ORIGINAL ARTICLE



Mineralocorticoid receptor deficiency in Treg cells ameliorates DSS-induced colitis in a gut microbiotadependent manner

Ting Liu 1,2 | Yu-Lin Li 1,2 | Lu-Jun Zhou 1,2 | Xue-Nan Sun 1,2 | Yong-Li Wang 1,2 | Lin-Juan Du 1,2 | Yuan Liu 1,2 | Hong Zhu 1,2 | Bo-Yan Chen 1,2 | Jian-Yong Sun 1,2 | Yan Liu 1,2 | Shuo Xu 1,2 | Hui-Lin Ye 1,2 | Shi-Jia Huang 1,2 | Xiaoxia Wang 3 | Bin Li 3 | Sheng-Zhong Duan 1,2

¹Laboratory of Oral Microbiota and Systemic Diseases, Shanghai Ninth People's Hospital, College of Stomatology, Shanghai Jiao Tong University School of Medicine, Shanghai, China

²National Center for Stomatology; National Clinical Research Center for Oral Diseases; Shanghai Key Laboratory of Stomatology, Shanghai, China

³Department of Immunology and Microbiology, Shanghai Institute of Immunology, Shanghai Jiao Tong University School of Medicine, Shanghai, China

Correspondence

Sheng-Zhong Duan, Shanghai Ninth People's Hospital Research Center, Shanghai Jiao Tong University School of Medicine, 115 Jinzun Road, Shanghai 200125, China.

Email: duansz@shsmu.edu.cn

Funding information

National Natural Science Foundation of China, Grant/Award Numbers: 81725003, 81991503, 81900227, 82100446, 31900810; the Innovative Research Team of High-Level Local Universities in Shanghai, Grant/Award Number: SHSMU-ZDCX20212500

Abstract

Mineralocorticoid receptor (MR) is a classic nuclear receptor and an effective drug target in the cardiovascular system. The function of MR in immune cells such as macrophages and T cells has been increasingly appreciated. The aim of this study was to investigate the function of Treg MR in the process of inflammatory bowel disease (IBD). We treated Treg MR-deficient (MR^{flox/flox}Foxp3^{YFP-Cre}, KO) mice and control (Foxp3 YFP-Cre, WT) mice with dextran sodium sulphate (DSS) to induce colitis and found that the severity of DSS-induced colitis was markedly alleviated in Treg MR-deficient mice, accompanied by reduced production of inflammatory cytokines, and relieved infiltration of monocytes, neutrophils and interferon γ^+ T cells in colon lamina propria. Faecal microbiota of mice with colitis was analysed by 16S rRNA gene sequencing and the composition of gut microbiota was vastly changed in Treg MR-deficient mice. Furthermore, depletion of gut microbiota by antibiotics abolished the protective effects of Treg MR deficiency and resulted in similar severity of DSS-induced colitis in WT and KO mice. Faecal microbiota transplantation from KO mice attenuated DSS-induced colitis characterized by alleviated inflammatory infiltration compared to that from WT mice. Hence, our study demonstrates that Treg MR deficiency protects against DSS-induced colitis by attenuation of colonic inflammatory infiltration. Gut microbiota is both sufficient and necessary for Treg MR deficiency to exert the beneficial effects.

KEYWORDS

inflammatory bowel disease, microbiota, mineralocorticoid receptor, Treg cells

INTRODUCTION

Abbreviations: ABX, antibiotics; FMT, faecal microbiota transplantation; IBD, inflammatory bowel disease; LP, lamina propria; MR, mineralocorticoid receptor.

Ting Liu and Yu-Lin Li contributed equally to this study.

Inflammatory bowel disease (IBD), including ulcerative colitis and Crohn's disease, are chronic relapsing disorders resulting from excessive intestinal responses against

3652567, 2022, 1, Downloaded from https://onlinelibrary.wiley.com/doi/10.1111/mm.13522 by Det Kongelige, Wiley Online Library on [13/12/2022]. See the Terms and Conditions (https://onlinelibrary.wiley.com/terms-and-conditions) on Wiley Online Library for rules of use; OA articles are governed by the applicable Cerative Commons License



environmental factors [1]. The incidence of IBD has risen greatly worldwide over the past few decades, causing profound financial and social burdens [2, 3]. It is in great needs to develop novel therapeutic strategies to treat

Dysregulated immune response is a major contributor to IBD [5]. It has been reported that infiltration of immune cells such as inflammatory monocytes and neutrophils, and the disbalance between regulatory T cells (Tregs) and pathogenic Th1 and Th17 cells play important roles in the development and progression of IBD [6–9]. Tregs are a subset of CD4⁺ T cells that express transcription factor Foxp3 and are critical for the body to maintain self-tolerance in both lymphoid and nonlymphoid tissues [10, 11]. They exist in large numbers in the lamina propria (LP) of the intestine and numerous studies have demonstrated the protective role of Tregs in sustaining immune homeostasis and alleviating the severity of IBD [12, 13].

It is increasingly acknowledged that gut microbiota is a crucial environmental factor contributing to the development of IBD apart from host genetics [14, 15]. Transplantation of gut microbiota from healthy donors has been shown to be an effective treatment strategy for gastrointestinal disorders [16, 17]. Interestingly, intestinal commensal microbiota such as Bacteroides fragilis and Clostridium species are able to enhance the induction of Tregs [18, 19].

Mineralocorticoid receptor (MR), a member of nuclear receptor superfamily, is an important drug target in the cardiovascular system and MR antagonists have been widely used to treat hypertension and heart failure [20, 21]. In recent years, the contribution of immune cell MR in cardiovascular diseases and metabolic disorders has been increasingly appreciated [22]. Deficiency of MR in myeloid cells has been reported to protect mice from pathological cardiac hypertrophy, myocardial infarction, atherosclerosis, neointimal hyperplasia and nonalcoholic fatty liver disease [23-27]. Deficiency of MR in T cells mitigates angiotensin II-induced hypertension and pressure overload-induced cardiac hypertrophy [28, 29]. However, the function of MR in Tregs has not been explored. Considering the significant role of Treg in IBD, it is of great interest to explore whether Treg MR participates in regulating host-microbiota homeostasis during the development of IBD.

