

# **Spartans Youth Football, Inc.**

## **Coaches Guide and Information Book**

### **A. Important Dates:**

### **B. Coaches Guide & Important Information:**

1. Coaches Expectations
2. Rules & Regulations
3. Parent Meeting Outline
4. Parent Rep Outline
5. Sample Team Emails
6. Heat Related First Aid Information
7. Heat Index Chart
8. Concussion Information

### **C. Equipment - "9 Important Items":**

### **D. Practice Information:**

1. First Practice Meeting Outline
2. Practice Schedule
3. Practice Location Map
4. Practice Attendance
5. Practice Information & Drills
6. Player Evaluation Form

### **E. Depth Charts - Offense, Defense, & Special Teams:**

### **F. Offensive Information:**

1. Offensive Position Responsibilities
2. Playbook - 4<sup>th</sup> & 5<sup>th</sup> Grade
3. Playbook - 6<sup>th</sup> Grade
4. Playbook - 7<sup>th</sup> Grade
5. Playbook - 8<sup>th</sup> Grade

### **G. Defensive Information:**

1. Playbook - 4<sup>th</sup> & 5<sup>th</sup> Grade
2. Playbook - 6<sup>th</sup>-8<sup>th</sup> Grade

### **H. Game Day Information:**

1. Pre-Game Talking Outline
2. Home Game Equipment Pick-Up Procedures & Responsibilities

### **I. DCAYFL Information:**

1. Updated Bylaws (December 2014) – Please review all rules for your specific grade.