

A photograph of a rider on a brown horse, wearing a dark helmet and a green jacket, jumping over a yellow and white striped obstacle. The rider is looking down at the horse. The background is a blurred green field.

**Tell us about your hobby.**

I do show jumping, which is overcoming obstacles on horse-back. In short, it's like this.

Yes, there are some rules. Initially, participants are divided into categories. There are children, young men, juniors, and overall classification, all divided by age. There is no gender framework, everyone is in one category: men and women. Jumping height also depends on the level: whether it is a young man or a child. The higher the category, the higher the barriers, up to 160 cm. These are the basic rules.

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**What are the obstacles, the distances? Are there any gradations of the sport? For example, by the age or the height of the jump?**

**In this sport, the horse jumps several barriers in a row or one?**

There is a special platform, a special ground from which a jump is made so as not to hurt the joints and various limbs of either the horse or the rider. A certain number of obstacles are placed on this ground. There are also rules about how this is put up. People who do this are called course-designers, a separate profession (*Course-designers are mainly engaged in the fact that they lay the route, taking into account the interests of both participants and spectators. – editor's note*).

Most often about 12 hurdles, where one or two systems: it (*one system. – editor's note*) when one canter – the distance between obstacles. And so most often it is different canter, different distances. The trick is to overcome, to cope with the distance, to control the horse.