KA'ANA

# ADVENTURE

# KA'ANA

Inspiration comes alive at Ka'ana, a luxe outpost nestled deep in the tropical jungle of western Belize, our boutique resort is an oasis of style, culture, personalized service, and modern amenities for well-seasoned adventurers and tastemakers alike.

Our location on the doorstep of an ancient Maya city has inspired Ka'ana's name, which means "Heavenly Place."

At Ka'ana, each tour is guided privately by an adventure specialist. Whether you're thrill- seeking, bird-watching, history-craving, or all of the above, a multitude of exciting excursions await.

Please have a look at our adventure menu and let us know how we can tailor your stay for an UnBelizeable Vacation!

Prices are per person, minimum required are 2 persons.
All prices are in $USD and subject to 10% service charge and 12.5% goverment tax.

# SAN IGNACIO TOWN MARKET DAY

This adventure bundles a visit to San Ignacio's farmers market, where you will acquaint yourself with local farmers, craft makers, and an array of Belizean made products and souvenirs.

Head off to the Iguana hatchery, followed by practical chocolate making and a final stop at Cahal Pech Mayan site before heading back to the resort.

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| **Price per person:** US$ 138 | **Departure Time:** 8:00am | **Return Time:** 1:00pm |
| **Degree Of Difficulty:** For everyone | **Bring Along:** Insect repellent, sunscreen, camera, and money for souvenirs | **Includes:** Transportation, lunch at San Ignacio Market, Park Entrance fees, water & Sodas |

# XUNANTUNICH
## MAYAN CITY

Once home to indigenous people who made art, architectural magic and pioneered clever engineering wonders that still leave archaeologists in awe, it's now a popular place for curiosity seekers to visit.

Located on a natural limestone ridge are The ancient Mayan Temples of Xunantunich ("Maiden of the Rock") offering stunning 360-degree views of the surrounding mountains, valleys and villages bordered by Guatemala.

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| **Price per person:**<br>US$ 96 - 2 pax<br>US$ 85 - 3 pax<br>US$ 74 - 4 pax or more | **Departure Time:**<br>9:00am<br>1:00pm | **Return Time:**<br>1:00pm<br>4:00pm |
| **Degree Of Difficulty:**<br>For everyone | **Bring Along:** Sunscreen, insect repellent, sneakers | **Includes:** Private Transportation, tour-guide, water and sodas and park entrance fee |

# XUNANTUNICH

# ADVENTURE HORSEBACK RIDING

Set off on an extraordinary horseback journey through the vibrant jungles of Belize , where an untouched Maya mound awaits your discovery . Mount your horse and traverse the foothills of the majestic Maya Mountains , enveloped by the lush greenery . Feel the excitement as you delve into an ancient ruin, hidden away in the depths of the jungle , starting with a picturesque ride through Morningside Ranch and ascending into the jungle canopy, where you'll encounter rare medicinal plants and colorful native birds . Reach the main archaeological site, an unexcavated pyramid that has been concealed for centuries, and hike to its peak for breathtaking views of the surrounding wilderness . This unique adventure provides a profound connection to the ancient Maya civilization and the secrets that lie beneath the surface . With skilled horses and experienced wranglers by your side, you' ll be well taken care of as you uncover Belize 's hidden treasures, so be sure to bring your camera to immortalize the moments of this remarkable expedition!

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| **Price per person:**<br>US$ 120 - 2 pax<br>US$ 102 - 3 pax<br>US$ 91 - 4 pax or more | **Departure Time:** 8:00am | **Return Time:** 11:30pm |
| **Degree Of Difficulty:**<br>For everyone | **Bring Along:** Insect repellent, sunscreen, camera, comfortable riding shoes. | **Includes:** Private transportation to and from hotel, water and sodas. |

# HORSEBACK RIDING TO XUNANTUNICH

The Cayo district is the heart of horse country in Belize. Exploring the jungle on horseback offers its own unique perspective and advantages. The additional height increases your field of vision and appreciation.

Head off the beaten path to Morningside Ranch where you will gallop across orchards, jungle canopies  for a 2-hour ride to Xunantunich. Take in the sights and smells of the tropical rainforest along the banks of the Mopan River. Explore the ancient Mayan Temples. Option for returning on Horseback or a vehicle pick up.