In this study, we investigated whether and how Treg MR deficiency affects the progression of IBD. First of all, we studied the effects of Treg MR knockout (KO) on the severity of dextran sulphate sodium (DSS)-induced colitis, cytokine production and inflammatory cell infiltration in colons. Then, we analysed impacts of KO on the composition of gut microbiota after induction of colitis.

Subsequently, we performed faecal microbiota transplantation experiment preceded the treatment of DSS to evaluate the involvement of gut microbiota. Finally, we conducted a microbiota depletion experiment to test whether MR in Tregs regulated the severity of colitis in a gut microbiota-dependent manner.

MATERIALS AND METHODS

Animals

Treg MR knockout mice were generated by crossing MR^{flox/flox} mice [30] with Foxp3-Cre mice. Foxp3 YFP-Cre mutant mice express a knocked-in yellow fluorescent protein/iCre-recombinase fusion protein from the Foxp3 locus without disrupting expression of the endogenous Foxp3 gene [31]. Foxp3 YFP-Cre (WT) and MR flox/floxFoxp3 YFP-Cre (KO) mice of C57BL/6 strain were used. Wild-type C57BL/6 mice were purchased from Beijing Vital River Laboratory Animal Technology Co., Ltd., and maintained in a SPF facility with unlimited access to water and food. 6-8 weeks old age- and sex-matched mice were used for experiments.

All animal experiments were approved by the Institutional Review and Ethics Board of Ninth People's Hospital, Shanghai Jiao Tong University School of Medicine (HKDL 2016-303).

DSS-induced colitis model

For colitis induction, WT and KO mice were treated with 3% DSS (36-50 kDa, MP Biomedical) in drinking water for 6 days followed with 1 day regular drinking water. The disease activity index (DAI) was scored daily according to the average of three parameters: weight loss (0-4), stool consistency (0, 2, 4), and stool blood (0, 2, 4) [32]. Mice were sacrificed on day 7, spleen weight and colon length were recorded.

Flow cytometry

Single-cell suspensions were centrifuged, stained with Live/Dead Fixable Viability Stain 510, pre-incubated with anti-mouse CD16/32 and then stained with antibodies for the detection of cell surface antigens. For intracellular staining, cells were first stimulated with stimulation cocktail (BioLegend) for 5 h, and then fixed and permeabilized using intracellular cytokine staining kit (eBioscience) before the detection of IFNy and IL17A, or fixed and permeabilized using a transcription factor

3652567, 2022, 1, Downloaded from https://onlinelibrary.wiley.com/doi/10.1111/mm.13522 by Det Kongelige, Wiley Online Library on [13/12/2022]. See the Terms and Conditions (https://onlinelibrary.wiley.com/terms-and-conditions) on Wiley Online Library for rules of use; OA articles are governed by the applicable Cerative Commons License

staining buffer set (eBioscience) before Foxp3 staining. Flow cytometry data were acquired using LSR Fortessa (BD Biosciences) and analysed by FlowJo software (Tree star). The antibodies were listed in Table S2.

Faecal microbiota analysis

Fresh faecal samples were collected and stored at -80° C. Genomic DNA was extracted using OMEGA Soil DNA Kits (Omega Bio-Tek) according to the manufacturer's instructions. After DNA extraction, the full length of 16S rRNA genes was amplified to construct PCR-based libraries and samples were sequenced using an Illumina platform at Personal Biotechnology Co., Ltd (Shanghai, China). Sequencing analysis was performed on QIIME2 platform according to previously described protocols [33].

Statistical analysis

All data were shown as mean \pm SEM and analysed using Prism (GraphPad Software). Two-way ANOVA analysis followed by Bonferroni correction was used for all experiments that had four groups and two factors. Student's ttest analysis was used to compare means that were detected in independent samples between two groups. All data are presented as mean \pm SEM. Results were considered significantly different if p < 0.05.

RESULTS

Treg MR deficiency protects mice from **DSS-induced colitis**

To study the role of Treg MR during the development of acute colitis, wild type control (WT, Foxp3 YFP-Cre) mice and Treg MR knockout (KO, MR^{flox/flox}Foxp3^{YFP-Cre}) mice were exposed to 3% DSS in drinking water for 6 days followed by 1-day regular drinking water or treated with regular drinking water for 7 days (Figure 1a). QRT-PCR analysis revealed efficient depletion of MR was restricted to Treg cells isolated from the spleen of KO mice (Figure S1). WT and KO mice had similar body weights and body lengths during the first 8 weeks of life (Figure S2). Under DSS exposure, KO mice exhibited significantly less body weight change (Figure 1b), lower disease activity index (DAI) scores (Figure 1c), and longer colon length (Figure 1d) compared to WT mice while there was no significant difference in the body weight change, DAI scores and colon length of WT and KO mice treated with H₂O. DSS-induced splenomegaly was

relieved in KO mice (Figure 1e). Histological analysis revealed that epithelial tissue damage and inflammation were significantly attenuated in DSS-treated colons of KO mice compared to WT mice (Figure 1f,g). WT and KO mice showed comparable body weight change, colon length, spleen weight and histological change when treated with H₂O (Figure 1b-g). These data demonstrated a clear protection of Treg MR deficiency on DSS-induced colitis.

