

Yes, most of the time they are speed trails.

Are the courses done at speed?

Well, initially I came in very spontaneously. The first training was just for fun, to ride a horse, I thought it was very cool. Then such a hobby began to grow into a sport, into almost daily activities. Then my parents began to help me, and I started training professionally. I went to competitions in different cities and began to take it seriously, I got into the national team of Tatarstan. Now I represent Tatarstan at different levels.

One of the dangers of the sport is a horse. Because it's big and uncontrollable. Anyway, whatever you do, the horse can react to anything: to sounds, to movements. The most difficult thing is to work with a young horse that is just learning all this (how to work with the rider. – editor's note). There is a big load on the back and we often have to visit different massages so that there are no clamps and discomfort. Such a few nuances.

How did you learn that? Is there a history or did you just start?

Are there any sporting nuances? Pluses and minuses? Maybe there are some dangers?

