



# S. R. K. R. Engineering College

(Autonomous)

China Amiram, Bhimavaram – 534204



## Report of the Event on “Dynamism for Self & Nation(DSN)”

<b>Event</b>	Dynamism for Self & Nation (DSN)
<b>Department Organised</b>	PAIE CELL
<b>Start date</b>	08/08/2016
<b>End date</b>	11/08/2016
<b>Venue</b>	I - Block
<b>Teachers</b>	Dr P Bhavani , P Ramesh raju
<b>Description of the Event</b>	DSN is a rigorous and transformational program that empowers participants to break through personal inhibitions and barriers
<b>Participants list</b>	Yes (Provided Below)
<b>Event Photos</b>	Yes (provided below)
<b>Resource person / Chief Guest</b>	Santosh Rao. International Corporate Trainer and Motivational and Inspirational Speaker at The Art of Living.
<b>No of Participants</b>	75

**SAGI RAMA KRISHNAM RAJU ENGINEERING COLLEGE (A)**  
CHINNA AMIRAM(P.O)::BHIMAVARAM::W.G.Dt.,A.P.,INDIA::PIN:534204

**CIRCULAR**

Date: 02-08-2016

A programme on “Art of Living” (“DSN” COURSE) for B.Tech students designed by Sri Sri Ravi Shankar, will be conducted by PAIE cell of our college from 08-08-2016 to 11-08-2016 in our college campus auditorium (I-101) by Vyakititva Vikas Kendra Of Bangalore.

Interested students may register their names with Dr.P.Bhavani Assistant Professor of Department of Engineering chemistry during working hours of the college. All students hereby advised to utilise this opportunity.



PRINCIPAL  
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S.R.K.R. Engg. College  
BHIMAVARAM-534 204.

C.C. to  
The Secretary cum Correspondent, for information  
The Principal Table  
All Heads of the Departments  
The Incharge, PAIE cell  
The Incharge, WEC  
The Dean, R&D, WET Centre  
The Physical Director,  
The Incharge, Central Library  
The Hostel Wardens  
All notice boards  
The Incharge Construction Department



# ENHANCE YOUR CONFIDENCE WITH DSN



August 8 TO August 11, 2016

UNTAP YOUR POWER  
**DSN**  
Program

Break your Barrier



## **SUMMARY**

We all have personal barriers, old habits, or inhibitions that hold us back and keep us from fully participating in life. Yet we all have a deep desire to be the best we can be - for ourselves, our families, our community and even the world around us. Break the boundaries of the mind to discover your full potential.

DSN is a Rigorous and transformational program that empowers participants to break through personal inhibitions and barriers and access inner stability and power.

### **Group Activities & discussions**

The group of participants in the program is facilitated through a series of activities and discussions. In creating a sensitive and understanding environment, the participants go over situations in real life, and their reactions to them, and learn tools to overcome fears, and inhibitions.

### **Focus on strengths**

Know your strengths, and how you can use them to contribute to society. Discover an unshakeable faith in making a change in society, and the importance of your participation.

### **Event Photos**

	
Team division tasks in the course	Doing Surya Namaskaras



Group discussion in the team

Performing sun salutations



Doing concentration Pranayama for focus in studies

Interaction with resource person santosh rao

# DSN COURSE

- 11/08/2016

<u>SNO</u>	<u>Name</u>	<u>Mobile</u>	<u>Branch</u>
1.	Sri Varavi	7075477470	2/4 CIVIL
2.	M. Gayatri	7702420193	2/4 EEE
3.	bharti	9440028139	2/4 EEE
4.	Teja krishna	9154241947	4/4 MECH
5.	kavya	9989667115	3/4 IT
6.	Pruthvi raj	9866162801	3/4 ECE
7.	priya dhareshini	7095956079	2/4 EEE
8.	p. krupa kumar	9030187642	3/4 MECH
9.	Anudeep	9492863910	
10.	V. prudhvi	99892863910	3/4 ECE
11.	manikanta	9912297223	3/4 MECH
12.	laxmi prasana	9063982148	3/4 CSE
13.	ch. tanuja	9505054355	4/4 CSE
14.	harshitha	9704688453	2/4 EEE
15.	r.latha	9603783646	4/4 ECE
16.	i. haritha	9966592509	4/4 CSE
17.	m.mounica	8978699987	4/4 ECE
18.	k. gamu	9133522311	3/4 MECH
19.	Vijaya lakmi	9063861666	2/4 CSE
20.	harsha	7396777	INCHARGE PAIE 3/4 MECH.