MR deficiency decreases production of proinflammatory cytokines and infiltration of immune cells in colons of mice with colitis

Consistent with the alleviation of colitis in KO mice, DSS-induced expression of pro-inflammatory cytokines, including IL1β, IFNγ, IL6 and TNFα was decreased at gene level in colons of KO mice compared to WT mice after DSS treatment (Figure 2a). Moreover, DSS-induced expression of monocyte-attracting chemokine CCL2, neutrophil-attracting chemokines such as CXCL1 and CXCL2, and T cell-attracting cytokines such as CXCL9 and CXCL10 was decreased in colons of KO mice (Figure 2b). WT and KO mice under H₂O treatment showed comparable expression of inflammatory cytokines and chemokines (Figure 2a,b). Flow cytometry analysis revealed significantly decreased frequency and number of CD45⁺ leukocytes in colonic lamina propria (cLP) of KO mice compared to WT mice under DSS exposure (Figure 2c,d). The percentage and total numbers of CD11b+Ly6Chi monocytes and CD11b+Ly6G+ neutrophils were also notably decreased in cLP of KO mice compared to WT mice at day 7 post DSS exposure (Figure 2e-h and Figure S3a). Similarly, the percentages and numbers of CD4⁺IFN γ ⁺ T cells and CD8⁺IFN γ ⁺ T cells were significantly lower in cLP of KO mice (Figure 2i-l and Figure S3b), although the percentages of CD4⁺ and CD8⁺ T cells in CD3e⁺ T cells were both similar between WT and KO mice after DSS exposure (Figure S4a). In mice treated with H₂O, the percentages and total numbers of CD45⁺ leukocytes, monocytes, neutrophils, and IFNγ⁺ T cells in cLP were similar between WT and KO mice (Figure 2c-1). Moreover, the percentage of Treg cells and expression of Foxp3 in Treg cells, as well as the percentage and number of CD4⁺IL17A⁺ T cells in cLP were comparable between WT and KO mice (Figure S4b-g). Interestingly, flow cytometry analysis revealed that the percentages of CD11b+Ly6G+ neutrophils and CD11b+Ly6Chi monocytes were notably decreased in intraepithelial compartments of KO mice compared to WT mice at day 7 post DSS exposure (Figure S5a-d). These data suggested that Treg MR

13652567, 2022, 1, Downloaded from https://onlinelibrary.wiley.com/doi/10.1111/imm.13522 by Det Kongelige, Wiley Online Library on [13/12/2022]. See the Terms and Conditions (https://onlinelibrary.wiley.com/terms-and-conditions) on Wiley Online Library for rules of use; OA articles are governed by the applicable Creative Commons License

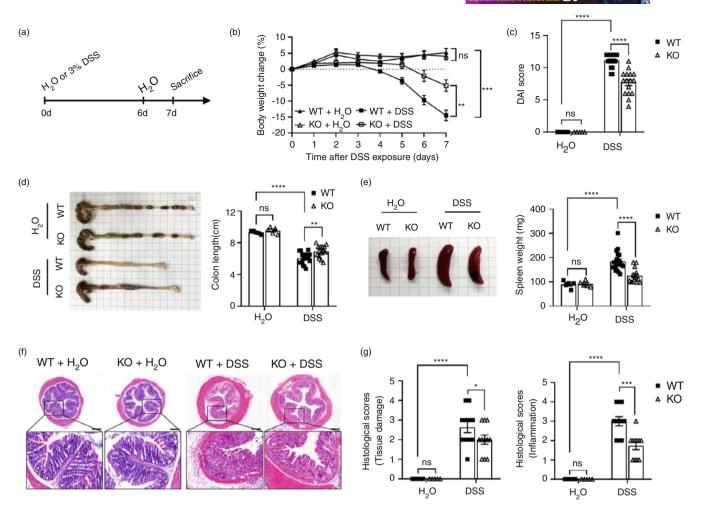


FIGURE 1 Treg MR deficiency alleviates DSS-induced colitis in mice. (a) Schematic presentation of the experimental design. (b) Body weight change and (c) disease activity index (DAI) scores of $Foxp3^{YFP-Cre}$ (WT) and $MR^{flox/flox}Foxp3^{YFP-Cre}$ (KO) mice treated with H₂O or DSS. (d) Representative pictures of colons and quantification the length on day 7 post H₂O or DSS exposure. (e) Representative pictures of spleens and quantifications of spleen weight. (f) Representative photomicrographs of haematoxylin and eosin (H&E)-stained colon sections from WT and KO mice on day 7 post H₂O or DSS exposure. Scale bar, 200 µm. (g) Quantification of histological scores exemplified in (f). Two-way ANOVA (b, c, d, e and g) was used for statistical analysis. ns, not significant; *p < 0.05, **p < 0.01, ***p < 0.001, ****p < 0.0001

deficiency inhibited infiltration of inflammatory cells and production of pro-inflammatory cytokines to alleviate DSS-induced colitis in mice.

MR deficiency in Treg cells alters the composition of gut microbiota in DSS-treated mice

Mutiple studies have reported that gut microbiota plays an important role in the pathogenesis of IBD. Treg cells have been demonstrated to regulate gut microbiota and IBD. 12,19 We therefore investigated whether gut microbiota mediated the effects of Treg MR deficiency in colitis. We first analyzed the impacts of Treg MR deficiency

on the composition of gut microbiota of colitis mice using 16S rRNA gene sequencing. Analysis of beta diversity by principal coordinate analysis (PCoA) based on Bray-Curtis distance showed that KO and WT samples were clearly segregated into two clusters (Figure 3a). MR deficiency in Treg cells led to substantial alterations in the composition of the gut microbiota at family level, including increases in the abundance of Akkermansiaceae and Bacteroidaceae and decreases in the abundance of Clostridiaceae and Prevotellaceae (Figure 3b). LEfSe analysis ranked Akkermansia muciniphila, Bacteroides sartorii, Bacteroides caecimuris and Bacteroides acidifaciens the most elevated species in gut microbiota of KO mice compared to WT mice (Figure 3c). Consistently, relative abundances of *B. sartorii, A. muciniphila, B. acidifaciens*

