

Spartans Youth Football, Inc.

"Parent Meeting" Outline

A. Welcome:

1. Welcome Parents
2. Introduce Coaches
3. Thank Parents/Players for their commitment
4. Been here before Football can be a demanding Sport with all the practices.
5. New Families...ask for any thoughts or questions they may have.
6. Coaches will help kids with Focus and Discipline during practices and games as football can be demanding.

B. Important Dates & Events:

1. Go over Calendar of Events...Bring Email
2. Draft/Teams
3. Weigh-In
4. Scrimmage/Game
5. Youth Night

C. Parent Rep:

1. Ask for Volunteers
2. Go over "Parent Rep Outline" and responsibilities.

D. Spartans Youth Football, Inc. Rules & Regulations & DCAYFL League Rules:

1. Just remind Parents as part of the Online Registration all Rules & Regulations for SYF, Inc. and DCAYFL were a part of that process and if they have any questions.

E. Equipment:

1. Review the "9" Important Equipment Items.
2. Exchanges/Returns...contact Coaches or Coach J (Cell: 692-3287; Off: 267-7507)
3. Don't Pump Helmets (need to use smaller needle provided in coaches equipment box), Tighten Helmet Screws Weekly, Clean and Upkeep of All Equipment

F. Practice:

1. Practice Time and in Rain...Lombardi Time (Try and arrive 15 Min. Early and Ready)
2. Water or Gatorade...We do provide a Jug but bring own as well
3. Practice Evaluations/Positions
4. Practice times and dates
5. Practice time Attendance/Playing Time
6. Handout Practice Schedule

G. Game Day/Scrimmage:

1. Be there 45 Minutes before hand
2. Be Focused and Ready to Play
3. Carpooling
4. HAVE FUN...