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| **Price per person:**<br>US$ 208 - 2 pax<br>US$ 175 - 3 pax<br>US$ 158 - 4 pax or more | **Departure Time:** 8:00am | **Return Time:** 4:00pm |
| **Degree Of Difficulty:**<br>Moderate | **Bring Along:** Insect repellent, sunscreen, camera, comfortable riding shoes. | **Includes:** Private transportation to and from hotel, lunch at a local restaurant, park entrance fees, water & sodas. |

# CARACOL
## MAYAN CITY

Caracol temples ("snail") represents the largest Mayan City in Belize and home to the largest man-made structure in the country. Venture deep into the jungles of the Maya Mountains, habitat to an array of wildlife such as tapirs, jaguars, monkeys, toucans, and scarlet macaws.

Explore ancient courtyards, ball courts, residential complexes and a complete astronomical observatory. Over 100 tombs have been uncovered to date. Your expert guide will lead you from small relics through partial structures building up to the finale. Enjoy a refreshing swim at Rio on Pools on your way back.

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| **Price per person:**<br>US$ 203 - 2 pax<br>US$ 181 - 3 pax<br>US$ 152 - 4 pax or more | **Departure Time:** 7:00am | **Return Time:** 4:00pm |
| **Degree Of Difficulty:**<br>For everyone | **Bring Along:** Insect repellant, camera, sunscreen, climbing shoes | **Includes:** Private transportation to and from the hotel, tour guide, water & sodas, towels, packed lunch, and park entrance fee |

# TIKAL MAYAN CITY

Tikal is one of the finest, largest and most archaeologically rich of the Mayan Temples left by the Maya. Tikal was named a UNESCO World Heritage site in 1979. It has long been a popular attraction among visitors to Central America. If you're in Belize, it's an easy visit right over the Belize-Guatemala border. Plan to wear good shoes and bring a camera because Tikal will be yours to explore at a leisurely pace. Stand in awe of Tikal's five great pyramids overlooking the vast Mayan ceremonial center where clay artifacts, vessels and stelae tell tales of a civilization entrenched in other-worldly practices and ceremonies.

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| **Price per person:**<br>US$ 247 - 2 pax<br>US$ 220 - 3 pax<br>US$ 192 - 4 pax or more | **Departure Time:** 7:00am | **Return Time:** 4:00pm |
| **Degree Of Difficulty:**<br>Easy | **Bring Along:** Insect repellant, camera, sunscreen, sturdy climbing shoes, gift shop spending money, current valid passport. | **Includes:** Private transportation to and from the hotel, tour guide, water & sodas, lunch, and park entrance fee. |

# YAXHA SUNSET TOUR

Yaxha is found approximately 45 minutes from Belize´s western border.

This site gives the opportunity to enjoy a sunset tour from the top of one of its tallest buildings. Seeing the sunset over the horizon being framed by the lake on the western side of the city is spectacular. You have the option of seeing the sunset and coming back to the Resort for dinner.

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| **Price per person:**<br>US$ 254- 2 pax<br>US$ 220 - 3 pax<br>US$ 186 - 4 pax or more | **Departure Time:** 1:00pm | **Return Time:** 7:30pm |
| **Degree Of Difficulty:**<br>For everyone | **Bring Along:** Insect repellant, camera, sunscreen, sturdy climbing shoes, gift shop spending money, current valid passport. | **Includes :** Private transportation to and from the hotel, tour guide, water & sodas , and park entrance fee , Sparkling Wine & snack board |

# BIRD WATCHING

Belize is home to some rare and exotic species, and this expedition will take you to one of only 13 locations in Central America where you can witness this magnificent Keel-billed Toucan, the national bird of Belize.

Your guide will also explain the medicinal uses of the plants on the trail as well as point out a plethora of interesting birds, wildlife, and flora, including numerous species of orchid that grow abundantly in the rainforest.

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| **Price per person:**<br>US$ 120 - 2 pax<br>US$ 109 - 3 pax<br>US$ 96 - 4 pax or more | **Departure Time:** 6:00am | **Return Time:** 9:00am |
| **Degree Of Difficulty:**<br>For everyone | **Bring Along:** Insect repellant, camera, sunscreen, hiking shoes. | **Includes:** Private transportation to and from the hotel, tour guide, water & sodas, coffee & snacks at the lobby. |

# CAVE TUBING & ZIPLINING

One of Belize's most popular excursions, float along the cool waters illuminated by your headlamp, gently pushed by a current or led by your guide into two large chambers - both impressive sanctuaries used by the Mayans for rituals, listen to the sounds of the cascading waterfalls and bubbling rapids.