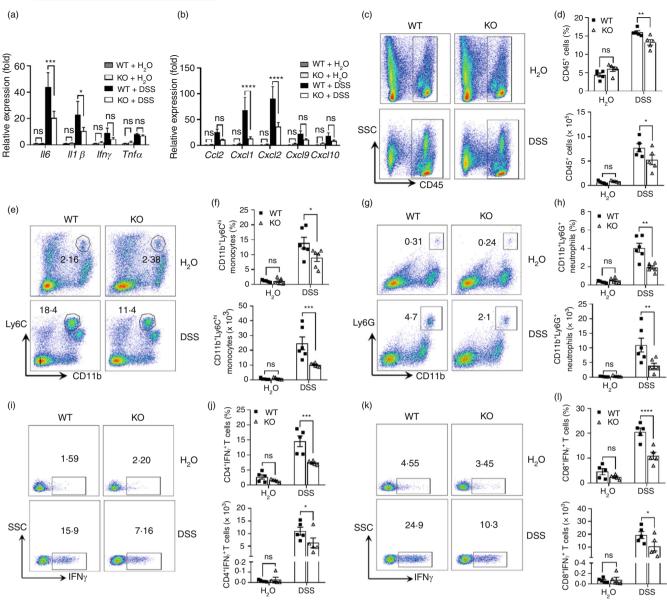


FIGURE 2 Treg MR deficiency decreases production of pro-inflammatory cytokines and infiltration of immune cells in colons of mice with colitis. (a) QRT-PCR analysis of inflammatory genes in colons. (b) QRT-PCR analysis of monocyte-attracting *Ccl2*, neutrophil-attracting *Cxcl1* and *Cxcl2*, as well as T cell-attracting *Cxcl9* and *Cxcl10* in colons. (c) Representative flow cytometry analysis of CD45⁺ leukocytes in colonic lamina propria (cLP) of H_2O - or DSS-treated mice. (d) Quantifications of the percentage (in live cells) and total number of CD45⁺ leukocytes in cLP. (e) Representative flow cytometry analysis of CD11b⁺Ly6C^{hi} monocytes in cLP. (f) Quantifications of the percentage (in CD45⁺ cells) and total number of monocytes in cLP. (g) Representative flow cytometry analysis of CD11b⁺Ly6G⁺ neutrophils in cLP. (h) Quantifications of the percentage (in CD45⁺ cells) and total number of neutrophils in cLP. (i) Representative flow cytometry analysis of CD4⁺IFN γ ⁺ T cells in cLP. (j) Quantifications of percentage (in CD4⁺ cells) and total number of CD4⁺IFN γ ⁺ T cells in cLP. (k) Representative flow cytometry analysis of CD8⁺IFN γ ⁺ T cells in cLP. (l) Quantifications of percentage (in CD8⁺ cells) and total numbers of CD8⁺IFN γ ⁺ T cells in cLP. Two-way ANOVA were used for statistical analysis. n = 5-8. ns, not significant; *p < 0.05, **p < 0.01, ****p < 0.001, *****p < 0.001

and Bacteroides intestinalis were significantly elevated in microbiota of KO mice (Figure 3d). Random forest analysis ranked B. sartorii and A. muciniphila the top 2 species that differentiated KO from WT (Figure 3e). We have also compared gut microbiota between WT and KO mice treated with H₂O and found there were slight differences in

the composition between the two groups (Figure S6). LEfSe analysis ranked *A. muciniphila* and *B. acidifaciens* the most elevated species in gut microbiota of KO mice compared to WT mice treated with H₂O (Figure S6c) and the differences were amplified under DSS exposure (Figure 3c).

FIGURE 3 Treg MR deficiency alters the composition of gut microbiota in mice with colitis. Faeces were taken from mice treated with DSS for 7 days and gut microbiota was analysed using 16S rRNA gene sequencing. (a) Assessment of beta diversity by principal coordinate analysis (PCoA) based on Bray-Curtis distance. (b) Relative abundances of gut microbiota at family level. (c) Taxonomic cladogram of gut microbiota based on linear discriminant analysis (LDA) effect size (LEfSe). The threshold of LDA score was 4. (d) Heatmap showing changes in the relative abundances of bacterial taxa at the species level between WT and KO mice (top 15), (e) Random forest analysis of gut microbiota at species level. n = 6.5

MR in Treg cells regulates the severity of DSS-induced colitis in a gut microbiotadependent manner

To determine whether Treg MR deficiency-induced alterations of gut microbiota were necessary for the improvement of colitis, WT and KO mice were treated with antibiotics (ABX) to deplete gut microbiota before the initiation of DSS. In those without microbiota depletion (treated with H₂O), DSS-induced colitis phenotypes and immune cell infiltration were significantly alleviated in KO compared to WT mice (Figure 4a-o), consistent with our earlier observations. Importantly, ABX treatment abolished the differences between WT and KO mice, resulting in comparable body weight change, colon length, spleen weight, and DAI scores between WT and KO mice after DSS exposure for 7 days (Figure 4a-d). Mice in WT + DSS + ABX and KO + DSS + ABXgroups displayed indistinguishable colonic expression of inflammatory genes as well as epithelial tissue damage and inflammation revealed by histological analysis (Figure 4e-g). Furthermore, there was no significant difference in the percentage or number of monocytes, neutrophils, CD4⁺IFN γ ⁺ T cells, or CD8⁺IFN γ ⁺ T cells in cLP between WT + DSS + ABX and KO + DSS + ABXgroups (Figure 4h-n). Meanwhile, antibiotics treatment

abolished the compositional difference in microbiota between WT and KO mice under DSS exposure (Figure S7). These results showed that gut microbiota was required for Treg MR deficiency to protect mice from DSS-induced colitis.

