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Dear Professor Oostenbrink,

We would like to thank the reviewers for having taken the time to read the manuscript and to give such excellent feedback. Below we endeavor to address each of the comments in detail. All the suggestions and references from you, the editor, have also been included now, giving Gromos equally prominent space as other software packages in the manuscript.

Reviewer 1 comments:

(...)

However, I would like to make some comments to the manuscript:

Figure 1: For me there is no intrinsic difference between the free energy calculations shown in panel D and F, both transformations should be performed in the bound and unbound states to obtain meaningful results, and both should be termed relative calculations ($\Delta\Delta$ G). Maybe it could be more clearly indicated in general if a whole molecule is decoupled and if only a part of a molecule is transformed?

We used $\Delta\Delta G$ instead of Δ G; swapped E and F, made 'Host' and 'membrane' text larger and added interaction schematic (green) in D.

Section 4.1, line 3: RMS errors to experiment? This should be clearly stated.

We added a clarification to this in Sec. 4.1.

Section 4.1, line 30: it is not entirely clear to me what the authors mean by "edges". This should be better explained in the text.

We added a sentence in Sec. 4.1 to clarify this.

Section 4.1, end: There is a github URL in the text which is not referenced or explained directly. What can the reader expect to find on this git?

We removed this link, as it didn't really add anything useful.

Equations 14 and 2: I would suggest using either KD or Kb consistently to improve readability.

Using K_b consistently now.

Section 5.4, last paragraph: I would call it "binding free energy prediction", not "binding energy prediction"

Fixed.

Constraints and relative free energy calculations: for me, a timestep of 1 fs is more an upper limit for MD simulations involving non-constrained bonds, I would rather suggest a value of 0.5 fs.

This is a valuable point to raise. Certainly 1.0 fs is near the limit of stability without any constraints with standard fields, and there are studies showing there are non-negligible statistical mechanical errors with timesteps of 1.0 fs. However, many studies with free energy calculations have been done with these parameters and it's not clear they have statistically significant deviation from simulations with smaller timesteps. We have added a discussion on timesteps to section 7.3 with a tentative recommendation that 1.0 fs may be acceptable.

Section 7.2.1: Using a flat-bottom restraining potential in which the ligand never hits the potential wall is similar to using no restraining potential at all. I would not suggest skipping a reweighting step; if the energetic contribution of the restraint is little, the reweighting will not introduce much noise and is technically easy to perform.

We changed the wording to clarify this point. The reweighting can be skipped if the ligand is never *sampled* while hitting the wall because, in this case, the numerical correction is exactly zero. Using the restraint is different from using no restraining potential at all because during the MD simulation the ligand might still very occasionally hit the wall (thus limiting its volume to the binding site) even if we these events are not observed after subsampling the trajectory.

Section 7.2.5 and Figure 9: The concept of evaluating both forward and reverse cumulative averages is nicely described in reference 42. I would cite the reference in this section.

We added the reference to the text.

Section 8.5 and Figure 12: Here I would again mention the use of both forward and reverse cumulative averages and plot them explicitly in Figure 12.

Both the text in the section and the figure were updated to include the forward/reverse convergence test.

Section 10: GROMOS is a simulation package with very extensive (alchemical) free energy calculation capabilities and free for academic use. I think it should be mentioned here.

We have added Gromos to the software section and also added appropriate references to it throughout the manuscript.

Reviewer 2 Comments:

Much of the discussion is related to alchemical free-energy calculations in drug design. I think that the success of such calculations is also very dependent on the force field. Although not a topic of the present manuscript, the authors may want to issue a recommendation/warning regarding the validation of automatically generated ligand topologies. I guess, many practitioners just take such topologies for granted.

We have added explicit comments in section 4.1 with respect to the need for using reasonable parameter/topology input files that have been inspected to make sure the molecular description has no obvious errors, or lack of chemical coverage in the method used to generate them

In the list of more advanced topics on page 3 the application to QM/MM simulations may be mentioned as well, since this seems to be an area of growing importance.

We have added QM/MM and ML topics explicitly in that list and added some starting point references.

At the end of section 7.1.1 on pages 15/16 the following statement appears: "Typical molecular dynamics engines are not set up to recognize this change, or at least not to correctly include contributions to the free energy from changing constraints/constraint length, so results for a transformation would usually be erroneous." This statement is a bit surprising since methods to calculate the contribution of the work done by constraint forces have been described a few times, e.g.:

- Van Gunsteren, W.F., In van Gunsteren W.F. and Weiner, P.K. (Eds.) Computer Simulation of Biomolecular Systems: Theoretical and Experimental Applications, ESCOM, Leiden, 1989, pp. 1-26.
- Pearlman, D.A., Kollman, P.A., The overlooked bond-stretching contribution in free energy perturbation calculations, J. Chem. Phys. 1991, 94(6), 4532-4545.
- Straatsma, T.P., Zacharias, M., McCammon, J.A., Holonomic constraint contribution to free energy differences from thermodynamic integration molecular dynamics simulations, Chem. Phys. Lett., 1992, 196(3-4), 297-302.
- Pearlman, D.A., Determining the contributions of constraints in free energy calculations: Development, characterization, and recommendations, J. Chem. Phys. 1993, 98(11), 8964–8957.

