

MindJournal

Your journey to mental clarity starts here!

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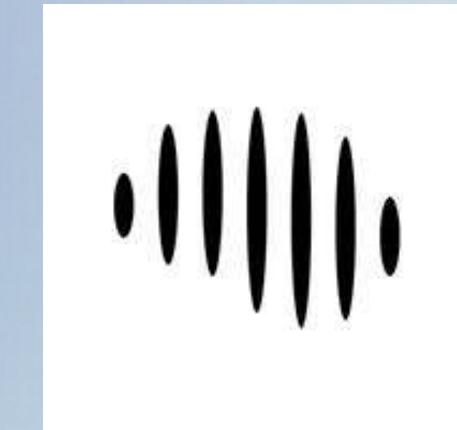
The Problem

- Journaling is not interactive
- Thoughts are abstract, hard to visualize
- Tracking recurring thought frequency is hard



Competitors

- MindSera
- RoseBud
- Wysa
- Calm
- Headspace



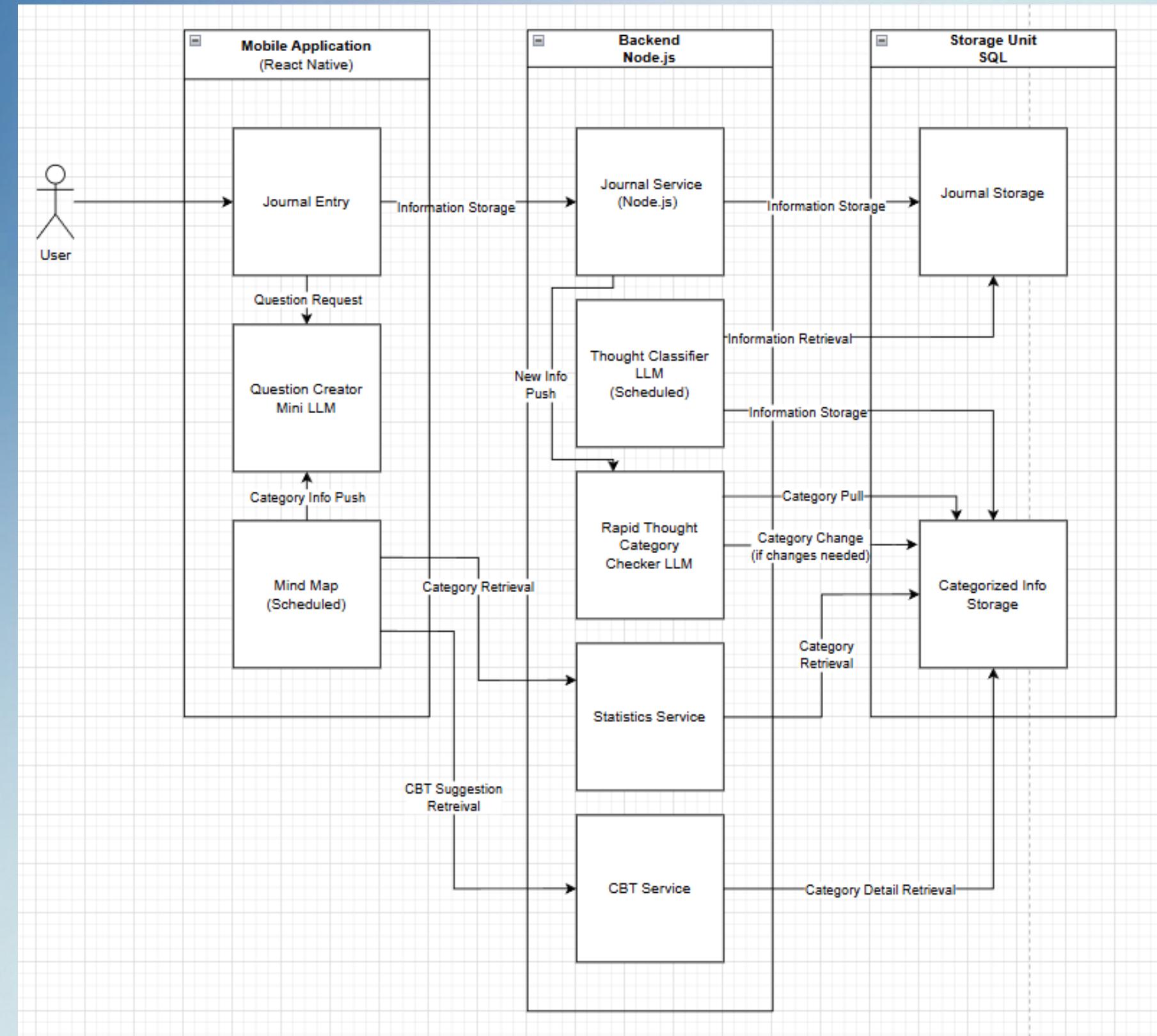
Common: Interactive journaling, Emotion labeling, CBT...