Gut microbiota of KO mice protects mice from DSS-induced colitis

Finally, we studied whether the gut microbiota of KO mice was sufficient to exert a protective role on colitis. We transferred faeces from WT and KO mice to ABXtreated mice via daily oral gavage for 1 week. After DSS exposure, recipient mice that had received faecal microbiota from KO mice (KO Mb) were notably protected from DSS-induced colitis, as evidenced by reduced weight loss (Figure 5a), increased colon length (Figure 5b), decreased spleen weight (Figure 5c) and improved DAI scores (Figure 5d) compared to recipient mice received faecal microbiota from WT mice (WT Mb). Expression of inflammatory genes, including IL1 β , IFN γ , IL6 and TNF α were also decreased in colons of mice in the KO Mb group (Figure 5e). Histological analysis revealed that mice in the KO Mb group had significantly less epithelial tissue damage and

FIGURE 4 Treg MR regulates DSS-induced colitis in a gut microbiota-dependent manner. (a) Body weight change, (b) colon length, (c) spleen weight and (d) DAI scores of H_2O - or ABX-treated WT and KO mice treated with DSS for 7 days. (e) QRT-PCR analysis of Il1β, Ilfηγ, Il6 and Tnfα in colons. (f) Representative micrographs of HE-stained colon tissues and quantification of histological scores. Scale bar, 200 μm. (g) Quantification of histological scores exemplified in (f). (h) Representative flow cytometry analysis of CD11b⁺Ly6C^{hi} monocytes in cLP of H_2O - or ABX-treated WT and KO mice under DSS exposure. (i) Quantification of the percentage (in CD45⁺ cells) of monocytes in cLP. (j) Representative flow cytometry analysis of CD11b⁺Ly6G⁺ neutrophils in cLP of H_2O - or ABX-treated WT and KO mice under DSS exposure. (k) Quantification of the percentage (in CD45⁺ cells) of neutrophils in cLP. (l) Representative flow cytometry analysis of CD4⁺IFNγ⁺ T cells in cLP. (m) Quantifications of the percentage (in CD4⁺ cells) of CD4⁺IFNγ⁺ T cells. (n) Representative flow cytometry analysis of CD8⁺IFNγ⁺ T cells in cLP. (o) Quantifications of the percentage (in CD8⁺ cells) of CD8⁺IFNγ⁺ T cells. Two-way ANOVA was used for statistical analysis. n = 5:8. ns, not significant; *p < 0.05, **p < 0.01, ***p < 0.001

inflammation (Figure 5f,g). Flow cytometry detected significant decrease in percentage and number of infiltrating monocytes in cLP of mice in the KO Mb group (Figure 5h,i). However, the percentage and number of

neutrophils in cLP were similar between WT Mb and KO Mb groups (Figure 5j,k). Analysis of gut microbiota after FMT using 16S rRNA gene sequencing revealed different microbial composition between WT Mb and

13652567, 2022, 1, Downloaded from https://onlinelibrary.wiley.com/doi/10.1111/imm.13522 by Det Kongelige, Wiley Online Library on [13/12/2022]. See the Terms and Conditions (https://onlinelibrary.wiley.com/terms-and-conditions) on Wiley Online Library for rules of use; OA articles are governed by the applicable Creative Commons License

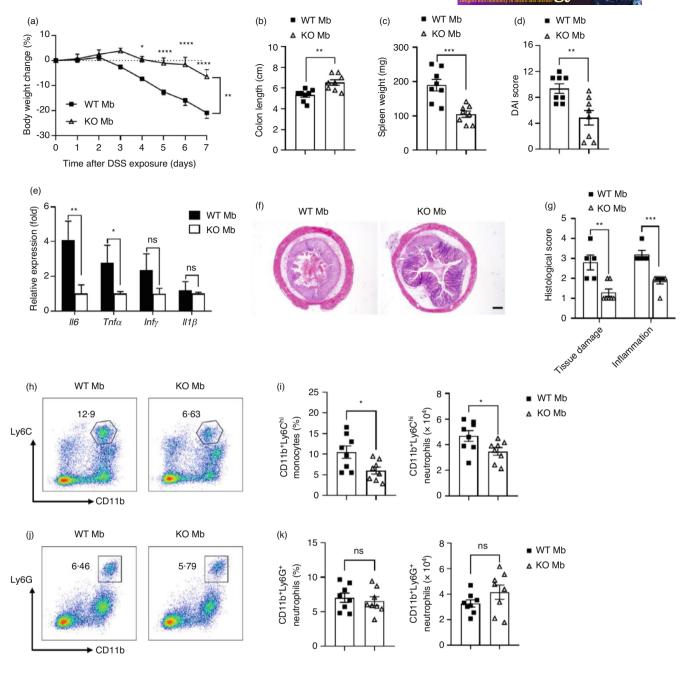


FIGURE 5 Gut microbiota of KO mice protects mice from DSS-induced colitis. (a) Body weight change, (b) colon length, (c) spleen weight, and (d) DAI scores of C57BL/6J mice pre-treated with ABX, received FMT from WT mice (WT Mb) or KO mice (KO Mb), and treated with DSS for 7 days. (e) QRT-PCR analysis of $Il1\beta$, $Ifn\gamma$, Il6 and $Tnf\alpha$ in colons. (f) Representative photomicrographs of H&E-stained colon sections. Scale bar, 200 μm. (g) Quantification of histological scores exemplified in (f). (h) Representative flow cytometry analysis of CD11b⁺Ly6C^{hi} monocytes in cLP of DSS-treated mice. (i) Quantifications of the percentage (in CD45⁺ cells) and total number of monocytes in cLP. (j) Representative flow cytometry analysis of CD11b⁺Ly6G⁺ neutrophils in cLP. (k) Quantifications of the percentage (in CD45⁺ cells) and total number of neutrophils in cLP. Two-way ANOVA (a) or Student's *t*-test (b–e, g, i and k) was used for statistical analysis. n = 8:8. ns, not significant; *p < 0.05, **p < 0.01, ****p < 0.001, ****p < 0.0001

KO Mb groups, and the differences were similar to those between WT and KO mice (Figure 3 and Figure S8), suggesting successful transplantation of gut microbiota. Taken together, these data demonstrated that Treg MR deficiency-induced alterations of gut microbiota were sufficient to alleviate colitis.

DISCUSSION

Although functions of MR in many immune cells have been reported in cardiovascular diseases and metabolic syndromes [24, 27, 28], the role of MR in Tregs and its functions in IBD have not been elucidated. Through the

current study, we demonstrated that Treg MR deficiency ameliorated DSS-induced colitis with attenuated colonic inflammation and immune cell infiltration in a gut microbiota-dependent manner.