One implementation, based on integrating over the constraint forces, can for example be found in the MD code GROMOS. I suggest to mention the availability of both the theory and also practical implementations in the manuscript.

We have revised this text in 7.1, making it clear that the corrections are known, that different programs vary in their implementation of the corrections, and that users should check the user manuals if they have bond lengths that both change and are constrainted. We also added the suggested references.

In section 7.2.2, when discussing changes in net charge the "Double-system/single-box" setup described by Gapsys et al. may be mentioned. It is related to the alchemical ion approach but can be mentioned here for completeness and to help newcomers to the field in sorting the various approaches. Gapsys, V., Michielssens, S., Peters, J. H., DeGroot, B. L., Leonov, H. Calculation of Binding Free Energies, In Andreas Kukol (ed.), Molecular Modeling of Proteins, Methods in Molecular Biology, vol. 1215, doi: 10.1007/978-1-4939-1465-4_9, Springer Science+Business Media New York 2015.

We made appropriate corrections to this.

SOME TECHNICAL ISSUES

In the list of symbols on page 4, the quantity ΔG is denoted as Gibbs free energy while ΔA is denoted as Helmholtz free energy. However, according to IUPAC or IUPAP these quantities are referred to as Gibbs energy or Helmholtz energy (see https://doi.org/10.1039/9781847557889 or https://doi.org/10.1016/0378-4371(78)90209-1) or sometimes also as "Gibbs function" or "Helmholtz function" or as "free enthalpy" or "free energy" respectively. Of course, the nomenclature used by authors is very common in the field. Therefore, one solution would be to use the IUPAC nomenclature in the List of Symbols

along with a footnote explaining that here a different nomenclature is used (or the other way round).

We have added the less-commonly used but also correct terms as alternate names for these quantities in the list of symbols.

Eq. (2) holds for dilute solutions if thermodynamic activities can be approximated by concentrations. This is also stated in the classical Gilson paper but I guess repeating it here, could be useful.

We now state this explicitly referencing the Gilson paper.

Page 5: In statistical mechanics nomenclature the term "configuration" is usually used for \vec{q} . In chemistry and biology, the term "conformation" is probably more common. In the context of the present manuscript "configuration" fits better in my opinion.

We updated this to use configuration consistently and explained that a conformation can be a set of configurations that can be grouped together into a metastable state.

The quantity $\Delta G_{solvated}$ in Figure 2 is called $\Delta G_{unbound}$ in Eq. (9).

We updated the labelling to make it consistent.

In the first paragraph of section 4.2 it is mentioned that a good practice is to perform two or three runs of the same perturbation. Here one might add that the initial conditions (i.e. velocities) should be different.

We have added this.

Page 17, line 9 under Eq. (17): A, B, and AB may be replaced by R, L, and RL.

We have fixed this.

In the paragraph of author contributions, the description of the contribution of Samarjeet Prasad seems to be missing.

The contributions were added.

TYPOS OR OTHER EDITORIAL ISSUES

- Page 3, right column, line 5 in third paragraph: preparation (Sec. 6) → preparation (Sec. 6)
- Page 4, left column, list of acronyms: "unsigned error" should be written in upper case to be consistent with the other entries.
- Page 5, left column: In the nominator and denominator of Eqs (5) and (6) the minus sign is missing in the exponentials.
- Page 5, right column, first line: "one of the ..."
- Page 6, right column, two lines above Eq. 12: Bennet's \rightarrow Bennett's
- Page 8, right column, fifth line below Eq. 16: enrgies \rightarrow energies

All above have been fixed.

Page 8, right column, 10th line below Eq 16: Perhaps the line break in the unit can be avoided.

Fixed by changing line to .. If the accuracy of a collection of free energy calculations is..

Page 11, left column, paragraph 5.4: there are two occurrences of the term "binding energy prediction". Is "binding free energy prediction" meant?

We have fixed these.

Page 12, left column: "stereoisomers" is misspelled.

This has been fixed.

Page 15, Figure 4: the right structure in the lower part has no green area. Is that intended?

We updated the caption to explain this further.

