Garnet Emma Bugbee

garnet.bugbee@gmail.com (971) 300-4008

Work History

Garnet Dreams - http://garnetdreams.art 05/16 - present | (971) 300-4008

I am a recycled materials artist, giving discarded items a second life as jewelry, or sculpture. I love texture, and kinetic motion, and seek to find it as often as I can.

Garnet Bugbee, LMT- *Massage Therapist/Yoga Instructor* 01/12 - 02/16 | (971) 300-4008

This was my massage therapy, and yoga business. I mainly offered Thai massage, occasionally doing deep tissue, or relaxation massage. I also continue to fill in for the occasional yoga classes around town.

Public Health Foundation Enterprises - Outreach Worker 12/08 -12/09 | (415) 355-2015

I was one of the main outreach workers for the San Francisco's

Department of Public Health, STD Prevention and Control section. I did STD screening,
for STDtest.org, along with research surveys for The Healthy Penis Campaign. Worked
on all aspects (research, outreach, materials) of the Healthy Penis social marketing campaign.
Was responsible for material distribution, to all MSM venues in the San Francisco area.

Managed volunteers on-site at outreach events, and participated in public health
and STD/STI, training events.

Walden House - *Case Manager* 02/08 -12/08 | (415) 740-6273

I ran the day to day operations of the Positive Reinforcement Opportunity Project.

We worked to lessen Methamphetamine use within the MSM(men who have sex with men) population in San Francisco, through incentive based positive reinforcement.

Community Youth Services - Youth Advocate

11/06 - 09/07 | (360) 943-0780

Organized weekly reading groups for homeless and at-risk youth. Developed a youth library in Rosie's Place. Aided young people in building their literacy, employability, and overall safety.

Outside In - *Employment Specialist* 07/03 - 04/04 | (503) 535-3800

Helped youth while they transitioned out of homelessness by working with them to learn employment, education, and life skills.

DePaul Treatment Centers - Recovery Transition Advocate

01/02 - 05/03 | (503) 535-1151

I was an outreach Drug and Alcohol counselor for homeless and at-risk youth, using a harm reduction Model. In the evenings we collaborated with Yellow Brick Road outreach. We were focused on resource and referral, aimed at helping people meet their basic needs.

Education

East West College of the Healing Arts - Portland, OR

I attended an 800 hour program, where I studied many different modalities.

I focused on Thai Massage, and Deep Tissue, I also have a good understanding of Swedish massage. I learned a great deal about anatomy & physiology, and pathologies that can afflict us.

Yoga Training - Portland, OR

I started attending yoga classes in 1999, I went through teacher-in-training in 2001 with Marsha Mann.

The Literacy Network - Olympia, WA
Adult Basic Education tutor training
English as a Second Language tutor training

Willamette Bridge Programs - Portland, OR
Drug and Alcohol Counselor Training