Our data demonstrated that abrogation of Treg MR in mice resulted in a broad range of beneficial effects in DSS-induced colitis. Treg MR deficiency improved a variety of colitis parameters, including loss of body weight, increase of DAI, shortening of the colon, increase of spleen weight, and histological pathology of the colon. Further analyses suggested that Treg MR deficiency relieved the severity of IBD with down-regulated expression of pro-inflammatory cytokines and less colonic recruitment of inflammatory leukocytes. Recent studies have revealed important roles of MR in leukocytes such as macrophages and T lymphocytes in cardiovascular diseases [24, 26, 28, 29]. Spironolactone, an MR antagonist, has been reported to alleviate inflammation by suppressing the expression of cytokines in a rat model of 2,4,6-trinitrobenzenesulfonic acid-induced colitis [34]. On the other hand, it has been reported that spironolactone treatment may increase mortality in patients with both Crohn's disease and Clostridium difficile infection, and a mouse model of colitis induced by Salmonella typhimurium infection [35]. The conflicting results may be attributable to different models (colitis only vs. combination of colitis with superimposed infection). Our study used a genetic mouse model in combination with a simple colitis model to clearly illustrate the effective protection against colitis by blockade of MR in Treg cells. The conclusion regarding functions of Treg MR in IBD may be further strengthened in future studies using interleukin-10-knockout mice, which display the most similar characteristics to human Crohn's disease [36].

We also identified that MR deficiency in Tregs had a profound impact on the composition of gut microbiota, which might have ultimately mediated the protective effects of Treg MR deficiency on IBD. Treg MR deficiency dramatically altered the composition of the gut microbiota in IBD mice, resulting in two completely separated clusters for the KO and WT mice. Among the species that differentiated KO from WT mice, A. muciniphila has been widely reported to play protective roles in metabolic disorders and tumour immunotherapy [37, 38]. It has been demonstrated that administration A. muciniphila ameliorates DSS-induced colitis by promoting the production of short-chain fatty acids through their anti-inflammatory functions [39, 40]. Commensal Bacteroides is one of the most numerically prominent genera in the mammalian gastrointestinal tract [41]. The results of human studies have shown that the relative abundance of Bacteroides in IBD patients is markedly lower than that in healthy individuals [42]. In our study,

the relative abundances of Bacteroides species, including sartorii, В. caecimuris, В. intestinalis. B. acidifaciens elevated in the gut microbiota of the KO mice. Germ-free mice mono-associated with single strain B. sartorii has been reported to suppress inflammation in a spontaneous colitis mouse model [43]. B. caecimuris, which is positively correlated with the frequency of effector IL10+ Tregs in hepatocellular carcinoma related to non-alcoholic fatty liver disease, has been shown to produce short-chain fatty acid and exert immunomodulatory function [44]. B. intestinalis has been proposed to exert anti-inflammatory activity in vitro experiment [45]. The protective effect of B. acidifaciens in ameliorating insulin resistance has been observed in obese mice [46]. On the other hand, Bacteroides species, generally beneficial microbes, may become opportunistic pathogens under ectopic colonization [41]. Collectively, our observations demonstrated that Treg MR deficiency regulated dysbiosis of the gut microbiota in IBD, particularly increased the abundances of beneficial commensal microbes.

Importantly, depletion of gut microbiota by ABX treatment abolished the protection of Treg MR deficiency on IBD. Our results also showed that ABX treatment alleviated DSS-induced colitis in both WT and KO mice, particularly in WT mice. ABX has been shown to either exacerbate or alleviate DSS-induced colitis. For example, one report has shown that 4 weeks of ABX treatment increases mortality and morbidity of DSS-induced colitis in mice [47]. However, another report has shown that 12 days of ABX significantly alleviates DSS-induced colitis in mice [48]. The discrepancy is likely due to the length of ABX treatment, the dose of DSS, the genetic background of mice, and other differences. The length of ABX may be a major determinant. Our study used 2 weeks of ABX, similar to the second report mentioned above, which may explain why our results were similar to the results in this report [48]. Furthermore, FMT from KO mice alleviated IBD compared to FMT from WT mice, illustrating that modulation of the gut microbiota was both sufficient and necessary for Treg MR deficiency to exert protective effects on IBD.

In summary, we have identified that Treg MR plays a pivotal role in DSS-induced colitis through the regulation of immune cell infiltration in a gut microbiota-dependent manner. These findings support that specific perturbation of Treg MR may be a promising approach to treat IBD.

AUTHOR CONTRIBUTIONS

Ting Liu and Sheng-Zhong Duan designed the study, conducted data analysis and wrote the manuscript. Ting Liu, Yu-Lin Li, Lu-Jun Zhou, Xue-Nan Sun, Yong-Li Wang, Lin-Juan Du, Yuan Liu, Hong Zhu, Bo-Yan Chen, Hui-Lin Ye and Shi-Jia Huang performed experiments. Xiaoxia Wang and Bin Li contributed to mouse colonies,

reviewed and edited the manuscript. Yu-Lin Li, Lu-Jun Zhou, Yong-Li Wang, Shuo Xu and Yan Liu conducted data analysis, reviewed and edited the manuscript. Sheng-Zhong Duan is the guarantor of this work and, as such, has full access to all the data of the study and takes responsibility for the integrity of the data and the accuracy of data analysis.

ACKNOWLEDGEMENTS

We thank Shuai Li from Shanghai Institute of Precision Medicine and Cheng-Zhi Guo from Core Facility of Basic Medical Sciences, Shanghai Jiao Tong University School of Medicine for their assistance in flow cytometry.

FUNDING INFORMATION

This work was supported by grants from the National Natural Science Foundation of China (81725003. 81991503, 81900227, 82100446, 31900810), and the Innovative Research Team of High-Level Local Universities in Shanghai (SHSMU-ZDCX20212500).

CONFLICT OF INTEREST

The authors disclose no conflict of interest.

DATA AVAILABILITY STATEMENT

These sequence data have been submitted to the Sequence Read Archive of NIH with accession number PRJNA794280.