Page 17, Eq. 18: the ratio of c^o/V_L seems not correct. It should be either V^o/V_L where V^o is the volume corresponding to c^o , or, when sticking to c^o : $c^o * V_L$

This has been fixed.

Page 17, line 14: "restraints" (s was missing)

This has been fixed.

Page 19, Figure 7: The axis labels are hard to read.

This has been fixed.

Page 19, Eq. 19: I think it should be $(1 - \lambda)U_0 + \lambda U_1$ to fit to the text below the equation

Correct. This has been fixed.

Page 20, left column, line 14: σ/r should be written in parenthesis.

This has been fixed.

Page 20, left column, line 16: B in k_BT should be in subscript and T not.

This has been fixed.

Page 20, left column, line 10 from the bottom: is there an "at" missing in "and at the other endpoint ..."?

Yes, this has been fixed.

Page 22, left column, caption of Figure 8 (line 6): should there be a comma after "exchang"?

this has been fixed.

Page 22, right column, line 2: though \rightarrow through

This has been fixed.

Page 22, right column, lines 8 and 9: Please add a blank between value and unit.

This has been fixed.

Page 22, right column, last line of second paragraph: Please remove blank between "(" and "see"

This has been fixed.

Page 23, left column, caption of Figure 9 (first and last lines): k and T should be written in italic.

This has been fixed.

Page 24, right column, line 4 in second paragraph: There seems to be a non-fitting "the" in the sentence.

This has been fixed.

Page 24, right column, line 7 in third paragraph: Please remove blank between "]" and "."

This has been fixed.

Page 25, left column, first line in second paragraph of section "Handling multiple ...": lignad \rightarrow ligand

This has been fixed.

Page 26, right column, figure 11: The "u" on the y-axis in the second panel might also be written in italics.

This has been fixed.

Page 27, right column, line 8 in second paragraph of section "Subsampling data to ...": "can be" appears twice.

This has been fixed.

Page 28, left column, line 21: should it be the "right hand side" instead of "left hand side"?

This has been fixed.

Page 28, right column, Eq. (27): the j in $f_i j$ should be subscript.

This has been fixed.

Page 28, right column, line 4 in paragraph 4: "that is asymptotically correct in ...". Is the "in" correct?

This has been fixed.

Page 28, right column, second last line from bottom: "than" should be "then"

This has been fixed.

Page 29, right column, line 4 from the bottom: is there a "that" missing in "... errors that are hard to estimate ..."

This has been fixed.

Page 31, left column, line 2: is there a comma missing after "available"?

This has been fixed.

Page 33, left column, line 8 from bottom: "... minima are that are visited ..." needs revision

This has been fixed.

Page 33, right column, line 4: The "or" does not fit here.

This has been fixed.

Page 34, left column, line 5 in second paragraph: "... have errors of show multiple ..." needs revision.

This has been fixed.

Page 35, right column, line 6 from bottom: Please add blank between "module" and "[".

This has been fixed.

Page 39, left column: line 3: Please add blank after "14,"

This has been fixed.

Page 40, ref [10]: Please abbreviate the journal name.

This has been fixed.

Page 45, ref [131]: Please abbreviate the journal name.

This has been fixed.

Page 45, ref [155]: This paper has the title: "Incorporating the effect of ionic strength in free energy calculations using explicit ions".

This has been fixed.

Page 47, ref [189]: Please abbreviate the journal name.

This has been fixed.

Page 48, ref [216]: Please provide a link here.

This has been fixed.

Page 48, ref [224]: Please use abbreviations for the author names.

This has been fixed.

Reviewer 3 Comments:

This is a comprehensive, very systematic, and well-written best practice guide that will be of immense help both new and advanced practitioners. I found the checklist for novice practitioners particularly appealing. It definitely should be published, and I only have a few remarks that may help clarification or avoid misconceptions. I also added a few suggestions of issues I personally would find also helpful to new practitioners, but I would leave it at the discretion of the authors whether they want to include those or not.

For the amusement of the authors I should mention that while reading the following occurred to me four times in a row: at some point I thought: Hey, the following issue should be mentioned, took a note, did read on, and found precisely this issue discussed, and thus I deleted my note. I think that shows that the manuscript is really very well structured, always fulfilling the reader's expectation what should come next!

