Distracted Driving Laws by State

Updated February 2020

| State | Handheld Ban | All Cellphone Ban | | Text Messaging Ban | | | Crash |
|-------------|---------------------------------------|-----------------------|--|--------------------|------------------------------|-------------------|-------|
| | | School Bus Drivers | Novice Drivers | All Drivers | School Bus Drivers | Novice Drivers | Data |
| Alabama | | | 16, or 17 w/ Intermediate License <6 months | Yes | Covered under all driver ban | | Yes |
| Alaska | | | (Primary) | (Primary) Yes | Covered under a | all driver | Yes |
| 7 Hadika | | | | (Primary) | ban | | 100 |
| Arizona | Yes (Primary) | Yes (Primary) | <18 (Secondary) | Yes (Primary) | Covered under a ban | all driver | Yes |
| Arkansas 1 | 18 - 20 years old (Primary) | Yes (Primary) | <18 (Secondary) | Yes (Primary) | Covered under a ban | all driver | Yes |
| California | Yes (Primary) | Yes (Primary) | <18 (Secondary) | Yes (Primary) | Covered under a ban | all driver | Yes |
| Colorado | | | <18 (Primary) | Yes (Primary) | Covered under a ban | all driver | Yes |
| Connecticut | Yes | Yes | <18 | Yes | Covered under a | all driver | |
| | (Primary) | (Primary) | (Primary) | (Primary) | ban | | |
| Delaware | Yes | Yes | Learner or Intermediate License | Yes | Covered under a | all driver | Yes |
| | (Primary) | (Primary) | (Primary) | (Primary) | | | |
| D.C. | Yes | Yes | Learners Permit | Yes | Covered under a | all driver | Yes |
| | (Primary) | (Primary) | (Primary) | (Primary) | | | |
| Florida | | | | Yes (Secondary) | Covered under a ban | all driver | Yes |
| Georgia | Yes (Primary) | Yes (Primary) | <18 (Primary) | Yes (Primary) | Covered under a ban | all driver | Yes |
| Guam | Yes (Primary) | | | Yes (Primary) | Covered under a ban | all driver | |
| Hawaii | Yes (Primary) | | <18 (Primary) | Yes (Primary) | Covered under a ban | all driver | Yes |
| Idaho | | | | Yes (Primary) | Covered under a ban | all driver | Yes |
| Illinois | Yes (Primary) | Yes (Primary) | <19 (Primary) | Yes (Primary) | Covered under a ban | all driver | Yes |
| Indiana | | | <21 (Primary) (eff. 7/2015) | Yes (Primary) | Covered under a | all driver | Yes |
| Iowa | | | Restricted or Intermediate License | Yes | Covered under a | all driver | Yes |
| | | | (Primary) | (Primary) | | | |
| Kansas | | | Learner or Intermediate License | Yes | Covered under a | all driver | Yes |
| | | | (Primary) | (Primary) | | | |
| Kentucky | | Yes (Primary) | <18 (Primary) | Yes (Primary) | Covered under a ban | all driver | Yes |
| Louisiana | Learner or Intermediate License | Yes | 1st year of License | Yes | Covered under a | all driver | Yes |
| | (regardless of age) | (Primary) | (Primary for <18) | (Primary) | ban | | |

Source: Governors Highway Safety Association, http://www.ghsa.org/state-laws/issues/Distracted-Driving

