**BMI Calculator**

**Description**

BMI Calculator is a Java Swing-based application that helps users calculate their Body Mass Index (BMI) based on their age, height, and weight. BMI is a useful indicator of body fatness and can help assess health risks associated with being underweight, overweight, or obese. The application provides an easy-to-use graphical interface for users to enter their information and view the calculated BMI value.

**Features**

* Calculate BMI based on age, height (in centimeters), and weight (in kilograms).
* Display the calculated BMI value on the screen.
* Show a BMI chart as a visual reference for different BMI categories.
* Provide feedback on the user's BMI status, such as underweight, normal weight, overweight, or obese.

**How to Use**

1. Download the full RAR file containing the BMI Calculator application, including the code, JAR files, and required images.
2. Extract the RAR file to a location of your choice on your computer.
3. Navigate to the extracted folder and locate the executable JAR file named **BMI.jar**.
4. Double-click on the **BMI.jar** file to launch the application.
5. The BMI Calculator window will appear on your screen.
6. Enter your age, height in centimeters, and weight in kilograms into the respective text fields.
7. Click the "Click here" button to calculate your BMI.
8. The calculated BMI value will be displayed below the button.
9. The application will also show a BMI chart with different BMI categories for reference.

**Requirements**

* Java Runtime Environment (JRE) version 8 or higher is required to run the JAR file.

**Contributing**

Contributions to the project are welcome! If you find any bugs, have suggestions for improvements, or want to add new features, feel free to open an issue or create a pull request.

**License**

The BMI Calculator project is open-source and available under the [MIT License](https://chat.openai.com/c/LICENSE).

The BMI chart image should be placed in the **src/images** folder and named **bmichart.png** for the program to work correctly.