(1) In Chap 3.1 Eq suggests that the law of mass action can be applied to calculate K_b and Delta G_B from MD simulations. I am aware the authors just mean to provide the conceptual background here, but I am similarly aware of a few groups that actually have

used the LMA. This is very dangerous. As shown in [54], the LMA does not strictly hold for systems with very few particles, and it contradicts in fact the more fundamental and general eq (7). E.g., if a simulation system just contains one L and one R molecule, and these bind and unbind many times during the simulation, eq (7) would (correctly) predict that $\Delta G = -kT \log Z(RL)/Z(R+L) \approx -kT \log T(RL)/T(R+L)$, where the latter means the time fraction of the trajectory where the system is bound / unbound. In contrast, the LMA would (wrongly) claim that $\Delta G = -kT \log[RL]/[R][L] \approx -kT \log T(RL)/(T(R+L))^2$. The authors might want to add a word of caution to this not so well-known fact.

The referee raises a valid concern, and we have made the warning explicit in Section 3.2.

(2) Eq (4) is a bit confusing, at least to a physicist. Naively, I would say it would be correct without the concentration term: ΔG then simply means the free energy difference for the concentration used in the simulation. Apparently, this is not meant here, but then I would refer to Delta G as the standard free energy, ΔG^0 .

The standard free energy is indeed what we are referring to throughout the paper. We have adopted the convention of using ΔG (without the o) to refer to the standard free energy. This is common practice in the alchemical calculations literature as the standard free energy is typically the only quantity of interest and the one reported and compared to experiments. We agree this might create some confusion, and we have thus added a comment in Section 3.1 to clarify the notation.

(3) In Sec 3.2, the issue of a ΔG ($\Delta\Delta G$) between states with different number of atoms is touched upon. This issue is more subtle than the text suggests, and the authors might want to spend a few more sentences to explain under which conditions the 'unit-of-volume-factor' actually cancels out and when not. There's chances for pitfalls for new practitioners!

We addressed this in an updated version of Sec 3.2., clarifying under what conditions the equality holds.

(4) I agree with the notes in 7.2.2. that no agreed upon way to handle changes in total charges is available. The authors might consider adding (if they agree) that whenever there is a change of total charge, direct comparison to experiment is meaningless, because in experiments the total charge is always conserved (otherwise the test tube would explode). One might even go so far as to say that any calculation with change in total charge is meaningless...which kind of solves the problem from an unexpected angle.

We have rephrased parts of this section.

(5) Can the authors give some rules of thumb how fast the accuracy increases with simulation length? Is it always as simple as /sqrt(N)?

This is a point to raise. The analytical estimators for free energy calculations do have variance formulae that do scale with 1/N (See Shirts and Pande, 2005, among others), where N is the number of uncorrelated samples, so the uncertainty will indeed scale as $N^{-1/2}$ as the simulation length increases, as long as it has already sampled several uncorrelated samples. We have added a bit more discussion and context in section 7.2.5.

(6) Non-equilibrium (Crooks) based calculations have been shown to be quite efficient, and IMHO should also be included (I did see it briefly mentioned in 7.2.4).

Our feeling is that these simulation techniques, while they have the potential to be very

efficient, can be tricky in implementation that keep them from being best practice yet (likely a chance for a future LiveCoMS paper!); this is not intended as comprehensive review. We have:

- Added word "equilibrium" to abstract to indicate that's our focus
- Added two mentions in Scope (Section 2) that we are NOT covering this here, along with one reference to Gapsys et al.
- Added a mention in 3.2 that specifies we're talking about equilibrium calculations.
- Added sentence at end of 3.2 mentioning these
- Clarify mention of them in 7.2.4

(7) What impact does the way of morphing from state A to B have? Rules of thumb what should be avoided, and what helps? I saw sec 7.1.1., but found the focus on dual topology, single topology, or hybrid topology a bit narrow. I do understand that these are the established ones that stood the test of time, but practitioners should also be aware that there is much more out there to choose from, such as enveloping potentials, or variational morphing, which the authors might want to add to their discussion in 7.2.3.

The section issues with soft core and λ examines much of the clear lessons on simulation endpoints and pathways. We now bring up EDS and enveloping distribution approaches as alternatives in section 7.2, but at least in this paper, choose not to recommend them as best practices not because they don't work, but because at present there are issues with kinetic trapping and determining scaling parameters that mean they are not the recommended way to start doing these calculations for non-experts or maximal reliability.

(8) In 7.2.5, concerning uncertainty estimates. I found it helpful for many students to realize that free energy error estimates often suffer from exactly the same sampling problems as the free energy estimate itself. Specifically, if the free energy estimate is off because an important region in configuration space has not been sampled, the error estimate has no way to indicate this. The authors might want to make this point super-clear.

We added a couple of sentences to highlight this in section 7.2.5 and 8.4

(10) Use larger fonts in Fig 2 and 7, generally try to have equally-sized fonts throughout all Figs.

We increased the font sizes in figs 2 and 7. Additionally, slightly reformatted pane 7B to have a cleaner horizontal line

Sincerely,

Dr Antonia Mey