim 2.4, stars younger than around 500 Myrs where there is a significant number of rapidly rotating outliers, stars that have stopped magnetically braking, i.e. those with Ro greater than around 2.1; and synchronised binaries whose rotation periods are locked to their orbital periods. In addition, any given star, even if it does meet the criteria for mass, age, binarity, etc, may still be a rotational outlier. Rotational outliers are often seen in clusters (see e.g. Douglas et al. 2016; Rebull et al. 2016; Douglas et al. 2017; Rebull et al. 2017). When a star's age is not accurately represented by its rotation period, its isochronal age will be in tension with its gyrochronal one, however, given the precision of the gyrochronal technique, the gyrochronal age will dominate on the MS. In addition, measured rotation periods may not always be accurate and in many cases, due to aliasing, can be a harmonic of the true rotation period. A common rotation period measurement failure mode is to measure half the true rotation period. The best way to prevent an erroneous or outlying rotation period from resulting in an erroneous age measurement is to allow for outlying rotation periods using a mixture model. Finally, as shown in figure?? the gyrochronology model used here (Angus et al. 2015) does not provide a good fit to all available data. In future we intend to recalibrate this model so that it fits all available cluster and asteroseismic data. We also intend to build methods to account for and accommodate outliers, old stars and low-mass stars. For now however, we simply warn users of these caveats and suggest that ages calculated using  ${\tt stardate}$  are treated with appropriate caution.

## 5. Conclusion

We present a statistical framework for measuring precise ages of MS stars and subgiants by combining observables that relate, via different evolutionary processes, to stellar age. Specifically, we combine information used to place stars on an isochrone in an HR diagram or CMD  $(T_{\text{eff}}, \log(g), \text{ observed bulk metallicity, parallax and photometric colors)}$  with rotation periods which are used to date stars via their magnetic braking history (gyrochronology). The two methods of isochrone fitting and gyrochronology are combined by taking the product of two likelihoods: one that contains an isochronal model and the other a gyrochronal one. We used the MIST stellar evolution models and computed isochronal ages and likelihoods using the isochrones.py Python package. The gyrochronal model is a power-law relation between rotation period, B-V color and age, based on the functional form first introduced by Barnes (2003) and later recalibrated by Angus et al. (2015). We tested this age-dating model, called stardate, on simulated data and cluster stars with precisely measured ages. We found that gyrochronology predicts ages that are an order of magnitude more precise than isochrone fitting, confirming predictions made using information theory. Gyrochronology and isochrone fitting are also extremely complementary: gyrochronology supplies precise ages on the main sequence and isochrone fitting provides precise ages near main sequence turn off. stardate allows users to infer precise ages for MS stars and subgiants alike, without having to first identify the age-dating method that is best for any given star: stardate automatically infers the most precise possible age. In addition, stardate accepts apparent magnitudes in all pass-bands covered by the MIST isochrones which includes the Johnson-Cousins, 2MASS, Kepler, SDSS and Gaia photometric systems. However, we caution users that the gyrochronology model currently built into stardate does not provide a good fit to all data and is not suitable for low mass stars or those who may have ceased magnetic braking. In the future we hope to make several improvements to the gyrochronology relation implemented in stardate that will make it applicable to all MS and subgiant stars.

The code used in this project is available as a documented *python* package called **stardate**. It is available for download via Github<sup>11</sup> or through PyPI<sup>12</sup>. Documentation is available at https://stardate.readthedocs.io/en/latest/. All code used to produce the figures in this paper is available at https://github.com/RuthAngus/stardate. add github hash and Zenodo doi.

<sup>&</sup>lt;sup>11</sup>git clone https://github.com/RuthAngus/stardate.git

<sup>&</sup>lt;sup>12</sup>pip install stardate\_code

Some of the data presented in this paper were obtained from the Mikulski Archive for Space Telescopes (MAST). STScI is operated by the Association of Universities for Research in Astronomy, Inc., under NASA contract NAS5-26555. Support for MAST for non-HST data is provided by the NASA Office of Space Science via grant NNX09AF08G and by other grants and contracts. This paper includes data collected by the Kepler mission. Funding for the *Kepler* mission is provided by the NASA Science Mission directorate.

# 6. Appendix

#### **Priors**

We use the default priors in the isochrones.py python package. The prior over age is,

$$p(A) = \frac{\log(10)10^A}{10^{10.5} - 10^8}, \quad 8 < A < 10.5.$$
 (17)

where A, is  $\log_{10}(\text{Age [yrs]})$ . The prior over mass is uniform in natural-log between -20 and 20,

$$p(M) = U(-20, 20) \tag{18}$$

where M is  $\ln(\text{Mass} [M_{\odot}])$ . The prior over true bulk metallicity is based on the galactic metallicity distribution, as inferred using data from the Sloan Digital Sky Survey citation. It is the product of a Gaussian that describes the metallicity distribution over halo stars and two Gaussians that describe the metallicity distribution in the thin and thick disks:

$$p(F) = H_F \frac{1}{\sqrt{2\pi\sigma_{\text{halo}}^2}} \exp\left(-\frac{(F - \mu_{\text{halo}})^2}{2\sigma_{\text{halo}}}\right)$$

$$\times (1 - H_F) \frac{1}{\xi} \left[ \frac{0.8}{0.15} \exp\left(-\frac{(F - 0.016)^2}{2\times 0.15^2}\right) + \frac{0.2}{0.22} \exp\left(-\frac{(F - 0.15)^2}{2\times 0.22^2}\right) \right],$$
(19)

where  $H_F = 0.001$  is the halo fraction,  $\mu_{\rm halo}$  and  $\sigma_{\rm halo}$  are the mean and standard deviation of a Gaussian that describes a probability distribution over metallicity in the halo, and take values -1.5 and 0.4 respectively. The two Gaussians inside the square brackets describe probability distributions over metallicity in the thin and thick disks. The values of the means and standard deviations in these Gaussians are from ?.  $\xi$  is the integral of everything in the square brackets from  $-\infty$  to  $\infty$  and takes the value  $\sim 2.507$ . The prior over distance is,

$$p(D) = \frac{3}{3000^3}D^2, \quad 0 < D < 3000, \tag{20}$$

where D is in kiloparsecs. Finally, the prior over extinction is uniform between zero and one,

$$p(A_V) = U(0,1). (21)$$

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