Zipline is designed to last approximately 45 minutes to an hour. It includes a 50 minutes drive to the zipline site. You will be zipping through the canopy of Belize's rainforest for approximately an hour. You will also be zipping across the same river on which cave tubing is done.

**Cave tubing and ziplining can be done separately as half-day tours.**

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| **Price per person:**<br>US$ 225 - 2 pax<br>US$ 203- 3 pax<br>US$ 181- 4 pax or more | **Departure Time:** 8:00am | **Return Time:** 4:00pm |
| **Degree Of Difficulty:**<br>Easy | **Bring Along:** Bathing suits, sunscreen, insect repellent, water shoes, or sneakers are recommended. | **Includes:** Private transportation to and from the hotel, tour-guide, towels, water and sodas, lunch, inner tube, life jacket, and head lamp. |

# CRYSTAL CAVE

One of the most exhilarating caves in the greater region. The initial climb to reach the start of the cave tour is steep and heart pumping and the scenery is lush rainforest.

After a 60-minute hike you arrive at the entrance of the cave and here the real fun begins. You will be descending up to 600 feet into a stunning cave system. Pick your way along sheer rock faces, slide down mud ramps. Crystal stalagmite and stalactite formations litter the caves, and the cathedral cave sections are mind-blowing. If you are up for it this will be a highpoint of your Cayo adventure cave experience.

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| **Price per person:**<br>US$ 315 - 2 pax<br>US$ 271 - 3 pax<br>US$ 237 - 4 pax or more | **Departure Time:** 8:00am | **Return Time:** 4:00pm |
| **Degree Of Difficulty:**<br>Challenging | **Bring Along:** Insect repellent, sunscreen, hiking shoes | **Includes:** Transportation, safety gear, lunch, water, sodas and park entrance fee |

# BARTON CREEK CAVE

You arrive at Barton Creek Cave after an enjoyable drive across rivers, jungle trails, and orange orchards, and through the Mennonite community of Barton Creek.

Hidden within this small community are the remnants of an ancient Maya civilization, silently waiting to be explored in the cool, dark, watery underground caverns of Barton Creek Cave.

A visit to Barton Creek Cave can be combined with other tours.

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| **Price per person:**<br>US$ 158 - 2 pax<br>US$ 136 - 3 pax<br>US$ 119 - 4 pax or more | **Departure Time:**<br>9:00am or 1:00pm | **Return Time:**<br>1:00pm or 4:00pm |
| **Degree Of Difficulty:**<br>Easy | **Bring Along:** Insect repellent, sunscreen, bathing suit | **Includes:** Transportation to and from the location, park entrance fee, tour guide, water, sodas, canoe, life jacket, and headlamp |

# ATM CAVE
## ACTUN TUNICHIL MUKNAL

Located in the heart of the Belizean rainforest and the Tapir Mountain Nature Reserve, this cave was a sacred place to the Mayas of Belize. Consisting of a series of chambers, ending in a large Cathedral where ceremonies once took place.

Your adventure begins with a 45-minute trek that includes wading across 3 rivers to get you to the "Cave of the Stone Sepulcher".

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| **Price per person:**<br>US$ 280 - 2 pax<br>US$ 252 - 3 pax<br>US$ 221 - 4 pax or more | **Departure Time:** 7:00am | **Return Time:** 3:00pm |
| **Degree Of Difficulty:**<br>Challenging | **Bring Along:** Light weight clothing, sunscreen, insect repellent, water shoes, sneakers & sock. | **Includes:** Private Transportation, tour-guide, water & sodas, lunch, towels, safety gear, and park entrance fee |

# CERAMIC MAKING IN SAN ANTONIO

The San Antonio Women's Group still makes ceramics by hand. These artisans will demonstrate the "coil method," and you will be able to try your hand at creating something of your own. Following this, make corn tortillas on a traditional fire hearth.

Walk the rest of the property and learn about the sustainable processes used to fire the ceramic kilns and sustain an organic garden. Enjoy a meal starting with warm atole, followed by roasted chicken, fresh salsa, and your recently prepared corn tortillas.