Our Innovation

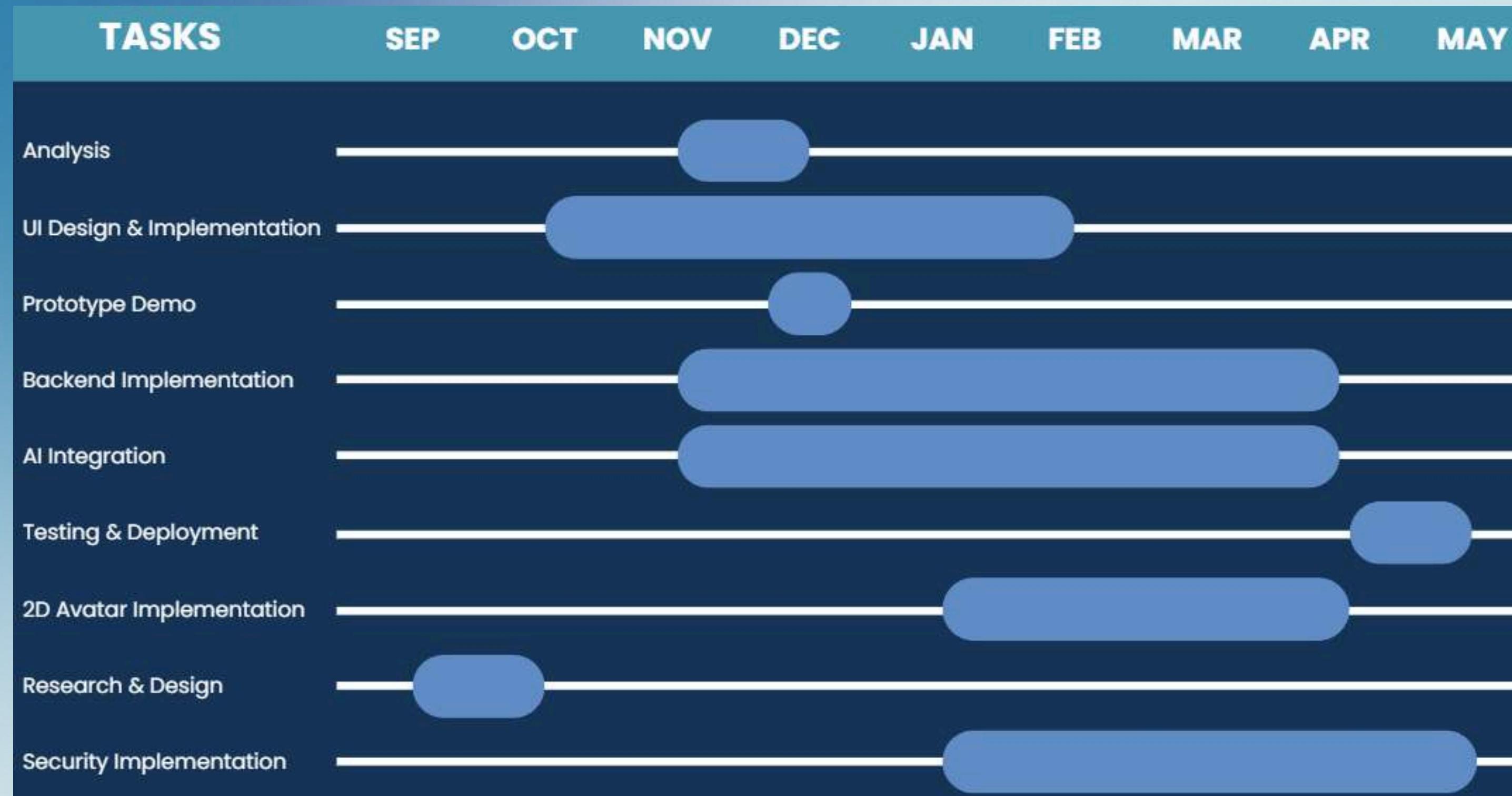
- **Categorization of thoughts**
- **Track frequency of categories**
- **Visualize top recurring categories on our MindMap**



System Architecture



Project Status



Thank You For Listening