ORCID

Sheng-Zhong Duan https://orcid.org/0000-0001-5399-7252

REFERENCES

- 1. de Souza HSP, Fiocchi C. Immunopathogenesis of IBD: current state of the art. Nat Rev Gastroenterol Hepatol. 2016;13:
- 2. Clough JN, Omer OS, Tasker S, Lord GM, Irving PM. Regulatory T-cell therapy in Crohn's disease: challenges and advances. Gut. 2020;69:942-52.
- 3. Kaplan GG. The global burden of IBD: from 2015 to 2025. Nat Rev Gastroenterol Hepatol. 2015;12:720-7.
- 4. Neurath MF. Current and emerging therapeutic targets for IBD. Nat Rev Gastroenterol Hepatol. 2017;14:269-78.
- 5. Kmieć Z, Cyman M, Ślebioda TJ. Cells of the innate and adaptive immunity and their interactions in inflammatory bowel disease. Adv Med Sci. 2017;62:1-16.
- 6. Zigmond E, Varol C, Farache J, Elmaliah E, Satpathy Ansuman T, Friedlander G, et al. Ly6Chi monocytes in the inflamed colon give rise to proinflammatory effector cells and migratory antigen-presenting cells. Immunity. 2012;37: 1076-90.
- 7. Zhou GX, Liu ZJ. Potential roles of neutrophils in regulating intestinal mucosal inflammation of inflammatory bowel disease. J Dig Dis. 2017;18:495-503.

- 8. Hovhannisyan Z, Treatman J, Littman DR, Mayer L. Characterization of interleukin-17-producing regulatory T cells in inflamed intestinal mucosa from patients with inflammatory bowel diseases. Gastroenterology. 2011;140:957-65.
- 9. Zenewicz LA, Antov A, Flavell RA. CD4 T-cell differentiation and inflammatory bowel disease. Trends Mol Med. 2009;15: 199-207.
- 10. Panduro M, Benoist C, Mathis D. Tissue Tregs. Annu Rev Immunol. 2016;34:609-33.
- 11. Burzyn D, Benoist C, Mathis D. Regulatory T cells in nonlymphoid tissues. Nat Immunol. 2013;14:1007-13.
- 12. Boden EK, Snapper SB. Regulatory T cells in inflammatory bowel disease. Curr Opin Gastroenterol. 2008;24:733-41.
- 13. Yamada A, Arakaki R, Saito M, Tsunematsu T, Kudo Y, Ishimaru N. Role of regulatory T cell in the pathogenesis of inflammatory bowel disease. World J Gastroenterol. 2016;22: 2195-205.
- 14. Round JL, Mazmanian SK. The gut microbiota shapes intestinal immune responses during health and disease. Nat Rev Immunol. 2009;9:313-23.
- 15. Britton GJ, Contijoch EJ, Mogno I, Vennaro Llewellyn SR, Ng R, et al. Microbiotas from humans with inflammatory bowel disease alter the balance of gut Th17 and RORyt+ regulatory T cells and exacerbate colitis in mice. Immunity. 2019;50:212-24.e4.
- 16. van Nood E, Vrieze A, Nieuwdorp M, Fuentes S, Zoetendal EG, de Vos WM, et al. Duodenal infusion of donor feces for recurrent Clostridium difficile. N Engl J Med. 2013;368:407-15.
- 17. Paramsothy S, Nielsen S, Kamm MA, Deshpande NP, Faith JJ, Clemente JC, et al. Specific bacteria and metabolites associated with response to fecal microbiota transplantation in patients with ulcerative colitis. Gastroenterology. 2019;156:1440-54.e2.
- Round JL, Mazmanian SK. Inducible Foxp3+ regulatory T-cell development by a commensal bacterium of the intestinal microbiota. Proc Natl Acad Sci U S A. 2010;107:12204-9.
- 19. Atarashi K, Tanoue T, Shima T, Imaoka A, Kuwahara T, Momose Y, et al. Induction of colonic regulatory T cells by indigenous Clostridium species. Science. 2011;331:337-41.
- 20. Lother A, Moser M, Bode C, Feldman RD, Hein L. Mineralocorticoids in the heart and vasculature: new insights for old hormones. Annu Rev Pharmacol Toxicol. 2015;55:289-312.
- 21. Ferrario CM, Schiffrin EL. Role of mineralocorticoid receptor antagonists in cardiovascular disease. Circ Res. 2015;116: 206-13.
- 22. Bene NC, Alcaide P, Wortis HH, Jaffe IZ. Mineralocorticoid receptors in immune cells: emerging role in cardiovascular disease. Steroids. 2014;91:38-45.
- 23. Li C, Zhang YY, Frieler RA, Zheng XJ, Zhang WC, Sun XN, et al. Myeloid mineralocorticoid receptor deficiency inhibits aortic constriction-induced cardiac hypertrophy in mice. PLoS ONE. 2014:9:e110950.
- 24. Fraccarollo D, Thomas S, Scholz CJ, Hilfiker-Kleiner D, Galuppo P, Bauersachs J. Macrophage mineralocorticoid receptor is a pleiotropic modulator of myocardial infarct healing. Hypertension. 2019;73:102-11.
- 25. Man JJ, Lu Q, Moss ME, Carvajal B, Baur W, Garza AE, et al. Myeloid mineralocorticoid receptor transcriptionally regulates P-selectin glycoprotein ligand-1 and promotes monocyte trafficking and atherosclerosis. Arterioscler Thromb Vasc Biol. 2021;41:2740-55.