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| **Price per person:**<br>US$ 164 - 2 pax<br>US$ 152 - 3 pax<br>US$ 141 - 4 pax or more | **Departure Time:** 9:00am | **Return Time:** 1:30pm |
| **Degree Of Difficulty:**<br>For everyone | **Bring Along:** Insect repellent, sunscreen, bathing suit | **Includes:** Transportation to and from the location, tour guide, water, & sodas |

# CACAO FARM & CHOCOLATE MAKING

We show you how to make Mayan chocolate using a traditional Mayan Stone to grind organic Cacao Bean into a Paste. We then mix the paste into a chocolate drink and add spices just like the ancient Maya consume.

## Seasonal

Check for availability in our front desk

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| **Price per person:** US$ 135 - 2 pax | **Departure Time:** 8:00am, 10:00am, 1:00pm or 3:00pm | **Return Time:** Aprox. 3 to 4 hours |
| **Degree Of Difficulty:** For everyone | **Bring Along:** Insect repellent, sunscreen | **Includes:** Transportation to and from the location, park entrance fee, tour guide, water, sodas |

# BIG ROCK FALLS

Drive into the Mountain Pine Ridge Forest Reserve and away from civilization for an intimate experience at one of the most breathtaking sites in western Belize. Led by your adventure specialist, hike down to a waterfall and climb over boulders as you enjoy the best swimming spots.

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| **Price per person:** US$ 152 - 2 pax | **Departure Time:** 9:00am | **Return Time:** 3:00pm |
| **Degree Of Difficulty:** Moderate | **Bring Along:** Walking shoes, bug spray, and a swimsuit | **Includes:** Transportation to and from the resort. Lunch, towels, water & sodas |

# MOUNTAIN PINE RIDGE

Located in the highlands of the southern zone of western Belize, the Mountain Pine Ridge Forest Reserve offers cool temperatures and reveals splendid natural monuments.

Within its 300,000 acres of protected pine forests, you will find sites including Thousand Foot Falls, the largest fall of Belize and the Central American region, as well as the cave Rio Frio, a quarter-mile cave, to name a few.

Ask about private picnic options at Rio Frio Cave or Rio On Pools Waterfall

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| **Price per person:**<br>US$ 175 - 2 pax<br>US$ 158 - 3 pax<br>US$ 147 - 4 pax or more | **Departure Time:** 9:00am | **Return Time:** 4:00pm |
| **Degree Of Difficulty:**<br>Moderate | **Bring Along:** Insect repellent, sunscreen, swimsuit, hiking shoes, camera | **Includes:** Transportation to and from the location, tour guide, lunch, towels, water, sodas |

# THE BELIZE ZOO

The Belize Zoo, located an hour from Ka'ana On route to Belize City, is a unique stop for animal lovers. Here, one can see more than 50 types of animals that are native to Belize.

The zoo is set around 29 acres of tropical savanna, providing a natural setting for the wildlife living there. Visitors learn about the unique qualities of these creatures as well as the importance of protecting their natural habitat.

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| **Price per person:**<br>US$ 191 - 2 pax<br>US$ 181 - 3 pax<br>US$ 170 - 4 pax or more | **Departure Time:** 9:00am | **Return Time:** 1:00pm |
| **Degree Of Difficulty:**<br>For everyone | **Bring Along:** Insect repellent, sunscreen comfortable walking shoes | **Includes:** Entrance fee, tour guide, lunch, sodas, water, and transportation |

# CALICO JACK'S
# ZIP LINING

Curious about jungle flora and fauna and this is not your first occasion zip lining? Then this tour is for you!

Start with a 45 minutes drive to Calico Jack's. The intermediate level takes a 45-to-60-minute including a jungle hike as well as a lively and longer experience. Guests express great enthusiasm for the 2,745 feet of fast and lengthy runs (7 runs and 12 platforms) and return "home" via a 500 feet jungle lift run.

