

Spartans Youth Football, Inc.

Coaches Guide and Information Book

A. Important Dates:

B. Coaches Guide & Important Information:

1. Coaches Expectations
2. Parent Meeting Outline
3. Parent Rep Outline
4. Sample Team Emails
5. Heat Related First Aid Information
6. Heat Index Chart
7. Concussion Information

C. Equipment - "9 Important Items":

D. Practice Information:

1. First Practice Meeting Outline
2. Practice Schedule
3. Practice Location Map
4. Practice Attendance
5. Practice Information & Drills
6. Player Evaluation Form

E. Depth Charts - Offense, Defense, & Special Teams:

F. Offensive Information:

1. Offensive Position Responsibilities
2. Playbook - 4th & 5th Grade
3. Playbook - 6th Grade
4. Playbook - 7th Grade
5. Playbook - 8th Grade

G. Defensive Information:

1. Playbook - 4th & 5th Grade
2. Playbook - 6th-8th Grade

H. Special Teams' Rules & Information:

1. Punting, Kicking, Field Goals and Extra Points - All Grades

I. Game Day Information:

1. Pre-Game Talking Outline
2. Home Game Equipment Pick-Up Procedures & Responsibilities

J. DCAYFL Information:

1. Updated Bylaws (December 2014) – Please review all rules for your specific grade.