- Sun JY, Li C, Shen ZX, Zhang WC, Ai TJ, Du LJ, et al. Mineralocorticoid receptor deficiency in macrophages inhibits neointimal hyperplasia and suppresses macrophage inflammation through SGK1-AP1/NF-kappaB pathways. Arterioscler Thromb Vasc Biol. 2016;36:874–85.
- 27. Zhang YY, Li C, Yao GF, Du LJ, Liu Y, Zheng XJ, et al. Deletion of macrophage mineralocorticoid receptor protects hepatic steatosis and insulin resistance through ERalpha/HGF/met pathway. Diabetes. 2017;66:1535–47.
- 28. Sun XN, Li C, Liu Y, Du LJ, Zeng MR, Zheng XJ, et al. T-cell mineralocorticoid receptor controls blood pressure by regulating interferon-gamma. Circ Res. 2017;120:1584–97.
- Li C, Sun XN, Zeng MR, Zheng XJ, Zhang YY, Wan Q, et al. Mineralocorticoid receptor deficiency in T cells attenuates pressure overload-induced cardiac hypertrophy and dysfunction through modulating T-cell activation. Hypertension. 2017; 70:137–47.
- Berger S, Wolfer DP, Selbach O, Alter H, Erdmann G, Reichardt HM, et al. Loss of the limbic mineralocorticoid receptor impairs behavioral plasticity. Proc Natl Acad Sci U S A. 2006:103:195–200.
- 31. Rubtsov YP, Rasmussen JP, Chi EY, Fontenot J, Castelli L, Ye X, et al. Regulatory T cell-derived interleukin-10 limits inflammation at environmental interfaces. Immunity. 2008;28: 546–58.
- 32. Cooper HS, Murthy SN, Shah RS, Sedergran DJ. Clinicopathologic study of dextran sulfate sodium experimental murine colitis. Lab Invest. 1993;69:238–49.
- 33. Bolyen E, Rideout JR, Dillon MR, Bokulich NA, Abnet CC, Al-Ghalith GA, et al. Reproducible, interactive, scalable and extensible microbiome data science using QIIME 2. Nat Biotechnol. 2019;37:852–7.
- 34. Toklu HZ, Kabasakal L, Imeryuz N, Kan B, Celikel C, Cetinel S, et al. A study comparing the efficacy of antimicrobial agents versus enzyme (P-gp) inducers in the treatment of 2,4,6 trinitrobenzenesulfonic acid-induced colitis in rats. J Physiol Pharmacol. 2013;64:439–51.
- Johnson LA, Govani SM, Joyce JC, Waljee AK, Gillespie BW, Higgins PD. Spironolactone and colitis: increased mortality in rodents and in humans. Inflamm Bowel Dis. 2012;18:1315–24.
- Kühn R, Löhler J, Rennick D, Rajewsky K, Müller W. Interleukin-10-deficient mice develop chronic enterocolitis. Cell. 1993; 75:263–74.
- Dao MC, Everard A, Aron-Wisnewsky J, Sokolovska N, Prifti E, Verger EO, et al. Akkermansia muciniphila and improved metabolic health during a dietary intervention in obesity: relationship with gut microbiome richness and ecology. Gut. 2016;65:426–36.
- 38. Ansaldo E, Slayden LC, Ching KL, Koch MA, Wolf NK, Plichta DR, et al. *Akkermansia muciniphila* induces intestinal adaptive immune responses during homeostasis. Science. 2019;364:1179–84.
- 39. Zhai R, Xue X, Zhang L, Yang X, Zhao L, Zhang C. Strain-specific anti-inflammatory properties of two *Akkermansia*

- *muciniphila* strains on chronic colitis in mice. Front Cell Infect Microbiol. 2019;9:239.
- Bian X, Wu W, Yang L, Lv L, Wang Q, Li Y, et al. Administration of *Akkermansia muciniphila* ameliorates dextran sulfate sodium-induced ulcerative colitis in mice. Front Microbiol. 2019:10:2259.
- Zafar H, Saier MH Jr. Gut Bacteroides species in health and disease. Gut Microbes. 2021;13:1–20.
- 42. Ishikawa D, Sasaki T, Takahashi M, Kuwahara-Arai K, Haga K, Ito S, et al. The microbial composition of Bacteroidetes species in ulcerative colitis is effectively improved by combination therapy with fecal microbiota transplantation and antibiotics. Inflamm Bowel Dis. 2018;24:2590–8.
- 43. Perez-Muñoz ME, Bergstrom K, Peng V, Schmaltz R, Jimenez-Cardona R, Marsteller N, et al. Discordance between changes in the gut microbiota and pathogenicity in a mouse model of spontaneous colitis. Gut Microbes. 2014;5:286–95.
- 44. Behary J, Amorim N, Jiang XT, Raposo A, Gong L, McGovern E, et al. Gut microbiota impact on the peripheral immune response in non-alcoholic fatty liver disease related hepatocellular carcinoma. Nat Commun. 2021;12:187.
- 45. Yasuma T, Toda M, Abdel-Hamid AM, D'Alessandro-Gabazza C, Kobayashi T, Nishihama K, et al. Degradation products of complex Arabinoxylans by *Bacteroides intestinalis* enhance the host immune response. Microorganisms. 2021;9: 1126.
- Yang JY, Lee YS, Kim Y, Lee SH, Ryu S, Fukuda S, et al. Gut commensal *Bacteroides acidifaciens* prevents obesity and improves insulin sensitivity in mice. Mucosal Immunol. 2017; 10:104–16.
- Rakoff-Nahoum S, Paglino J, Eslami-Varzaneh F, Edberg S, Medzhitov R. Recognition of commensal microflora by tolllike receptors is required for intestinal homeostasis. Cell. 2004; 118:229–41.
- 48. Khan S, Waliullah S, Godfrey V, Khan MAW, Ramachandran RA, Cantarel BL, et al. Dietary simple sugars alter microbial ecology in the gut and promote colitis in mice. Sci Transl Med. 2020;12:eaay6218.

SUPPORTING INFORMATION

Additional supporting information can be found online in the Supporting Information section at the end of this article.

How to cite this article: Liu T, Li Y-L, Zhou L-J, Sun X-N, Wang Y-L, Du L-J, et al. Mineralocorticoid receptor deficiency in Treg cells ameliorates DSS-induced colitis in a gut microbiota-dependent manner. Immunology. 2022; 167(1):94–104. https://doi.org/10.1111/imm.13522