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| **Price per person:**<br>US$ 215 - 2 pax<br>US$ 203 - 3 pax<br>US$ 181 - 4 pax | **Departure Time:**<br>9:00am<br>1:00pm | **Return Time:**<br>12:00pm<br>4:00pm |
| **Degree Of Difficulty:**<br>For everyone | **Bring Along:** Sunscreen, insect repellent, and climbing shoes or sneakers recommended. | **Includes:** Entrance fees, equipment, guide, sodas and water, and transportation. |

# HELICOPTER TRANSFER

Enjoy a bird's-eye view of lush jungle reserves, Maya Mountains, rivers and waterfalls. Ending your journey closes with an aerial tour of the ancient Maya city Xunantunich, just 1.5 miles (2.4 kilometers) from Ka'ana. Enjoy this thrilling way to witness Belize's diverse landscapes and environments.

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| **Price per person:** Starting at $3,026 + $100 landing fee for 2 pax Ask for prices for 3 or more | **Departure Time:** Upon request | **Return Time:** Upon request |
| **Degree Of Difficulty:** For everyone | **Bring Along:** Weight and luggage limitations are provided upon request | **Includes:** Transportation |

# PRIVATE LAND TRANSFER

Your adventure begins being greeted at the airport by one of our adventure ambassadors. Journey through paradise learning about Ka'ana, Belize and its many cultures. Our expert guide will offer his expert advice on the best activities in the country and will be happy to answer any questions you may have.

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| **Price per person:** US$ 216 - 2 to 4 pax | **Departure Time:** Upon request | **Return Time:** Upon request |
| **Degree Of Difficulty:** For everyone | **Bring Along:** Insect repellent, sunscreen | **Includes:** Sodas, water and transportation |

# MAYAN COOKING CLASS

Let us take you and your taste buds on a culinary journey!

Maya food is steeped in a thousand years of history and tradition. Maya cooks still use ancient methods to prepare flavorful meals for their families. In this class, you'll create classic dishes like tamales, corn tortillas, and caldo using the fogon, an authentic Maya stove, in our remake of a traditional kitchen. Discuss techniques and flavor profiles of the Maya and then enjoy the fruits of your labor

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| **Price per person:**<br>US$ 60 - 2 pax<br>US$ 55 - 3 pax<br>US$ 49 - 4 pax or more | **Starting Time:** 9:00am | **Finish Time:** 10:30am |
| **Degree Of Difficulty:**<br>For everyone | **Bring Along:** Camera | **Includes:** *A Culinary Journey* for lunch or dinner (Please ask our front desk agents for the menu with the available options) |

# MIXOLOGY CLASS

Want to become a mixologist even if it's just for a couple hours?

Our mixology class includes mixing fruits and herbs from our organic garden to create the most unique and delicious cocktails in western Belize. With Belize's most experienced mix masters, you're sure to have a wonderful evening while learning how to mix your favorite flavors together. Cheers!

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| **Price per person:**<br>US$ 60 - 2 pax<br>US$ 49 - 3 pax or more | **Duration:** 2 hrs (time based on availability) | |
| **Degree Of Difficulty:**<br>For everyone | **Bring Along:** Camara | **Includes:** Destination Cocktail |

# COMBO TOUR

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| **Xunantunich + Ceramic Making** | US$ 176 PP |
| **Xunantunich + Barton Creek** | US$ 194 PP |
| **Xunantunich + Cave Tubing** | US$ 158 PP |
| **Xunantunich + Barton Creek + Butterfly farm** | US$ 242 PP |
| **Xunantunich + Cahal Pech** | US$ 127 PP |
| **Barton Creek + Butterfly Farm** | US$ 215 PP |
| **Barton Creek + Ziplining at Calico** | US$ 289 PP |
| **Xunantunich + Belize Zoo** | US$ 169 PP |
| **Barton Creek + Mountain Pine Ridge** | US$ 244 PP |
| **Cave & Ziplining + Belize Zoo** | US$ 253 PP |

# COMBO TOUR

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| **Cave Tubing + Belize Zoo** | US$ 215 PP |
| **Ziplining + Belize Zoo** | US$ 223 PP |
| **Transfer + Belize Zoo** | US$ 216 PP + US$ 80 PP |
| **Transfer + Ziplining** | US$ 216 PP + US$ 100 PP |
| **Barton Creek + Big Rock Falls** | US$ 247 PP |
| **Caracol + Big Rock Falls** | US$ 225 PP |
| **Cave Tubing** | US$ 133 PP |

KA'ANA

# ADVENTURE

#kaanadventure

Please note all prices are in US$, and subject to a 10% service charge and 12.5% government tax.