<u>SNO</u>	<u>NAME</u>	<u>Phone NO</u>	<u>Branch</u>
21.	tulasiram	970357564	4/u EEE
22.	ganya	8499950828	2/u IT
23.	moulica	9100535030	2/u EEE
24.	V.jagadeesh	9493474297	3/u MECH
25.	Sai teja	9666766231	3/u EEE
26.	a.jyothi	9492937808	-
27.	chandra kiran	8978036618	4/u CSE
28.	Sushma	8099104440	2/u EEE
29.	prasuna	8341628666	2/u EEE
30.	laxmi prasana	7095322759	4/u IT
31.	deepthi	9989086768	4/u EEE
32.	lalitha	9666164303	2/u CIVIL
33.	aparna	7729957519	3/u CSE
34.	navya	8985471558	3/u CSE
35.	nani boina	9493628433	4/u EEE
36.	Sai manojna	9515831725	1/u CSE
37.	gravani	7337036703	2/u CIVIL
38.	prasad	8886781169	4/u MECH
39.	kiran	9490014333	4/u EEE
40.	supriya	7033874039	3/u IT

INCHARGE

P.B  
PAIE

<u>SNO</u>	<u>NAME</u>	<u>Phno.</u>	<u>Branch</u>
41.	M. Jagadeesh	9966164429	1/4 CSE
42.	Kalyani	7729901117	3/4 AE
43.	manish	9848122228	3/4 ECE
44.	Venkatramana	8520947743	3/4 mech
45.	Vijay	9533110834	3/4 IT
46.	mahesh	8688260882	3/4 mech
47.	Hima Sn°	9014660220	3/4 EEE
48.	Himaja	8179668818	2/4 IT
49.	Jhansi	7799292497	4/4 ECE
50.	Sindhu	7893422228	4/4 EEE
51.	Girisha Sumanth	7794928241	—
52.	Vishnu	9553159760	2/4 CSE
53.	Sudhakar	7032144725	—
54.	Sathya	8712271223	3/4 mech
55.	Ankireddy	9014146639	3/4 ECE
56.	N. Srikanth	9908663961	—
57.	Venkat	9505523803	2/4 CIVIL
58.	Mani	7995181614	2/4 ECE
59.	M. Rakesh	9494763177	7981298642
60.	Shruthi	9848191968	—
61.	Chandu	9502688658	INCHARGE PAIE
62.	Sushmitha		
63.	Suchitra		

64.	Abhishek	9121413465	SP
65.	v.manohar	8121862334	SP
66.	Swaroop	7981145819	SP
67.	Kaunakar	6303586821	SP
68.	kumar	6303182147	SP
69.	Charan	6304658838	SP
70.	Sravan	6303562554	SP
71.	Dheeraj	7901553579	SP
72.	Bhavya	9494847794	SP
73.	A. Pooja	9381378337	SP
74.	G.manosmi	8088312029	SP
75.	N. divya sri	9151812944	SP

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P.R.P.A.I.E~~

76.	Shivam	8121413465	SP
77.	Pratik	7981145819	SP
78.	Utkarsh	6303586821	SP
79.	Yash	6303182147	SP
80.	Aditya	6304658838	SP
81.	Suraj	6303562554	SP
82.	Shubham	7901553579	SP
83.	Harsh	9494847794	SP
84.	Arnav	9381378337	SP
85.	Divyanshu	8088312029	SP
86.	Shivam	9151812944	SP
87.	Pratik	8121413465	SP
88.	Utkarsh	7981145819	SP
89.	Yash	6303586821	SP
90.	Aditya	6303182147	SP
91.	Suraj	6304658838	SP