| | | | Learner or | | | | |
|---------------------|---------------------------------------|------------------|---|------------------|------------------------------|------------------|-----|
| Maine Yes (Primary) | | Yes (Primary) | Intermediate License | Yes | Covered under all driver ban | | Yes |
| | ., | | (Primary) | (Primary) | | | |
| Maryland | Yes (Primary) | | <18 (Primary) | Yes (Primary) | Covered under all driver ban | | Yes |
| Massachusetts | Yes (Primary) | Yes | <18 | Yes | Covered under all driver ban | | Yes |
| | (Filliary) | (Primary) | (Primary) | (Primary) | | | |
| Michigan | | Yes | Level 1 or 2 License | Yes | Covered under all driver ban | | Yes |
| | | (Primary) | (Primary) | (Primary) | | | |
| Minnesota | Yes (Primary) | Yes | <18 w/ Learner or Provisional License | Yes | Covered under all driver ban | | Yes |
| | | (Primary) | (Primary) | (Primary) | | | |
| Mississippi | | Yes (Primary) | | Yes (Primary) | Covered under all driver ban | | Yes |
| Missouri | | , , , , , | | , ,, | | <21 (Primary) | Yes |
| Montana | | | | | | (Finitially) | Yes |
| Nebraska | | | <18 w/ Learner or Intermediate License | Yes | Covered under all driver ban | | Yes |
| | | | (Secondary) | (Secondary) | | | |
| Nevada | Yes (Primary) | | | Yes (Primary) | Covered under all driver ban | | Yes |
| New Hampshire | Yes | | <18 | Yes | Covered under all driver ban | | |
| | (Primary) | | (Primary) | (Primary) | | | |
| New Jersey | Yes | Yes | Permit or Provisional License | Yes | Covered under all driver ban | | Yes |
| | (Primary) | (Primary) | (Primary) | (Primary) | | | |
| New Mexico | In State vehicles | | Learner or Provisional License | Yes | Covered under all driver ban | | Yes |
| | | | (Primary) | (Primary) | | | |
| New York | Yes (Primary) | | | Yes (Primary) | Covered under all driver ban | | Yes |
| North Carolina | | Yes (Primary) | <18 (Primary) | Yes (Primary) | Covered under all driver ban | | Yes |
| North Dakota | | () | <18 | Yes | Covered under all driver ban | | Yes |
| | | | (Primary) <18 | (Primary) Yes | Covered under all driver | | |
| Ohio | | | (Primary) | (Secondary) | ban | iii uriver | Yes |
| Oklahoma | Learner or Intermediate License | | | Yes (Primary) | Covered under all driver ban | | Yes |
| | (Primary) Yes | | <18 | (Primary) Yes | Covered under o | II driver | |
| Oregon | (Primary) | | (Primary) | (Primary) | Covered under all driver ban | | Yes |
| Pennsylvania | | | | Yes (Primary) | Covered under all driver ban | | Yes |

| Puerto Rico | Yes | | | Yes | Covered under a | all driver | |
|--------------------|---|--------------------------|---|---|------------------------------|---------------|-------------------|
| T dollo 11100 | (Primary) | | | (Primary) | ban | | |
| Rhode Island | Yes (Primary) | Yes (Primary) | <18 (Primary) | Yes (Primary) | Covered under all driver ban | | Yes |
| South Carolina | | | | Yes (Primary) | Covered under a ban | Yes | |
| South Dakota | | | Learner or Intermediate License | Yes | Covered under all driver ban | | Yes |
| | Yes Yes (Primary) | | (Secondary) | (Secondary) | Covered under all driver ban | | |
| Tennessee | | Yes | Learner or Intermediate License | Yes | | | Yes |
| | | (Primary) | (Primary) | (Primary) | | | |
| Texas ² | No | Yes, w/ passenger <17 | <18 | Yes (Primary) | Covered under all driver ban | | Yes |
| | | (Primary) | (Primary) | | | | |
| Utah | | Yes (Primary) | <18 (Primary) | Yes (Primary) | Covered under all driver ban | | Yes |
| Vermont | Yes (Primary) | | <18 (Primary) | Yes (Primary) | Covered under all driver ban | | Yes |
| Virgin Islands | Yes (Primary) | | | Yes (Primary) | Covered under all driver ban | | Yes |
| Virginia | | Yes (Primary) | <18 (Secondary) | Yes (Primary) | Covered under all driver ban | | Yes |
| Washington | Yes | | Learner or Intermediate License | Yes | Covered under all driver ban | | Yes |
| | (Primary) | | (Primary) | (Primary) | | | |
| West Virginia | Yes | | <18 w/ Learner or Intermediate License | Yes | Covered under all driver ban | | Yes |
| | (Primary) | | (Primary) | (Primary) | | | |
| Wisconsin | | | Learner or Intermediate License | Yes | Covered under all driver ban | | Yes |
| | | | (Primary) | (Primary) | | | |
| Wyoming | | | | Yes (Primary) | Covered under all driver ban | | Yes |
| | 21 + D.C. PR, Guam, Virgin Islands | 38 + D.C. | 46 + D.C., PR, Guam, Virgin Islands | 1 | 2 | 48 + D.C., | |
| Total States | | All Primary | Primary (32 + D.C.) | Primary (41 + D.C., PR, Guam, Virgin Islands) | Primary | Primary | Virgin Islands |
| | | | Secondary (6) | Secondary (5) | | | |

¹ Arkansas also bans the use of handheld cellphones while driving in a school zone or in a highway construction zone. This law is secondarily enforced.

 $^{^{\}rm 2}$ Texas has banned the use of handheld phones and texting in school zones.