

# Athletics (men and women)

1. All athletes should be in proper kits (shorts, t-shirts).
2. Athletes will not be allowed to leave the ground after attendance for every event.
3. Manager and coaches are not allowed to enter the ground during conduction of events.

## General rules-

1. The competition shall be conducted under the International Athletic Federation Rules as adopted from time to time by the AFFI unless otherwise modified in these rules.
2. An athlete can participate in a maximum of three events, excluding relays.
3. In a standard track of eight lanes, the distribution of lanes and qualifying to the subsequent round will be done as per standard rules for 100m, 200, and 400m runs.
4. Lots for lanes will be drawn as soon as the first call is given.
5. Two participants plus one reserve is allowed for every individual event.
6. Single team from one college can take part in relay. Two reserve members are allowed for relay.
7. If an athlete, after qualifying in heats, does not participate in the finals without giving a valid reason, he/she may be debarred from the competition and will not be considered for the best athlete title.
8. In case of a tie for Best athlete, an athlete who has broken the greatest number of meet records would be recognized winner. If the tie is still not broken, the award will be shared.

## Events for women

1. 100m
2. 200m
3. 400m
4. 800m
5. 4x100m
6. 4x400m
7. Long jump
8. Shot put
9. Discuss throw

### Events for men

1. 100m
2. 200m
3. 400m
4. 800m
5. 1500m
6. 5000m
7. 4x100m
8. 4x400m
9. Long jump
10. Shot put
11. Discuss throw



# VARCHAS' 20