

# Easy-As-A-Mix Pizza (from Better Baking Mix)



Makes: 4 Servings

Total Cost: \$\$\$\$

Making pizza at home has never been easier! Enjoy this recipe using our [Better Baking Mix](#) with adults or kids of all ages. Add veggie sticks and fruit for dessert for a great weeknight dinner.

## Ingredients

- 1 cup [Better Baking Mix](#)
- 2 tablespoons vegetable oil
- 1/3 cup water

- 1/2 cup tomato sauce, low-sodium
- 2 tablespoons finely chopped onion
- 1/2 teaspoon oregano (or Italian herb mix)
- 1 cup mozzarella cheese, part-skim grated

## Directions

1. Wash hands with soap and water.
2. Preheat oven to 425 °F. Grease a 12x15 inch or larger baking sheet, or 12-inch pizza pan.
3. Measure mix into a bowl. Add oil and water. Stir to form soft dough.
4. Transfer dough onto baking sheet. Sprinkle with flour. Dip fingers in flour and pat dough into a circle about 11-12 inches across.
5. Spread pizza crust with tomato sauce. Leave about 1/2 inch around edge with no sauce.
6. Sprinkle with onion, seasoning and cheese
7. Bake 10-12 minutes until edges are brown and cheese is melted and starting to brown.
8. Refrigerate any leftovers within 2 hours.

## Notes

Use leftover tomato sauce from a can within 5 days, or freeze to use later.

Learn more about:

- [Onions](#)

- [Herbs](#)

Source:

Washington State University Extension

# Nutrition Information

Serving Size: 1 slice, 1/4 of recipe

# MyPlate Food Groups



Vegetables

1/4 cups



Grains

1 ounces



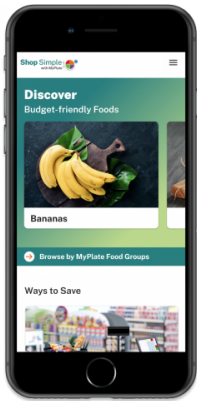
Dairy

3/4 cups

Nutrients	Amount
Total Calories	257
Total Fat	14 g
Saturated Fat	4 g
Cholesterol	16 mg
Sodium	328 mg
Carbohydrates	22 g
Dietary Fiber	2 g
Total Sugars	4 g
Added Sugars included	2 g
Protein	11 g
Vitamin D	0 mcg
Calcium	286 mg
Iron	1 mg
Potassium	223 mg

N/A will display when nutrient data is unavailable

Please note: nutrient values are subject to change as data is updated



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MyPlate.gov is based on the *Dietary Guidelines for Americans, 2020-2025*

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