

AYURVEDIC PRESCRIPTION

PATIENT DETAILS

Name: darshan

Age: 21

DIAGNOSIS

Reported Symptoms:

feeling very good

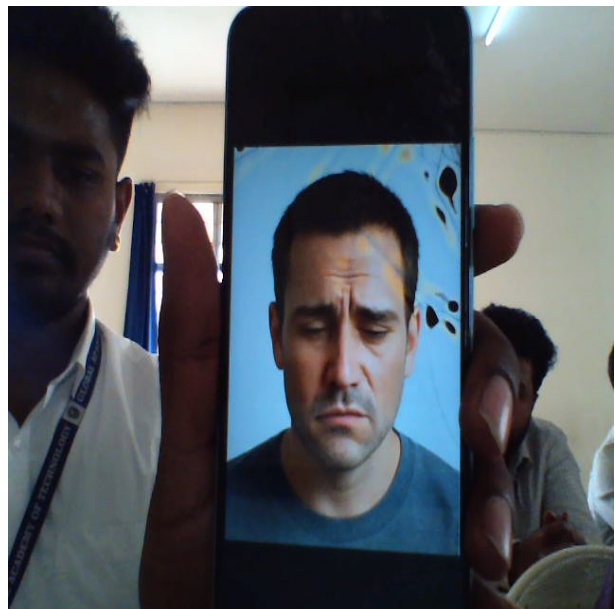
PRESCRIPTION

Hindi Name: Dalchini

English Name: Bark Cinnamon

Botanical Name: Cinnamomum
Zeylanicum Breyn

Remedy: Add cinnamon powder to your meals or tea to regulate blood sugar, improve digestion, and reduce inflammation.



EMOTION ANALYSIS

Detected Emotion: Sad

Health Tip: You might be feeling low. Herbal tea and rest can help.

Note: This prescription is based on AI.